

The book cover features a dark, starry night sky as the background. A bright, glowing white oval ring is centered in the upper half of the image. Below the ring, the title 'Threeness' is written in a white, serif font. At the bottom of the cover, there is a photograph of a desert landscape with reddish-brown sand and several large, light-colored rock formations.

Threeness

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Threeness

Threeness is a Trinity, the state of being
threefold

It is a unity of three different ideas
formulating as one concept.

It is a triality or a triune reality of three
different thoughts, feelings or experiences
brought together as one universal ideal.

From the
Singularity of Oneness,
comes the
Duality of Twoness,
and then the
Triality of Threeness.

What The Holy Trinity Is

The Holy Trinity is the triune reality of a Creator Christian God:

- God is the Father, the authority
- Christ is his Son, the ability
- Spirit is the Holy Ghost, their power

God is the Source of Creative Energy.

Creative Energy has a triune reality or a holy trinity.

The Holy Trinity is the Whole divided into Three.

The whole of All That Is, is called God.

Where God is the Creator, the holy trinity is the three aspects of creation. All energy has:

- A Vibration
- A Frequency
- A Wavelength

This is the triune reality of energy. All energy has:

- A Potential
- A Force
- A Magnitude

The frequency of an energetic force determines its authority.

The magnitude of an energetic wavelength determines its power.

The vibration of an energetic potential determines its ability.

Power, authority & ability are the holy trinity of creative energy.

The Holy Trinity is the three aspects of creative energy that make it whole:

- The Power
- The Authority
- The Ability

The potential for creative ability, to be realised, requires a force of authority called thought & a magnitude of power called emotion. The authority of thought is Light & the most powerful emotion is Love, which combine to enable the experience of Life.

Mental thought, emotional love & physical experience are the holy trinity of a creative life.

The Christian Religion uses the metaphor of the male authority of the Father in holy matrimony with the female power of the Holy Spirit that allows the creative ability of the Son of God the Creator. In Hindu Religion, the Creator God Brahma combines with the male authority of Shiva & the female power of Vishnu to allow the creative ability of Shakti to be realised.

Islam does not talk of a Holy Trinity, yet the Ruh al-Qudus is the power or inspiration of the Holy Spirit, Allah is the authority of God and Mohammad is the one enabled with the physical ability.

Three Types Of Choice

Thought has three levels of consciousness, which allows Consciousness to have three types of choice:

Conscious Choice: Is the right of every conscious ego Self.

My Soul allows my Self unconditional choice. I am conscious of the choices that I make or do not make. I make conscious choices based on my rational assessment of what I believe to be best for me.

Judgment or discernment is a process of balancing my beliefs about what is good or bad for me and other people. I balance what has happened in the past with my belief about what will happen in the future, to make a present choice.

In a relative dual reality world, what I believe to be good can turn out to be bad and what I believe to be right can prove to be wrong, for me. This dilemma is what makes it difficult to make conscious rational choices.

Rational intelligence, with which conscious choices are made intellectually reasonable, is only as good as the information or intelligence that is available. When rational intelligence is without emotional intelligence, it is often fallible.

Conscious choice becomes a challenge when the mind is in conflict with the heart. Being disconnected from my heart centre, in an insensitive and unemotional way, is not emotionally intelligent and leaves my rational intelligence out of balance with my true reality.

Sub-conscious Choice: Is doing something automatically, without consciously thinking about it.

Going to bed may be a conscious choice but going to sleep, and waking up, are a choice of our sub-conscious mind. The more I consciously choose to go to sleep, the longer I stay awake.

Routine, habits and addictions are all sub-conscious choices. They are what I normally do in the sub-conscious belief that they are good for me.

Sub-conscious choices are chosen at a sub-conscious level of the mind called the Id. My Id is my sub-conscious autonomous auto-

pilot. When I believe that a different choice is unnecessary, I get on and do what I always do, without thinking about it.

Thinking is the process of making a conscious choice, whereas a sub-conscious choice is a matter of instinct. When I act without thinking, I call it instinctive when it is positive and I call it an accident when it proves to be negative. When I do something detrimental without thinking, I see it as an accident because I didn't do it consciously, on purpose.

My sub-conscious mind works instinctively based on my beliefs about what is real. When I believe that I am awkward and clumsy then that becomes my experience. Every sub-conscious choice is driven by a sub-conscious belief. I get lost, confused and frustrated when my sub-conscious beliefs are in conflict, chaos or turmoil.

Super-conscious Choice: Is an inspired revelation.

It is an ah! ha! moment of clarity that gives a present choice of direction. Often called Serendipity or Providence, it is always an opportunity of choice.

Super-conscious choices are intuitive, whether I am aware of them or not. Making super-conscious choices requires an awareness of intuition.

Intuitive choice can be made with a sense of intuitive knowing, a sense of intuitive feeling, a sense of intuitive seeing, or all three.

When I intuitively see the best choice for me, I both know and feel it to be exactly right for me.

Intuition requires emotional intelligence. When my rational intelligence has been sub-consciously programmed to override my emotional intelligence, intuition becomes restricted or blocked. My unawareness of intuition disconnects my ability to be intuitively emotionally intelligent.

Whenever something intuitively feels good, it is my best choice.

When something feels good it is super-consciously empowered, so it is good. I cannot feel good and make a bad choice, unless I ignore my feelings and make a sub-conscious choice.

Feeling Good is always assured whereas, when I know something is good, I may not be aware of whether that knowing is rational knowledge or whether it is an intuitive insight.

My sub-conscious instinct is driven by either rational or irrational beliefs, not intuitive feelings. Whereas conscious choices based on sub-conscious fears are fallible, super-conscious choices based on intuitive insights are certainly all beneficial. When I have faith in my intuition, it never lets me down.

A choice is super-conscious when it aligns me with my vision, mission & purpose for my lifetime. Aligned with my vision, making choices on purpose to fulfil my Soul's mission for its Self, is always beneficial and the best choice ever for me.

Three Types Of Sight

1. Eye Sight

Eye sight is a primary human sense. It is how I make sense of physical reality, together with my sense of hearing, taste, smell & touch. These are my five physical senses.

I process physical reality with my eye sight. When my eyes are closed, my sense of physical reality is greatly diminished unless I am able to rely on my secondary sense of hearing.

Closing my eyes shuts down my sense of physical reality or makes it reliant on my other physical senses. When I shut down my mental processor, my brain waves tune to a frequency of meditative, intuitive thought, instead of a frequency of conscious thinking.

2. Insight

Insight is an intuitive revelation. Insights are revealed on a mental frequency of meditative thought. An awareness of insights allows them to creatively flow. An insight is an awareness of a revelation of intuitive higher thought.

My higher consciousness, which I call my super-conscious Soul, is my inner tutor and my inner guide. Thoughts of learning and direction are available to me in every moment as an insight. Insights are revealed when I am open and asking for direction.

My insight is often called my third eye. It is how I intuitively see without using my two physical eyes. Insight is often seen as foresight. I have an intuitive feeling about the future, which I project in my imagination as foresight.

My super-conscious Soul has the ability to travel in both the past & the future of time. All possible futures are just a potential until I align with their path and choose them with foresight.

3. Hindsight

Hindsight is my sub-conscious ability to remember. My sub-conscious mind records all aspects of my physical, mental &

emotional experiences. Hindsight is a reminder of what I intuitively thought was right but subsequently reasoned to be wrong.

I always have a choice between the reasoning of my sub-conscious mind and the intuition of my super-conscious Soul. Hindsight is my Soul reminding its Self of the perils of using rational thinking alone.

In Summary:

Clearly seeing the right direction for my Self is a conscious choice that aligns my sub-conscious hindsight with my super-conscious foresight to allow an awareness of my intuitive insight to be revealed and endorsed through the experience of my physical eye sight.

Three Types Of Thought

A physical vibration of a thought is called a word.

The word is an expression of divine thought.

Divine thought is a transmission of pure Light.

Logos is the expression of pure Light as a Thought, in words.

Every thought vibration has a mental frequency that is transmitted on a wavelength of emotion:

- Logos is the physical vibration of a thought
- Pathos is the emotional wavelength of a thought
- Ethos is the mental frequency of a thought

Mental thinking is the slowest frequency of mind consciousness.

Ethos is the truth of a thought, denoted by its direction or polarity.

Logos is the expression of a thought as a series of words or vibrations.

Pathos is the experience of a thought relative to its emotional wavelength.

Every word or thought vibration has a mental frequency, its ethos & an emotional wavelength, its pathos.

The polarity of the frequency, its ethos, can be either positive & ethical or negative & unethical.

The gender of the wavelength, its pathos, can be pathetic or empathetic, sympathetic or apathetic.

Female emotional gender is either irrationally pathetic or emotionally sympathetic.

Male emotional gender is either empathetic or apathetic.

It is the pathos of the logos that determines emotional perception.

It is the ethos of a logos that determines mental perspective.

How I define the logos determines how I express the ethos & how I experience the pathos.

Gender & polarity allow the ethos to be limiting, whilst the pathos is overwhelming and the pathos to be underwhelming, when the ethos is limited.

Three Types of Light

There are Three Types of Light:

1. Aleph is the light of past experience.

In the light of past experience, I have evolved to my current level of understanding.

2. Oracle is the light of future experience.

The oracle shines a light on my path towards the future.

3. Gnosis is the light of present experience.

My intuitive sense of knowing is always present.

Three types of Light allow three perspectives of time.

They allow my exploration of the past, present or future in each and every moment of now.

I can consult the Aleph, the Oracle or the Gnosis in my search for inspired revelation.

My Gnosis is my only moment of truth.

It is the source of my true authority.

My past & my future are no longer relevant to my present experience.

As a seeker, I seek the Aleph or the Oracle.

As an observer, I see only the Gnosis.

Three Types of Love

In Absolute Reality there is only Love.

In Relative Dual Reality Life there are Three Types of Love.

They were referred to in Ancient Greek as:

- Eros
- Philos
- Agape

The pure vibration of Love is divided by frequency & wavelength.

The frequency of Love is divided into either positive or negative polarity. This type of Love that is attractive by polarity is called Philos.

The wavelength of Love is divided into either male or female gender.

This type of Love that is attractive by gender is called Eros.

When the gender of Love is a harmonised wavelength, and the polarity of love is a congruent frequency, and the wavelength & frequency are in balance, then Love is experienced as Agape.

It is the existence of this Holy Trinity of Love that allows the experience of Attraction to Be, and the Golden Rule to apply.

There are many aspects of love that can be felt and experienced emotionally, which are all created by these Three Types of Love.

Three Types Of Reality

Reality is a matter of personal perspective.
My perspective perceives three types of reality:

- Objective reality
- Subjective reality
- Adjective reality

Objective reality is whatever I can physically see, hear, taste, smell or touch. It is the reality of the physical world out there. I object to any negative experiences that happen to me in the outside world. My objective reality is perceived by my intellectual sense of self. It is the perspective of my ego Self.

Subjective reality is whatever I perceive to be caused to happen by me. It is the reality of my world as experienced from within me. I subject myself to a world that appears to be real, to me. My subjective reality is a perception of my sub-conscious Id, which is my instinctive self.

Adjective reality is whatever I intuitively know, feel or see to be my experience of life happening through me. It is the reality of a certainly beneficial world created specifically by my Self, for my Self. My adjective reality is the creation of my super-conscious Entity, who is my intuitive Self.

- My Conscious perspective perceives an intellectual reality, which is objective
- My Sub-conscious perspective perceives an instinctive reality, which is subjective
- My Super-conscious perspective perceives an intuitive reality, which is adjective

The objective of a subjective perspective is to describe my adjective reality. Without both an external & an internal perspective of reality; I cannot create, perceive, describe, define, express & experience my own adjective reality as a balance between the two. A third choice of an adjective reality is required to overcome the duality of a personally subjective & objective experience of life.

Three Types of Truth

There are 3 Types of Truth:

1. The Perceived Truth:

This is a distorted truth based on the images and memories of my past experiences that are stored in my sub-conscious mind. This truth is distorted by the false beliefs and fears that limit my application of the truth. The imagined truth is a reflection of how my self experienced life in the past.

2. The Apparent Truth:

This is the truth or reality that is apparent in each present moment to my conscious Self. It is what I am observing and experiencing right now and appears to be the truth. The apparent truth is the reality that I perceive in the present time.

3. The Actual Truth:

This is the reality that my Soul projects to my Self via my inspired revelations and my innovative thoughts. It is available for my development and growth and presents new opportunities to experience, explore and discover. The actual truth is the reality that my Soul sends for my Self to manifest and actualise as a creation of my future reality experience.

Truth is just a perspective of my conscious, sub-conscious or super-conscious Mind projected into the past, the present or the future. My reality is created by the perspective of my own Mind, which becomes my belief and my Truth. In a 3 dimensional relative world, there is no Absolute Truth.

Three Types of Justice

Criminal Justice is:

- Man's attempt to create a fair system that victimises villains and compensates victims.
- A system of legalised revenge for the unjust deeds that Man performs against their fellow Man.
- Confines 'bad' people in a place of security so that 'good' people can feel safe.

Social Justice is:

- Man's attempt to create equality for all members of their society.
- Required in a society that believes that "all men are created equal but some never-the-less are more equal than others".
- Required in a society that encourages the need for education to provide knowledge; status to provide authority; and money to provide power; and encourages people to compete for all three.

Universal Justice:

- Just Is.
- Is provided by the 'Law of Attraction' according to the 'Golden Rule'. What we do unto others will be done unto ourself.
- Applies to all people, equally fairly and justly.

"When injustice happens to me, I am a victim"

"When justice happens to me, I get compensation"

"When justice happens by me, I get revenge"

"When justice happens through me, it just is just"

Three Types Of Spiritual Energy

There are 3 types of Spiritual Energy:

- Mental Energy is called Thought
- Emotional Energy is called Feelings
- Physical Energy is called Experiences

Spiritual Energy creates our Reality via our thoughts, our feelings and our experiences.

Our Reality is divided in Relative Dual Reality Life into what is Physical Reality and what is Spiritual Reality.

In the Absolute Realm there is only Spiritual Reality.

Physical Reality is what we define as real and experience with our 5 physical senses.

Our physical senses of sight, hearing, taste, smell and touch determine the vibration of the atoms that make up our physical existence.

Spiritual Reality is what we realise through the experience of our 3 spiritual senses.

Our 3 spiritual senses, called intuition, are how we know, see and feel vibrations of energy.

With our spiritual sense of seeing mental pictures, visions and images; our spiritual sense of feeling emotions; and our spiritual sense of knowing thoughts; we determine our own exclusive, individual and unique Spiritual Reality.

When our Spirituality is no longer in opposition to our physical reality, it becomes a triune reality of our physical, mental and emotional energies:

- Our physical energies allow us to see the activities that we are creating and doing.
- Our emotional energies allow us to feel the experiences that we are realising and being.
- Our mental energies allow us to know the thoughts that we are manifesting and having.

Our Personal Spirituality is the balance, co-operation and harmony of our physical, mental and emotional aspects that are unified in perfect synchronicity:

- When we are disconnected from our emotional energy, we lose our sense of feeling and our power to realise and be who we really are.
- When we are disconnected from our mental energy, we lose our sense of knowing and our authority to manifest and have our own reality.
- When we are disconnected from our physical energy, we lose our sense of seeing and our ability to create what we have come here to do.

Without our Exclusive-Connection to our own Personal Spirituality, we lose our Vision, Mission and Purpose for this Life-time.

Three Types Of Attraction

1. Physical Attraction

Physical Attraction (aka Sexual Attraction) is determined by the wavelength/gender of our Energy.

The wavelength of our energy is divided by gender and continually seeks to become re-united and whole.

We are sub-consciously seeking our sexual partner who makes us feel complete, united and whole.

Our ideal 'soul' mate has an energy that is equal and opposite to our own. An equal wavelength but an opposite gender.

The female gender of our energy is: Connected; Sensitive; & Emotional.

The male gender of our energy is: Exclusive; Detached; & Rational.

Exclusive energy attracts Connected energy to become Exclusively-Connected and whole. When we are exclusively-connected, we access our power of Love.

Emotional energy attracts Rational energy to become Emotionally-Rational and whole. When we are emotionally-rational, we access our authority of Light.

Sensitive energy attracts Detached energy to become Sensitively-Detached and whole. When we are being sensitively-detached, we access our ability of Life.

2. Magnetic Attraction

Magnetic Attraction is determined by the frequency/polarity of our Energy.

The frequency of our energy is divided by either a positive or a negative polarity.

A high, positive, good, emotional energy is seen as attractive.

A low, negative, evil, emotional energy is felt to be repulsive.

An ideal friend and 'soul' tie is resonating at the same frequency and polarity as our self.

We like our own kind of people and we are attracted to them magnetically.

- Exclusive & Connected energy is positive and attractive.
- Inclusive & disconnected energy is negative and unattractive.
- Sensitive & Detached energy is positive and attractive.
- Insensitive & attached (needy) energy is negative and unattractive.
- Emotional & Rational energy is positive and attractive.
- Unemotional & irrational energy is negative and unattractive.

When we become rationally-irrational, we become Emotional.

When we become detachedly-attached, we become Sensitive.

When we become exclusively-inclusive, we become Connected.

When we become connectedly-disconnected, we become Exclusive.

When we become sensitively-insensitive, we become Detached.

When we become emotionally-unemotional, we become Rational.

We become Sexually Attractive to our opposite gender by balancing the positive and negative polarity of our energy. This they will love.

We become Magnetically Attractive to our opposite gender by sharing their polarity. This they will like.

N.B. The gender of our energy is not our physical sex, but the gender of our orientation. It decides our perspective of what we feel to be attractive to our self. In other words the same sex can be attracted to each other by the opposing genders of the same wavelength and frequency of their energy vibration. We are not attracted by a person's sex but the gender and polarity of their energy.

3. Divine Attraction

Divine Attraction is the Oneness or Wholeness of our Energy or Spirit.

When we are aware of the Holy Spirit acting in our Life, we are experiencing the Power of Attraction of our own Whole Energy.

Divine Attraction is determined by the vibration/intensity of our Energy, our Spirit.

The intensity of our Energy is determined by its gender & polarity.

The vibration of our Energy, our energy vibration, is the level at which our spiritual energy is vibrating.

The more balanced and harmonious our Vibration, the more Attractive we become and the more able we are to consciously attract the Life that we choose.

When our energy is both Exclusive & Connected, we have the Power of Love to Attract. We become Omnipotent.

When our energy is both Rational & Emotional, we have the Authority of Light to Attract. We become Omniscient.

When our energy is both Sensitive & Detached, we have the Ability of Life to Attract. We become Omnipresent.

With our True Power, Authority & Ability, our attainment of Attraction is Divine.

Three Measures of Attraction

The Law of Attraction is a Spiritual Law of Consciousness that works on three levels of Consciousness and three levels of Spirituality.

It works at the conscious, sub-conscious & super-conscious level and can be measured as:

- My emotional competence
- My mental capacity
- My physical capability

Emotional Competence

There are Four Levels of Emotional Competence:

1. Unconscious Incompetence

This is being unaware of my emotional energy and my emotional need for power.

I am sub-consciously driven to get my emotional needs met.

I do not intuitively feel anything, I am insensitive & disconnected emotionally.

2. Conscious Incompetence

This is being aware that my emotional power is low without knowing who I need to be and what I need to do to consciously raise it. I feel bad and I am oversensitive to my attachments

3. Conscious Competence

This is attained when I learn to meet my need for emotional energy quickly and effortlessly my Self.

I respond to my feelings instead of being the victim of my emotional reactions.

4. Unconscious Competence

This is attained when I orient my life in alignment with my True Values and my purpose for this life-time.

I allow my inspired revelations and my intuitive feelings to guide me and support me.

Mental Capacity

There are Four Levels of Mental Capacity:

1. Unconscious Incapacity

This is my unawareness of how my fears and limiting beliefs are disallowing my experience of an ideal life.

I don't know that I don't know.

2. Conscious Incapacity

This is becoming aware of what I don't know and aware that I am convicted by my beliefs and imprisoned by my fears.

I know that I don't know.

3. Conscious Capacity

This is my willingness to challenge my beliefs and change the beliefs that challenge me until I own my own core beliefs.

I know what I know to be true.

4. Unconscious Capacity

This is my capacity to hear my messages of inspired revelation and accept the guidance of my inner authority, in the knowing that whatever is occurring is beneficial to allowing my path to unfold effortlessly and miraculously.

I know that I don't know that I do know.

Physical Capability

There are 4 levels of physical capability that are determined by the level of my emotional competence and the level of my mental capacity.

1. Unconscious Incapability

I am unaware of my personal standards and I have no awareness of my boundaries.

I have no way of measuring the limits of my physical capability.

What I don't see, I don't get.

2. Conscious Incapability

I am aware of my conscious limitations, my comfort zone, and the boundaries of my physical incapability.

I know what I am capable of. I see what I don't get.

3. Conscious Capability

I own my own standards, I consistently expand my boundaries, and I know the limit of my present capability.

I have fully grounded my present potential.

I see what I see and I get what I see.

4. Unconscious Capability

I attest & approve my competence, affirm & allow my capacity and I accept & allow my capability.

Life unfolds effortlessly, magically & ideally and I see my Vision for my Life. My Unconscious Capability is relative to and the consequence of my unconscious mental capacity and my unconscious emotional competence.

It is also dependent on my unconscious sub-conscious and my unconscious super-conscious being in alignment.

My inability, incompetence and incapacity are always due to my sub-conscious mental beliefs and emotional needs being out of alignment with my true source of emotional power and mental authority.

When my conscious ego is aligned with both my sub-conscious 'id' and my super-conscious 'entity', I find my True Identity, my Attractive Potential and my Divine Creative Ability.

My Unconscious competence, capacity & capability become realised.

Three Measures Of Beingness

Beingness is relative to the measure of:

- Self-Confidence
- Self-Worth
- Self-Esteem

The Quality of Esteem is determined by how much worth it has and the confidence placed in it.

The quality of my esteem for another is a measure of how much I value them and I am able to confide in them.

The quality of my own self-esteem is determined by my self-worth and my self-confidence.

My Self-worth is a measure of my personal emotional power. It is determined by my personal attributes, which are an expression of my state of being. Who I am being determines the attributes that I express and the level of self-worth that I have attained.

My self-confidence is a measure of my personal authority. It is determined by my personal attainments, which become a reflection of my confidence to make choices. The level of Truth that I have attained determines the depth of self-confidence that I project. The quality of my self-esteem is a measure of my worth and my confidence.

My self-esteem is a measure of:

- My personal Attributes
- My personal Attainments
- My personal Qualities

Personal Attributes:

Attributes are a state of being.
States of being are emotional.

Rationalising my emotional states of being defines my personal attributes.

An Attribute is the emotional state of being that I attribute to my Self in the present moment.

The emotional state that I am being, in the moment, determines my power. Attributes are therefore a measure of personal emotional power. Understanding my own emotional power requires the awareness of my personal attributes.

Attributes, like emotions, can be either positive or negative.

A positive attribute expresses personal power.

A negative attribute expresses a lack of personal power.

I determine whether an attribute is positive or negative by whether it raises or lowers my emotional energy.

Personal attributes express my level of self-worth.

Personal Attainments:

Attainments are the personal attributes that I have attained.

Attaining a personal attribute requires the ability to consciously be that attribute by choice.

An attainment means that I have attained a positive state of being that is who I really am.

Attainments always have a positive polarity.

Attaining a negative state of being is not an attainment.

I attain a higher state of being when I express a higher state of being as my default response to whatever is occurring in my life.

An attribute is the emotional state of my Beingness, whereas an attainment is my continued expression of that attribute in my life.

I attribute being emotional to my Self once I have attained the ability of emotional awareness.

The development of Personal Attributes and Attainments requires Emotional Intelligence, Rational Intelligence, and Emotional Awareness.

Personal Attainments determine my level of Self-confidence.

Personal Qualities:

Personal Qualities determine my Attraction.

My Personal Attraction determines my Quality of Leadership.
Leadership Qualities attract followers who are attracted to the personal qualities of the leader.

Personal qualities are the product of my personal attributes and attainments.

It is the quality of my personal attributes that I have attained that defines my Personal Qualities.

My quality of Human Beingness is determined by the quality of the emotional state that I am being and I attribute to my Self.

Who I am being, as a human, is determined by my emotional attributes and attainments.

The quality of my Beingness is personal to my Self.

It is a measure of the quality of Life that I have attained and attribute to myself.

My Quality of Life is relative to the Personal Qualities that I express.

My Personal Qualities determine my Self-esteem, the true value of my life and my ability to live life with confidence.

Three Divine Attributes

A Divine Attribute is a state of being that I experience as being a divine state or experience.

A divine state of being is experienced when connected to my source of emotional power and my source of mental authority that enables my physical ability.

Divine Attributes are always an expression of the triality or triune reality of my power, authority & ability

Three such attributes are the experience of being:

- Allowing
- Approving
- Accepting

Being Allowing means authorising my thoughts.

It is only allowing authorised thoughts to be present.

It is disallowing all unauthorised thinking.

Unauthorised thinking is the consequence of holding limiting beliefs and fears.

Limiting beliefs and fears disallow my authority.

They undermine my confidence in my Self.

When I confide in my True Self, I find the truth of my authority and my true authority is allowed to flow.

Allowing my true authority to flow is an expression of my true faith.

I am allowed to be whoever I choose.

When I choose to be Allowing, I connect to the confidence of my faithful authority and my expansive thoughts that direct my path in life.

Being Approving empowers my emotional energy.

My emotional energy is my power, when I approve it to be so.

When my emotional state of being is powerful, I approve of my Self.

Being approving connects my Self to my true source of power.

Connecting my Self to my true source of power requires my approval of who I am being. Disapproving of who I am, disempowers me.

My self worth is a measure of my emotional power.
It is the value to my Self of who I am presently being.
States of being that disempower me cannot serve me and have no value. My most valuable state of being always has my approval.

Being Accepting is the realisation of my emotional power and my mental authority as a gift to my Self.

When I allow my authority and approve my power, I accept my true ability. My true ability is disabled by my inability to accept it.

My self esteem is a measure of the ability that I see in my Self.

My self esteem enables my ability to be realised.

My esteemed ability remains a potential, until I accept it as my reality.

When my true potential remains unrealised, I tolerate and endure my present experience of life.

When I accept my true potential and make it real, my present reality is presented as a gift to my Self.

Whatever I am unable to accept, I will forever tolerate. I can only accept what I approve and I allow.

When I approve my allowance, I accept it as a present, as it is presented, in each and every present moment of my reality.

Three Divine Attainments

Having the ability of a powerful connection to my true authority is Divine. That divine state of being requires the attainment of my omniscient authority & my omnipotent power, which allows my omnipresent ability.

1. Omniscient means All Knowing.

Being Scient is being aware of my knowing.

A Scientist is no longer one who knows but one who believes that they have knowledge.

Knowing is intuitive.

Knowledge is learned.

All the knowledge of the physical world will never enable me to be scient, let alone omniscient.

Omniscience is a measure of my intuitive ability.

It is a measure of my ability to intuitively connect to my Super-conscious Mind.

My super-conscious higher mind of my Soul is omniscient and knows all there is to know of my journey in this physical world.

Being omniscient requires my Self to be Soul-like.

With the perspective of my Soul, I connect to my innate wisdom and become all knowing and omniscient.

2. Omnipotent means All Powerful.

Being powerful is not the ability to influence and control other people.

Being All Powerful is being full of the emotional power that allows my happiness & well- being.

My ability to be happy & well is not dependent on other people.

When being all powerful, I have the emotional power to fulfil my purpose and to live my vision for all my life.

It is having enough emotional power to manifest my ideal life. It is the power to fulfil my potential as a spiritual human being.

My potential is to express the essence of who I really am, which is my omnipotence. The only thing that depletes my ability to be omnipotent is my own belief system. My wealth of power is relative to my authority to use it wisely.

3. Omnipresent means All Present.

All Present means that I live in the reality of each present moment.

I live in the reality that is presented to my Self by my Soul.

I accept my reality as a gift and present to my Self.

I can re-present my reality and I represent my reality, which allows me to change my reality. My present reality is a representation of my Presence.

My presence is my state of living life with conscious-awareness of my omniscient authority & my omnipotent power.

It is the awareness that my reality is pre-sent from my Soul to my Self.

It is being totally accepting of what is occurring and seeing life as a unique opportunity for my personal development and expansive growth.

It is my expression of all the attributes that are attainable in a divine life of true quality. It is knowing life from the pure perspective of my Source.

It is feeling life from the pure perception of my Heart.

It is seeing life from the pure experience of my Soul.

Three Attributes Of Happiness

Happiness is an Emotional Feeling.

It is the feeling of emotion flowing through me without entropy or inertia.

It is the unrestricted flow of emotional feeling that is called joy.

It is the uninterrupted flow of mental thought that is fulfilling my Self with joy.

It is the effortless feeling of physical contentment that comes with mental fulfilment & emotional joy.

- Happiness is being content with my physical ability to experience life
- Happiness is being fulfilled with the mental authority of my vision
- Happiness is being joyful with the power of my emotional feelings

It is the feeling that I am intuitively in alignment with my life path.

Happiness is my Soul being happy with my Self.

When I attribute being happy with my Self to myself, I attain happiness as a quality state of being.

When I am joyful, fulfilled & content, everything is flowing effortlessly along my life path and life could not be better.

I am being happy with my life when living my life is an expression of my inner happiness.

When my life has content & is filled full of joy, I am experiencing the inner happiness of my Soul.

Happiness is my Soul expressing how it feels about how I am living life as my Self.

Three Realities of Perspective

1. The Reality of Man

The reality is that Man has relative choice.

The reality of each individual human Being is a relative choice and is relative to that choice.

The choice of each human Being is relative to their personal perspective.

The perspective of each human Being is relative to their belief system.

The beliefs that each human Being holds are relative to their experience.

The experience of each human Being is relative to their perception of that experience.

The perception of the experience of each human Being is relative to their reality.

Perspective is relative to perception and is the individual choice of each human Being.

The current reality is that the majority of people alive today have suppressed their own perceptions in favour of another's perspective.

2. The Reality of Animals

The reality of animals is Instinctive.

Animals instinctively know the reality of their experience. Animals react instinctively, not rationally.

They have no ability of rational choice.

Whichever way they act or respond, it is instinctive.

They have no relative choice or dominion.

Dominion is the providence of Man not animals.

Animals have no conscious choice to make.

They have no option but to follow their instinct.

Their instinct is there to guide their path.

It is not possible for an animal to override its instinct and not behave instinctively, unless it has been trained by Man to do so.

When an animal responds to a Man's command it is doing so because of Man's choice, not their own choice.
The ability to consciously choose a variety of choices is Man's Dominion over the animals.

3. The Reality of an Enlightened Being

An Enlightened Being knows that their reality is of their own creation.

They know that they are responsible for their own reality and they create and own their reality responsibly.

Creating reality irresponsibly is the choice of an un-enlightened Being. There is always a reason behind the manifestation of whatever occurs. Nothing occurs by accident, even when an accident appears to occur. An enlightened Being acts intuitively.

An intuitive response is never a negative reaction.

Because an enlightened Being creates their own reality knowingly, they can knowingly re-create their reality in better and better ways.

An enlightened Being comes into this reality to create a better reality.

The reality of being better is continuous Self development & Spiritual growth. Being enlightened is a continual process, infinitely, eternally & indefinitely.

Three Perspectives of Reality

My Perspective of Reality can be:

- Absolute
- Relative
- Divine

My perspective of the absolute sees the big picture of everything as 'we'. We are collectively all that is. The one version of everything is 'us'. There is no 'I', 'you', or 'they'.

My perspective of the relative sees 'you' separate from 'me' and 'they' as separate from 'us'. We become relative to each other, separate yet attached, individual yet collective. The one version of everything that is universal energy becomes many versions of individual reality through personal choice.

My perspective of the divine overcomes the duality of relative existence so that all choices are experienced as beneficial for the growth & expansion of the whole. It allows the choice of the One to be expressed in an infinite number of possible ways that are always experienced as being beneficial, which is divine.

The Perspective of the Absolute:

From an Absolute Perspective, life is absolute.

Absolute life has no requirement for love or light.

It has no experience of individual thought or emotion.

It has no personal choice, as everything is absolute.

There is no space or time in which reality exists.

Life is an infinite, eternal & continuous experience of absolute Oneness.

Nothing is in opposition to anything.

Everything is in harmony with everything that is.

Everything has no duality of nothing.

Nothing does not exist, neither does anything.

In absolute reality, energy has a pure vibration, motion is constant, and there is no matter.

Energy is absolutely pure energy with no distinction of form.

Pure energy has absolutely no form and no physical perspective.

It is pure Consciousness, which is pure thought.

The Perspective of the Relative:

The perspective of a relative life is a choice.

The choice exists for my life to be relative or absolute.

A choice of relative existence allows everything to be One or One can be anything & everything.

From a relative perspective, all possibilities exist.

Nothing becomes impossible.

A relative perspective that allows choice, allows creativity & growth.

Life has the ability to expand & grow, as well as the ability to contract & die. Life & death are both part of the contract for growth.

Relative life allows the experience of extremes of reality, where matter can be manifested in the form of energy in varying degrees of motion, in an infinite number of ways, at any time and in any space.

The Perspective of the Divine:

The Perspective of the Divine is the 3rd way of looking at anything.

A singular view of reality has no choice.

A dual reality view has a choice of two options.

A triune view of reality always sees the divine choice as a third way.

A divine choice is always a divine experience.

When I see life from a divine perspective, I experience life in a divine way. Life becomes an expression of my own Divinity when I choose the third way. A divine perspective has no duality and no singularity; it is a triality.

I am here to trial the reality of a divine experience.

A divine life requires a divine perspective of life by seeing and choosing a third way.

I always have a choice of perspective and my choice of perspective creates the reality of my experience, which is my experience of reality.

The Three Fundamental Properties of Energy

All forms of Energy have three fundamental properties of force, magnitude & potential. The force & magnitude of an 'Energy' determines its potential.

From a Physical perspective:

- The force of energy is called gravity
- The magnitude of energy is called magnetism
- The potential of energy is called electricity.

1. The Force of Gravity

Gravity is an energetic force.

It is the force of energy particular to matter or material substances. The force of an energy vibration is relative to the magnitude of the resistance that it encounters.

Matter is energy in a state of resistance.

As matter resists the natural flow of energy, it creates an energetic force called gravity.

The force of gravity is experienced as the attraction of matter to matter.

It can be observed as the energetic non-attraction or repulsion of energy that counteracts the resistance of matter.

Pure energy is repulsed as the like energy of matter attracts the like energy of matter.

The resistance of matter to energetic flow is called its specific gravity, which is the result of its relative density.

The greater the density of matter the greater is its resistance to energetic flow and the higher its specific gravity.

2. The Magnitude of a Magnetic Field

A Magnetic Field is the barrier of resistance that matter creates around itself. All matter has an electro-magnetic field.

The denser the matter the greater the magnitude of the magnetic field and the greater is its potential to attract or repel.

The potential for matter to attract or repel is relative to the magnitude of the gender of the wavelength and the force of the polarity of the frequency of its energy vibration.

The magnitude of the wavelength of the energy of a material substance determines the size of its magnetic field.

Like energy unto itself is drawn. This is the Law of Attraction.

A magnetic field contains the lines of resistance that energetic matter displays to other energy forms.

Like forms of energy are admitted, whilst unlike forms of energy are repelled.

The Earth's magnetic field acts as a barrier and protection from the natural flow or pure universal energy.

It allows matter to remain an impure form of pure energy.

3. The Potential of Electricity

The Potential of Electricity is its capacity for physical work and its capability to allow physical reality to work.

Electricity enables physical life in every way and at every level.

Every elemental atom has an electrical potential.

Every living cell has an electrical potential.

Every living substance has an electrical potential.

Every star system has an electrical potential.

With no electrical potential, there is no sign of life.

The potential of electricity is the creation of an atomic, a cellular, a biopic and a stellar life support system.

Electricity is the life force energy of every holon of existence.

The electrical potential of a system is proportional to the specific force of its gravity relative to the magnitude of its magnetic field.

From an Energetic perspective: The potential of an energy is its vibration, the magnitude is called its wavelength, which is relative to the force of its frequency.

From an Electrician's perspective: The force is called volts, the magnitude is called amps and the potential is called watts.

From a Spiritual perspective: The force is called Light, the magnitude is called Love and the potential is called Life.

From a Personal Development perspective: The force is called self-confidence, the magnitude is called self-worth and the potential is my self-esteem.

From a Cosmic perspective:

- The force is called Time
- The magnitude is called Space
- The potential is called Reality.

From a Metaphysical perspective: I have a force of mental authority, a magnitude of emotional power and a potential of physical ability.

From a Divine perspective: The force is omniscient, the magnitude is omnipotent and the potential is omnipresent.

The relative magnitude of an Energy is the force of its Motion that enables its potential to be Matter.

The force of my thought relative to the magnitude of my emotion determines my potential ability to be creative.

Even Creativity is a magnitude of energy that has a creative potential driven by a creative force.

Three Levels of Coaching

Coaching is a connection of two minds in communication.

The role of the Coach is to ask questions.

The task of the Coachee is to find the answers.

The Levels of Coaching are determined by how, where, and when the Coachee accesses the answers.

A level of coaching is determined by whether:

- It accesses the Conscious, Sub-Conscious or Super-Conscious Mind
- It is a Dependent, an Inter-dependent or an Inter-developmental Relationship
- It addresses the future, the past or the present moment of time
- It is intellectual, instinctive or intuitive
- It solves problems, meets challenges or explores opportunities
- It utilises motivation, self-motivation or empowerment
- It is mentoring based, treatment based or transformational
- It is professional development, personal development or self-development

The Coach's level of Coaching is determined by their personal skill of:

- Listening
- Empowering
- Strategising

And their personal attributes of being:

- Emotionally Intelligent
- Sensitively Detached
- Exclusively Connected

A Coach is only able to Coach to the level of attainment of their Personal Skills & Attributes.

Level One Coaching communicates at the level of the Conscious Mind.

It is a Dependent Relationship where the Coachee depends on the Coach to move them forward.

It is about developing a better future based on the past experience of the Coach. It is an intellectual exercise that is most beneficial for problem-solving. Problem-solving is an essential pre-requisite to professional development.

A level one Coach is often called a Mentor.

A Mentor-Coach has prior knowledge and experience of the standards and the boundaries required for the Coachee to achieve their desired goals.

They can see a clear picture of where the client wants to be and how to get them there.

The Coachee will need motivation from the Coach to overcome any resistance to change.

The Coach's main skill is to strategise.

The essential attribute of the Coach is their rational and emotional intelligence.

Level Two Coaching communicates at a Sub-conscious level of the Mind.

It is an Inter-developmental Relationship that requires an empathic and a compassionate approach from the Coach.

The challenge is to clear past blockages and limitations.

It is an instinctive exercise that meets emotional needs and allows the creation of new beliefs and perspectives.

It challenges the client to own their own beliefs and connect with their own inner power.

A level two Coach is often called a Hypnotherapist, a Cognitive Behavioural Therapist or a Neuro-Linguistic Programmer.

A Therapist connects the client to their sub-conscious programming in order to facilitate the shifting of blockages.

They help the client to understand where they are now and how they got there.

Level two coaching is the cornerstone of Personal Development and is designed to assist the client to become self-actualised, self-motivated and to take responsibility for their own decision making.

The core skill of the Coach is Empowerment.

The essential attainments of the Coach are the attributes of Sensitivity & Detachment.

Level Three Coaching communicates at the level of the Super-conscious Mind. It connects the Coachee with their Soul, True Identity or Real Self.

It is an Inter-developmental Relationship where the coach is at One with the Coachee.

It is about accessing the presence of the present moment of Now.

It is an intuitive exercise that assists the Coachee to feel, see and know who they really are.

It facilitates the clarification of the Coachee's own unique opportunities for life.

A Transformative Coach operates at level three.

It is about the Self Development of the client.

It helps them to see where they are now, where they want to be and how they are going to get there.

Level Three Coaching connects the Coachee to their own personal Vision, Mission and Purpose for their life, as well as identifying their True Values.

It allows the client to experience their own empowered inspiration and revelations. The core skill of the Coach is to Listen & Hear the client.

The essential attribute of the Coach is their exclusive-connection to Life.

Three Types Of Coaches

There are 3 types of Coaches:

1. Coaches who have a vision for their own life and know their vision with clarity
2. Coaches who do not know that they have a vision for their life
3. Coaches who know they have a vision but as yet do not know what their vision is

It is the discovery of the vision for my own life that allows me to coach another to discover their vision for their life.

The discovery of one's life vision allows one to explore the true purpose of one's life with clarity.

In the absence of knowing their vision or knowing that they have a vision, a Coach usually states as their reason for coaching :”Helping other people” or “Making money”.

When the client becomes the purpose of the coaching, the Coach's ability to discover their own true purpose and learn their own vision becomes greatly compromised.

The Coach becomes driven by their own need to coach and the client's need to be coached, with the motivation to fulfil their own sub-conscious emotional needs rather than being empowered by the true value of coaching.

When the Coach's needs remain unmet, there is the possibility of an attachment forming that inevitably leads to a co-dependent relationship between the Coach and the Client.

Helping to develop others is an objective; never a vision.

The objective of coaching is to guide & support the client to meet their own needs; not to meet their needs for them.

Only when the Coach becomes consciously aware of their own emotional needs and their own true values are they able to know their own vision, mission & purpose in life; and only then does it become clear that they are able to Coach with a Vision.

Three Types of Coaching

There are many types of Coaching. Here are three different niches for different types of clients:

1. Corporate Coaching

Corporate Coaches train coaching skills & leadership qualities in a consultative way. They facilitate the successful achievement of management objectives.

Corporate Coaches promote the achievement of results through team work.

They employ a consultative and less directive style of managing a business.

Adding coaching skills & leadership qualities to a manager's repertoire of abilities can considerably enhance the manager's ability to manage better.

Corporate Coaches coach Managers.

Executive Coaches coach business Owners & Directors.

Corporate Coaches coach team leaders.

Executive Coaches coach business leaders.

Managers require skills, leaders require qualities.

Leading a management team requires qualities & skills.

This is particularly relevant in small businesses where the business owners or directors are also managing the business and employing the staff.

Corporate Coaches specialise in coaching the qualities that allow managers to use their skills effectively.

2. Executive Life Coaching

Executive Life Coaching is Life Coaching for Executives and executive coaching for life. Business Executives do not clock on and off. Their business is their life. The qualities of personal attributes & attainments required to be a leader in business are the same as those required to lead a great life.

Successful executives are living their dream.

Failed executives forgot their dream because they forgot to dream.
Everyone dreams of an ideal life, yet very few get around to focusing on the detail.

Executive Life Coaching facilitates the learning of a better quality of life.

My quality of life is determined by the personal qualities with which I live my life.

Inferior life qualities cannot attract a superior quality of life.

The better the personal qualities that I attain and can attribute to my Self, the better my ability to lead a better life and be a better leader.

3. Transition Coaching

Transition Coaching guides & supports a transition in personal development & growth.

A transition in personal development involves a shift from one state of being to a better state of being.

It is a transition to the better experience of a higher state of being.

A higher state of being expresses a purer emotion that is attributable to my Self.

To attribute a purer wavelength of emotion, I am required to attain a purer frequency of thought.

A pure frequency of thought has a pure vibration and is conveyed as a pure wavelength of emotion.

I develop & grow, as an individual person, as I shift my perspective of who I am and why I am here.

As I challenge my limiting beliefs with pure thoughtful truths, I shift my perspective and grow my vibrational authority.

As I consciously meet my emotional needs, I increase my perception and expand my vibrational power.

As my vibrational ability expands & grows, my emotional experiences appreciate and my quality of life improves.

Three Stages Of Coaching

There are Three Stages of Coaching required to attain an effortless life:

Stage One requires a Mentor.

A Mentor's role is to guide and support the client to become problem-free.

Stage Two requires a Therapist.

A Therapist's role is to clarify the client's challenges.

My challenges are my own unique set of fears, limiting beliefs & emotional needs.

Once I have challenged all my limiting beliefs and met all my emotional needs, I become pain-free and I become fear-free.

Stage Three requires a Tutor.

A Tutor's role is to clarify the student's opportunities.

Pain, fear & problems are all challenges to be overcome before my opportunities can be seen clearly.

Before I can clearly see the direction of my opportunity, I am required to hear my messages. A Tutor hears the messages that align the client with their effortless path in life.

A Mentor is a level one Coach.

A Mentor has previous experience of the path that the client is following.

They facilitate the path of the coachee.

The skill of the mentor is to allow the mentee to make their own choices.

It is not the role of the mentor to teach the right path to follow.

The right choice for the client is the path that they know and feel is right for them. The role of a level one coach is to align the client with their effortless path.

Stage one on their path is to overcome problems.

It is not the mentor's role to overcome or solve the problems that the client faces. It is the coach's role to guide & support the client to become problem-free.

Once problem-free the coachee can clearly see their challenges.

The Mentors role is to hear and to clarify the client's challenges. A

A Therapist is a level two coach.

A therapist understands the challenges that a client faces.

Our challenges come from within, never without.

Other people do not challenge me.

A therapist never challenges the client.

A therapist allows the client to see their own challenges clearly, which is the skill of being challenging.

We are all challenged by our fears, our limiting beliefs & our emotional needs.

The therapist enables the client by reconnecting them to their power & their authority.

I am only ever challenged by a lack of emotional power.

My emotional power is depleted by my lack of mental authority.

My lack of authority is my greatest challenge.

My fears & limiting beliefs disallow my authority and cause my emotional needs that manifest the dramas in my life that challenge me.

Meeting those challenges requires a therapist that applies a therapy that is a treat and a treat meant for me.

A Tutor is a level three coach.

A Personal Tutor never teaches.

A personal tutor facilitates the learning of their student.

A tutor asks the questions that reconnect the student to their own answers.

A teacher answers questions whereas, a tutor asks the questions.

A pupil requires the answers from their teacher.

A student requires the questions from their tutor.

When the tutor asks the right question, the student already has the right answer.

A teacher works with rational knowledge.

A tutor works with intuitive knowing.

A tutor requires both rational & emotional intelligence.
It is my spiritual intelligence that connects me to my Inner Tutor.
It is spiritual intelligence that allows the tutor to connect their
student to their own Inner Coach and intuitive guidance system.

Three Qualities of a Master Coach

A Quality is an attainment that is personally attributable.

A Master Coach has mastered the attainments of being:

- Intuitive
- Emotionally Intelligent
- Inter-developmental

The quality of a coach's personal intuition, inter-development & emotional intelligence determines their level of mastery.

Mastering these qualities requires the guidance & support of a master Coach.

Intuition is the ability to be intuitive.

Being intuitive requires three spiritual senses to be enabled.

They are a sense of knowing, a sense of feeling and a sense of seeing.

I see my inspired revelations intuitively when I am exclusively connected to my highest authority. My exclusive intuitive connection allows my highest authority to be revealed.

Intuitive revelations are always inspired and always authorised.

They are authorised because they are a divine choice from my highest authority.

When I just know the right choice for me, it always feels good.

Intuition allows me to see the light of my inner tutor.

My inner coach is my guide & tutor that intuitively directs me on my path through life.

Intuition is my exclusive connection to my super-conscious mind.

Emotional Intelligence is the ability to be emotionally intelligent.

Being emotionally intelligent requires rational logic as well as emotional logic.

It requires a rational ontological knowledge of energy and one's own energetic state of being.

Understanding the energy of emotion intelligently is essential to the management of emotional power.

My emotional power is relative to my emotional state of being. My emotional attributes determine my emotional power.

Managing my emotional power consciously, requires an awareness of the emotional states of being that I attribute to my Self.

Emotional intelligence allows my head and my heart to work harmoniously with inner peace. It allows me to ground my emotional power in the physical world.

My super-conscious mind is both rational & emotional, which allows logic to be intelligent and intelligence to be logical.

Interdevelopment is an ability that allows growth to be expansive.

The ability to grow expansively requires sensitivity & detachment.

I grow through the experience of interaction with other people.

Other people allow me to see the level of my own personal development.

My relationship to other people is the measure of my personal development.

By the Law of Attraction, I attract like energy to my own energetic vibration.

How I relate to other people is reflected in how other people relate to me.

When I relate inter-developmentally, other people resonate with my my own personal development and I resonate with theirs.

I cannot coach another to personally develop unless I am sensitive to their emotional wavelength and I am detached from their issues & dramas.

The inter-developmental relationship between a coach and a client is facilitated by the sensitive detachment of the coach.

- My intuition allows my authority to be exclusively connected to my path and connect others to their exclusive path
- My emotional intelligence allows my ability to be emotionally rational and show others how to balance their rational & emotional awareness of consciousness
- My level of inter-development allows my emotional power to keep me sensitively detached from my client's issues and out of their way

My exclusive connection allows my intuitive authority to guide my clients.

My emotional intelligence allows my balanced view of where the client is coming from.

My own personal development allows my intelligent use of power to support my clients on their path.

The quality of my mastery is an expression of my own emotional power, my mental authority and my physical ability to coach others.

Three Negative Reactions

I react negatively when I am disconnected from my source of personal power, authority & ability.

It is my disconnection from my state of being who I really am that causes my:

- Frustration
- Anger
- Intolerance

Being Frustrated is not being able to do what I want to do.

When my actions are frustrated, I become frustrated.

I am frustrated by either my lack of power or my lack of authority.

I cannot be frustrated when I have enough power although I can be frustrated by too much power.

I appear not to have enough power when I am experiencing negative frustration instead of positive achievement.

My achievement is frustrated by my fear of failure.

When I am positively achieving, there is no failure or frustration.

Frustration is my feeling of failure.

My failure is endorsed by my feeling frustrated.

Together they create my need to achieve.

I need to overcome my frustration of apparent failure.

I am only ever frustrated by my anger & my intolerance.

Being Angry is being powerless to respond.

When I am powerless, I am not being who I choose to be.

I choose to be an aspect of my Beingness that expresses my emotional power. When I am unable to manage my emotional power, I become angry.

Anger is not the absence of emotional power but a reaction of emotional energy. It is the presence of negative emotional energy.

When I am angry, my emotional power is being channeled in a negative direction. When I express my emotional energy in a negative way, I show my anger.

I cannot be angry when I am disconnected from my emotional energy. My emotions are depressed and so is my anger. Patience is learned by disconnecting emotionally from what is occurring. Impatience is caused by my attachment to whatever is occurring. Anger is my extreme impatience at being unable to manage & express my feelings in a positive way.

Being Intolerant is my inability to tolerate what is occurring in my life.

When my beliefs conflict with whatever is occurring, I become intolerant.

The more conviction that I hold in my belief, the more intolerant I become.

Intolerance is caused by my lack of presence and my lack of acceptance.

When I cannot accept whatever is occurring as a present, I will be intolerant of it.

I become intolerant when I can no longer tolerate & endure the situation that I find myself in.

It is not what is occurring that is intolerable but my belief about the situation I am in.

My tolerant beliefs allow me to tolerate whatever is occurring.

My intolerant beliefs disallow my tolerating a situation.

My faith allows my acceptance.

I am being intolerant when I am moving in the opposite direction to my chosen path.

- My intolerance is a sign that I am lost
- My anger is a sign that I am confused
- My frustration is a sign that I am not following my path effortlessly.

Three Prime Trialities

Energy, Matter & Motion is a Prime Triality.

First is the dimension of Motion.

It is the Motion of matter in energy or the Motion of energy in matter.

It is the spin of electrons in space.

It allows the Atomic Holon.

Second is the dimension of Energy.

It is the Energy of matter in motion or the Energy of motion in matter.

The e-motion of cells matters.

It allows the Cellular Holon.

Third is the dimension of Matter.

It is the Matter of energy in motion or the Matter of motion in energy.

It allows the Organic Holon.

It allows the experience of Human Life.

Life experience is a matter of emotion.

Energy in motion matters because matter is lifeless without energy.

Energy without motion doesn't matter because it is immaterial.

Matter allows energy in motion to be experienced.

Energy & Matter are the same thing seen from opposing perspectives.

I see matter from a physical perspective.

I see energy from a spiritual perception.

All matter is the motion of energy vibrating at a different frequency & wavelength.

Every vibration has a wavelength & a frequency that are relative and inversely proportional to each other.

Energy vibrations can be experienced as a wave or a particle, as energy or as matter.

Visible light is one example of a range of vibrations that are seen as different colours relative to their wavelength & frequency.

As well as visible light, all energy is currently believed to be an electro-magnetic wave or particle. Matter is an energy vibration that is identified by its relative vibration.

In physical reality, all energy is experienced as electro-magnetic-gravity.

In spiritual reality, all energy is experienced as love-light-life.

Our Universe is a contextual field of space-time-reality for us to individually & collectively explore experience & discover energy & matter in motion.

Love, Light & Life is a prime triality.

A wavelength of energetic space is experienced as an emotion of Love.

A frequency of energetic time is experienced as an enlightened thought.

Life is the physical experience of enlightened thought.

Love is pure emotion. Light is pure thought.

I am enlightened by the purity of my thoughts. I am empowered by the purity of my emotions.

Emotions are the wavelength of energy on which my frequency of thought is transmitted & received.

Life is ideal & divine when both thought & emotion are transmitted & received as a pure vibration of energy.

Life is less than ideal when my thoughts are divided by polarity and my emotions are divided by gender.

In my physical life, I can choose which aspects of emotional love to experience with the light of the consciousness of my thought.

My thoughts create my reality in a Space-Time-Reality.

Space, Time & Reality is a prime triality.

Space-Time-Reality is a spiritual perception of our Universe.

A vibration of Reality has a frequency called Time and a wavelength called Space.

Our Universe is 'one version' of space-time-reality.

From a physical perspective, our universe of space-time-reality has three dimensions of time, speed & distance.

The frequency of our reality is measured as speed. The wavelength of our reality is measured as distance. The vibration of our reality is measured as time.

The time, speed & distance of objective matter are relative to its vibration, frequency & wavelength.

Time is relative to speed & distance. Speed is relative to time & distance. Distance is relative to speed & time.

Space-time-reality is the effect of a choice of energy vibrations that are distinct by the nature of their frequency & wavelength.

A specific wavelength of space & a specific frequency of time allow the possibility of a specific vibration of physical reality to exist.

It allows energy vibrations that are a matter of energy in motion to be experienced as a space-time reality in a spiritual universe of love, light & life.

Me, My Self & I

My Third 'I' is all seeing.

It is my Soul, my inner coach & my spiritual tutor. Seeing is an intuitive sense.

I see my Soul intuitively.

I know & feel my Soul's presence.

My Soul sees its Self intuitively.

I see all aspects of my Self from my soul's perspective.

My ego self sees only its physical existence.

My Soul is my super-conscious Self.

My super-consciousness transcends physical reality.

It sees all time, all space & all realities; eternally, infinitely & continuously.

Time-space-reality allows my Self to apparently exist independently of my Soul.

My All Seeing Third 'I' is always intuitively there, whether I choose to see it or not.

An Inner Dialogue is a conversation between me & my Self or between my Self & I.

One conversation is enlightening whilst the other can be very confusing.

Me is my sub-conscious id. I only talk to my sub-conscious id when my ego self disagrees with its apparent choice of conscious perspective.

I is my super-conscious entity. I listen to my higher enlightened Self when I am empowered to do so.

My self is my conscious sense of ego self as distinct from my sub-conscious or my super-conscious sense of Self. When I talk to my Self it is good to listen.

When me thinks that it is insane to talk to my Self, I disconnect from the conversation.

Putting up any opposition to my Self is counter-intuitive and counter-productive.

My super-conscious Soul never opposes my choice although my sub-conscious id may well do so.

It is Good to Talk but it is Better to Listen.

There are 3 levels of Consciousness:

1. The Sub-Conscious Id
2. The Conscious Ego
3. The Super-Conscious Entity

Each level of Consciousness has 3 potentials:

1. Its Power of Love
2. Its Authority of Light
3. Its Ability of Life

Each potential of Consciousness can be measured as:

1. The Competence or Clarity of its power
2. The Capacity or Direction of its authority
3. The Capability or Presence of its ability

Each measure of Consciousness is relative to its polar opposite:

1. Its Incompetence when confused
2. Its Incapacity when lost
3. Its Incapability when frustrated

All of which can be Individually experienced:

1. Emotionally
2. Mentally
3. Physically

This determines or explains the Spirituality or spiritual reality of Me, Myself & I.

Three States of Mind

My state of mind is important to my experience of life, therefore the state of mind that I choose is equally important to my experience of an ideal life. As always I have three choices:

1. Mindfulness is being careful.

Taking care is a solution to a problematic life.

Mindfulness is a solution to taking care of all my problems.

Mindfulness creates a full mind.

A full mind is full of solutions to a potentially problematic life.

This eventually becomes a problem because the more I focus on my problems the more problems that I have, the more solutions that I need, and the more mindful I become.

Eventually my mind becomes so full that it is difficult to discern my best choice. Overloaded with entropy, my mind is no longer free to fulfil its purpose.

The purpose of my mind is to know the direction of my path by being of a mind to be free to follow my path.

2. Mindlessness is a duality of mindfulness.

It is a state of being where the mind is less dominant when balanced with the body & emotion.

When my conscious mind is balanced with my sub-conscious mind and is in alignment with my super-conscious mind, I connect with my inner direction and strength.

In isolation and disconnection, my conscious mind is bombarded by positive & negative choice.

Too much choice and I require mindfulness to manage it effectively.

The chaos of too much choice creates the challenge of the possibility of failure. Mindlessness allows clearer thinking.

It allows the choice of being a mindless idiot or a mindless genius.

My genius appears when I have less mind and more heart.

3. Mindfreeness is not being free of my mind.

It is being less of a slave to my mind.

Mindfreeness is being free of the duality of mindlessness & mindfulness.

It is freeing the mind from the process of choosing by overcoming the duality that allows choice.

When my choice becomes a process it is no longer free but a slave to the process of choice. Freedom of choice allows either my choice to be free or for me to be a slave to my choice. Choosing mindfreeness is accepting whatever occurs as my choice.

My choice is no longer what occurs but how I relate to whatever is occurring.

Relating in the most beneficial way to whatever is occurring is not possible when I am being either mindful or mindless.

Being mindfree is the gateway to Acceptance.

Three Types of Mentality

My Mentality is my belief system that determines my perspective of life as a mental reality. I can believe that my reality is one in which I have to survive, one in which I need to be comfortable or one that I am creating with awareness.

1. A Survival Mentality is created by fear.

I believe that I will have to survive whatever I fear.

When I fear death, I am required to survive life.

I survive in life whatever I fear.

What I fear in life, I attract into my experience.

I fear that what I attract will kill me unless I learn to survive death.

I am a victim of my fears until I learn to survive their fate.

Fear is a problem that threatens my survival.

Unless I believe that fear is a warning that aids my survival.

Fear is the cause of my problem and my need to survive.

Trying to survive is a problem that I fear I cannot solve.

I do not need to survive an opportunity to live my life to the full.

I do not choose to survive my fear I choose to be free of fear.

2. A Comfort Mentality is caused by pain.

Pain is a severe discomfort.

It is a discomfort that I believe that I am required to avoid.

When I fear pain, it becomes a problem.

The solution to pain is comfort.

I suppress the discomfort of my pain by suppressing the cause of my pain. Pain is a symptom of my resistance to life.

Therefore, it allows me to learn the path of least resistance.

Following the path of least resistance is never painful. Releasing pain is painful. Suppressing pain can be fatal.

My comfort zone is a creation of my comfort mentality that chooses to avoid pain. It also prevents my personal development & growth.

Pain is a clear indication that my path is blocked.

A comfort mentality chooses to block all paths painlessly.

3. An Awareness Mentality is conscious of the spiritual world and aware of its own spiritual origins.

I am aware of my spirituality and the source of my power & authority that enables my life.

I am aware of my intuitive senses that are my inner guidance system.

I am aware that I have a unique purpose and an exclusive vision for my individual mission in life.

I am aware that when there is no fear and there is no pain, there is no problem.

I am aware that I have not come here to survive and I have not come here to be comfortable.

I have come here to experience an awareness of what life has to offer.

With awareness, I see every opportunity that is present in my life as it is presented to me as a present to my Self.

Life is not an opportunity to experience pain, fear or problems.

That is my default experience when I do not intuitively see, know & feel the opportunity to live life to the full.

Three Perspectives of Life

I have a choice between Three Perspectives of Life:

- The perspective of others
- The perspective of my Self
- The perspective of my Soul

I require the perspective and the authority of others to learn my ability as a baby or a Novice.

I require the perspective and the ability of my Self to learn my own authority as an adolescent or a Student.

I require the perspective and the authority of my Soul to learn the power of an adult or a Master.

I cannot learn to own my own authority until I have gained sufficient ability by learning from others.

I cannot learn to master my own power until I have learned to own my own authority. Under my own authority, I attain the ability to connect to my Soul's perspective of life. From the perspective of my Self, I have authority but no power.

Connecting to the power of my Soul requires the perspective of my Soul.

My Soul's perspective of life requires the intuitive senses of my Self to be active.

1. The Perspective of Others

I share the perspective of others who share the society in which I live.

It is the society in which I am raised as a baby that determines my perspective of life.

I am programmed from birth to see the world as others see it.

My perspective of life is given to me by my parents, my teachers, my ministers, my friends, my employers and my governors.

With the same perspective as other people, I share their reality; because when I share the same beliefs, I create a similar reality.

The perspective of other people allows me to feel included, safe, comfortable and liked.

Conforming to the perspective of others is an essential stage in life that enables me to learn to live life in the physical without resistance from other people.

It is essential to adopt the perspective of others until I am able to choose my own independent path with both authority & power.

2. The Perspective of my Self

Independent ability allows me to choose the perspective of my Self. For my perspective to become my own, I am required to challenge the perspective of others.

Challenging the perspective of others allows me to challenge and change my own belief system.

Until I challenge, change and own all of my beliefs, I am operating under the same beliefs and therefore the authority and perspective of other people.

With my own beliefs and my own perspective, I am creating my own reality. As I change my perspective, I change my beliefs and I change my reality. My reality is a projection of my perspective of my beliefs made manifest. Reality is a manifestation of my beliefs put into perspective.

It is the realisation of the manifestation of the perspective of my Self. I can choose to live in someone else's reality or my own.

3. The Perspective of my Soul

The Perspective of my Soul sees my ideal world.

My Soul perceives my ideal world intuitively.

My Self has the choice and the opportunity to choose my ideal world experientially.

The opportunity to master life from the perspective of my Soul is to see life intuitively as my Soul sees, feels and knows my life to be.

I see my life from the perspective of my Soul when my Self & my Soul are in alignment. When in alignment with my Soul, I am able to utilise the creative power of my Soul. The creative power of my Soul is aligned with the authority of my Soul.

With my Soul's perspective comes my Soul's authority.
With my Soul's authority and the ability of my Self, I have the power to live an ideal life as I choose it to be.
I can choose my ideal life myself, when my choice is in alignment with my Soul's perspective of a life that is ideal for its Self.
The perspective of my Soul is powered by love and authorised with wisdom.

Three Perspectives of Consciousness

Consciousness is able to perceive itself from three different perspectives:

- The oneness of a singularity
- The twoness of a duality
- The threeness of a triality.

The Perspective of Oneness sees a singular reality or a singularity.
In a singularity everything is a part of everything.
Everything is united & whole.

I see the energy but there is no matter.

The material matter is of no concern.

The focus is on the energy of everything.

There is no materialisation of the energy into matter.

The illusion of oneness is that nothing matters.

Nothing matters when nothing is real.

The reality of the perspective is the wholeness of the energy.

It is a singular perspective of wholeness & unity.

I am conscious of a continuous flow of energy, of which I am a part.

There is no separation of me from my perspective.

I am my perspective because there is nothing else.

The Perspective of Twoness sees a dual reality or duality.

In a duality everything is apart from everything else.

Everything is separate & in opposition.

I see the matter not the energy.

Emotional energy is of no concern.

The focus is on the quality of the matter.

The quality of matter matters.

The illusion of twoness is that everything has an opposite.

This allows the illusion of choice.

The reality of the illusion is a choice of perspective.

I can see right or wrong, good or bad, positive or negative, nice or nasty, which I like or dislike and is alike or unlike.

My consciousness sees an extensive world of matter, which I am apart from & a part of. There is no fixed perspective other than that upon which I fix my perspective.

I always have a choice of perspective that is unique & individual to me.

The Perspective of Threeness sees a triune reality or triality.

In a triality opposing polarities are the same energy.

Opposing genders always work in harmony.

All energies co-operate in balance and are calm & neutral.

There is always a third way.

The third way brings energy vibrations into balance.

It is the realisation of the energy's potential.

The illusion of triality is that there is an alternative way.

The perspective of a triune reality balances opposing energies, never replaces them.

Life is not a trial but a journey of opportunity.

There is always an opportunity to experience a third way.

There is no trial because there is no judgment.

Intellect, Instinct & Intuition become the tri-essence of my

Beingness when I know, feel & see my true perspective of Life.

Three Different Management Cultures

1. A Financially Driven Culture

I am Financially Driven for the benefit of my stakeholders.

I am driven to make a financial profit.

My financially driven company has a vision to make huge profits.

The purpose of my company is to make money.

My focus is on my financial budget.

I have a large marketing budget to replace the customers that I lose.

I have a large sales budget to train the staff to sell my product or service.

I am driven by a fear of scarcity and a need for plenty.

There is never enough profit produced, even when I achieve budget.

I am driven by my greed and a need for an extravagant lifestyle.

I cannot make too much money.

The more money that I make, the more powerful I believe that I am.

The customer is only right when they buy from me.

2. A Customer Driven Culture

I am Customer Driven for the benefit of the customer.

I know that the more satisfied the customer the more money I make.

I know that business success comes from a mutually beneficial transaction. The customer pays an equal price for the value of their purchase.

Value for money is important.

Most of my business comes from customer referral.

I have a very low marketing budget.

Retaining customers is important to me.

I do not sell; I help my customers to buy in as many ways as possible. I am driven by my vision of bringing value to the world.

I aim to please.

My happy customers endorse the value of my goods & services.

A customer's perspective is always right.

The customer's perspective of my business is important to me.

3. A Success Driven Culture

I am Success Driven for the benefit of my Self.

I am not driven to accomplish profit.

I am not driven to achieve value.

I am not driven to attain status.

I am not motivated to achieve, attain or accomplish any form of success.

I am empowered to succeed on my chosen path.

The purpose of my journey is my personal development & growth.

As I develop & grow on my path through life, I succeed.

My happiness at enjoying my journey is the measure of my success.

When I am happy with my success, I am no longer driven to succeed.

My need to succeed is a statement of my failure to succeed.

When I know that I have already succeeded, then I can experience my success. My success is assured.

I just have to enjoy the journey.

I Am A Three Part Being

I am a Three Part Being when I recognise all three aspects of my Beingness. My ability to Be requires both power & authority.

I am physically enabled by my emotional power & my mental authority.

My physical life is both a mental & an emotional experience.

It requires the body, the mind & the emotion of my Spirit.

Reality is a physical, mental & emotional experience that is time & place specific.

Space-Time-Reality allows the triality of my Beingness.

Time is an aspect of my Light.

Space is an aspect of my Love.

Reality is an aspect of my Life.

The potential of my life is relative to the force of my light & the magnitude of my love.

My light is the force of my mental authority.

My love is the magnitude of my emotional power.

My life is the potential of my physical ability.

I live a life of love & light in a three dimensional space-time-reality.

I experience life consciously, sub-consciously & super-consciously in a physical, mental & emotional way through the power of my love, the authority of my light & the ability of my life.

Love is the wavelength of emotion on which a pure frequency of thought is transmitted.

Many aspects of Love are created, as a range of emotions with differing wavelengths, by our diverse thoughts.

The longer the wavelength of emotion, the slower is the frequency of thought and the purer the aspect of love.

Pure Love has an infinitely long wavelength and an omnipotent magnitude. The Power of Love is relative to the purity of the emotional wavelength. The most powerful aspects are undivided by gender.

Pure emotions are therefore empowering.

Wavelengths of emotion that are divided by gender are disempowering.

The magnitude of Love is determined by the volume of Space that it encompasses.

The longer is the wavelength of emotion, the greater is the magnitude of Love.

The greater the magnitude, the more powerful the emotional aspect of Love becomes.

Light is the frequency of thought on which consciousness is transmitted.

Many perspectives of Light are created as a range of thoughts, with differing frequencies. The faster the frequency of a thought, the purer the perspective of Light.

Pure Light has an eternal frequency with an omniscient amplitude.

The authority of a thought is relative to the purity of its frequency.

The most authoritative thoughts are undivided by polarity.

Pure thoughts are revelatory & inspiring.

Frequencies of thought that are divided by polarity are uninspiring.

The force of authority is determined by its Time or frequency.

The faster the frequency of a thought, the greater its force of authority.

The Light of a pure thought has a neutral polarity and a balanced intensity.

The Authority of Light determines the depth of its inspired revelation.

My Ability is relative to the vibration of my Beingness.

I perceive my Beingness as an emotional thought.

How I perceive my Self to 'Be' determines my ability in Life.

My conscious thought & my emotional awareness determine my ability to be enabled.

My conscious thought determines my authority.

My emotional awareness determines my power.

My conscious-awareness of my power & authority determines my physical ability in Life.

Physical ability is not determined by my skill.

My skilful ability is realised by my level of power & authority.

The frequency of my thought and the wavelength of my emotion determine the vibration of my ability.

The Ability of Life is a potential waiting to be fulfilled.

Three Holons Of Existence

Modern Science studies physical existence from three perspectives:
The perspective of:

- The Chemist
- The Physicist
- The Biologist

Each aspect of science studies a different holon:

- Molecular
- Cellular
- Organic

1. Chemists study the Molecular holon of atomic elements or how atoms form into particular molecules.
2. Biologists study the Cellular holon of self-sustaining organisms or how cells organise themselves into particular life forms.
3. Physicists study the Organic holon of our Biosphere called planet Earth and how cellular organisms organise into organic forms on Earth.

Nuclear Physicists are attempting to study the Molecular Holon from a physical perspective.

Astronomers are attempting to study the Organic Holon of our Biosphere by looking at the organisation of our Cosmos.

Each holon has its own level of Consciousness and its own level of sciences or knowing.

It is not possible to beneficially study & understand one holon from the perspective of another.

Three Commonly Held Beliefs In Our Society

1. The Belief About Power

A common held belief in our society is that power comes from money. This belief motivates us to earn money to have the power to choose.

The more money we have, the more choice we believe that we have and the more things we can choose to have.

Our freedom of choice is only limited by our lack of power created by insufficient money to buy whatever we choose.

This belief creates the belief that the rich are powerful and the poor are powerless.

It ensures that the rich stay rich and the poor are powerless to change it.

The rich have the power to attract money and the poor do not.

In our society, there is no distinction between being rich, which requires money, and being wealthy.

Money is used to buy a wealth of emotional experiences.

However, money is not emotional power and with enough emotional power, money is unnecessary for a truly emotional experience.

Emotional experience is not dependent on money but on emotional power.

Money is a poor substitute for emotional power, which is the power of our emotions not the power of our money.

2. The Belief About Authority

A common held belief in our society is that authority comes with status.

We believe that authority is either inherited or earned.

To earn authority, we are required to be well educated and we need to learn knowledge.

It is believed that the more knowledge we have, the more influence we have and the more authority we have to influence others.

This belief locks us into an educational system that is designed to benefit the ruling elite.

The authority of the ruling elite would be questioned by subjects who were taught to align with their authority and their beliefs.

The beliefs of the ruling elite are inherited and never taught in school.

In a 'free' society, we are free to choose whatever our ruling masters have declared is in the common good.

We are taught that we are free in our society because of a Justice System that allows our freedom and punishes and imprisons us when we do not do as we are instructed to by law.

My authority is my freedom to choose for my Self and to be the author of my own life.

It is my ability to be free of all external influences and flow instinctively & intuitively with my own inner guidance system.

My belief system either allows my authority or disallows my authority in favour of someone else's authority.

3. The Belief About Ability

A common held belief in our society is that ability comes with knowledge.

It is not only what I know but who I know.

The ability to do what we want is limited by our education system and our financial system.

Without money or knowledge our options are believed to be limited.

I am only able to do what is believed to be good and I am able to afford.

The ruling elite have no such belief.

They are brought up with the belief that nothing is impossible.

What they are not willing to do personally, they employ others to do.

Their ability is only limited by their ability to use other people.

My ability is limited only by my imagination.

Whatever I can imagine, I can create.

We are educated not to use our imagination so that creativity is controlled.

My imagination allows my authority to flow and connects my personal emotional power that enables my unique ability in life. I believe that my ability is limited only by my authority to use my power and my power to choose my authority.

The Three Principles

SOUL is an acronym for the source of unlimited learning.

Learning is an unlimited mental experience. Learning the source of an unlimited mental experience is achieved through the exploration & discovery of the Self.

The Self is a mental explorer on an experiential journey to discover the source of its unlimited love of learning through an enlightened life. The Light Source of Unlimited Love of Learning about Life is the Soul.

The three principles of mental learning are:

- Mind
- Thought
- Consciousness

The three principles of emotional experience are:

- Emotion
- Feeling
- Awareness

The three principles of all forms of energy are:

- Wavelength
- Frequency
- Vibration

The three principles of all energetic Beings are:

- A Wavelength of Mind & Emotion
- A Frequency of Thought & Feeling
- A Vibration of Consciousness & Awareness

Spirituality is the spiritual reality of all energetic Entities. My spiritual reality is that I am:

- A vibration with a wavelength & a frequency
- A frequency of thoughtful feelings
- A wavelength of mindful emotions

A conscious-awareness of my spiritual vibration allows the discovery, exploration & learning experience of my Soul.

The three principles of the Soul are:

- Love
- Light
- Life

Learning about the love, light & life of my Self enables the discovery, exploration & experience of the Soul.

Soul is the source of:

- The emotional wavelength of my feeling, which is my power of love
- The mental frequency of my thought, which is the authority of my light
- The physical vibration of my experience, which is the ability of my life

Gnostic is the intuitive knowing of the super-conscious awareness of the Mind's Entity.

Agnostic is the sub-conscious instinct of the ignorance of the Mind's Id.

Diagnostic is the conscious intellect of the relative dual reality nature of the Mind's Ego.

The Source of this Learning is my Soul.

As my Self intuitively learns, my Soul expansively grows.

The Third Way

The Third Way is a third choice of perspective.

I can see my choice as this way, as that way or as a third way.

The Third Way is the way of my Soul. It is the direction that my Soul sees for my Self as most beneficial in life. Being lost in relative duality is never beneficial for the Self or the Soul.

The Third Way overcomes the duality of relative physical & spiritual experience. It overcomes the dual reality of the Self & the Soul.

The Third Way is the balance point between two extremes of polarity. It is the balance between what I perceive to be a good way or a bad way & a right way or a wrong way, which overcomes all judgment.

The Third Way is a perspective of how life occurs.

The first way is a perspective of how life happens to me.

The second way is a perspective of life happening by me.

The Third Way is how I perceive life as happening through me.

With my third choice of perspective, I see my Self as the medium or the channel through which I allow my Soul to experience a fulfilling life of contentment & joy.

The Third Way is being accepting of the beneficial providence that my Soul is providing on my path for its Self to experience.

The Third Way is to be approving of the prime, natural & divine states of Being, which are the image of my Soul that my Soul imagines its Self to be.

- The first way is a perspective of the id that sees survival as the way.
- The second way is the perspective of the ego that sees comfort & security as the way.
- The Third Way is the Awareness of the Soul, perceived through the Awakening of the Self.