Wise Words

Book Eight Keich Collins

Wise Words of Inspired Revelations

from the Inner Coach

1.

"Criticising, condemning or complaining about the actions of someone with low energy will just lower their emotional energy further"

2.

"Feeling my emotional competence is the power of attraction: Knowing my mental capacity is the authority to attract"

"Goodness is the potential to realise my authority"

4.

"Kindliness is the ability to realise my

potential"

5.

"Likeliness is the potential to realise my power"

6.

"Grace is the power to realise my potential"

"Gentleness is the authority to realise my potential"

8.

"It requires discipline to follow not to lead: A disciple is a follower not a leader"

9.

"Other people's point of view is based on their perspective, which points in their direction, which is not necessarily my direction"

"Other people always have a point: The question is, is it relevant"

11.

"With unconscious competence there are no

limitations"

12.

"Conscious competence allows me to overcome my limitations"

"The problem with conscious incompetence is that I am aware of my limitations"

14.

"The problem with unconscious

incompetence is that I am not aware of my

limitations"

15.

"Life can be more or less easy or difficult until we see that an effortless path always has enough"

"Having more than you have now in the future is not easy: Having less than you have now in the future can be equally as difficult"

17.

"The essence of what I really choose for myself is what my Essence or Soul chooses to manifest as real for its Self"

18.

"Having more of what you have now in the future requires gratitude & appreciation"

"Having more than you have now, now, is not possible"

20.

"Multiple versions of physicality are

unnecessary in a universe that allows

individual reality"

21.

"Physicality is just one version of a multiversial reality" "Doom is a problem: Fate is a challenge: Destiny is an opportunity"

23.

"When I choose to follow my destiny,

whatever turns up is always a gift"

24.

"Whatever can be my doom, my fate or my destiny"

"A successful passing requires both the Soul & the ego to be in agreement"

26.

"Success in life requires that the ego be aligned with the soul & the id be aligned with the entity as an expression of one's true identity"

27.

"A peaceful life allows a peaceful passing"

"A New World View has no world order, just an exclusive vision of a unique journey that creates an individual reality in a personal way"

29.

"Pure likeliness is the power of attraction"

30.

"The probability of disappointment decreases as likeliness increases" "Logic that is just rational & excludes emotion is illogical"

32.

"Understanding the Law of Attraction requires both a rational mental perspective & a logical emotional perception"

33.

"The emotional rationale that rationalises emotions requires both the IQ of rational intelligence & the EQ of emotional intelligence"

"Fears, compulsions & addictions are all symptoms of an insensitively attached, irrationally inclusive & unemotionally disconnected reality"

35.

"Obsessive compulsive behaviour is always driven by a fear that is sponsored by a false belief"

"Overcoming a fear requires it to be confronted with the false limiting belief that is sponsoring it"

37.

"Overcoming addiction requires the competence to consciously manage one's own emotional energy levels"

38.

"Authority, confidence & arrogance are often

a matter of perspective"

"Confidently putting on a show has authority, whereas, arrogantly showing off does not"

40.

"Freedom of Choice allows the freedom to choose to be free of pain, fear & problems by choice"

"Freedom of Speech is the ability to speak my own truth & walk my own talk: I am not, however, free to impose my truth onto other people"

42.

"Trying to succeed is a statement of failure"

43.

"When I learn to live at peace, I can choose to die at peace"

"We all die quickly or slowly, sooner or later: I choose quickly later"

45.

"I cannot love someone too much but I can need them too much"

46.

"The contribution that I make to life is individually, uniquely & exclusively mine when I know that I am being truly selfish"

"I Gently Acknowledge the Acceptance of my Emotionally Rational Sincerity"

48.

"I Gracefully Affirm the Allowance of my Exclusively Connected Faith"

49.

"I Kindly Attest the Approval of my Sensitively Detached Goodness"

"Will Power is the power that authorises ability: Attraction is the power that enables authority when it is allowed to"

51.

"Without wisdom, creativity & learning; an education system will fail both its teachers & its pupils"

52.

"Wise creative learning is the best education system"

"A wise learner knows the source of their own creativity"

54.

"A healthy reality requires a healthy belief system"

55.

"It is my beliefs about money that cause my financial reality"

"Money is neither good nor bad: It is the personal judgment of how money is earned, used or spent that sees it as either good or bad"

57.

"Money is a measure of the extent to which I need & depend on other people: The more money I have, the more I need & depend on other people"

"Having enough money is a feeling of abundance that allows an emotional state of being content: No amount of money is ever enough"

59.

"Pagans worship the sun: Christians worship the son: Jews worship the father: Personal spirituality worships a whole spirit"

"A rainbow conforms to just 7 colours: Personal spirituality has no such limitation in its exploration of all aspects of the light spectrum"

61.

"Witchcraft is seen as either black or white based on personal prejudice"

62.

"When I know that I am authorised, I feel

empowered & I see my ability"

"Experiencing a sacred space in divine time is a heavenly reality"

64.

"Gentleness is an emotional force:

Kindliness is an emotional magnitude:

Likeliness is an emotional potential"

65.

"Just in case insures against problems: Life just is ensures opportunities"

"I am motivated by my need for emotional energy to confide, co-operate, compete or conflict"

67.

"Friends confide: Colleagues co-operate:

Rivals compete: Enemies conflict"

68.

"The Eastern Philosophical perception feels female emotional waves of love as energy"

"The Western Scientific perspective sees male rational photons of light as matter" 70.

"When I allow my light to illuminate my path, I am never lost"

71.

"You cannot be too bright for your own good when you use your light to illuminate your path" "Success comes with taking opportunities, not meeting challenges or solving problems" 73.

"When I overcome problems, fear & pain; failure is never an option"

74.

"Achievement is never problematic: Accomplishment is never fearful: Attainment is never painful" "The standard for success is it's achieved, accomplished & attained"

76.

"The standard for accomplishment is it's gradual"

77.

"The standard for attainment is it feels good"

78.

"The standard for achievement is it's

effortless"

"Presence is: Seeing the present that is presently being presented"

80.

"The Gods are never angry: That's just Man creating God in his own image"

81.

"With criticism, sarcasm, cynicism, condemnation or complaint; there is tolerance or intolerance but no acceptance"

"Inner conflict causes inner chatter & inner resistance to inner peace"

83.

"Inner Conflict is the dilemma caused by a conflicting belief system"

84.

"An Open Heart allows the Core

Competence of Source Intelligence"

"Creativity requires emotional power, mental authority & physical ability"

86.

"It is not emotionally intelligent to focus on negative states of being"

87.

"Attaining quality attributes requires emotional awareness & adjective Beingness"

"Healthy, wealthy, wise, content, fulfilled & joyful are quality emotional states of being that are individually attributable & attainable"

89.

"Three new perspectives: A Wealthy Man feels the joy of Love: A Healthy Man is content with Life: A Wise Man is fulfilled with Light"

"Three paradigms in crisis: Wealth is the result of having money: Health is the result of not being sick: Wisdom is the result of education"

91.

"There are three world systems in crisis: The Health system is sick, the Education system has no wisdom, & the Finance system is broke"

92.

"Better guided than either safe or sorry"

"My state of mind determines my emotional state of being: My perspective determines how I perceive reality: My beliefs cause my needs"

94.

"I am intolerant of a lack of authority: I am impatient with a lack of power: I am unkind at the lack of ability" "When irritated I become assertive: When annoyed I become aggressive: When vexed I become violent"

96.

"My anxiety makes me coy: My fear makes me shy: My dread makes me embarrassed"

97.

"My dislike causes my criticism: My hatred causes my humiliation: My loathing causes my condemnation" 98. "Being irritated, annoyed & vexed is the effect of my intolerance, arrogance & bigotry"

99.

"Being impatient, angry & furious is the effect of my anxiety, fear & dread"

100.

"The perspective of the ego is that whatever is not rational & logical is just the imagination & therefore it is not real"

"Without the perspective of a higher mind, there is no higher mind: Imagination is the perspective of a higher mind"

102.

"Higher dimensional thought knows that the earth is multi-dimensional"

103.

"Three dimensional thinking sees the earth as a globe"

"Two dimensional thinking sees the earth as flat"

105.

"Being unkind, mean & miserly is the effect of my dislike, hatred & loathing"

106.

"Earthing brings me into harmony with the planet: Grounding brings me into harmony with my Self"

"Earthing is the process of balancing positive & negative electrons that bring the atoms of my physical form to harmony with my environment"

108.

"Grounding is the process of experiencing, by expressing, a balanced emotional state of being, of neutral intensity, through physical form"

"Meanness & miserliness are extremes of unkindness"

110.

"Kindness & unkindness are attributes of my ego: Kindliness is a quality Soul attainment"

111.

"The secret to knowing how the law of attraction is working is the emotional awareness to understand what you are attracting and why"

"Curing addiction is a ten step process: Overcoming addiction is a three step process"

113.

"It takes conscious competence through you

to overcome addiction"

114.

"It takes an admission of conscious incompetence by you to face an addiction"

"Addiction happens to you, not by you. It is a sign of unconscious incompetence"

116.

"A successful career fulfils an ambition: A successful life fulfils a vision"

117.

"With a higher perspective, I see my Self as equal to all others; not better than or superior to them"

"Ambition defines my career path: Destiny defines my life path"

119.

"Gratitude reproduces my present in my future: Appreciation reproduces more of my present into my future: Imagination creates a new future"

120.

"Reality is a perspective of the Realist"

"Science is proving that atoms do not exist with certainty at definite locations & at definite times: Space-time-reality is an illusion"

122.

"I allow my allowance when I accept it & approve it"

123.

"I accept my allowance through being approving & I approve my allowance through being accepting"

"1st give up physical problems: 2nd face your fear, that's a mental problem: 3rd overcome pain, that's an emotional problem"

125.

"Perception is my sensitive, female, emotional, connected feeling about who I passionately need to be"

"Perspective is my exclusive, male, rational, detached thinking about what I want & desire to do"

127.

"A 3 stage process of release, deliverance & cleansing is the body's natural way of detoxifying itself"

128.

"Sweat & Tears are a mental & emotional cleansing"

"Emotional shock & mental stress cause physical trauma"

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130.

"Physical ability is enabled when I am

problem-free"

131.

"Mental authority is authorised when I am fear-free"

"Emotional power is empowered when I am pain-free"

133.

"The Villain is as much a victim of their

arrogant greed as their Victim is a victim of

their humble pleasing"

134.

"The Dominant & the Submissive is the Leader & the Follower, the Controller & the Controlled but not necessarily the Villain & the Victim"

"Changing limiting beliefs & learning positive behaviour will make me less miserable: Being content, fulfilled & joyful will make me happy"

136.

"The need to achieve only goes away once the true purpose of personal success is realised & fulfilled"

"When you are healthy, wealthy, wise, content, fulfilled & joyful, money is of very little importance in life"

138.

"Ability is a physical potential enabled by a magnitude of emotional power with a force of mental authority"

139.

"Authority is a force of mental capacity: Power is a magnitude of emotional competence"

"Sub-conscious mental capacity aligned with unconscious emotional competence enables conscious physical ability to be maximised & realised"

141.

"Tolerance comes before I am Accepting: Patience comes before I am Allowing: Judgment comes before I am Approving:

"The conscious ego has a strong or weak will: The sub-conscious id has a contrary or compliant mind: The super-conscious entity is gentle"

143.

"Apparently, positive benefit from an ego loss experience requires the mental fortitude of a strong ego. Ummm!!"

"Apparently, psychedelic ego-loss can be liberating as long as you don't get carried away & lose your sense of self. Hmmm!!"

145.

"Most people don't have the sense they are born with: They don't know how intuitive they feel, you see"

"I can apologise for being insensitive & pushing someone's buttons or I can sensitively detach & offer to help them overcome their issue"

147.

"Without approval, I will need good judgment: Without allowance, I will need patience: Without acceptance, I will need tolerance"

"If you want God on your side, you need to be on God's side first"

149.

"You cannot fix a long term problem with a short term solution"

150.

"Good behaviour is not the same as being good: Behaving well is not the same as being well"

"When I am trying to increase the flow, I'm not in the flow"

152.

"The highest frequency of Light is the wise authority of omniscient mental thought"

153.

"The grandest vibration of Life is the healthy ability of omnipresent physical beingness"

"The greatest wavelength of Love is the powerful wealth of omnipotent emotional feeling"

155.

"Gratitude is a spiritual gardening tool"

156.

"Appreciation is a spiritual growth hormone"

"We all play the leading role in our own soap opera & attract all the supporting cast of characters required to allow the drama to play out"

158.

"A life drama that comes up for cleansing is called a Soap Opera"

159.

"Grateful Appreciation of my Present keeps

me in the GAP"

"Knowing my Neutral Omniscient Wisdom keeps me in the KNOW"

161.

"Neutral Omniscient Wisdom keeps me in

the NOW"

162.

"A positive choice may have a negative perspective"

"My choice is always positive: It is not choosing that is negative"

164.

"Pure Mental Energy is better than a Positive Mental Attitude, which is better than the impure mental energy of a negative mental attitude"

165.

"From a scientific perspective, sleep is very unproductive: From a spiritual perception sleep is very productive"

"Off 'e go's again is my Soul observing its unawakened Self"

167.

"I am Self Organising in my Unsupervised Learning is my Soul's perspective: I will organise myself is my ego's perspective"

168.

"Intuitive minds share thoughts"

169. "Learning to do something is always an opportunity: Learning not to do something is never an opportunity"
170.

"I approve my graceful wealth: I accept my good health: I allow my gentle wisdom"

171.

"It takes a Four Dimensional Perspective to see three levels of Consciousness"

"The quality of success is not measured by the achievement of objectives or the accomplishment of tasks but by the attainment of fulfilment"

173.

"Worry is a symptom of a mind disturbed by a limiting belief: Anxiety is a symptom of a mind full of fear"

"It is not my emotion that disturbs my mind but my disturbed mind that causes my negative emotional feeling"

175.

"My only right is choice: It is my right to

make a wrong choice"

176.

"Spirituality is an eternal journey: Physicality is a life sentence"

"The leadership skill of a lemming leaves a lot to be desired"

178.

"As Humans are made in the image of their

Creator, so will Robots be made in the

image of their creator"

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179.

"Liking & loving is a need: Disliking & loathing is a judgment: Unalike & different is an observation"

"The purpose of a hierarchy is to feed emotional energy to a disempowered leadership"

181.

"A truly empowered leader does not need a hierarchy"

182.

"Seagulls are nature's Dustmen: They can distribute a lot of refuse as well"

"Pigeons are nature's Postmen: They can deliver a lot of junk mail"

184.

"Proper: Properly: Property: They are all a matter of perspective"

185.

"Excellence is a measure of the quality of how well learning is applied"

"Misfortune is the belief that I have missed my fortune due to bad luck"

187.

"Physical experience comes to me: Mental experience is caused by me: Emotional experience unfolds through me: Spiritual experience is as me"

188.

"Being Responsible is having a choice of saying yes or saying no"

"Responsible behaviour requires a credible belief system"

190.

"Being responsible for another takes away their authority & also takes away my own"

191.

"Being Responsible requires a conscious choice of personal action that is beneficial for my Self, yet never detrimental to another"

"For energy to flow from within, it first has to be able to flow out: In & out are required to be in balance to allow flow"

193.

"Taking brings life to me: Giving & Receiving brings life by me: Allowing, Approving & Accepting brings life through me"

"To shift from things happening by me to things happen through me requires my being accepting not tolerating & allowing not controlling"

195.

"The shift from things happening to me to things happening by me requires responsiveness to replace reactive ness"

196.

"Unconditional love for my Self is conditional on my Acceptance"

"Unconditional love for another is conditional on their acceptance"

198.

"The fastest acting painkiller is a Mother's Love for their child"

199.

"When an expert tells you that very little is known about a particular subject, are they an expert who knows very little about that subject"

"A Defence Department wages war: A Counter-Terrorist Unit conducts terrorism: By definition they are offensive & terrible" 201.

"Negative energy is: Negative thinking, which is caused by a wrong belief being felt as the effect of a bad emotional experience"

202.

"Wrong choices are the result of bad beliefs"

"God is the Creator, Man is the Creation: When I make god the cause, I will suffer the effect"

204.

"I'm losing the will to live by finding the joy of life" 205. "Being a Great Coach requires the cooperation of a great client"

"Enough is enough - usually means too much"

207.

"A message that reveals my path is a Revelation: they are always inspired & empowered"

208.

"My Soul has clarity, direction & presence: My ego Self can get very lost, confused & frustrated"

"Evil is in the eyes of the beholder"

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210.

"Providence provides provision, not protection: With wisdom, protection is not required"

211.

"Sweet revenge is driven by bitter experience"

"Polarity allows a choice of direction: Gender allows a choice of clarity: Polarity & Gender allow a choice of Intensity"

213.

"There is no such thing as an Old Soul, just someone who has been around the block a few times before"

"Three Dimensional manifestation requires emotional power: Five Dimensional creativity uses pure thought"

"I fall in love with a partner who meets my emotional needs: I ascend in love with a partner who shares my true values"

215.

"Attaining an effortless life is not easy:

Neither is it hard"

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216.

"If you believe that attaining an effortless life is effortless - then it is"

"If you believe that nothing can be achieved without hard work - then everything will be hard to achieve"

218.

"Being a christian requires listening to the parables: Being Christian requires the eyes to see, the ears to hear & the heart to feel"

"The Old Spirituality is an inclusive attachment to a religion: The New Spirituality is an Exclusive Connection to a Personal Path"

220.

"The intensity of an emotion is directly relative to the degree to which its gender is out of balance" "Thinking is polarised as either positive or negative: Emotions are genderised as either male or female"

222.

"When I need to be liked & popular an opposing force will make me different, unpopular & even hated in order to bring me back into balance"

"When I need more & more & never seem to have enough an opposing force will impoverish me & seek to bring me back into balance"

224.

"When I need to be right & justify my actions an opposing intolerable force will prove me wrong & seek to bring me back into balance" "When I need to be in control an opposing force will control me, make me angry & seek to bring me back into balance"

226.

"When I need to excel & be outstanding an opposing force will humiliate me & seek to bring me back into balance"

227.

"When I need to achieve success an opposing force will frustrate me and seek to bring me back into balance"

"When I need to win & be better than others an opposing force will embarrass me & seek to bring me back into balance"

229.

"Fulfilment is the route map, joy is the fuel & contentment is the pathway on a journey to Happiness"

230.

"Do you honestly believe your own

convictions?"

"Is who you are being the highest expression of who you are?"

232.

"Is your way of living realising your ideal life?"

233.

"Asserting my authority onto others disempowers them: Disempowering others is not empowering although it may meet a need to feel important"

"Energy is a universally free flowing force: It is Man that turns a force into a charge so that he can charge for the energy force"

235.

"Effort is hard, no effort is easy, only flow is

effortless"

236.

"Are you following a well trodden path or a road less travelled?"

"I am empowered by what has true value for me"

238.

"We are all motivated by what we need emotionally"

239.

"I meditate to affirm my allowance: I worship to attest my approval: I pray to acknowledge my acceptance - with gratitude & appreciation"

"Light Energy & Dark Matter are not a duality, they are not in opposition: They are the same thing viewed from opposing perspectives"

241. "Materialism is one dimensional"

242.

"Reductionism is not expansive"

"Physical reality cannot exist without conscious thought & emotional feeling, although Man has the ability to exist without either"

244.

"Will power is a weak mental force"

245.

"My force of mental authority allows the magnitude of my emotional power that approves my physical ability"

"The Power & the Authority is God's: The Ability is Man's"

247.

"More forceful is not necessarily more

powerful. Only authorised force has a

magnitude of power"

248.

"Inspired thoughts are revealed on a need to know basis. Whatever I need to know is revealed as a revelation"

"Knowing eliminates needing"

250.

"In an accident free world, insurance is unnecessary"

251.

"Ensurance is preferable to assurance, which is preferable to insurance"

252.

"Taking time to think is good: Allowing time for thought is even more beneficial"

"In a civilised society, the civilians have the civil liberty to agree their civil rights"

254.

"Civil Rights are determined by the Rulers & Governors, not by the Civilians"

255.

"Civil Liberty is the freedom to be civil: We just have to agree what it means to be civilised"

"Intuitive learning requires that I first learn to be intuitive"

257.

"There is always enough on my path,

although there may not appear to be enough

when I am continually off track looking for

more"

"Learning by mistake is a mistake even when it teaches you a lesson: Intuitive learning avoids the mistake & identifies the opportunity"

259.

"Fulfilling my destiny is a passionate desire"

260.

"Everyone has a good heart. The question is: Am I connected to it?"

"A pendulum communicates in the binary language of computers: The reply to every question is either a 1 or a 0"

262.

"The frequency of an energy force is called time: The wavelength of its magnitude is called space: Every vibration is a potential reality"

"The potential of any energy vibration is the balance between the frequency of its force & the magnitude of its wavelength"

264.

"Change happens very quickly when we

allow it to"

265.

"Every Man is an island of his own creation"

"When visiting the Blue Lagoon, it is not uncommon to become shipwrecked on the Coral Reef that guards it"

267.

"Because light has polarity, it flows in both directions at the same time, I can take either a subjective or an objective view of my Self"

268.

"An awareness of a super-conscious thought requires an awareness of super-conscious thought"

"Victim-hood is like a hat: If the cap fits, we wear it"

270.

"Needs based coaching is most beneficial in overcoming the emotional need to achieve & re-orienting the client to the true value of success"

271.

"Goal-oriented coaching is particularly useful for clients who have a need to succeed" "Professional development is personal development that is organised & paid for by an employer"

273.

"Personal development appreciates exponentially once I become aware of consciously creating my own reality"

274.

"Personal development is a process of improving one's own personal experience of reality" "Revelations of inspired thought are an empowered potential, not a force for good or evil"

276.

"My potential is enabled when my power & authority are in balance"

277.

"Frequency is inversely proportional to wavelength: As our force of authority (will power) increases, our magnitude of power declines"

"With enough wealth of emotional power & enough wise mental authority, my physical ability is present & healthy"

279.

"With enough mental authority I allow my

allowance"

280.

"With enough emotional power there is no disapproval"

"When someone is quick to point out your mistakes, allow them time to realise their own"

282.

"I have met many people who think that they are just here to enjoy life but I am yet to meet someone who is"

283.

"If you are very, very poor; it is not by accident, by bad luck or through laziness; but because you have chosen it"

"If you are very, very rich; it is not because of an accident, or hard work, or good luck; but because you have chosen it"

285.

"Money can alleviate boredom but it cannot

overcome it"

286.

"Fortune favours the wealthy, the healthy & the wise"

"If you want to understand the reason for someone's behaviour, you must first understand the underlying needs & beliefs that are driving it"

288.

"I can pick, choose or select: My nose, my no's or my knows"

289.

"Humiliation is the inability to choose wisely: Embarrassment is the inability to channel empowered inspiration"

"Convictions breed a strong will: Opinions foster a weak resolve: Truth allows a gentle demeanour: Belief determines behaviour"

291.

"We do have the right not to follow the Golden Rule, but we don't have the right to complain about the consequences of not doing so"

"Not all cosmic energy is spiritual: Not all inter-stellar communication is physically, mentally & emotionally balanced"

293.

"You have to learn to say no before you can unconditionally say yes"

294.

"It is better to arrive in divine time than to arrive dead on time or late"

"Our Government can't decide who decides our Human Rights. Apparently there is no human right to make personal choices"

296.

"In a state of mindfulness, deliberately harming another creature is not possible"

297.

"Only Man can be a mindless killer: Many animals have a mind to kill but only Man can choose to kill mindlessly"

"A moral dilemma is caused when my emotional needs are in conflict with my mental beliefs"

299.

"When the Pendulum swings, I am 'in-time' & 'clock-wise': When the pendulum circles, I am out of balance; which ever way I perceive it"

300.

"It requires a higher consciousness to see higher realms of consciousness"

"I know the gems are real when I realise their power"

302.

"A patient sees & feels the symptoms of illness: An enlightened Being knows that the body is continually, detoxifying & rebalancing"

303.

"As a well client never consults a doctor, it is fair for the doctor to assume their patient is ill & to diagnose a remedy"

"Medical diagnosis is what a doctor thinks based on how the patient feels about the symptoms that are manifesting"

305.

"The Void is void of Love. Only love can fill the void"

306.

"When you make friends with your enemy they are still a potential foe"

"Casualty is the effect of causality"

308.

"Vampire Bats are energetic blood suckers: Fruit Bats are just nuts"

309.

"The Gatherer reaps the rewards of the seeds that they have sown"

310.

"The Gatherer is neither the Hunter nor the Prey, neither the Villain nor the Victim"

"The non-attractive gatherer is both sensitive to the needs of others and detached from needing to meet them"

312. "Trying to make my Self attractive is very unattractive"

313.

"The need for attention attracts other people's dramas"

"Being non-attractive allows personal detachment from other people's dramas"

315.

"Being repellant is unattractive"

316.

"Kinesthetics is the art of sharing Beauty"

317.

"The ability to do requires the authority to have & the power to be"

"As a Coach, I enable your action with the power to be authorised to have that which you have chosen"

319.

"Memes cause common culture: Individual

thought creates a unique reality"

320.

"A meme is a unit of culture caused by a commonly held belief: Culture is common behaviour that follows a shared belief system"

"My ego has options: My Soul makes choices"

322.

"Just because someone isn't depressed, it

doesn't mean they are full of energy"

323.

"Being at choice allows me to be at choice"

324.

"I am my best friend"

"I am my own worst enemy. I don't need other people to screw up my life, I do a good enough job myself"

326.

"Selfish people take a subjective view of the world: Unselfish people give their objective view of the world"

327.

"Truly Selfish people have an adjective view of the world: They know how they are creating their own reality"

"The flowers smell so much more beautiful after the rain has watered them"

329.

If you don't know what a Life Coach does, you're not ready to employ one"

330.

"If you choose an inclusive connection to your path, you may experience an exclusive attachment with other people"

"We procrastinate with the dilemma of 2 opposing choices: We prevaricate with the choice of too many options"

332.

"When you give up judgment & gossip and you no longer need other people emotionally, everyday conversation becomes irrelevant"

"Going with the flow doesn't mean following the consensus view of what is best for everyone"

334.

"Unconditional love is conditional on it

being unconditional"

335.

"Quantum entanglement is what science calls the Oneness of All That Is"

"My vision is the fulfilment of my destiny: It is my destiny to fulfil my vision: The vision of my destiny is fulfilment"

337.

"Personal Power is emotional : Emotional power is personal: Personal emotion is powerful"

338.

"I can practice my spirituality or I can be my spiritual reality"

"Quires & Reams Require my Dreams"

340.

"A fundamental conclusion of the new physics acknowledges that the observer creates their reality. That's the Observer, not the Participant"

341.

"Ordinarily, we are all special in our own individual & unique way"

"Ordinary people are only commoners in the eyes of a snob"

343.

"Apparently, once you have more money than you will ever need, it's no longer about the money. It's about greed, avarice, bigotry & hubris!"

"Is the IMF lending the Eurozone €7.2b so that Greece can repay the IMF €7b so that we can all share Greece's debts? It's all Greek to me!"

345.

"Do you make up your own mind or do you follow the mindset that has been made for you by the minds of others"

346.

"The only thing that is ever wrong is what I choose as not personally right for me"

"I am required to overcome duality before my life-force can realise its magnitude and fulfil its potential"

348.

"In a relative duality: Force is inversely proportional to magnitude because frequency is inversely proportional to wavelength"

"Therapy works with the sub-conscious mind: Life Coaching connects with the Super-conscious Mind"

350.

"If you aren't consciously choosing to be happy, you are sub-consciously defaulting to varying degrees of unhappiness"

351.

"If you don't go to the amusement park, you don't get to enjoy the ride"

"Physical genes, mental memes & emotional qualities are the foundation of my personal spiritual reality"

353.

"With the belief that emotional power comes from money, the miser will always be miserable"

354.

"Being miserable is the ability of the Miser who never has enough emotional energy"

"Disconnected from Source, I do not have enough emotional energy & I am miserable"

356.

"Unhappiness is being unsatisfied &

unfulfilled because I am disconnected from

my source of emotional power"

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357.

"The meaning of life is defined by the words with which I choose to perceive my experience of life"

"In the past or the future, I can get very lost, confused & frustrated"

359.

"Presence allows clarity & direction"

360.

"The change from being an 'accident of science' to becoming a 'creator of our own creation' is the next possible global paradigm shift"

"The Law of Attraction is a paradox: It is also the reason why paradox exists"

362.

"In the absence of personal spiritual

development & growth, the Soul becomes

just the figment of a poetic imagination"

363.

"Being sensitive requires both empathy & compassion"

"Success is: Achieving my mission: Attaining my purpose: Accomplishing my vision: Living my true values"

365.

"When I fancy myself to win, I can lose:

When I fancy my Self to be successful, I am"

366.

"I can be conscious of my physical experience causing my emotions or I can be aware of my emotional experience creating my physical reality"

"Being who I really am attracts what I really want"

368.

"This is a dual reality world. I cannot change that but I can overcome it"

369.

"Being 'in tune' allows my fortune: Being		
out of tune disallows it"		
370.	"Experiencing misfortune is the	
consequence of missing my fortune"		

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"Abundance is never random: It is always providential"

372.

"The Universe is not chaotic: It is only our

perspective that is in chaos"

373.

"The History of Mastery is a Mystery without My-story"

"Duality allows choice: Choice allows a 3rd Way out of duality"

375.

"Spirituality is a state of Consciousness: I cannot be more or less spiritual than you; but I can be more or less alert, awake, or aware"

376.

"For every physical experience that I store as a mental memory, there is an emotional feeling stored with it" "Limiting beliefs cause emotional needs. A unique personal belief system causes a unique set of emotional needs"

378.

"Being Emotionally Intelligent without being Emotionally Aware is not very intelligent"

379.

"Personality is a personal reality. A choice of personality allows a choice of personal reality"

"Sex is a science: Love is an art"

381.

"Seeking pleasure finds problems: Accepting challenges finds opportunities:

Opportunities are a joy, not a pleasure"

382.

"Chaos is not a theory, it's a perspective: Order is not a need, it's a perception"

"Manna from Heaven is neither food nor gold but well-being"

384.

"The intensity of the Sun's power is felt as physical heat: The potential of the Sun's power is felt as emotional Love"

385.

"The sun's authority is its frequency of Light: the sun's power is its wavelength of Love. Love & Heat are often confused"

"The nucleus of every solar system is a Sun, which is the power & the authority for that star system"

387.

"Within the nucleus of every cell is the DNA that gives it its authority & the Mitochondria that gives it its power"

"The skill of challenging is useless without the skill to empower because without the emotional power a challenge quickly becomes a problem"

389.

"Therapy puts people into boxes to explain their personality & character: Coaching looks outside of the box for their true identity"

"Very exclusive families are often very including"

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391.

"Very inclusive families are often very excluding"

392.

"All Actors need to Act, until they discover		
the true value in Acting"		
393.	"The best things in life are not	
things"		

"Are Pot-Holes: There to avoid? There to annoy me? There to wake me up? There to slow me down? There to explore? There to fall & sink into?"

395.

"The more single-minded & assertive I am, the more potential opportunities that I miss"

396.

"The experience of real beauty is a really

beautiful experience"

"Science is counter-intuitive: Scients are intuitive: Omniscient is all intuitive"

398.

"The Lord Giveth to Man who is Accepting:

Forgiveness requires Acceptance"

399.

"Plenty is a physical experience: Abundance

is an emotional experience"

400.

"Great minds have unique thoughts"

"Dying from a whole plethora of medical issues is considered a natural cause of death, although thankfully not normal"

402.

"The still small voice within is still small and within until I hear the clear, direct & present insights that I choose never to be without"

403.

"A good winner is as graceful in defeat as they are gentle in triumph"

"Pride expressed with goodness, gentleness & grace has true humility"

405.

"Pride expressed with wrath & greed is arrogance: Modesty expressed with meekness & pleasing is humbleness"

406.

"In my ideal world, my ideal world is continuously changing for the better. Continuous change for the better is ideal in my world"

"Religious morality is essential for the morale of a religious army at war, especially when in conflict with another religion's morality"

408.

"The path to forgiveness is acceptance, which requires neither tolerance nor patience"

"Suppressing negative emotion allows tolerance: Releasing negative beliefs allows forgiveness"

410.

"Being polite is a matter of etiquette: Being in gratitude allows the appreciation of matter"

411.

"When I fight my demons, I empower them: When I overcome my demons, I empower my Self"

"Humans have a choice of mind, if they have a mind to choose & a mind that chooses"

413.

"Animals don't get schizophrenia because

they only have one mind"

414.

"Without an accident, there is no victim: Without a victim, there is no accident"

"Positive thinking sees a glass half full: Inspired thought sees a glass that is always full"

416.

"I do not overcome my demons by fighting them: I do not overcome my problems by solving them"

"Spiritual Growth is relative to the mental Interest involved and the emotional Appreciation experienced during one's physical Development"

418.

"You can attain mindfulness in order to be calm or you can be calm in order to attain mindfulness"

419.

"Only an abundance mentality knows that there is always enough"

"Neither a scarcity mentality nor a gluttony mentality has a perspective of having enough"

421.

"Being content & having enough requires an abundance mentality"

422.

"Whilst the few choose to effortlessly develop with spiritual growth, most strive hard for material gain"

"An intense irrational action driven by an extreme emotional need is often mistaken for passion"

424.

"Reality is an experience: Without the experiencer there is no experience & there is no reality"

425.

"Jesus followed an individual, unique & exclusive path: You too can be like him"

"A Prophet predicts or foretells the path for others to follow: A Messiah foresees a vision for their own path"

427.

"Choosers can't be beggars"

428.

"Thinking is about what I believe that I should, I must or I have to do: A Thought is what thou ought to choose"

"Are you listening to your thinking or are you hearing your thoughts?"

430.

"Einstein revealed to the Scientific

Community that Energy = Matter: He forgot

to mention that all matter is Energy"

431.

"Not all 'stuff' is physical matter"

432.

"Energy really is extraordinary stuff"

"Scientists believe that Dark Matter is ordinary stuff that we can't see: Unfortunately, ordinary stuff is visible not invisible"

434.

"Only 5% of the Universe is physical matter: Science cannot prove that 95% of the universe actually exists"

435.

"A 'just perspective' is just how I see my truth"

"Whatever I expect may disappoint me: Whatever I allow may astound me"

437.

"When I choose a better attribute, I attain a better belief that changes my perspective of reality and changes the quality of my experience"

438.

"My perspective of life is my experience of my reality"

"My experience of life convicts my beliefs and opinions, which cause my personal experience of life"

440.

"My personal attributes, attainments & qualities determine my experience of life"

441.

"My Quality of Life is determined by the quality of my perspective"

"Assertiveness, pride, envy, excess, lust, avarice, impatience, obedience & professionalism are all male energy encouraged in the boardroom"

443.

"Humbleness, humility, kindness, abstinence, caring, pleasing, meekness, diligence & striving are all female energy encouraged in Church"

"My fate is in my stars: My destiny is in my heart"

445.

"The Democratic Right to Vote allows the democratic right to abstain from voting"

446.

"Perspective is a mental realisation:

Perception is an emotional realisation"

"Positive thinking has a relative intensity: Inspired thought has an infinite potential" 448. "The power of positive thinking is negligible compared to the potential of inspired thought" 449.

"Knowledge of another's wisdom makes me knowledgable, not wise"

"It takes knowledge to know the source of knowledge: It takes wisdom to know the Source of Wisdom"

451.

"Natural Selection can explain an instinct for the survival of the fittest: A Selective Nature allows the competence of intuitive

awareness"

"An Emotional Competence allows my experience of the Physical Capability of my Mental Capacity"

453.

"If a Mentee is defined as one who learns by being caused to think: Then a Coachee is one who learns by being connected to their thoughts" 454. "The 'Hawking & Dawkins' view of
reality will one day be seen as extreme,
male, rational, insensitive, unemotional,
disconnected & negative"

455.

"Genius is 100% Inspiration. Einstein succeeded with his inspiration, yet failed with his aspiration"

456.

"The 'Greatest Kindness' is to like one's Self"

"I subjectively affect the reality that I am objectively affected by"

458.

"A Creator creates a Creation, it does not cause an effect"

459.

"I am at the effect of what causes my reality until I realise that I am the creator of my own reality"

"The Akashic Records are inscribed in space, time & reality because they are a record of space-time-reality"

461.

"Space-time is the recording medium for

conscious-awareness"

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462.

"It's the space between matter that inflates: It's the energy of space that expands"

"Studying the 'History of Philosophy' will not make you a 'Lover of Wisdom', just a Philosophy Student"

464.

"Why study Philosophy in a school of rational teaching, where there is no wise understanding of love & no loving appreciation of wisdom?"

465.

"Loving thyself 'In Vain' is vanity, which is a form of arrogance that has no confidence"

"Learning to 'Love Thy Self' is learning how to express myself with a positively empowered emotional state of being"

467.

"To show others the way, I am first required to see the way, to know the way & to be the way"

468.

"Many are called: Few choose to follow their chosen path with conscious-awareness"

"When something feels right, yet I can see no apparent reason, meaning, nor purpose, I know that my choice is inspired"

470.

"Those who are confident in their own authority, do not get upset when others try to tell them what to do"

471.

"Once I know that I am always the cause of my own victimhood, blame is no longer necessary"

"A Victim needs to blame the cause of their victimhood"

473.

"Management has a standard of performance: Leadership has a quality of admiration. I perform to a standard & I admire a quality"

"Is the role of your Coach to encourage your idle chatter, to focus on your rational thinking, or to connect to your inspired revelations?"

475.

"The drama of a situation is relative to the emotional intensity of the personal experience"

"The Intensity of an Emotion is determined by its male or female gender & its positive or negative polarity"

477.

"The Potential of an Emotion is determined by its power, authority & ability. It authorises & enables emotional power to flow"

478.

"There are better ways of learning than by experiencing mistakes"

"If you don't believe in the Power of Positive Thinking, you will experience the disempowering effect of negative thinking"

480.

"Surrendering to another's power puts you under their authority: Surrendering to your own authority connects you to your own power"

481.

"Without 'life lessons', there is no challenge in life"

"A 'no problem' mentality sees only challenges or opportunities"

483.

"Mental Health Practitioners practice diagnosing mental ill health: A more accurate description would be Mental Illness Practitioners"

484.

"Only when our Mental Health is defined as being without negative thinking, will Mental Health Practitioners practice Mental Health"

"Abundance abounds: There are no limits to aboundance: Abundance is not binding"

486.

"A Coach provides a ladder with which to climb out of the pit"

487.

"A Therapist treats someone's situation in their pit to make it more comfortable"

"A Psychologist delves into someone's pit of despair to see what caused it"

489.

"A Matter of Conscience is usually a conflict between what is believed to be morally right & what is considered to be lawfully right" 490.

"Morality is a judgment: Conscience is the Judge"

"Science is empirically correct: Conscience is morally correct"

492.

"The Heart, the Mind & the Solar Plexus are all spiritual organs: Only the heart has a physical equivalent"

493.

"From the perspective of spiritual growth, a mid-life crisis is an opportunity for personal development"

"The symptoms of 'the change of life' are often the result of a refusal to change one's life"

495.

"Pleasing other people disallows their

happiness as well as my own happiness"

496.

"Unhappiness is the displeasure & unpleasantness of not being pleased by whatever is occurring"

"A lot of pleasure is derived from getting one's emotional needs met, but it's not true happiness"

498.

"Are you listening to your body or does it just moan & complain: Do you hear your body talking or is it a pain: Have you tuned in or out?"

"Science defines natural as not being 'manmade': It is the nature of Man to be creative, but apparently it is not natural"

500.

"Disconnected from my emotional feelings, I have no distinction between my perception & my perspective"

501.

"It is one thing to know your vision for your life, it's another thing to actually live your vision for your life"