

# “Wise Words”

Book Four

Keith Collins

"Am I flowing effortlessly with life or am I getting carried away?"

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"When I look around to see who is following me, I am not confident of my own path"

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"We all have choice, yet most look at their options because they do not see their choice"

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"It is not what I do that inspires others, but who I am being whilst I am doing it"

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"We all have equal choice, yet some are more equal than others because they choose balance & equanimity over intensity & extreme"

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"Liberty is mine by choice. I do not have to take it. I am not free to take liberties"

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"Having more than enough for now allows me to plan the future. When I stop planning the future, I will always have enough for now"

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"Knowledge is learned.  
Intelligence is earned"

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"A society that understands the  
Law of Attraction would never  
compensate victim-hood"

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"Caring is an emotional need.  
Being cared for and caring for  
others has value but they are not  
a True Value"

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"I sympathise with victimhood, I  
empathise with wise choices"

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"An Education System that teaches knowledge without developing intelligence may be very knowledgeable but it is not very intelligent"

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"The power of my choice depends on whether my ability is authorised. When I know that I have the ability, I do"

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"The authority of my choice is determined by my ability to access my power. When it feels good, it is"

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"When I can intuitively see my ability, I have both the power & authority to make my choice a reality"

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"Life Coaching is a unique discipline. It requires the discipline to become a Disciple of one's Self"

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"Authority comes with being allowing, not from being allowed"

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"The quality of a sales conversion is relative to the quality of the sales conversation"

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"To be problem-free is a challenge to become fear-free, which is an opportunity to be pain-free and enjoy an effortless life"

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"A humble heart is empowered by an inspired mind"

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"Coaching is analogous to polishing diamonds"

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"I cannot confront that which is on my back. I am facing in the wrong direction"

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"There is no reason to fight for what I already have, only for what I believe that I am lacking"

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"Coaching is the art of getting other people to agree to what they really want"

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"Politics is the art of getting other people to agree with what I want"

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"Being balanced may be seen as an imbalance by those who are unbalanced or out of balance"

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"Politics is a battle to persuade all others to see everything from one particular political perspective"

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"Coaching is a consultation process that helps both parties to see the bigger picture"

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"Politics requires the cunning & dexterity to manipulate other people to follow my path, which is why two party politics is always divisive"

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"Coaching requires the skill to guide & support another along their own path of development"

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"If you need to be better than me, I can't help you. If you want to be as good as me, I can"

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"Courtesy is the deference shown by drones to a queen bee and the deference that they expect from her workers"

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"Sensitivity is my awareness of where others are in relationship to me. Detachment is my awareness of where I am in relationship to others"

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"I learn best by seeing the folly in other people's ways, not by them telling me the folly of mine"

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"My attitude is relative to my perspective of what is occurring. I change it to suit my Self, not to please other people"

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"I do not choose the 'high-ground' from any sense of moral imperative but purely to obtain a better perspective"

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"Super-vision is what I share with a client, not what I do to a client"

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"Super-Vision has the inspiration of insight. Supervision has the aspiration of oversight"

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"Some people get bored when nothing is happening, some get bored when it's not happening the way they want it to. Boring people get bored"

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"Being self-righteous is telling other people what is right for them, which is also being arrogant"

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"I always do what I believe is right for my Self. This means that I am discerning & truly selfish, not self-righteous"

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"It is my attachment to other people that implicates me in their dramas and complicates my life"

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"Coaching explores the benefits of sharing the true value of an inter-developmental partnership"

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"Counselling explores the individual needs of two people in a co-dependent relationship"

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"If you have designed your business to be hard work, may I suggest a better design for your business and a more valuable use for your time"

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"My power comes from within. I express it as an expression of my state of being. Am I being an expression of my emotional power or not?"

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"Being tenacious is an attribute that stops me letting go. I cannot flow effortlessly with tenacity"

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"I accomplish the standard of my physical ability"

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"I am empowered with the quality of my emotional competence"

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"I aspire to the acuity of my mental capacity"

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"Being a gentleman has nothing to do with my manners or my status and everything to do with the gentle nature of my emotional energy"

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"Might is relative power. I might have enough or I might not; but it's not an emotional state of being powerful"

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"Pioneers get shot at, but never in the back"

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"Oneness is not a Singularity of All That Is but a Triality of everything that I can Be that overcomes the Duality of everything that I am"

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"Oneness is the Integrity of overcoming the duality of a relative existence and attaining a unified state of Being"

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"Something is dear when I value it greatly. Whatever has great value is dear to me but not expensive"

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"Something is expensive when I have to expend a lot of energy to earn the money to buy it. When it flows effortlessly to me it is expansive"

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"I don't respect another's opinion when it differs from mine, but I do respect their right to have a different opinion to me"

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"Intuition is my exclusive connection to my unconscious competence"

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"Coaching is not about changing other people, that's man management. It's about changing one's Self, with the guidance & support of a Coach"

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"I aspire to realise my inspired revelations"

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"Manners are the boundaries that a society believes to be acceptable. I cannot raise my standards by

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"With no distinction between advising & giving advice, an Adviser or an Advisor, I am probably giving advice, which I am advised not to do"

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"I am in the business of developing mental well-being, which has nothing to do with curing the mental illness of a malfunctioning brain"

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"When I strive for success or perfection, I achieve failure & imperfection. When I excel with my attainments, I attain excellence"

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"Those with objectives have an agenda. Those with a vision have a guiding light to direct them"

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"When I see someone as not co-operating it is because I am not being co-operating with them, and we are no longer working together"

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"Collaborating is what I do in connection with other people. Co-operating is who I am being whilst I am in collaboration with others"

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"My authorised choice is allowed because it allows my allowance to be presented in the present as a gift or present"

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"My only wish is for a new and better perspective"

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"Unless my credentials are  
credible & authentic, they will  
offer me no credence"

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"Not everything that I write is  
credible. Some of my writing is  
incredible"

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"My need to achieve will always  
take precedence over what has  
true value for my Self"

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"Those who sooner judge will be  
quickly judged"

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"There are only 3 prayers that are attractive: A prayer of gratitude, a prayer of appreciation & a prayer of gratitude & appreciation"

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"In a society that holds so many negative beliefs, is it at all surprising that emotions are not only suppressed but also denied"

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"A prayer that confirms what I already have, is very attractive; whereas a prayer that is an affirmation of what I do not have, is not"

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"The hardest beliefs to change are our religious convictions, especially the belief that I cannot challenge God. God challenges me everyday"

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"Observing others argue allows me to confirm my own balanced perspective. When drawn into an argument, it is an opportunity for my growth"

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"There is no point in being proud of not being proud"

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"Being proud means standing out by being outstanding. Humility is the quality of outstandingly modest pride. Be proud of your humility"

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"Exploring the extremes of life  
may be fun & exciting but  
experiencing the flow of balance  
in my life is far more fulfilling &  
enjoyable"

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"The best thing about having my  
own personal space is that I get  
to choose who I allow into it"

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"The great thing about having  
time for my Self, is that it allows  
me to have time for other people"

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"How can my wishes every be fulfilled when I don't believe in the power of wishful thinking"

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"Unless credentials are authentic & credible, they offer me no credence"

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"If it's wrong to covet your neighbour's wife, can it be right to envy your friends new car, your boss's job, or a siblings recent holiday?"

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"Does 'blowing your top' 'cause a stink' or clear 'a bad smell'?

Does 'venting your anger' release it, exercise it or empower it?"

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"The assertive self-confidence of a directive manager lacks the qualities required to be a consultative leader"

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"The arrogance of hubris, bigotry & avarice are the qualities of a dictator, not a great leader"

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"Is God having a laugh at Man's expense, or is Man being cynical at God's expense?"

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"Whenever I am presented with an opportunity in life, I have a choice of perspective; of what I can put in, or what I can take out"

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"Managers solve problems;  
Entrepreneurs meet challenges;  
Leaders take opportunities"

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"When we all put our time & energy into making things right instead of making other people wrong, the world will be a better place"

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"It is not true that we only use 10% of our brain. We use 100% of our brain even though we are only conscious of 10% of our Mind"

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"The Law of Attraction brings levity & gravity into balance"

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"Those with gravitas see levity as frivolous, those with levity see gravitas as grave. Newton defined the laws of gravity not levity"

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"The Soul has been relegated to the realms of the poet, by rational thinking academics. Is that logical?"

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"I cannot study my Soul from a purely rational perspective. I intuitively know that it requires an emotional awareness as well"

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"Sometime in the recent past,  
psychology became the study of  
the mind. It was previously  
known to be the study of our  
Soul"

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"My purpose is to give life  
meaning, which is the reason  
that I am here"

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"In life, I trust everyone to do  
exactly what they believe is in  
their own best interests"

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"As a Coach, I respect any belief that my client has total respect for. I respect the fact that it is their belief and not necessarily mine"

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"A Business Coach helps you make a good living - A Life Coach helps you get a good life"

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"When I stop chasing the dream, I allow it to materialise"

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"Other people's problems are not my problem. They are my opportunity to help others own their own problems and learn not to have problems"

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"It is only by allowing whatever I am attracting to unfold that I learn how attractive I am"

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"How I will get there is a creation of my present conscious strategy"

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"Where I want to be is a creation  
of my future in my intuitive  
imagination"

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"Where I am now is a creation of  
my past choices & experiences"

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"We are proud of doing what  
others have led us to believe is  
good & right"

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"Motivation is a management  
skill. Empowerment is a  
coaching skill"

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"When I'm not happy with what I already have, the chances are that I will not be happy with whatever I think that I want or need"

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"When I do not appreciate what I have now, what I have now cannot appreciate"

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"Being lucky involves taking chances & risks. Being fortunate, I see all chances as opportunities"

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"Adjective thinking focuses on my awareness of describing who I am being whilst feeling the emotional experience of whatever I am doing"

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"Objective thinking looks at the actions that I am required to take in order to fulfil the objectives of my role"

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"Subjective thinking looks at the role that I am playing and the actions that I subject myself to in fulfilling that role"

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"The purpose of a regulator is to bring a system into balance"

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"Those who know they don't know, know more than those who don't know what they know"

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"Patients require care. Care requires patience"

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"The only difference between being employed & being used is whether or not you get paid"

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"There is no shame in following my own path. It is only a shame when I follow someone else's"

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"I became a father through conception, i became a parent through guardianship, and I became a dad through love"

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"Life is an 'oppo-tunity' to play an opposing tune or to tune to an opposing perspective"

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"I can only be innocent of my own guilt"

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"When enough is not abundance,  
abundance is not enough; and  
both enough & abundance  
become unattainable. An  
abundant life always has  
enough"

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"I attain humility when I am  
modest with my pride and proud  
of my modesty"

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"When life flows like a river, a  
stream of opportunities is  
realised"

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"Those who make lots of money are doing what they love to do but not everyone doing what they love to do makes lots of money"

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"Creating an ideal life is not so much about working on my life but more about working on my Self"

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"A working knowledge of the Law of Attraction is not essential for a Coach, as long as you are not working against it"

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"Understanding the power of the Universe is not essential for a Coach, but it sure helps"

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"Integrity is the conscious awareness of one's magnitude of emotional power, force of mental authority & potential of physical ability"

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"An opportunity to solve a problem misses an opportunity to take an opportunity. Taking an opportunity is never a problem"

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"Coaching works with positive opportunities. There is no such thing as a positive problem"

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"A Coach that seeks the client's solution to a problem has missed the opportunity that is being presented to the client"

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"Yesterday is a memory, tomorrow is a potential, and today is a present"

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"In our disconnection from our emotional brain, we are led to believe that a woman is driven by her heart whereas a man is led by his balls"

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"Our emotional brain is our feeling centre and is called our solar plexus. It is the source of our gut instinct & our intuitive feelings"

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"If you consider sleeping to be a waste of time, you are missing the wonderful opportunities for personal growth that our dreams allow"

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"It is the clarity of the emotion that is expressed that determines the quality of the actor & the reality of the action"

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"There is always enough for now and there will always be enough in the future, but there is never enough for now and the future"

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"My only power is emotional. It is the power of love. It requires my mental authority to activate it and enable my physical potential"

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"When bankers become gamblers who speculate with our money, who are the bookmakers that always make a profit?"

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"There's only one thing that empties fat cells - low intensity, long duration exercise"

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"What sane society educates their children with knowledge for 20 years without raising either rational or emotional intelligence one iota?"

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"What sane society deposits its money for safe-keeping with a cartel of professionally institutionalised gamblers who call themselves banks"

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"Transitional Coaching guides & supports my shifts in perspective that allow my emotional experiences to improve the quality of my life"

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"A Healthy Life is not just the absence of illness but the presence of a wealth of joy & wise fulfilment"

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"There's only one thing that fills fat cells - eating excess calories"

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"Level one Coaching realises Objectives; level two Coaching realises Ability; level three Coaching realises Potential"

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"My quality of life is relative to the quality of my Beingness. A better quality of Beingness allows a better quality of life"

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"Controlling others and being controlled by others both disallow self-control"

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"It is when I separate my mind from my brain that I discover the source of my emotional power"

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"Those who believe that insight is a function of the brain are disconnected from their intuitive sense of seeing"

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"Those who believe that inspired revelations are created in the brain have never had an inspired revelation"

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"The cure for a sleepless night is a shift from being consciously awake to becoming Consciously Awakened"

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"Angels are often an external projection of an inner guidance system"

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"Negative thinkers, by definition, have a negative perspective of positive thinkers"

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"A 100% chance is an opportunity for success where no chance of failure exists"

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"Conflict resolution sees conflict as a problem. Conflict confrontation sees confrontation as an opportunity"

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"Quality of life is relative to the value of the experience"

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"Quality Coaches have attained a high level of personal attributes because attributes & attainments determine the quality of the Coach"

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"Leading Coaches are able to coach Leaders because Coaches & Leaders share the same personal Qualities"

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"Thank you is an expression of gratitude, please an expression of servitude"

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"Enough is having everything  
that my Soul needs, not  
everything that my insatiable ego  
wants"

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"Need is created by a belief that  
there is not enough. When I  
know that I have enough, there  
is nothing that I need, and I am  
content"

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"It is better to model who  
another could be rather than be  
a reflection of who they are  
being"

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"I have no interest in what the world is doing, for I know it is not good. I am interested in what I am doing and whether it is good enough"

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"Inner Peace is a personal journey, not a prize that I am competing for in the game of life"

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"Nature is the Evolution of Imagination; Evolution is the Nature of Imagination; & Imagination is Natural Evolution"

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"The greatest business leaders do not always have the best management skills"

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"The intelligence that is guiding my path is always superior to the intelligence that is following my path"

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"When I believe that my reality is fixed, I am unable to fix my reality"

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"The qualities required to be a great business leader are the same qualities required to lead a great Life. They are leadership qualities"

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"Understanding Motivation requires rational intelligence, whereas, understanding Empowerment requires emotional intelligence"

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"Money is not an energy, but my beliefs about money are"

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"Becoming Truly Selfish is a process of discovering the essence of the True Self that is within each of us. It really is who we really are"

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"An inkling is the inclination of my intuitive perception based on the angle & degree of my perspective"

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"My perspective is my unique view of reality. It is how I see things. My perception is how I feel about the reality that I see"

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"I can choose to be powerless & painful, or I can accept that I can be powerful & pain-free. I can allow my power to flow or my pain"

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"Be sure of what you ask, for you might get it"

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"It is usually on reflection that I realise what I think I want is rarely in my best interest and what I believe I don't want usually is"

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"Giving has true value only when it is inspired"

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"Authority is never in conflict. Unless that is, I try to impose my authority onto someone else"

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"My Authority is my choice. However, not all choices are authorised. Unauthorised options have no emotional power. They don't feel right"

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"The quality of my life is relative to the qualities that I have attained, which are attributable to my Self"

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"The purpose of Personal Development is Quality of Life"

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"Only that which is not free has a price, a cost or a charge"

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"Qualifications are purely academic. Leadership is determined by the quality of attributes & attainments, not academic qualifications"

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"When I reply with 'all due respect', it is because there is no respect due. If respect were due, I would reply with respect"

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"Empowered thoughts of inspired revelation are not presented to me when I am too busy thinking about past or future events"

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"Getting old is not an achievement but growing with age gracefully is an ability that is attainable"

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"Do great Actors have high self-esteem or are they just pretending?"

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"The Art of Life is in its beauty,  
balance & flow. Attaining  
beauty, balance & flow is an art;  
the Art of Life Coaching"

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"My level of boredom is relative  
to my degree of disconnection  
from my True Values. I am never  
bored doing what I truly value  
doing"

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"I can starve my hunger as long  
as I feed my starvation"

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"Money is a measure of my dependency on other people to meet my needs"

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"My fate is a sub-conscious choice, whereas my destiny is a super-conscious choice made with conscious-awareness & unconscious-competence"

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"Only when the very rich decide that they have enough, will the very poor also have enough"

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"Are you a 'mean person', a 'person of means', or a 'person with meaning'?"

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"Perception is relative to perspective. How I feel about anything is relative to my perspective of whatever I believe to be true about it"

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"Perspective determines reality, unless that is, I believe that reality determines my perspective. I am free to choose my own perspective"

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"Human Cells are continually regenerating. Do not be concerned at the demise of the old, better to focus on the health of the new ones"

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"You can rely on other people to take away your independence. True independence is a Spiritual relationship. My Soul is most dependable"

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"Learn to enjoy your journey through the desert. It's the only way out"

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"Self-confidence comes with intuitive knowing, self-worth with emotional intelligence & self-esteem with my potential to use both"

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"My emotional needs are the sub-conscious power source that I need when disconnected from the super-conscious power of my Soul"

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"Today's Issue is defining what an issue is"

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"You never know your luck but  
you can know your fortune, and  
your wealth as long as they are  
not dependent on luck"

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"Personal Spirituality has no  
dogma and no doctrine"

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"The way to master life is to  
ground one's spirituality in the  
physical, not deny it in favour of  
physicality"

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"When the quality of referrals is high enough, marketing is no longer necessary"

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"When I see things through to the bitter end, by definition the end will be bitter"

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"There is no universal entity called the devil, only an individual's own negative perspective based on a collective belief in evil"

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"In the realisation of my own level of personal spiritual attainment, I know that failure no longer exists as a possibility in my life"

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"Life is full of wonder and full of wonderful opportunities, even when I wonder what the next opportunity is full of"

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"There cannot be balance in a higher holon of existence whilst there is imbalance in a lower one"

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"Meditation is the balanced mental state between being awake and being asleep that allows each present moment to come into focus"

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"Curing a hangover is really simple: Just stop taking the addictive substance that is causing it"

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"The reality is that the more Man tries to control the world, the more out of control the world appears to be"

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"The world is not run by  
Politicians but by the elite few  
who own the multi-national  
companies that control the  
Earth's essential resources"

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"If it is within your own power  
to never suffer as the victim of  
illness or disease, would you ever  
take a prescribed drug again?"

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"My character is the role that I  
play in the dramas created by my  
personal beliefs, until that is, I  
intuitively know my Inner Truth"

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"My personality is determined by my emotional needs, until that is, it becomes a reflection of what I personally truly value in my life"

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"Spiritual Growth is the development of the Soul through the choices of an individual ego Self"

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"Personal Development is the process of changing one's perspective and experience of reality, one belief at a time"

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"The role of a Conductor is to allow energy to flow without resistance, whether it's a copper cable or the leader of an orchestra"

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"Those who make money have no political affiliation"

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"Those who save money are Conservatives. Those who work for money vote Labour. Those who spend money are Liberals."

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"A Christian Scientist has no distinction between science & religion"

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"A Christian has no distinction between spirituality & religion"

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"A Scientist has no distinction between rational logic & intuition"

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"Fun & pleasure are what I do to get my emotional needs met. It is enjoyment that has the true value of fulfilment"

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"When I balance life with work & enjoyment, I enjoy my work and I am in the business of enjoying my life"

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"My incompetence, incapacity & incapability is always due to my sub-conscious programming, not my super-conscious intuitive inner guidance"

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"For life to be Ideal, work has to have purpose, relationship has to have a meaning and enjoyment has to have a reason"

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"My belief in my character is relative to how lost that I am within the drama that I am enacting"

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"What I see as a Blue Sky, an acquaintance sees as a pink sky with pigs that can fly"

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"I don't have a need for others to share my bliss, yet I truly value those who do"

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"The higher one's perspective of life, the bigger one's intuitive picture of life becomes. Perception is relative to Vibration"

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"The 'Gap' is my space for expansive growth. Without the gap, there is just a void to avoid falling into"

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"Intuition is the steed of the Spiritual Warrior"

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"Frequent communication  
requires a similar wavelength of  
emotion"

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"I cannot see good things with a  
bad attitude"

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"I can only meet someone half-  
way once we have both balanced  
the extremes of our own  
experiences"

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"Great minds reveal unique  
thoughts"

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"There is no such thing as a bad guy with a gun, just a man full of fear"

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"I deserve whatever comes up when I know that it is of service to my Self. My come-uppance is my providence & my allowance"

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"True Beauty has infinite Depth"

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"It is not race that creates prejudice but the culture of one's beliefs"

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"To see the bigger picture, I am required to be without my ego's limited perspective of reality"

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"A person being Good always attracts Good people. A person doing good always attracts needy people"

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"Being the victim of someone else's evil doesn't make me a Good person"

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"Not conforming to authority is often confused with rebelling against authority. When I conform to my own authority, no rebellion is needed"

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"Influential people use their influence to become affluent, whereas, affluent people use their affluence to gain influence."

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"When a Minister deems the law to be an ass, it means their morals are being undermined"

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"When Politicians call something morally wrong, it means their laws aren't working for their benefit"

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"Chance is an opportunity for development & growth, not a game of win or lose"

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"Accepting un-expectation allows non-disappointment"

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"There is no such thing as a 'good guy' with a gun"

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"The future is always clearer  
with hindsight"

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"Let's be very clear about this: If  
you are in it for the kill, you will  
eventually be killed"

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"Every Playground has a  
School". "Life is a great game,  
once we've learned the rules".

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"When you know that you are  
attractive, you no longer need to  
keep checking in the mirror"

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"When a female balances the gender of her energy it is attractive. Using male energy in preference to her female energy is always arrogant"

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"An Alpha Female is an oxymoron. Female energy is not assertive, dominant, or superior. It is not arrogant nor is it egotistically selfish"

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"Religion sees God as a White  
Light that created the world.  
Science sees the creator of our  
world as a Black Hole at our  
galactic centre"

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"Being nice is expressing  
apparent positive intent with our  
head but not our heart"

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"When I receive with  
appreciation, I can accept my  
provision as granted"

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"Two's company and three is  
expansive; as long as you don't  
need company"

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"A humble ego has forgotten that  
the Soul is in service to its Self"

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"When I take advantage of every  
opportunity to give & to receive,  
it is never detrimental to my Self  
or another"

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"Building bridges keeps me out  
of the flow"

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"Problem-solving is not a coaching skill, it's a management skill. Coaches don't solve problems, they identify & clarify opportunities"

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"When you encounter someone with a scarcity mentality, they will take every opportunity to accuse you of extravagance"

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"You are a victim of what you believe is attacking you, whatever you believe is in conflict with you, and whatever you believe to be evil"

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"Nature is always a benign force, though sometimes the benefits are not immediately apparent"

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"When I'm damned if I do and damned if I don't, I am allowing someone else's judgment to condemn me"

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"Wavelengths of attributable energy are relative to the frequency of States of Being attained & determine the levels of vibrational quality"

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"The insanity of every New Year is believing the same this year as last year and expecting life to be different"

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"Unconditional giving allows anyone to take anything that they want, whenever they want, whether they need it or not"

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"All opportunities in life lie beyond my comfort zone. I can be in my comfort zone or I can be in my zone of opportunity, but not both"

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"New Year Revellers celebrate a new year. New Age Revellers revel in revealing the revelations of their new Age of Aquarius"

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"Regulations are there to ensure that I follow the directions of another and conform in a way that they believe is best for them"

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"I can make my business a success, or I can make my success my business"

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"It is always good to have choice but it is not always good to have options"

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"There are only 2 motivational forces - fear & need. There is only 1 empowering energy - Love; and 1 inspirational energy - Light"

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"I can know who I am but you cannot see who I am, unless I express who I am feeling"

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"When I choose 'heads or tails', the chances are that I will lose out and when I choose between my 'heart & head', I will chase my tail"

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"It is not the Sun that the Mayan's worshipped but the Source of Universal Consciousness that is at the Heart of our Milky Way Galaxy"

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"Take time today to acknowledge the Sun with worshipful praise, a prayer of gratitude and a meditation of appreciation"

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"The G.A.P. in Space is an acronym for Gratitude, Appreciation & Praise"

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"I can sit on the fence or I can walk the boundary wall with perfect balance & harmony"

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"Our Justice System believes that life 'is just' not life 'just is'!"

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"Greedy people want more than other people because they need to be better than, and feel superior to, other people"

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"I praise my past attainments, I am in gratitude for my present opportunities, and I am in appreciation of my future development & growth"

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"Those who always put other people 1st, always come 2nd; and wonder why they always lose out"

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"Assertiveness is the  
management skill of authorised  
manipulation, professional  
arrogance & institutionalised  
bullying"

---

"I cannot coach someone to  
successfully change their life  
until they have first taken  
responsibility for creating their  
current experience"

---

"I can say thank you without  
expressing my gratitude and I  
can express my gratitude  
without having to say thank you"

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"Just because I've stopped  
competing, it doesn't mean I  
can't play to win"

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"Is the vortex that is your energy  
vibration like an effortlessly  
soaring convection current or a  
continuously destructive  
whirlwind?"

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"Whether my perspective creates my reality or my reality creates my perspective, is determined by my reality & my perspective"

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"I can learn to become problem-free, fear-free & pain-free; but not by being effort-free, although it can be effortless"

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"In every aspect of my life, I can choose to compete, choose to participate, I can spectate, I can observe, or I can just choose to play"

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"I cannot approve of others  
whilst I disapprove of my Self.  
My disapproval of others is their

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"Space is never wasted, unless I  
mis-use it or mis-understand it.  
With enough emotional  
intelligence, 'space' is a very  
valuable quality"

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"Head strong means the Heart is  
weak"

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"I am a storehouse of potentially positive emotional energy.

Before you make a withdrawal, you are required to make a deposit"

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"An ego trip is a journey full of pitfalls, precipices, & dramatic accidents"

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"My Hubris is a pride that is neither good nor bad even though it is without either shame or humility"

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"My Bigotry is neither right nor wrong, both arrogant & confident, with a gender opposite of humbleness & an opposing polarity of meekness"

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"I have a responsibility for my children, not authority over them. Whether I use my authority to choose wisely depends on my level of power"

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"The justice system is how a society avenges & compensates the victims of that society"

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"Advising is guiding & supporting someone on their path. Giving advice is directing someone along the path that I have already taken."

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"I can only advise someone who has no vision, no direction & no clarity of purpose. With a positive intention, no advice is required"

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"Pride, Envy, Gluttony, Lust, Greed, Sloth, Arrogance & Anger are the 7 mortal sins of our Fathers. Little has changed over time."

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"Hubris, Covetousness, Avarice, Cupidity, Rapacity, Idolatry, Bigotry & Wrath are the 7 deadly sins of our Forefathers"

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"Idolatry is following someone else's path, Idleness is not following any path, and Sloth is not following my own path"

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"By whom am I employed: My employer or my Self, and is either or both most useful for the development & expansive growth of my Soul?"

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"Beggars can be choosers when they remember why they chose to be a beggar"

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"I will be judged, put on trial & convicted of my sin or virtue, until my Virtue becomes a triality of my True Value & Worth"

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"Strictly enforcing standards & boundaries results in entropy & atrophy not expansive effortless flow"

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"Conscious Attraction requires Unconscious-Competence, which requires Super-Conscious Confidence, the ability to confide in one's Soul"

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"There is no such thing as an intuitive guess. It's an intuitive choice or an unintuitive guess"

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"When 'the world is your oyster'  
does your pearlescent shell  
define your comfort zone or your  
prison cell?"

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"When 'the world is your oyster'  
do you see a beautiful pearl or  
the irritating grain of sand that  
produced it?"

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"Keep the baby (a new born  
thought); throw out the bath  
water (old fears & limiting  
beliefs)"

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"Bullshit may baffle brains, but it  
can't fool my intuition"

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"Fools rush in where angels fear  
to tread and wizards magically  
flow"

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"The spiritual reality of my  
consciousness, my spirituality, is  
a measure of my emotional  
competence, mental capacity &  
physical capability"

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"If you try the Law of Attraction without success; congratulations, you have moved from unconscious incompetence to conscious incompetence"

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"With no distinction between my sub-conscious competence & my super-conscious competence, I remain unconsciously incompetent"

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"If you give someone 3 wishes,  
they will use the 3rd wish  
wishing they hadn't wished for  
the first two"

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"My sub-conscious competence  
meets my emotional needs,  
defines my comfort zone and  
enforces my boundaries"

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"Just because I have more  
money, more knowledge, & more  
status than you; it doesn't make  
me a better Human Being"

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"My super-conscious Entity  
authorises & empowers me,  
whilst my sub-conscious Id  
either allows or disallows the  
choices of my Ego's will"

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"Getting rich is costly and  
expensive. Attaining wealth is  
free and expansive"

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"When I believe that 'it's not my  
fault', I disallow my authority to  
choose my own reality and I  
become the effect of someone  
else's cause"

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"Just because animals hunt instinctively doesn't mean that hunting is instinctive. Man generally hunts pre-meditatively"

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"I have infinite choice but my choice is not definite until I choose it"

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"Chasing money will always deplete my power as chasing riches will always deplete my wealth"

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"An Appointment is an opportunity to meet. An Expectation is an opportunity for disappointment"

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"Life cannot flow effortlessly when I have to think about doing something differently. Effortlessness allows me to just do it"

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"Thinking is a problem! Not thinking is a challenge! Thought is an opportunity!"

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"When I am 'mindful', I am busy thinking. When I am 'mind-free', I allow my 'thoughtful' revelations to flow"

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"Freedom of Choice is an individual gift that is innate to everyone. Choosing to be Free is an ability that has to be learned"

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"I cannot be pain-free by avoiding pain; fear-free by avoiding fear; or problem-free by avoiding problems. I cannot grow by avoiding life".

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"Divine Time passes effortlessly without haste or waste. You can't speed it up or slow it down, so just flow with it"

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"My Innocence is 'in no sense' divine. My Innersense is 'inner sent' and is a divine attainment"

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"I cannot be of one mind by being in two minds. I am of One Mind when I balance all three levels of my Mind: Id, Ego & Entity"

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"When I am blame-free, I am no longer the villain. When I am no longer the villain, I am no longer a victim. No judgment, no blame"

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"When Providence is allowed to provide; commitment, determination & dedication are unnecessary"

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"The Three Principles connect Me, My Self & I"

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"A level 1 Coach solves the ego's problems, level 2 meets the challenges of the Id & a level 3 Coach explores opportunities for each Soul".

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"Old fashioned selfishness is the bigotry of my avarice, hubris & wrath. Today I suffer the arrogance of my ego's greed, pride & anger"

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"The greatest gift that I can share with another is to need them for nothing"

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"Gluttony is driven by a need for more power. Greed is driven by a need for more authority. Power & authority are confused in our society"

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"Painful has to become painless before it can be pain-free. I will never be pain-free by suppressing my pain, only by releasing it"

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"Gravity, magnetism & electricity are all examples of the Law of Attraction in action"

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"Electricity is the potential of  
Energy to be physically active"

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"My Soul is the Gatekeeper to  
All that Is - the provider of my  
Providence"

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"This world is full of 3  
dimensional Beings surviving a 2  
dimensional reality. Overcoming  
relative duality is our greatest  
challenge."

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"Empathy flows when sharing a familiar path. It connects spiritual families with compassion"

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"Confusing poor with poorly associates wellness with money. My well-being is free"

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"Only once I have clearly defined the boundaries of my comfort zone am I able to safely venture beyond it"

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"Sanctimonious is what self-righteous people call other self-righteous people. Being 'Good' has no judgment of what is right or wrong"

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"A True Value contains the truth of my mental authority and the value of my emotional power. An emotional need has value but no authority"

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"A Harbinger is just the  
Messenger who brings the  
disaster of my doom, the  
challenge of my fate or the  
opportunity of my destiny"

---

"I can be wise without having  
knowledge, wealthy without  
having riches and healthy  
without having wellness"

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"A Church is a place where  
victims go to share their victim  
hood"

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"Without the Earth, there is no physical, only spiritual; no night, only day; no shadow, only Light".

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"I cannot give up cynicism with humility, nor can I give up sarcasm by being humble"

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"I cannot give up criticism with non-judgment"

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"You cannot give up complaining by not complaining"

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"Surviving death is not an option, surviving life is".

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"Human nature does not come naturally to a dog"

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"Justice is the revenge & compensation that I need as a victim. Just is, is my acceptance of an opportunistic life"

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"Being Sensitive is my intuitive focus on my path, whereas being a Sensitive is intuitively focusing on someone else's path"

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"The quickest way to have Presence is to stop thinking. Thinking takes me into the past or the future & disallows the clarity of my Thought"

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"I will never find my Self by searching. I will only find myself searching. When I find my True Self, the search is over"

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"I can chase the profit or follow the prophet. I cannot follow a winning path with a losing mentality"

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"A machine cannot drive itself,  
only a human has that ability.  
Only a human has a Self"

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"My Sixth Sense is a triality of  
intuitively knowing, feeling &  
seeing"

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"When intuition flows freely, life  
flows effortlessly"

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"Doing nothing allows my  
Intuitive Presence to be"

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"The 3rd way between 'just  
enough' & 'enough' is  
Abundance"

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"My intuitive senses allow me to  
experience the true essence of  
who I really am"

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"The glory of my destiny is my  
praise, gratitude & appreciation  
of the fulfilment of my life's  
vision"

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"Effortless Happiness requires the joy of being pain-free, the fulfilment of being fear-free, & the contentment of being problem-free"

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"Happiness is beyond the pain of disaster, the displeasure of chaos, the discomfort of problems, and the dissatisfaction of challenges"

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"The intensity of an emotion is determined by the power of its gender & the authority of its polarity, or the relative absence of both"

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"I am challenged by my own beliefs until I challenge & own my beliefs"

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"My every problem is a lack of power; my every challenge is to own my own authority; my every opportunity is effortless expansive growth"

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"Do you choose for a cup that  
runneth over or for a bigger  
cup?"

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"When I undulate between  
comfort & discomfort, I will  
never be satisfied"

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My perspective of reality is  
limited by my level of conscious-  
awareness.

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"Accepting my omniscient  
authority approves my  
omnipotent power and allows my  
omnipresent ability"

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