

A photograph of a rocky beach. In the center, a smooth, white, egg-shaped stone is balanced upright on top of a larger, flat, light-brown rock. The larger rock has several small, dark, circular holes or indentations. The background is filled with many other rocks of various sizes and colors, including shades of yellow, tan, and grey. The lighting is bright, suggesting a sunny day.

# “Wise Words”

Book Three

Keith Collins

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“A Revelation is an original, ‘unquoted’ quotation”

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“Pain is the absence of emotional power”

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“Fear is the absence of mental authority”

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“Problems are the absence of physical ability”

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“Both pain & fear is a  
problem, until it becomes  
an opportunity”

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“Life is ‘eventual’,  
everything happens  
eventually”

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“Life is ‘inevitable’, the  
ability of life comes from  
within”

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“Life is ‘evidential’, when I believe the evidence; I believe the experience to be evidential”

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“Life is ‘existential’, if it exists it’s real and if it’s not real it doesn’t exist”

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“Life is ‘experiential’, it’s just an experience that is just”

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“Presence is the best  
present”

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“Wealth is my power to  
feel”

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“Wisdom is my authority  
to know”

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“Health is my ability to  
see”

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“Intuition is my gateway to  
health, wealth & wisdom”

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“When I know that  
everything that is  
occurring is an  
opportunity, I am wise”

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“An existential reality is  
evidential in space &  
eventual in time”

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“It is not ‘whether I am’  
but ‘who I am’ that is  
important”

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“Economics is the study of how I choose to invest my emotional energy”

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“Sociology is the study of how people who have given away their authority cope without their emotional power”

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“An Evidential Life is neither complicated nor simple”

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“Opportunity eventually unfolds”

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“Opportunities are neither simple nor complicated, they are evident”

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“It is problems & solutions that are either simple or complicated”

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“When Life is Evident, opportunity is abundant”

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“A singular complexion is simply evident”

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“The energy that creates a problem may find a solution, but will never be free of the problem”

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“Uninspired coaching disempowers”

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“Being Emotional is a positive experience of irrational behaviour”

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“Rational behaviour is  
never an emotional  
experience”

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“Action is enabled when  
authority is empowered  
and power is authorised”

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“Divinity is divine, religion  
is not”

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“Being boundless is free of  
limitation”

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“Once I know that my path is free of fear, I know that I am required to be fear-free to follow it”

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“Once I know that my path is free of pain, I know that I am required to be pain-free to follow it”

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“Once I know that my path is free of problems, I know that I am required to be problem-free to follow it”

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” I am limited by the pain  
of my emotional needs that  
are the limit of my power”

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“I am limited by the fear of  
my limiting beliefs that are  
the limit of my authority”

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“I am limited by the  
problem of my limited  
perspectives that are the  
limit of my ability”

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“I can choose power or  
pain, authority or fear,  
ability or problems”

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“My ego sense of physical  
Self always has an  
intuitive sense of spiritual  
Self”

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“My true sense of Self is  
my sense of true Self,  
which is intuitive”

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“I have the authority of the power to be, it is the ability of my potential”

“When unrestrained by the limitations of physical life, I become free”

“The subjective I is me”

“The objective I is myself”

” The adjective I is who I am being”



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“I am not the subject of reality but the creator of my personal experience of it”

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“My appreciation is divided by my sloth & my diligence”

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“When life flows I feel happy, so when I feel happy life flows”

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“The flow of reality exists  
in the gap of space & the  
now of time”

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“Heaven & earth are  
divided by gender”

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“Heaven & hell are divided  
by polarity”

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“Heaven on Earth has a  
harmonic vibration”

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“A high or low intensity means that either gender or polarity are divided”

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“Creative potential has a neutral harmony”

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“Positive intention has the will power of my ego’s intensity”

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“Will power is my Self in tension”

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“My Soul’s vision is  
potentially creative”

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“The intensity of my  
emotion is relative to the  
gender of my state of  
being”

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“The power of my emotion  
is relative to my ability to  
choose with authority”

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“The potential of my  
emotion is relative to the  
magnitude of my  
emotional power”

“Happiness empowers me”

“Well-being authorises me”

“Abundance enables me”

“Abundance is a potential  
that is either realised or  
unrealised”

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“Electro-magnetic-gravity  
is the application of  
attraction on two like  
vibrations of matter”

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“There is a range of  
intensities of emotion on  
which a message is  
received from inspiration  
to fear”

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“There are not varying  
degrees of happiness, only  
varying degrees of misery”

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“The potential of matter to gravitate is relative to its electro-magnetic vibration”

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“The frequency & wavelength of a vibration is its potential to manifest relative to its force & magnitude”

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“Self development is a  
process of getting better,  
not making oneself ill,  
though it may appear that  
way at times”

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“Being careful attracts  
exactly what I am trying  
to avoid”

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“Meaning & purpose allow  
a reasonable life”

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“Mentally defining  
meaning gives a lovingly  
emotional purpose to the  
reason for physical life”

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“Inner balance requires  
mental meaning &  
emotional equilibrium”

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“Equilibrium requires  
freedom & equality”

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“God is not particular”

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“The magnitude of my  
attraction is my  
magnetism”

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“The force of my authority  
to attract is the gravity of  
my gravitas”

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“The potential of my life is  
electric”

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“My life-force energy is the  
gravity of my attraction”

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“My magnetic personality combined with my characteristic gravitas is what defines my X factor”

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“Just because I am acting in the play doesn’t mean that I have to build the theatre or even the set”

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“There is no flow without attraction”

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“A positive direction is  
neither forward nor  
backward, it is expansive”

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“The art of deliberate  
creation requires an  
understanding of the  
science of creative  
deliberation”

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“Creativity requires  
deliberation”

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“De-liberation means of-  
freedom”

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“The ability of Creative  
Thought requires freedom  
of choice combined with  
deliberate creative ability”

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“Freedom is a deliberate  
choice that is chosen with  
due deliberation”

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“Gentleness is the gentle confirmation of the authority of my choice, without asserting that choice onto another”

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“Asserting my choice onto another requires a degree of force, not gentleness”

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“It is not easy following an exclusive path in an inclusive world”

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“I do simple things well  
when I am simply happy  
doing simple things well”

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“Well-being is simple; it is  
simply being well”

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“Happiness is simple; it is  
simply being happy”

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“Force & charge is not the  
same thing”

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“In absolute reality there is no such thing as a strong or a weak force; although in dual reality the force of energy may have a relatively strong or weak charge”

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“We are all experts on what we perceive to be our own reality”

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“We are all experts on our own particular expertise”

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“When reality appears the same from all perspectives, I am seeing the Truth”

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“There is no negative direction, just lack of motion”

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“Negative motion creates negative emotion”

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“Polarity is either  
clockwise or anti-  
clockwise; both are going  
in a circle”

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“It is the frequency of  
thought that creates  
moments in time”

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“I do not have to choose a  
direction just accept my  
direction”

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“My direction is always  
positive; it is the Way of  
Happiness”

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“I am directed to be Happy  
because Happiness is my  
direction”

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“I am directed to be Well  
because Well-being is my  
direction”

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“Attraction creates flow”

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“Life allows me to see the value of what I have through the experience of not having it”

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“Realities never conflict as many different realities are capable of co-existing simultaneously”

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“It is our different beliefs about what is real that differs and conflicts, not reality itself”

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“Joy is the experience of  
my power of love utilised”

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“I can only use my power  
with love because Love is  
my Power”

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“I become a Master as I  
master the Power of the  
Ability of my Authority”

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“Fear can never protect”

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“When I utilise my ability wisely, it has authority, and with authority it has power”

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“A black & white reality is not coloured with emotion”

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“Plenty is a statement of having enough in the future”

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“Abundance can only be experienced in the present moment”

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“Choosing an Ideal life is a pursuit of those who have forgotten how Ideal, Life already is”

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“Knowing why my life is ideal need not be an ordeal”

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“Plenty is enough for now  
and enough for later”

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“When I do not have faith  
in providence to provide  
then just enough will not  
be enough and I will want  
plenty”

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“When scientists talk  
intuitively, they are  
referring to their  
instinctive sub-conscious  
programming”

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“Emotional energy has an agenda”

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“My agenda is driven by my emotional needs”

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“The gender of my emotional energy determines my agenda”

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“From the perspective of my Soul there is no 3rd person, just I am & Thou art”

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“Thou ought is my Soul’s  
Thought for my Self”

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“It is not the quantity of  
life that is important but  
the quality”

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“It is not the quality of my  
love that is important but  
the quantity”

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“It is the quota of my  
intelligence that discerns  
both quality & quantity”

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“In the absence of emotion  
there is only Love”

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“I predict everything for  
my future that is already  
prophe­sied”

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“Wisdom is a state of  
acting with knowing, not  
the application of  
knowledge”

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“Wisdom determines the  
quality of life, wealth the  
quantity”

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“The student appears  
when the Master is ready”

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“Through the Personal  
Development of my Self, I  
attain the Spiritual  
Growth of my Soul”

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“The purpose of my reality  
is to allow the realisation  
of my purpose”

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“Having a real purpose is  
in alignment with the  
purpose of reality”

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“The purpose of reality is  
for the experience of being,  
doing and having”

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“Science is the faith of the  
one following the many”

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“When I want the opposite  
of what I do not want, I get  
the opposite of what I do  
want”

“Having faith in my Self  
requires the perspective of  
my Soul”

“Religion is the faith of the  
many following the one”

“My faith is the trust of my  
Self in my Soul”

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“The Drama of the  
Intimidator is Arrogance”

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“The Drama of the Poor Me  
is Humbleness”

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“When the purpose of  
service is to serve, then  
service has no purpose”

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“True love is expansive  
when shared with those  
who express it”

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“Human love is depleted  
when shared with those  
who need it”

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“Some believe that they  
are the “chosen few”, some  
believe that they are the  
few who have chosen”

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“When my Life Qualities  
and my Leadership  
Qualities are congruent, I  
am able to lead a life of  
quality”

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“A great coach knows that personal development is essential to great coaching because without personal development the coach will never achieve greatness”

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“GO is an acronym for Growth Opportunity”

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“Needing  
acknowledgement  
expresses a lack of  
emotional power, whereas  
having acknowledgement  
reflects the presence of  
emotional power”

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“A Corporate Coach follows  
the agenda which the  
company or corporation  
has for the client, whereas  
a life Coach has no agenda”

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“Personal Development is business (the coach) to consumer (the client).  
Corporate Personal Development is business (the coach) to business (the client)”

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“Inner Peace is attained when no aspect of my Self is in conflict with any other aspect of my Self”

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“An emotion is the intensity of the resistance that is created by a limiting belief upon the purity of the energy of my feeling”

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“Closed questions uphold a duality; open questions are the gateway to overcoming a duality”

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” A good book has a message, a great book has many messages”

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“Not all affirmations are affirmative”

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“I choose a career, and I choose a vacation, yet my vocation is already chosen”

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“Fortune tellers cannot tell my future, but they may tell me what I need to hear in the present moment”

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“Unauthorised power disables”

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“Unempowered authority unables”

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“I do not require a Coach to enable me to remain within my comfort zone”

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“The authority of my  
chosen life path is always  
empowered”

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“What I do with love is  
powerful, what I do from  
love is an emotional need”

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“My sub-conscious has  
authority for my past; my  
super-conscious has soul  
authority for my future; I  
have sole responsibility for  
my present my Self”

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“A teacher who is not open  
to learn is just a  
supervisor in the  
playground”

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“A leader without a clear  
vision is a seeker of truth  
not a follower of wisdom”

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“Being honest requires  
being true to one’s self”

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“Without transparency  
and accountability there  
can be no integrity”

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“You cannot expect a  
mushroom farmer to grow  
flowers”

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“There is nothing worse  
than a humble bigot”

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“There is no equality in a  
hierarchy”

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“I am either the master of  
my destiny or the victim of  
my fate”

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“When I realise that life is  
not a lottery to be won, I  
win the lottery”

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“I am only ever trapped in  
a world of my own  
creation”

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“When life is making me ill,  
I am not on a path to  
health and well-being”

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“It is possible to be very  
useful and very  
unemployable”

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“Coaching requires the  
ability to see life through  
the eyes of the client”

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“Only when I own my own beliefs will they be my own”

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“Nothing is ever sent to destroy a relationship, only to test it and make it stronger”

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“Having a reason to leave is less important than having a reason to stay”

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“We are all a legend in our own lifetime”

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“My legend is the story of my life, once I have lived it”

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“Forgiveness is not something I give to others or receive from others, it is something that I ask for others not from others”

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“A vote of confidence is the confirmation that I require from others of my authority over them”

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“Meditation is my spacecraft”

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“I choose not to be dead to life whilst alive”

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“The silent voice never speaks”

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“Beginner’s luck is never  
luck”

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“The goal of life is to die  
whilst still alive”

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“You may Coach someone  
on their Standards of  
Performance; you must  
train someone in Standard  
Operating Procedures”

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“Conscious-Awareness  
requires seeing in both  
directions at once;  
knowing where I am going  
to and from whence I have  
come”

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“The height of my  
awareness is relative to  
the depth of my  
consciousness”

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“I will not find inner peace  
in the outer world”

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“It is the desire of every  
ego to be the Creator”

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“The ego is just the captain  
of a vessel that is  
travelling in time & space”

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“A journey in space is a  
journey in time; and a  
journey in time is a  
journey in space”

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“Making someone out to be too clever is just a way of justifying our own ignorance”

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“Natural Selection is my fate; Human Selection is my destiny”

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“There is no such thing as a miserable day; a day is incapable of emotion”

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“Fear is a negative belief  
that creates a negative  
emotional state of being  
scared, being terrified,  
being in dread, being  
anxious or being  
apprehensive”

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“Being Allowing requires  
Benevolent Co-operation”

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“Being Approving requires  
Concordant Equanimity”

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“Being Accepting requires  
Appreciative Gratitude”

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“Just because a calendar  
ends on the 31st  
December, it doesn't mean  
the world ends then”

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“I will never get better  
whilst I am ill, I can only  
get better once I am well  
enough to start the  
journey”

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“With True love, I do not  
have a care in the world”

“My True Love for my Self  
is my Power”

“My Exclusive –  
Connection requires my  
gratitude and my  
appreciation”

“When pleasing others, I  
am neglecting my own  
happiness”

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“Divine Gifts require the capacity to acknowledge them and the capability to use them”

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“A positive affirmation always affirms what I already have with gratitude & appreciation”

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“Nobody manages badly by design; only by default”

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“Pleasing others is a  
toleration”

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“Life is like a game of  
cards: The hand I am dealt  
is my fate, the way that I  
play it is my destiny”

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“Though shalt not is a  
proclamation of guilt and a  
denial of innocence”

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“Innocence is not being  
guilty of any attachment to  
the choices of others”

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“Health is the absence of  
physical disease that  
allows life to be effortless”

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“Wellness is the absence of  
mental dis-order that  
allows life to be fearless”

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“Well-being is the absence  
of emotional dis-ease that  
allows life to be painless”

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“There is nothing worse  
than a humble Bigot”

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“My Mind is my Minder”

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“Arrogance is a belief that  
my ego is creating  
whatever is occurring in  
my life”

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“Resilience is the ability to bounce back and move forward against the flow”

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“A craving for pleasure is as detrimental as an aversion to suffering”

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“There are 2 types of leaders: Those that need followers and those that don't”

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“When I eliminate ‘if’ from  
my life ‘then’ there is only  
‘now’”

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“You cannot play Cluedo  
on a Monopoly board”

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“A passive income requires  
passive action”

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“My Soul evolves my Self  
when my Self involves my  
Soul”

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“Before I can overcome my  
guilt, I am required to  
overcome my innocence”

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“My heart is my spiritual  
heart; my solar plexus is  
my emotional heart”

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“When travelling in the  
wrong direction, I have to  
go back to square one to  
get to square two”

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“A noisy mind needs to  
talk in order to focus”

“Contentment is the  
perception of a perspective  
of enough”

“Abundance is both a  
perspective and a  
perception”

“I create a perspective  
when I realise a  
perception”

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“It is not our sex that  
enslaves us but the gender  
of our thoughts”

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“I cannot dance in the  
nettles and not get stung”

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“I can choose, I can not  
choose, or I can choose not  
to choose, which is  
acceptance”

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“Pure experience is a  
Divine Gift”

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“Arrogance is confidence  
without ability”

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“I cannot live an extra-  
ordinary life by being  
normal”

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“Life Coaching is for people  
who want to kick the hell  
out of Life”

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“Release the past and  
deliver the present to  
cleanse the future”

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“Every journey has a destination”

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“Every destiny involves a journey”

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“Perspective is unique to each Individual”

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“My Health is the product of my Wealth & my Wisdom”

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“The problem with empathy is that it has no compassion”

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“Higher and lower dimensions appear to be stationary from the perspective of our own dimension”

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“I require a higher perspective to perceive the existence of a higher dimension”

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“Time is the dimension of activity in which my Space occurs”

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“Without imagination, language is unnecessary”

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“Imagination connects my rational and emotional intelligence”

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“Understanding emotional values requires an understanding of the value of emotions”

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“The dimensions of Time are created by the Energy of Matter in Motion”

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“In our 3rd Dimension, the energy of matter in motion is measured as its speed, which is a measure of time x distance”

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“In Universal Time, the  
energy of matter in motion  
is seen as Gravity”

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“In Atomic Time, the  
energy of matter in motion  
is seen as Electricity”

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“As much as is necessary  
is enough”

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“Simplicity leads to  
abundance”

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“Parsimony is a given”

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“No animal ever starved  
through lack of free will”

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“Emotional needs override  
free will”

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“Conscious will is an  
expression of the  
justification for sub-  
conscious action”

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“Physical consciousness believes that it cannot exist without a physical body, whereas Higher Consciousness knows that it can”

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“An Ideal is an Idea that has not yet been brought to Life”

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“An Idealist has an Idea List”

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“There is not a right way to follow the wrong path”

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“In a rational world of educated information, instinct has become extinct”

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“True Values have both value and truth”

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“I have confidence that other people are on their own exclusive path in life”

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“I do not put my  
confidence in other people,  
they have their own path  
to confide in”

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“When I find the source of  
my self-confidence, I know  
that it is not in someone  
else, nor is it someone  
else’s source of  
confidence”

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“Choosing the reality of everyone else is not the choice that I am free to make”

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“Unless a Life Coach is guided and supported, they cannot guide and support others”

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“I get angry as an intimidator”

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“I get intolerant as an  
interrogator”

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“I get frustrated as a poor  
me”

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“I get apathetic as an  
aloof”

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“A Coach is a vehicle  
through which the client  
sees the change that they  
wish to make in their life”

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“I am never behind or in front of another on their path; I am always ahead of my Self on my own path”

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“Until I know my purpose for my life, I cannot know its value”

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“Until I realise the value of my life, it will have no quality”

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“I have never coached  
anyone whose purpose in  
life was their career”

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“Being an Entrepreneur is  
a personality disorder”

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“Everything is caused by  
Attraction and everything  
is created by Thought”

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“Unless a Grand Unified Theory brings together the views of both Science & Religion, it will not be either a Grand or a Unified Theory”

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“An overnight success often takes many years to occur”

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“A Teacher assumes an air of knowing everything. A Coach assumes an air of knowing nothing”

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“I cannot be biased and remain balanced”

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“Scriptures are the words of a Prophet that only become prophetic once I know them to be my truth”

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“When the Scientific  
Establishment comes into  
alignment with the Law of  
Attraction, it will have its  
Unified Field Theory”

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“The problem with the  
current scientific view is  
that it is counter-intuitive  
to the Law of Attraction”

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“Academia is an august establishment that over time has turned a love of wisdom called Philosophy into a search for knowledge called Education”

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“Whatever a Coach believes creates their reality. Whatever an Educator believes is purely academic”

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“I cannot be spiritually  
free and sexually  
repressed”

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“When Love & Light  
combine in Space & Time,  
Energy has the ability to  
create the Reality of Life”

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“Life Coaching is not about putting people into a box. It is about helping people define the box in which they have imprisoned themselves and then helping them to formulate a strategy to get out of their box”

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“When I view life from the perspective of my sub-conscious beliefs, I am self-conscious; yet when I view life from the perspective of my super-conscious Soul, I am Conscious of my Self”

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“Self-belief is a belief, self-confidence is a knowing”

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“All dualities create conflict”

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“A Minister administers a system according to the Book and the Letter (literal translation) of the Word”

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“An Administrator runs a company by administration, whether it is bankrupt or not”

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“Administration is not a management skill”

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“It is the energy released  
when atoms or molecules  
change their physical state  
that burns us not the  
apparent heat”

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“God is supremely  
indifferent”

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“Matter & Energy are not  
a duality”

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“Consciousness is a triality  
of Energy, Matter &  
Motion”

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.....

“Being taught never made  
anyone flexible”

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.....

“Buoyancy is anti-gravity”

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.....

“I Coach because where  
else would I find such  
great opportunities to  
learn”

.....

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“Teaching & Coaching are not a duality; they are not in opposition; though it is wise to know when one is teaching and when one is coaching”

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“Being taught requires a teacher, learning does not”

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“Energy always seeks to be in balance”

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“Matter is the disorder or imbalance of energy”

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“Prime Creator created 1st Cause, which is Attraction”

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“The more I protect another, the more vulnerable I make them”

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“Life is the ability of Consciousness to experience its Self”

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“When I am protected from  
my problems, I am  
deprived of my  
opportunities”

.....

“Until I become problem-  
free, my goal-setting will  
just be problem-solving”

.....

“I cannot have tolerations  
and be problem-free”

.....

“Waste & Save are a  
duality”

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“When there is a distinction between who I am and what I am doing, I am out of alignment with my Soul”

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“Pride comes from success; Oneness from completion”

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“Business people have no distinction between personal development and professional development”

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“Unawakened people have no distinction between self development and personal development”

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“Laughter is a release of negative energy, not an expression of positive energy”

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“Technology can improve fun & pleasure but it will never make people happy”

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“I can make someone less miserable but I cannot make them happy”

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“My strengths are my choice of True Values”

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“Being miserable is not a mental illness but it is a disease”

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“Psychology is the study of how to make people less miserable”

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“Developing other people  
is an emotional need;  
developing one’s Self is a  
True Value”

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“I am limited to having  
enough, yet there is no  
limit to how much enough  
is”

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“When I get less miserable,  
I don’t get happy, I just get  
less miserable”

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“Diplomacy is only a force  
when used by a diplomat  
to get their own way”

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“Without victims, there  
can be no heroes”

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“Corporate Coaching will  
change how I relate to my  
job and how I relate to  
people I work with. Life  
Coaching will change my  
Life”

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“Faith is both certain and uncertain”

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“Suffering is not a badge to be worn with pride”

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“When I don’t get the distinction, I miss an opportunity for growth”

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“Natural ability is my connection to the power and authority of my true nature”

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“If God were a process it  
would be called the Law of  
Attraction”

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“When looking for a  
solution, I always have a  
problem”

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“On an energetic level, I  
am never out of touch”

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“My perspective is based  
on the experience of my 5  
physical senses”

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“My perception is based on  
the experience of my 3  
intuitive senses”

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“It is not the intensity with  
which I do something that  
is important but who I am  
being whilst I am doing it”

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“Too much choice will spoil  
me”

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“Limiting my choice will  
spoil me”

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“Enough choice is a treat”

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“The strength of a material  
is its ability to resist  
change”

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“The weakness of a  
material is its inability to  
resist change”

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“Flexibility allows matter  
to flow with change”

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