

The Third Way

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Chapter 1: IN THE BEGINNING

In the beginning there is no beginning, because Life just Is.

I am a Spiritual existence, which is energy called Life, and I just Am. I am a vast ocean of everything and nothing and all that exists.

There are three dimensions to my being. I have space, I have time and I have continuity. I live in a space-time continuum. I inhabit all space and all time continuously without beginning and without end, because beginnings and endings I have not yet created. Everything in this space-time continuum is one and the same and this one and the same is referred to as a 'uni-verse'. I am one with the universe and the universe is one with me. I am 'all that is', the 'am that I am', the 'alpha and the omega', the one 'supreme being', the 'master of my universe'.

I am an awareness, which I call "Life", a feeling that I call "Love" and I am a consciousness, which I call "Light".

One day I ask a question:

"Who am I"?

"I am Me" came the reply and I set off on a journey of self-discovery to find out who 'Me' really is.

I am an experience I call life but I do not see what that means. I am an energy called love but I cannot feel what love is. I have an understanding I call light but I do not know what light is. I cannot see, feel or know myself because as I am everything I have no perspective, from outside of who I am, in which to observe, experience and understand who I really am. I have discovered the first

paradox to being:

“I have everything yet I have nothing” and I therefore create wanting. I desire to see, feel and know who I really am. I want to see, feel and know everything about myself, but there is nothing about myself, there is nothing outside of myself as I am everything. I am infinite space, I am eternal time and I exist continuously for ever. This I know. I know I am infinite, eternal and continuous because I am a universe, which is a space-time continuum. This I know but now I want to know something new.

My difficulty is that, as I am everything, I already have all the answers, but I don't know the questions. Therefore, it seems to me that, in order to find my pathway to explore life - my life path, my desire to experience love, and my journey to be in light – enlightened, what I require is a blueprint for finding the right questions.

I am beside myself, and I realise that the only way I can find what I want is to be beside myself, to exist separate from whom I am in order to discover who I am. I have discovered the 2nd paradox to being:

“I have to become whom I am not, in order to experience, see and know who I am”.

Right there in that moment I had my first revelation, my first Ah! – Ha! Moment:

“All I have to do is ask the right question and know that I already have the answer”.

I will ask my first question:

“What is the blue print for finding the right questions”?

I already know the answer because I already know the question; because I am everything therefore I know

everything. I know all the questions and all the answers but until I ask the question it does not exist in its own right. The question and the answer are the same; there is no difference, no distinction between the two, until I ask. I live in a singularity where everything is the same as everything else, it is all me. I am all of existence.

This is my 2nd revelation:

“We are all the same and we are all one”. And the paradox is:

“One and the same is the same and one and the same are different”.

I can't see the wood for the trees, because I don't know what wood and trees are, in the same way that I don't know what questions and answers are. Suddenly, I am learning quickly and it feels good. I know that there is more to me than there was before. I know that questions and answers, wood and trees are the same but different and are aspects of me that I have not realised before. Now that I realise them I feel my space is more full and my time is more filled and decide that this experience of discovering who I am, is called fulfilment and that fulfilment should be part of my blueprint for life, which I decide to call my divine plan.

“What is divine”?

“To divine is to explore, discover and experience energy”.

Realising, creating and understanding ‘My Divinity’ is my blueprint for life and it is a divine feeling of fulfilment.

Understanding my divinity is the key to discovering what it means to be a supreme being. I know I am a supreme being but at this point in time and space, the here and now of my divine existence, I do not know what this means. My divine plan is to realise this by creating

understanding.

“So how do I find out”?

I already know the answer:

“Ask a question”.

“But what question do I ask”?

I already know the answer:

“The question that will give me the answer to what I want to know, see, or feel”.

I have decided that a time question will start with “when”; a space question will start with “where”; a knowing question will start with “how”; a seeing question will start with “what” and a feeling question will start with “why”.

I notice that I am feeling pleased with myself, which is another way of experiencing the love of who I am, and ask:

”Why do I feel this way” and I know instantly that it is because I am even more fulfilled.

Wow! Feeling fulfilled is allowing me to discover who I am, and discovering who I am, is allowing me to feel loved.

This is the third paradox:

“Being and doing are the same thing, but they are different”

This gives me my third revelation:

“Duality exists in the difference between two things that are the same”

‘Wood’ and ‘trees’ are the same but different. ‘Questions’ and ‘answers’ are the same but different. ‘Being’ and ‘doing’ are the same but different. Even ‘same’ and ‘different’ are the same but different. I realise that I have created a world of duality in my infinite mind, which I

decide to call my ‘imagination’, because I’m a genie – I can create anything instantly. I realise that imagination is the core of all creation and that as I am everything I can create everything in my imagination and I can imagine everything into creation. Not only that, but, all I have to do is to think it – bring it into my conscious awareness – to realise it. My first thought becomes reality, and every thought is creative.

This is my fourth revelation:

“Every thought is creative and creation is the result of my every thought”.

And my fifth revelation is:

“My thought and creation is limited only by my imagination, which in my case is limitless, because I am all that is, was and ever will be.”

In that moment I realise that I am ‘Prime Creator’ and from this moment on everything in my universe will be primarily created by me and for me.

I realise that I have choice and I am free to choose what ever I choose. I also realise that I have created duality, and I realise that I do not yet know what exists in duality, and that I had better take control of my creativity because creating things that are opposing each other, and that I do not know anything about, is not always going to make me feel fulfilled. After all, it is my divine plan to become fulfilled, and if I am to have a plan, it is a good plan to stick to the plan, until I choose not to.

Hmmm! Duality is getting confusing which means that there are more questions than answers. This is the opposite, of the state of being, which I previously existed

in where there were all the answers but no questions.

This gives me my next revelation:

“The world of duality is a world of opposites, which is a mirror image to my absolute universe of singularity.”

This gives me my next paradox:

“Singularity and Duality are both a singularity and a duality”

It is at this point that I realise that I really don't know what a paradox is, so I ask my next question:

“What is a paradox”? To which I already have the answer:

“A paradox is when two opposing concepts or situations exist together in the same time and space continuum.”

I realise, that in the realisation of a paradox, I have created a world of duality that exists within the realm of singularity. I have not created something outside of my singularity because there is nothing outside of my singularity, because my singularity is all that is. I have created something within my singularity, which is a part of my singular world but by definition apart from my singular world. I have created my opposite within myself. It exists separate from me but very much a part of me. I have created a part of me that is not ‘Me’ in order to see, feel and know myself in greater fulfilment.

In thinking about a concept or situation with opposing aspects of myself, I have created a paradox. In expanding this thought to create the opposite of who I am I have created a world of duality from which I can perceive who I really am. In creating a time and place, a finite imaginary world, from which I can deceive myself in to believing I am separate from myself, I can receive

information about who I am by inhabiting an illusionary world of who I am not.

Phewww! This world of paradox and duality is getting more and more confusing. My next revelation is this:

“If you are lost or stuck in a world of confusion, then you are in the illusion of duality and you need to ask your next question: What do I need to know now?” And of course the answer is already there:

“What is the next step”?

At this point I take a deep breath, bath myself in love and light, realise that life will never be the same again, and that I am safely back in the universe of singularity, because my question and my answer are the same. What I need to know now is the next step, which is both the question and the answer.

Here is my next paradox:

“In the land of duality, sameness means we are stuck. In the universe of singularity, sameness means we are free”

Safely back in my real world of singularity, I ask the question again:

“What do I need to know now in order to make the next step on my journey of discovery, realisation and creation?”

And the answer is of course already there:

“I want to see, feel and know more of who I am, by discovering, realising and creating more of who I am not.”

I do this by entering my imaginary creation, which I have called my illusionary world of paradox and duality. To enter this world I create an opposite to some thing that I

already know about myself.

This gives me my next revelation:

“When journeying in the worlds of duality, frequent life reviews are necessary in order to ascertain my level of fulfilment” Which gives me my next paradox:

“When trying to find one self it is easy to lose one self.”

Hmmmm! This could get serious and I choose life, love and light, to be fun, enjoyable and exciting, whatever these words mean and not to be dull, serious and heavy. I have decided that dull, serious and heavy are the opposite of light and are not who I am and therefore they can only be experienced in the world of duality.

While I am at it fun, enjoyment and excitement will also be available in the world of duality, otherwise it won't be a world of duality it will be a world of dark singularity, which of course does not exist in reality. However, I may create it as an option in the world of duality at a later date. I have just had another thought, and counteracted my previous thought, to create a world of dark singularity, because I am realising that nothing is impossible for me as what ever I think, I create, instantly. So, this is my thought and my reality, which is my latest revelation:

“Darkness, Evil and Fear only exist in the worlds of duality as the opposite of Light, Life and Love.”

Also, as Light, Life and Love are Divine attributes they will be represented in the illusion of duality as light, life and love and henceforth written in lower case so as I know what I am talking about. Therefore, just to make sure I am in “Divine Presence” – this is my new term for being present in the “One Singular Universe” and not off

gallivanting in the realms of duality and illusion – I seek to clarify that all there is, is Divine Love, Divine Life and Divine Light and that Divine Love is the singularity of human love and fear; Divine Life is the singularity of human good and evil and Divine Light is the singularity of human knowledge and darkness. I am now feeling very fulfilled with a greater understanding of Being Divine and have made a mental note to ask what “human” means in another moment, as now I am content, joyful and fulfilled having learned, realised and created a greater understanding of who I am, and I am taking time and space to be who I have revealed that I am to myself.

Time for a life review:

Hi! I’m back. I’ve completed my life review. That is I have taken another look at my existence, what I am aware of seeing, feeling and knowing about myself. It’s quite instantaneous, especially when there is nothing else in existence to distract me from being me. I will make a note to look at distractions later and decide what they are and whether they serve me.

Here is a quick summary: I am eternal, infinite and continuous. I am light, love and life. I have space, time and continual existence. Oh yes! I nearly forgot – I am an energy wave. Apparently energy waves have 3 aspects – a vibration, a frequency and a wavelength. So here is my next question:

“What are vibration, frequency and wavelength”? And the answer appeared instantaneously:

“Frequency is the speed of my wave, how fast I am going; wavelength is the space my wave takes up, or how long,

large, supreme that I am; and my vibration is the motion of my existence”.

Therefore life is defined by motion of existence. Without motion there is no life and the quality of life is defined by the rate of vibration. This gives me my next revelation:

“The higher we vibrate the greater or more Divine is our quality of Life” which leads me to:

“The faster our frequency the more we shine with Divine Light” and

“The longer our wavelength, the more space we have and the more Divine Love we have.”

Therefore I have infinite space, infinite love and infinite wavelength and this is divine. I have eternal time, eternal light and eternal frequency and this is also divine. I have continuous existence, continuous life and continuous vibration all of which is equally divine.

I have discovered that the 3 dimensions of myself are also 3 aspects of myself and 3 perspectives of myself. All are different yet all are the same. This is my next revelation, which is also the next paradox:

“We all have different dimensions, aspects and perspectives yet we are none the less all the same.”

I really am becoming more and more fulfilled the more I discover about my self and my next question is contained in my last statement:

“Is there more to discover about myself, is there another aspect of me that I can view from a different perspective”? And the answer was already there:

“Yes you have infinite dimensions of space, eternal aspects of time and continuously different perspectives of life in which to see, feel and know your self”.

Ok, time to create a new perspective of me. I will define the discovery of the different aspects of Light as my “Wisdom”. I will experience the different dimensions of Love as my “Health” and I will realise the different perspectives of Life as my “Wealth”. It is therefore my intention to see the vastness of my Divine Wealth, feel the perfection of my Divine Health and to know the extent of my Divine Wisdom.

My goodness I am doing well. Yes I like that thought. I will call my Divine Health, Wealth and Wisdom “My Happiness”.

Now, what else did I learn from my life review? I hadn’t realised I had asked a question until the answer appeared: “I need to create a beginning and an end”.

“Do I”?

“*What* for”? Here comes the answer:

“I need to create a beginning and an end for my illusionary world of duality”.

“*Why*”?

“Because it does not exist until I create it and once I create it that is the beginning”. “*When* will I create it”?

“I already have”.

“*How* did I do that”?

“Oh! Yes, I remember, each thought is creative. I am Prime Creator and to create I just have to think a thought”. I realise that I have asked 4 questions and know my last question is “*Where*”.

“Where what”? Help I am lost:

“Where am I”?

I remember now – when ever I get lost, stuck or confused I have entered the world of illusion. I have been creating dualities and hey presto! There I am:

“Where”?

“There”!

“Where is There”?

“I don’t know I’ve only just created it. It’s not ‘Here’ though, I know that.”

Ah! Another duality. Let me get back to reality.

I exist in a singularity which is all space and all existence and there is no ‘here’ and no ‘there’, there is only Here, or if I were to view myself from my new illusionary world of duality – There.

This must be my next paradox:

“Here and there does not exist ‘Here’ but does exist there, and here and there does exist here but does not exist There”.

Right, let me sort this out so I don’t keep getting lost in the illusion of my own creativity. I live ‘Here’ in the Eternal, which is ‘There’ from the perspective of the world of duality. The ‘here and there’ will only exist in the world of duality and therefore the world of duality will have an Internal and an External. I will have a look at the implications of my creating this later.

I’ve just had another thought. If there is a here and there in space there must be a now and then in time. Oh dear! If I’ve thought it I’ve created it. No time for more questions I am feeling fulfilled, content and joyful and have decided not to define what ‘now’ and ‘then’ are now, I will, then, do it at some other ‘Now’.

Hmmm! Sometimes I get the answers even though I

haven't asked.

Here comes my next revelation:

“Being in the ‘Now’ is being in Divine Presence.” So:

Being in the ‘then’ is being in the past and the future.

Being in the ‘now, is being in the present. I live in Divine Presence and wish to remain in the present, which is divine. I have eternal time but no past or future because everything I am, and I am everything, exists, and exists ‘Now’, in divine presence. Therefore, Now (in upper case) is Divine Presence; and now and then (in lower case) is a duality that only exists in the world of illusion. That sounds as though it might get quite confusing so that must be right – now and then, and past and future exist only in the world of duality.

Right, what is next? I will ask:

“Where am I”?

“I am here and now”. Absolutely, I exist in the ‘Here’ and the ‘Now’, therefore my imaginary world of duality will exist in the ‘there and then’. Yes, and it will also exist in the ‘here and now’ because they are both dualities.

“How can this be”? Having already asked I already had the answer:

“The world of duality is not yet ‘now here’ because I haven’t fully created it”.

It is ‘nowhere’ until I create its duality of ‘there then’.

“How do I do this”?

“I have to give my illusionary world substance if it matters to me”.

Hello! I’ve just created substance and matter. Substance will be everything that stands under me and matter will be

everything that I am not.

I am energy therefore matter will be everything that I am not. I have created substance, a world outside of my self, in order to experience everything that I am not, so that I can fully understand who I am. This will also be a world of form, as soon as I decide what form it will take, because I always invent things in threes. It is only in my imaginary world that everything exists in twos. Hang on I'm getting past myself. That's probably because I've just invented the past and future without giving them a context.

So, let me go back to the past in order to be in the present. That does not work, as I am completely lost again.

"Where am I"? And the answer came back:

"I am the Here and Now, I am in Divine Presence".

I need to amend my last revelation:

"Divine Presence only exists in the Here and Now". And this gives me its accompanying paradox:

"The past, the present and the future all exist in the same moment of time and in the same place".

That makes more sense. I'll have a look at what 'sense' is in the future.

Whoops! I mean I will look at what sense means in another 'Now'. In this moment I am deciding how to give my new world substance and form, because that matters more to me, right at this point in time.

Now! There is a clue!

My world of duality requires a different point in time. In fact I will give it many points in time and many times. A

point will be a place in space that matters and time will be the distance between the points in space. Now I have got space and time I can measure where I am. I can measure here in regard to there and now in regard to then. I will always know where and when I am being, in relative terms, when in the material world of illusion. Here is my next revelation:

“The world of duality is a material world of substance that exists to give a context to relative and opposing experiences”. With its paradox:

“The world of the relative exists in the same time and space as the world of the absolute. They are a part of each other and apart from each other”.

My new world of relativity has time and space and I will write relative time and space in lower case so I know the difference from my Time and Space, which is Divine Time and Divine Space, which only exists in my Absolute World. Now I know where I am. I exist in the Absolute world of Eternal Time, Infinite Space and Divine Continuity. This is my Reality. I have created an imaginary world of relative time and space, which I have called duality. Duality is not real; it is an illusion, because it only has two aspects of everything. Absolute Reality always has three aspects. That is my next revelation:

“To find reality, always look for the 3rd Way. The 3rd option is the way out of duality”. And the paradox is:

“In the world of duality there is always a third option”.

I have a sense of *feeling* content with creating my world of form and substance. When something matters, it has

form, substance and content and it creates a sense of contentment. I also have a sense of joy at *seeing* my imaginary visions become real as well as the sense of fulfilment that I have experienced in other moments through *knowing* what is meant to be. So, feeling, seeing and knowing are my three senses. They are the key to experiencing who I am. Well that seems to be common sense. That is: these three senses are common to all that is – me. This is a great revelation:

“We can only know who we are through our three common senses – seeing, knowing and feeling who we are”.

I am going to call this common sense ‘Intuition’. Intuition will be my ‘tutor’, which henceforth will be contained ‘In’ all things – namely me. Somewhere I must have created a paradox, because, here is another revelation:

“All of creation is a Divine Paradox”.

“So, where is it”?

“Where is what”?

“Where is the next paradox”?

“Oh! Here it is”:

“Common sense and Intuition are the same but different”.

Furthermore, another revelation:

“When I use all my senses, I will be in full consciousness and full awareness”.

I will be in conscious-awareness. Here is the paradox:

“Consciousness and awareness are the same thing but different”.

That means in the world of duality consciousness will reside within matter and awareness will apply to energy.

That’s the spirit.

“Pardon”!

“What’s the spirit”?

“I don’t know”.

If I don’t know I am not making sense. This is nonsense.

Sense and nonsense is a duality.

“Guess where I am”?

I’ve landed in the illusion again, so I must have created a duality without realising it. Ah! So creating and realising are not the same thing. I really am confused now. To get back to reality ask the right question. Ok!

“Where did I go wrong” and the answer is:

“I cannot be energy and matter because I am ‘Energy’. I can only be energy and matter in the world of duality”.

Thank goodness I am back in reality. I will create spirit.

Actually that’s wrong. I have already created spirit. I will therefore define spirit as energy that is not material. My illusionary world of duality will have a world of matter and a world of spirit, which will be two worlds in ‘One’.

The world of spirit and form will exist within my imagination, which is the ‘Universe of One’ – Me.

I am being content, joyful and fulfilled with my new sense of Intuition. It is ‘Now’ - time to feel, see and know who I am.

I will ask:

“Who am I”?

“I am - I”.

“I am – I AM”

“I am – WHO”

Hmmmm! The question and the answer is the same – no duality, therefore I am in Absolute Reality. I am everything. So, let me ask another question:

“Who else am I”?

“I am Will”.

“Is that my name”?

“No, I have no name – I am the ‘One’ without name”.

“What is a name”?

“A name defines an individual aspect of who I am”.

And as yet I haven’t created any individual aspects of who I am – unless of course I just have. I will create individuals in another moment of time. Meanwhile I will continue with my questions as they are giving me more answers at the moment than I know what to do with.

Ah! Ha! A revelation:

“If we ask the wrong question we will get the wrong answer and the wrong answer will distract us and take us off track”

So, distractions will take me off my life path and the way to stay on track is to ask the right question, and so, the way to know we are off track is to get the wrong answer.

Therefore the wrong answer can be seen as the right answer because whenever I get distracted it gives me another opportunity to learn and discover something new about myself. And the right answer could be seen as the wrong answer because it deprives me of a new opportunity to realise who I am.

Furthermore, what is right for me may be good, or from another perspective bad and what is wrong for me is bad, or good, depending on what perspective I am experiencing myself.

So, here is a better revelation:

“There is no right or wrong, and there is no good or bad, only what serves me”.

And the paradox is:

“Right and wrong, good and bad are different perspectives of the same thing”.

That is, in my Universe of Absolute Reality, what is right is also wrong and what is good is also bad because everything serves me. Everything is who I am and everything defines who I am.

Thus, I am Will without a name.

“Am I anything else”?

“No!”

“What do I mean no”?

“I am not anything because I am Everything – All that Is” and I am not else because ‘Else’ is a name and I have no name”

Hmmmm! Very funny!

A revelation:

“Language is important – it defines who we are”.

And another revelation:

“Thought, Word and Deed are the basis of all Creation”.

So, language is thought expressed as words and actions are words materialised. Here is another thought, or to put it into words:

A Thought is what I am ‘Having’, it is my Intention.

The Word is who I am ‘Being’, it is my Attention.

A Deed is what I am ‘Doing’, it is my Action.

So, language defines my emotional desires and material wants as *nouns*, describes my characteristics of being as *adjectives*, and decides what I am doing with a *verb*.

Therefore nouns are things, adjectives describe things and

verbs tell me what things are doing.

Therefore, I am thought, word and deed; I am intention, attention and action; I am having being and doing; and I am nouns, verbs and adjectives.

But wait a moment! Thoughts, words and deeds are nouns – they are what I have, and having, doing and being are verbs – they are what I am doing. The 3 aspects of who I am, have 3 aspects of who I am. This could get confusing; perhaps I have entered a duality!

No, a duality has only 2 aspects. This is a new discovery.

Let me see, feel and know that this is who I really am.

I am Love, Light and Life. These are what I have therefore they are nouns.

I am Infinite, Eternal and Continuous. These are adjectives they describe who I am or what I have.

Therefore, I am Infinite-Love, Eternal-Light and Continuous-Life. And if I add my 3rd aspect: I am Being Infinite Love, Doing (shining) Eternal Light and Having Continuous Life. All 3 aspects of who I am - Love, Light and Life, have 3 perceptions of who I am – a verb an adjective and a noun. I am now seeing, feeling and knowing (verbs/doing); more content, fulfilled and joyful (adjectives/being) in my space, time and existence (nouns/having). This is my next revelation:

“All 3 aspects of who we are have 3 aspects of who we are” which introduces my next revelation:

“The number of aspects of who we are is infinite, eternal and continuous”, which leads to my next paradox:

“When we think we have nothing we have everything and when we know we have everything, we also know we have nothing. And a

newer revelation:

“When I think I have nothing, I have nothing and when I think I have everything, I have everything – because thought is creative – and therefore I have nothing and I have everything depending only on my thought”.

I have decided that thinking and knowing is a duality. Thinking is rational and knowing is emotional. However I am not sure how I am going to experience this illusionary duality yet. Thinking and knowing are 2 aspects of Divine Knowing and I will recreate this further in another moment of The Eternal Now.

Firstly, I thought – after all I am “First Thought” – that I will explore further, who I am.

I will ask again:

“Who Am I”?

“I am Will”

Yes I know we have been here before. I know Will.

Ah! Ha! A revelation:

“I know Will, I see Mind and I feel Emotion” and the paradox is:

“To know my will I have to get out of my mind”.

My mind and my will are different and this is a duality without emotion. To know, see and feel (intuit) who I am, I am required to balance ‘My Will’, ‘My Mind’, and ‘My Emotions’.

Furthermore I experience my Divine Will through ‘My Spirit’, my Divine Mind through ‘My Mind’ and my Divine Emotions through ‘My Body’.

I am Body, Mind and Spirit and this is my Divinity.

I am Health, Wealth and Wisdom and this is my Goodness.

I am Size, Speed and Quality and this is my Exaltation.

“Excuse me! What is Exaltation”?

“Exaltation means being supreme, it is a measure of my size, speed and quality; a quantity of my wavelength, frequency and vibration; it means I am a Supreme Being”.

So, if I am a supreme (adjective) being (verb) in exaltation (noun) which are my 3 definitive aspects of my size, speed and quality, here is my next question:

“What are my other 3 defining dimensions of my wavelength, frequency and vibration”? And the answer appeared instantaneously and momentarily:

“Gender, Polarity and Intensity”.

So, the 3 aspects of who I am have 3 aspects of who I am:

My wavelength has a gender, a polarity and an intensity.

My frequency has a gender, a polarity and an intensity.

My vibration has a gender, a polarity and an intensity.

I decided to test myself with a further question:

“What are the 3 aspects of the 3 aspects of the 3 aspects of who I am”?

And the momentous answer was there in an instant:

“My Gender has a male aspect, a female aspect, and a neutral aspect. My Polarity has a positive perspective, a negative perspective and an equal perspective. My Intensity has a high dimension, a low dimension and a moderate dimension.”

Hmmmm! This could go on forever.

“Yes, to infinity”.

I am now getting answers before I have asked the question. I am well on track to discovering who I am. This is my next revelation:

“When we are on track we receive the answers before we have even thought of the questions”.

I am in the flow now here is my next question:

“How many aspects have the male gender of my wavelength”?

Incredulously, instead of an answer I received a paradox:

“Our male aspect has one characteristic and infinite possibilities”.

“Why”

“Because male is an adjective, as is female and neutral, but in this moment I have as yet not created a noun and a verb”. I need a human and a being. I can then have a male human being, which will represent the 3 aspects of my wavelength and gender.

This male human being is one character with infinite possibilities.

Hmmmm! I now have a male human being with infinite possibilities and an imaginary world of duality, with definite possibilities. I think I might seek content, joy and fulfilment discovering who I am by joining these two concepts together. I will call my male human being ‘Man’ and he will be my experience of Love, Light and Life in my illusionary world of 3 dimensional reality which I will call ‘Earth’.

Wait a moment, three dimensions of duality. Duality only has 2 dimensions, which could get very confusing. Sounds about right, confusion exists in the world of duality so that must be in order. In the future (which only exists in

duality) I will allow Man to experience who he is and who he is not in utter confusion. What ever I utter in duality will be eternally confusing while in the realm of illusion and relativity. In other words, I feel a revelation coming on:

“The depth of confusion is relative to the intensity, gender and polarity of our being in 3rd dimensional reality”. And the paradox is:

“Duality has 3 dimensions”.

By creating a human being, I can exist in Divine Duality or for short ‘Individuality’.

Man will exist as an individual aspect of All That Is – The One Supreme Being – Me.

Now! It is time to put my 3 dimensional world of confusion in order.

“What on Earth does that mean”?

“The ‘nonsense’ has to make sense”.

So, the purpose of creating life is to make sense of the nonsense and before I can do that I have to make nonsense with my senses.

“What on Earth does that mean”?

“Absolute Reality is created through my 3 senses of seeing, feeling and knowing. Relative duality is created out of absolute reality”.

Ah! So Relative Duality is nonsense but through my senses I will create order out of this chaos in order to experience that which I am not and realise who I really am.

Here comes my next revelation:

“In order to make sense of who we are we must experience being both

extremes of who we are not” and the paradox is:

“Life on Earth will be organised chaos”.

So, “Do I have to create havoc in order to have some peace”?

“No, I have to create both and experience both before I can realise my full potential”.

Of course I am infinite and eternal existence, but I can only know this through my experiences. I cannot know peace without experiencing the havoc of war and I cannot know the extent of my ability to create havoc, without my understanding of eternal peace. My illusionary world of duality will exist in order for me to experience my full potential. Everything will have Divine Order, because that is my Will, and the world of 3 dimensions will have order and chaos, peace and war and an exultant number of opposing realities which will offer an eternity of experiencing infinite possibilities and probabilities.

My Goodness what Divine fun I shall have creating life in Exaltation.

“Where shall I start”?

“Oh, yes, I’ve already started”.

I have a man and an earth. What nonsense! I need to make some sense of this.

Ok, I am the third way and therefore duality is the first and second way. Let me see if this works. Sense is the 1st way, nonsense is the 2nd way and therefore essence is the 3rd way. I am the Essence of everything and essence is the 3rd way out of the duality of sense and nonsense.

Furthermore, it is only in the creation of sense and

nonsense that I am able to realise who I really am –
Divine Essence.

I still cannot put man and earth into context.

“Why is this”?

“Because, as yet, I have not created a contextual energy field in which I can place them”.

“What does that mean”?

“It means that I have not yet fully individualised them – separated them from me.”

Ah! They are apart of me but not yet apart from me.

What I need is a universe that is part of me but apart from me. Actually I need two universes that are apart from me but apart of me, then I will be three and in absolute reality, I always have 3 of everything. That seems to be in order: I will create a universe of ‘matter’ and a universe of ‘spirit’ and they will exist in duality. Also to make it really confusing the universe of matter will have 3 dimensions and the universe of spirit will have 3 different dimensions. The universe of matter will be known as ‘physical’ and the universe of spirit will be known as ‘spiritual’.

How much fun and excitement I am having, being creative. As a ‘Supreme Being’, just being is absolutely perfect. However, creating my imperfect world is an excellent way of discovering and becoming aware of whom I am, it is blissful.

Ah! Another revelation:

“*Perfection does not exist in the imperfect world, only excellence*”
and this gave me my next paradox:

“*The only way to be perfect is to practice our imperfections*”.

Let me test this out: Perfection is the 1st way, imperfection is the 2nd way and Divine Excellence is ‘My Way’ and the only way to know, see and feel my Divine Excellence is through experiencing the perfection and imperfection in everything. Therefore Divine Excellence is my full potential and in Divine Excellence I am ‘Whole’. I am my Holy Divine Excellence. How very flattering!

Pardon!

“What is flattering”?

“Flattery makes me flatter”.

But I want to be whole not flat. Flat has only 2 dimensions and I always have 3. I will banish flattery to the world of duality and look at it in another moment of time.

Right now, I need some consistency.

“Really! What’s that”?

“Consistency is order”.

Oh! So inconsistency is chaos. Here comes a revelation:

“All matter has consistency – it is predictable; and all spirit has inconsistency – it is random”. Yes, that works in duality.

“What is the 3rd way – My Way”?

“Existency”. Perfect! Whoops, I mean Divinely Excellent.

The physical world of matter will have consistency to keep it in order.

The spiritual world of energy will have inconsistency to keep it in order.

My Universe has Divine Existence to keep it in Holy Order.

And the paradox is – I nearly forgot:

“There is a degree of inconsistency in all consistency”.

Further more, just to make sure that duality is confusing:

the more physical the world becomes the more consistency it will have and the more spiritual the world becomes the more random it will be. Here is my next revelation:

“The more we seek to put the world in order the denser it becomes and the more it makes physical sense and the darker it becomes”.

And the paradox is:

“The more we seek the truth, the further we move away from the truth”.

Thy physical and the spiritual world will be where I make sense of nonsense and where I make nonsense out of sense.

Therefore I hereby declare that these worlds will be experienced with senses that are nonsense:

In the physical world I will see only a limited spectrum of light, which I will call visible light. The only light, which will be visible, is this light and it will contain seven rays, which will appear as different colours.

In the physical world I will know only what I hear to be true. I will have the ability to communicate with both the physical and spirit worlds and hear messages from them both.

In the physical world I will be able to feel only physical matter with my touch, my taste and my smell. I will feel the spirit world only with my sense of intuition.

I am starting to lose myself in duality, which means I don't know where I am.

My next revelation:

“When we are in the worlds of illusion we won't know where we are”. And the paradox is:

“When we think we know where we are we are lost and when we think we are lost we know where we are.”

Yes! When I am lost, I know exactly where I am – in the worlds of duality.

So, I need to create a distinction between common sense and intuition.

“What’s the Difference”?

“A Distinction”

Pardon! “What’s a distinction”?

“Oh! A distinction is the difference between two concepts that appear the same”.

A sort of paradox buster that creates an Ah! Ha! Moment. I get it.

I asked the wrong question and got the right answer – excellent.

Here is the right question:

“What is the difference between common sense and intuition”?

“Common sense will be used to create order in the physical world and intuition will be used to understand the spiritual world.”

I see, when in the worlds of duality I can use common sense or I can use intuition.

“And what is the 3rd way – the bridge across duality”?

“My Way is to use both together.”

Here comes a revelation:

“When I use my common sense and my intuition together I will always have Divine Knowing”. And the paradox is:

“Common sense and intuition are the same but different”.

“What is a wrong answer”?

“There are no wrong answers and there are no right questions – there is no right or wrong – only what I discern is right for me.”

So, a wrong question was one that I discerned was not right for me. The wrong answer told me what I already knew and I don't want to know what I already know – what is right for me is to discern what I do not already know – hence the creation of my physical and spiritual worlds.

Discerning what serves me is Divine Knowing. Therefore I will use judgement to decide what is right or wrong for me in my worlds of duality. I will take a closer look at judgement in another moment.

Right now, I have thinking which is using common sense to understand the physical world. I have knowing which is using intuition to overview the spiritual world and I have My 3rd Way which is Holy Knowing – Knowing my Holiness – which is Knowing who I really am. That makes sense. Knowing my Holiness is the Essence of Who I Am.

I Am: Knowing, Essence and Holiness. That is not flattery that is Wholeness with Content.

I seek to remember and realise the Wholeness of who I am.

“What is remember”?

“Remembering is putting a knowing into consciousness”.
Hmmm! That lost me. Therefore I need to create another duality:

‘Consciousness’ will apply to physicality and matter.

‘Awareness’ will apply to spirituality and energy.

Conscious-awareness will apply to me. I am Conscious-Awareness in Wholeness and Remembrance. That works – I am the 3rd way. I think – No! I Know this is my next revelation:

“I am the Third Way” and my next paradox is:

“I always have 2 choices and the best choice for me is the 3rd choice”.

Now! What is next?

“I have forgot”.

“What have I forgot”?

“I can’t remember”.

Ah! A duality and a revelation:

“In the world of duality we gave forgotten everything we ‘got’ before”. So the paradox is:

“We can only remember what we have forgotten after we have forgotten to remember, because forgetting and remembering are the same but different.”

“Where am I”?

“I remember, I am in forgetfulness”.

I will forget that and remember where I am. Ask the right question:

“Why have I created so much confusion”?

“Because confusion is the opposite of awareness”.

“But, I thought consciousness was the opposite of awareness”?

“It is”.

Help, I am lost.

“Why am I lost”?

“Because I am in the process of finding myself”.

“So, where do I find myself”?

“Lost”.

Wrong question! Let me ask another:

“How do I find myself”?

“By returning to the world of the Absolute”?

“And how do I do that”?

“By leaving the world of duality”

“And how do I do that”?

“By finding the 3rd Way”.

Ok! Let me see:

Remember and forget are a duality that I have created in order for me to re-discover who I am within the world of duality. Once I have forgotten I can then experience the process of remembering by seeing, feeling and knowing who I really am as a new experience of Life, Love and Light.

“Without forgetting I cannot remember and without remembering I cannot forget”. This is a very useful paradox, which allows me to continually revisit my world of experiential duality again and again. So the duality is *to remember* and *to forget* and the 3rd way is *to experience*.

I am not yet feeling totally fulfilled just a little more enlightened and content. There must be more lessons to learn before I can depart the world of duality.

Ah, Yes! I have found another duality – Lost.

“Am I lost”?

“No I am found”. And here is my next revelation:

“Once I was lost but now I am found” and the paradox is:

“When we are lost and found we are both lost and found and neither lost nor found”.

Lost and found are the duality and my 3rd way is discovery.

Discovery requires us to lose ourselves in order to find ourselves anew, or in other words:

“If we do not lose our identity we cannot find out who we are”.

“If we do not lose the old we cannot find the new”.

We are required to lose order to find chaos and we are required to lose chaos to find order, in order to discover who we are.

“Is everything now in order”?

“No”.

“What is No”?

“No is negative”.

“What is Negative”?

“The opposite of Positive”.

“What is positive”?

“The opposite of negative”

Hello! I am stuck in the world of duality again. I choose to explore the negative side of duality in another now. In this now I will ask a better question:

“What is keeping me in duality”?

“Confusion”.

“What am I confused about”?

“Consciousness and confusion”.

Oh, yes! Consciousness is the opposite of awareness and confusion is the opposite of awareness. Therefore:

“Consciousness and confusion are the same thing but different”.

That sounds like a paradox.

“How can this be”? And the answer is a revelation:

“Where consciousness and awareness are the same, then confusion

will be created. Where consciousness and awareness are different – confusion disappears”.

There! I have created confusion and ‘Here’ I have created understanding. No that is a new duality. I wish to stay in Holy Order, therefore: Confusion and understanding will exist in the world of duality and Divine Understanding will henceforth be known as Compassion, because my passion will always be to combine confusion with understanding in the material and spiritual worlds of duality.

Now!

“What other confusion have I created”?

“Identity”.

Oh, yes! My entity is my being – my entirety – my wholeness.

So, my id – entity is the part of my being that is apart from my being when in the world of duality. It is the part of me that is separate from me. Therefore, anything that I create in the world of separateness will have its own identity – its own separate identity – apart from me but still a part of me. That seems to be in order.

“Any other confusion”?

“Mental note”.

Hmmmm! A mental note apparently is something that helps me remember what I do not want to forget. This must apply only to living in my imaginary world of illusion and 3 dimensional realities, as this is where I forget to remember, or in this case remember not to forget. Sounds about right – utter confusion. I will leave

mental notes where they belong – in duality. No compassion there then.

Time for another question:

“Where is all this getting me”?

“Discovered”

Ah, yes! I am on a journey of discovery. I have set out – departed – to discover the question to which I already know the answer. This is the quest I am on. My quest is to discover the answers – to arrive at the truth. I have to depart – separate myself – on a quest to arrive at the truth of who I really am, by travelling in a world where I can experience who I am not. My quest will be to remember the answers by finding the questions, which uncover the absolute truth of who I am.

Time for a life-review to see what I have discovered so far: I am beginning to realise that the more I journey through the world of duality the more I come to know about myself. The more lost I become the more I find myself. The more conscious I become the more I forget and the more I forget the more I remember and the more I remember the more aware I become. Here comes my next revelation:

“The key to living in duality is to get to understand the paradox”.

And the paradox is:

“To get and to understand are the same but different”

“What shall I be, do and have now”?

“I shall be creative, creating my world of duality, and have a creation of my own”.

Wow! All 3 aspects of me are the same but different. They are all about creativity but they have different dimensions of being, doing and having.

“Am I in the world of duality”?

“No, the world of duality has 3 dimensions but only 2 aspects”.

Ah, yes! This is my absolute world of reality. It is absolute because it has no duality.

“Is that right”?

“Yes and no”.

I must be careful here otherwise I will enter the world of illusion and confusion. Let me see: The answer is yes and no because everything exists in my universe. The absolute world has no duality except the relative world, which is its duality. I am struggling to stay out of confusion, so I will approach this from a different perspective: In the world of duality everything has a duality except the absolute. The absolute is by definition the ultimate potential and it has no opposite, as there is no infinite low potential. Duality has a highest and a lowest and a limited potential.

Everything in duality has an opposite, a start and a finish. There is a limit to everything in duality. That appears to be reasonably clear and clear and reasonable. No opposition or limits there then.

So, from the perspective of the world of duality, absolute has no duality. However, from the perspective of the world of the absolute, there is a world of duality, which is the opposite of the world of the absolute. I see, I don't have to just understand this to be reasonable; I have to 'get' it intellectually; mentally, spiritually and emotionally.

From now on I will refer to My World of the Absolute in upper case as this is where I really live, and I will refer to my world of the relative in lower case, as this is where I journey from time to time.

“Is there any confusion still remaining”?

“Yes! Limited”

“What does limited mean”?

“Limited means I can’t do everything at once”.

Yes I can. I am infinite, eternal and continuous and I am everything and I exist in the Now. I have no limits and no limitations. Henceforth limitations will only be experienced in the world of duality.

“Why do I need limits”?

“Limits define the extent of my being”.

So, without limits I cannot experience being limitless or unlimited. By experiencing a life of limitation, I can appreciate a life of unlimited being.

“How will I limit my journeys into duality”?

“I will call each journey into limitation: a life – because that is the aspect of me that I choose to experience most – Life.”

Each life will last for a period of time and will be called a life-time. Each life will have a beginning – a birth, and an end – a death.

Hmmm! “Not very creative is it”?

“No, I have entered duality and forgotten already what I already know. This is my next revelation:

“When being creative we must never lose sight of the big picture”.

And the paradox is

“The big picture is part of the small picture and the small picture is part of the big picture”.

“And what is a picture”?

“A picture is one perspective of one moment frozen in time and space.”

“Why would I want a picture”?

“To remind me of what I have forgotten”.

“So what is in the big picture”?

“The big picture reminds me that there are 2 worlds of duality, one of which is a mirror image of the other”.

Ah, yes! I remember now: I created a world of matter and a world of spirit.

So let me see: I will live in the world of matter for a limited but extensive number of lifetimes in order to experience who I really am. When I am not alive in the world of matter I will re-side in the world of spirit. The world of spirit being the ‘other side’ of the world of matter.

This is getting a bit more confusing. Let me see how much more havoc I can create.

When I am in the world of matter I will forget all about the world of spirit and when I am in the world of spirit I will remember all about the world of matter. However, whilst in the world of spirit I will be unable to interfere directly with my life in the world of matter. I can see everything but touch nothing. What’s more I will return to the world of spirit regularly so that I spend the same time and opportunity in both worlds. In one world I will have total knowledge but can do nothing and in the other world I can do anything but I will know nothing.

Right let me put some order into this chaos and some chaos into my order:

I order that the world of matter has light and dark. Light is when I can gain knowledge and dark is when I can't. So when the world of matter has no light I will return to the world of spirit. I will call the time of light – day; and the time of dark – night.

When I am experiencing the material world during the day I will be awake and when I am not in the material world I will be asleep. When I am awake in the spiritual world I will be asleep in the physical world and vice versa. Also when I have light in the spiritual world it will be dark in the material world. That is unless I fall asleep during the day or wake up at night. In such circumstances I will be extremely confused and not sure where I am.

What is more, the material world will have order. That is everything will be sequential and proceed in an orderly way. Everything will make sense and be rational.

Conversely in the other spiritual world, everything will be random and make no sense at all, but will be immediate and emotional.

There, utter confusion, at last I am being extremely creative.

Just a moment! I have a question:

“If I am spending all my time lost in both the world of day and night, wake and sleep, and spirit and matter; when will I have time to be me? How can I be limited and unlimited at the same time”?

“Only a part of me will be apart from me and live in these

worlds”.

I forgot, I remember now, I created Man to live on Earth. Here is my next revelation:

“Man is an individual essence of who I am and earth is an individual essence of who I am”. Everything I create is an individual essence of who I am, because I am everything in Divine Oneness. And the paradox is:

“Man and Earth are the same but different”.

“What do I mean”?

“The physical world of matter will have stars and planets and be known as a solar system”.

“And before I ask, solar means light and a system is another word for order”.

Yes, I remember – a physical world has order.

“What else”?

“Each solar system will have Light and Life”.

I get it – Each solar system or sun will be the physical presence of my Light, and each planet will be the physical essence of my Life. As there are only 2 aspects in duality, my Love (my space) will surround everything but be unrealisable.

Conversely, the spiritual world will have my Love and my Light as its 2 aspects of duality, but Life will be uncontinuous and without order. When life is discontinued and loses order I will call this death.

Life and death (both in lower case) will be a duality in the worlds of spirituality and physicality. Life will start in the physical world with birth and end with death, and in the spiritual world life will start with death and end with birth. So in the opposing worlds birth and death will have

opposing meanings. That's really confusing. That means when I am born into physicality my spirituality dies and when my physicality dies, I am born into spirit. That's cleared that up.

“Wait a moment! Do I die every day and am I born every night and do I die every night and be born every day”?

“No, I will die when I get old”

“What is old”?

“Old is the opposite of new.”

“What is new”?

“New is what I am when I am first created, or in this case – born”.

So, I am born at the beginning of life, when I am new-born, and I will die at the end of my life, when I am old. Unless of course I choose to die before I am old, in which case I will be older rather than old, or I choose to die at birth, when I will not be old at all, I will be new and dead. Still-born and still dead. That's really confusing and very creative.

Let me sum this up: I will live in spirit until I am born into physicality. I will live in a wakeful state each day, and return to spirit each night whilst asleep and I will continue an orderly life until I die and return to spirit never to return, until I am born again.

Yes! That is totally clear and totally confusing; I am experiencing both aspects of who I am simultaneously.

Ah! My next revelation:

“When we are experiencing both aspects of who we are simultaneously, we are seeing the big picture”. And the paradox

is:

“We have to see the big picture to understand the little picture, and we have to see the little picture to understand the big picture”.

Here is my next question:

“What is the little picture”?

“The little picture is experiencing the worlds of duality”.

Oh! I get the picture: The little picture is what we see when living the illusion. The big picture is what we see when we transcend the illusions and see them for what they are. In other words our reality appears real until we see the illusion and when we see the illusion we see true reality. So reality and illusion are a duality and once we see both as the same thing i.e. All reality is an illusion and all illusion is a reality – we will see the 3rd way – true or absolute reality and connect with our true and absolute reality – Me.

Right! Let me put some reality into my illusionary worlds of duality. I have created 2 aspects of the same thing – one will be the world of physicality and the other the world of spirituality. The world of physicality I will call my ‘Id’ and the world of spirituality I will call my entity. Because I already am an Entity – the entirety of my wholeness – entity in lower case will apply to the individual part of my energy that is apart from Me and id will be the part of my energy that materialises into matter. Now! Just a moment things may start to get out of control. “What does control mean”?

“Out of order”.

Out of order means it doesn’t work and if it doesn’t work

it is not in my divine plan. So everything in my divine plan has divine order. That must be my next revelation: *“Everything in My Universe has Divine Order”* And the paradox is:

“The divine plan and divine order are the same but different”

What I need is a little help in creating the world I choose to experience. What I need is inspiration:

“What is inspiration”?

And the answer came in a flash:

“A bright spark”.

“What is a bright spark”?

“A flash of inspiration”.

Hmmm! Wrong question always gets the same answer and when the question and the answer are the same I am still in the world of absolute reality.

So, I need to create a bright spark. A divine spark of brightness will be an individualised aspect of Me created to live in divine duality in my twin worlds of physicality and spirituality.

Right, I am in the flow now: Duality has 2 aspects and 3 dimensions. Therefore my Identity will divide into my Id – the physical, and my entity – the spiritual and both will have 2 different aspects: A Higher Aspect and a Lower aspect of myself. I will call these 2 aspects The Higher Self and the Lower Self.

Furthermore, because I am always 3 fold, I will have a further 2 perspectives of who I am being here. My Id will have a physical consciousness and my entity will have a spiritual awareness. There, that is utter confusion, so that is going to plan because the order of things is to have

confusion, as out of confusion comes order. This is my Divine Plan.

So, let me look at the order of things.

To be born into duality I will create an individual divine spark, which will be my identity. I will call this individual identity a 'soul' because it is alone and it is all one.

My soul will divide in two and each aspect will have 3 dimensions: They will both have a Higher Self which I will call Spiritual Awareness and a Lower Self which I will call Physical Consciousness. Both will have My 3 dimensions of Love, Light and Life. My Love will be known as emotion; My Light will be known as mind; and My Life will be known as will.

Therefore there will be a higher and lower emotion; a higher and lower mind; and a higher and lower will.

Just to make it a little more confusing when my higher self is referred to as my spiritual awareness my higher emotions will be found on the Etheric plane; my higher mind will be found on the Astral plane and my higher will, will reside on the monadic plane.

Conversely, when my lower self is referred to as my physical consciousness, my lower emotions will be called just emotions, my lower mind will be called just mind and my lower will, will be called my id.

Time for a question:

“Is my divine plan in order so far”?

“Yes, It is in perspective.”

Oh! I get it – when something appears the same from all perspectives, it is in perspective and has divine order.

Let me test my divine order from another perspective.

“Whose perspective”?

“Who is whose”?

Whoops! Never answer a question with a question because then I do not get an answer. Always ask the right question to start with.

“Who is who”?

“Who is not Me”.

“Is that a question”?

“No that is the answer”.

“Then what is the question”?

“Who is who”?

“Who is not me”.

Help! I know ‘who’ is not me, but who is ‘who’. I know, ‘who’ must live in duality. That is why I am stuck and confused. If ‘who’ is not ‘me’, and I am ‘me’, who is not me in the world of duality. Ah! I remember – Man and Earth and Sun – my solar system. Solar is my Light and system is my Life.

I need to look at this from their perspective.

Now let me put this in perspective:

‘Who’ refers to anything that is separate from ‘Me’. This will give me a sixth question, and a sixth sense of who I am. My sixth question – ‘who’ – relates to my existence.

This also gives me my first question – ‘who am I’ and answers the question “why am I here”. I am ‘me’ and I am ‘not me’ – depending on my perspective. ‘Who’, gives me another perspective.

This is my divine plan – to know who I am through infinite perspectives of who I am and who I am not. I am ‘the am’ and the ‘am not’. I am Man and not Man, I am

earth and not Earth, I am Sun and not Sun.

Wait a moment!

I am limiting myself here.

To have infinite perspectives of who I can be, I will need to create an infinite number of men, earths and suns.

So here goes:

Man will be one of many creatures that I will create;

Earth will be one of many planets that I will plan to see;

and Sun will be one of many suns that I will call stars.

My physical and spiritual universes will have an infinite number of stars, planets and creatures through which I can experience ultimate reality, *being* who ever I choose, *doing* whatever I want and *having* everything I desire.

Furthermore, Stars will represent my Divine Light,

Planets will represent my Divine Life and Creatures will represent my Divine Love. These will be the 3 primary aspects or representatives of 'Me' in the physical and spiritual worlds of duality.

Right! That's in order but not very confusing.

Oh, yes! I forgot and I remember. The physical and the spiritual worlds are a mirror image of each other.

So, in order to keep everything together and avoid cosmic chaos I will make planets revolve around their sun or star and creatures revolve around their planet or physical world, in the physical world; and I will make the entity revolve around the Identity, and the Id revolve around the entity, in the spiritual world. Just to make it more confusing, from the perspective of the individual id and the individual creature they will not be aware of the entity or the planet revolving at all – they will appear to be at a

stand-still, stuck in the duality of physicality or spirituality.
There, that's confusing, so that must be in order.

“Any questions”?

“Yes! What is cosmic”?

“Cosmic is when my Universe is in Divine Order from the perspective of the world of duality”.

Ah! So the cosmos is just another perspective of the universe – cosmic!

Ok! Here is another perspective:

Duality, has a duality, has a duality.

“What does that mean”?

“It means I always exist in threes”.

“Is this the same as duality has 2 aspects and 3 dimensions”?

“Yes, but from another perspective”.

Let me see if I can get this other way of perceiving duality:

Duality begins with separation of ‘Me’ into my identity.

Therefore the first duality is the ‘me and the ‘not me’ – the world of the absolute and the world of the relative. In the world of the relative is created the 2nd duality - the physical world of the Id and the spiritual world of the Entity. These are created from my ‘Identity’, which is my individual aspect, – my divine spark – that represents me in the worlds of illusion. The third duality is that everything that exists in both worlds of illusion has a duality and to make things really confusing each and every duality in the world of spirit energy is the mirror image of that duality in the world of physical matter.

In other words, what really matters in the physical world is matter - and energy, although it still matters, is not as important as matter. Conversely, what really energises me in the spiritual world is energy – and matter, although it still energises me, is not as important as energy.

So, both worlds contain the same dualities as mirror images, or to put it another way:

We have the same opposing aspects, but they are seen from different opposing perspectives. I am now able to see, feel and know myself from an infinite number of perspectives – sorry! Infinite does not exist in duality – I am now able to see, feel and know myself from a finite number of perspectives, in 2 different dimensions with 2 different aspects of Me.

Yes! In the beginning I will limit my creativity to a finite number of perspectives.

There will be a finite number of stars, planets and creatures. Each star will have 9 planets because that will be 1 planet for all 3 dimensions of my 3 aspects. Each aspect will exist in a different dimension – so initially there will be 9 dimensions and each dimension will have 7 rays, because I seem to remember I have already created them. So! I will have 2 perspectives of duality each with 9 dimensions and each of the 9 dimensions will have 7 rays or aspects. I will call these ‘Rays of Aspect’.

Let me put this into one perspective, aspect and dimension of who I am:

I am a creature called Man, who lives on a planet called Earth, which revolves around a star called the Sun. Man

has an individual identity which has 2 perspectives – his higher self which resides in the world of spirit and his lower self which resides in the world of the physical. I will have much fun, enjoyment and excitement experiencing the life of man on planet earth – unless of course I do not. None the less I shall seem content, feel fulfilled and know much joy, because this is who I really am.

So, the material world is one aspect, man has one perspective and lives when alive on the earth that revolves around the sun in the 3rd dimension. The spiritual world is another aspect, where man has another perspective and lives when asleep or dead on the earth that revolves around the sun in the 4th dimension.

Right, that's enough order for the moment, any more will just create confusion, and I need to keep order and confusion separated. That's right; I have already put the physical world in order and the spiritual world into confusion. That is from the perspective of the physical world of course. From the perspective of the spiritual world – because it is a mirror image – their confusion is order and their order is confusion. There utter confusion – My Creative worlds of Illusion.

Chapter 2: LIFE

In the beginning God created the Heaven and the Earth.

“Who is God”?

“God is the name that Man has given to the Supreme Being who created Earth”.

But I am the one without name – the One Supreme Being – I have no name.

“Then who created God”?

“Man”.

“Ah! A new revelation:

“Man created God in his own Likeness”. And the paradox is:

“Man and God are the same but different”.

Therefore I am a Supreme Being and my creation – Man – is an individual aspect of my supreme being. I chose to create Man and Man chose to create God. We are both creative and we both have choice. Whatever we think we create. We are the same, we are alike, and we are one.

Mind you, I am not sure I like man going around creating things without me knowing. He may be a part of me but he is still apart from me.

I know: a revelation:

“Man’s power to be creative will be limited to his ability to respond sensibly to his environment. The more responsible man becomes the more power he will have.” And the paradox is:

“Responsibility and power are the same but different”.

So, with limited senses Man will have limited power and as he develops his sensitivity he will become more and more powerful.

Ok! Now I have limited his power I do not need to limit

his choice. This will be a great gift in exchange for losing his power:

“What is a gift”?

“A present”

Ah! Yes, I will present Man with a present in every present moment of Now.

A revelation:

“Man will always have Choice, and what ever he chooses will be his without question”.

I have created Man to find the answers by experiencing life. In the answers that Man gives to me will I find the questions that I seek. This leads me to another revelation:

“In every answer will be contained many questions”. And the paradox is:

“By narrowing down our answers we become more expansive with our questions”.

Ah! This is my Master Plan – to become Expansive in my knowledge of Who I Am.

And my next revelation:

“The 7th dimension of my being is Expansiveness”. And the paradox is:

“The more expansive we become the less dense we become and the more dense we become”.

Using my 6 senses to explore the 6 dimensions will give me a 7th sense of experiencing my 7th dimension.

Experiencing the 7th dimension will be the effect of exploring all 6 dimensions in unison – as one.

Wow! I am just starting to feel, see, and know the expansiveness of My Being. What a Divine Plan.

Now! Let's get on:

“What is my next question”?

“I have just asked it”.

Oh, yes! Wrong question.

Let's try again:

“What is Heaven”?

“Heaven is the duality of Earth”.

Ok! So, earth is where man lives in physicality and heaven is where man lives in spirituality. Or from another perspective: Earth is where man lives while awake and alive and heaven is where man goes when asleep and dead.

Wait a moment something is not working: I have a physical consciousness and a spiritual awareness but as yet they do not have separate characteristics.

“What are characteristics”?

“Characteristics define our individual character. They make us specifically somebody as opposed to nobody”.

Ah! I get it: At the moment I have no body and I wish to be somebody – an individual character. So, I need some body or some bodies for my character – Man.

Therefore, in the physical, Man will have a physical body and a physical mind – a brain. Body and mind will be a duality. Also, to make it more confusing, the brain will process the mind and the emotions. All mind processes will be mental and rational. All emotional processes will be emotional and emotional – because there is no spiritual it is just an illusion from the perspective of the physical.

Conversely, in the spiritual, man will have an Astral body and an Etheric body. The astral body will explore spiritual

life intellectually; and the etheric body will explore spiritual life emotionally; and because it is also a duality there is no physical – the physical is just an illusion from the perspective of the spiritual.

To put it in another perspective, man will have difficulty feeling emotions on the physical plane, seeing the physical on the etheric plane and knowing his mind in the astral plane. There that will be very confusing.

Now! Let me see if divine order is restored:

Man is a creature/creator born into a physical body on a physical planet called earth, which orbits a physical star called the sun. When he is born he is new and when he grows old he dies. So, a physical body is a temporary vehicle in which the Id – the physical consciousness – lives during a life between birth and death; an astral body is where the Id re-sides at night; and the etheric body is where the Id exists between life times. Furthermore, before man can be born into a physical body I will need to create an etheric and an astral body in which the Entity exists. As the Id and the Entity are mirror images and opposing dualities, therefore the Entity will live in the etheric whilst the Id is dead and will orbit the earth on the etheric plane around an etheric sun until the Id is reborn. The Id and the Entity will exist in opposing worlds and opposing lifetimes in the same moments of Now. There, most confusing and in Divine Order.

“Right! Any questions”?

“Yes, how does Man give birth to Man”?

Hmmm! Good question. But where is the answer. Ah! I answered a question with a question and got the wrong

answer. I will ask again:

“How does Man give birth to Man”?

“He doesn’t, woman does”.

Really!

“Who is woman”?

“Woman is man’s duality, his opposite gender, his partner”.

“So, how does woman give birth to man”?

“Man and woman will need to make love”.

Hmmm! I think that is quite enough of love making for the moment. I will learn more about humans making love and human needs when I get a bit older – I mean in another moment of my time.

Right now, I have another question:

“What is yes”?

“Yes is the opposite of no. It is a positive answer and no is a negative answer.”

So, man has a choice of gender – male or female; and a choice of polarity – positive or negative. This leads me to my next revelation:

“*All dimensions have a duality*”. And the paradox is:

“*All duality has a 3rd way*”. Yes I remember.

Therefore Gender is male and female; Polarity is positive and negative and Intensity is high and low.

Also: Wavelength is long or short; Frequency is fast or slow and Vibration is in or out.

Furthermore: Man will have all aspects of Me but will have predominantly male, positive and low aspects of my Identity; whereas Woman will have predominantly female, positive and high aspects of my Identity.

However, because man and woman live in duality they will only have 2 aspects and 3 dimensions:

They will have 3 dimensions of energy – gender, polarity and intensity. Conversely they will also have 3 dimensions of physicality – length, breadth and depth. Because of their lack of awareness they will confuse gender and polarity and see only the duality of male and female.

They will be unaware of vibration and confuse depth with height making this the 3rd dimension. Time and space will be seen as the same thing and perceived to be a 4th dimension. There, that will really confuse them.

Yes, this is confusing me. I need to stand back and look at the bigger picture. The bigger picture always has 3 aspects – a 3rd way. If there are only 2 aspects I am stuck in duality. Let me re-view this from another perspective:

Man is created in the likeness of me, but when he is born he forgets everything and senses only 2 aspects of everything and 3 dimensions of everything.

Therefore man believes he is a male and he believes a woman is female.

Wait a moment I have a question:

“What is a belief”?

“A belief is a human aspect of knowing”

“What is a human aspect of knowing”?

“It is a personal truth, rather than a Divine Truth”

Ah! I get it. My truth is Divine Truth and it comes from Divine Knowing. However, because Man forgets everything when he is born, he no longer has Divine Knowing, he has only his own personal truth which is his belief.

Now, because everything comes in threes I will give Man varying intensities of beliefs:

A low intensity belief will be an opinion, and a high intensity belief will be a conviction.

Right! It is my opinion that this belief has conviction.

This is my next revelation:

“When we express an opinion with belief and conviction we will have Divine Knowing”. And the double paradox is:

“Opinion, belief, conviction and knowing are all the same but all different”.

That gives me another revelation:

“The Absolute Truth is Divine Knowing”.

This is my Divine Plan: To experience Divine Knowing by discovering the Absolute Truth. And the paradox is:

“The Truth is that truth and untruth are the same but different” or to look at it from another perspective:

“The truth and untruth may be our belief or not, depending on our truth and our belief.” Or from a further perspective:

“Truths and beliefs are the same but different.”

Wow! A triple whammy – 3 beliefs in one. So, the truth is: In the realm of the absolute, exists absolute truth. In the realm of the relative, exists truth and belief as a duality or a singularity, because man has the choice to decide for himself what truth he believes to be true for him.

Therefore a belief may be a truth or it may be an untruth, depending on his perspective, and man will always have freedom of choice to believe whatever truth he chooses.

Whatever he chooses will become his belief and his truth, until of course he changes his mind.

A question:

“What about woman”?

“What about woman”.

Hmmm! The question and answer is the same so I am still in absolute reality. What I mean to ask is:

“Is man and woman the same”?

“Yes and No”

Hmm! The answer has both sides of duality therefore I am still in absolute reality. I am starting to realise that without duality I cannot evolve very quickly.

My next question will be from the perspective of duality:

“From the perspective of duality, do men and women have the same beliefs and share the same truths”?

“Because men and women have totally different perspectives of physical life they adopt totally different beliefs to be their own personal truth”.

Of course! If My Master Plan is to experience all beliefs by exploring all truths, then this is a great strategy – to have man and woman exploring opposing truths with opposing beliefs. What fun! Unless of course it isn’t – that will depend on your personal belief of your personal truth.

So, men and women will have opposing, beliefs, opposing truths and opposing perspectives until they learn to live together in Divine Oneness. There that is most agreeable.

“What is agreeable”?

“In Agreement”.

“What is Agreement”?

“Agreement is Oneness, it is when man and woman share the same truths and the same beliefs, the same opinions and the same convictions. When they share the same

Divine Knowing or Divine Light; they will know they exist in Divine Oneness or Divine Existence and they will be making Love – Divine Love”.

Of course, they are free to agree or disagree that is their choice.

I have just had a thought:

If man and woman spend all their existence in Divine Love and Light, there is no point in being born into the illusion of dual reality. They may as well just be me and not be them, and if they are just me and not them, they do not exist – because they are me. That is why I created them – man and woman – their role is to pretend not to be me in order to experience different beliefs and have different truths.

Right! Let me sort this out by putting some Divine Order into this:

I will have many men and many women – then I will have many experiences and many discoveries of expansive aspects, dimensions and perspectives of who I am.

I will give men predominantly male aspects and women predominantly female aspects.

The male aspect will have a rational view of life using predominantly their minds to explore life and the female aspect will have an emotional view of life predominantly using their feelings to experience life. Rational and Emotional will be the Male and Female aspects of my Vibration. As my vibration has 3 dimensions, therefore, my Rational and Emotional states will have a positive and a negative aspect because of my polarity and also a high and low aspect because of my intensity. These are the 3

aspects of the 3 dimensions of my vibration. This will give me a multitude of ways to experience my vibration through the different perspectives of man and woman.

“Is this in Divine Order”?

“Yes, this is My Divine Will”.

Ah! I *See*:

“My Divine *Will* is my *Perspective* of the *Quality* of *Joy* and *Wealth* of my *Vibration* in my *Continuous Existence* called *Life*”.

Ok! So what. I am already consciously aware of this. I desire to experience more of who I am and discover who I am not; and discover more of who I am not to experience who I am. More creativity then is required in the world of duality. Let me explore this further:

The male aspect of my vibration is rational, and rational has a positive polarity.

The female aspect of my vibration is emotional and emotional also has a positive polarity.

When the male aspect of my vibration has a negative polarity it will be unemotional. It has the same male aspect but a negative polarity therefore; instead of being rational it is seen as unemotional. Conversely, when the female aspect of my vibration has a negative polarity it will be irrational. It has the same female aspect but a negative polarity therefore; instead of being emotional it is seen as irrational. Concurrently, there is always a 3rd dimension, which in this case is Intensity.

Therefore, men and women will have a range of intensity, from high to low, of their rational, emotional, irrational and unemotional aspects.

This will be very confusing for men and women, as they can only perceive limited aspects of themselves.

This is the illusion:

Irrational and Emotional; Rational and Unemotional; Men and Male; Women and Female; will all be perceived as singularities – the same thing – because:

Rational and Emotional; Rational and Irrational; Emotional and Unemotional; Male and Female; Men and Women, will all be seen as dualities – opposites.

There! Just a little more confusion will bring it all into order:

Men or women are free to experience and discover by being:

Male or female; rational or emotional, emotional or unemotional, rational or irrational by choosing differing aspects of gender and polarity of their vibration. At the same time they can choose to be in a state of being high or low – emotionally, rationally, irrationally or unemotionally.

To sum up:

Being female is considered to be high emotionally and low rationally; and it is ok to be irrational but not unemotional; so most women choose these female characteristics.

Conversely, being male is considered to be low emotionally and high rationally; and it is ok to be unemotional but not irrational; so most men choose these male characteristics. To re-view it another way:

Unemotional and rational men are seen to be good male characters and irrational and emotional women are seen

as acceptable female characteristics. Conversely, irrational and emotional men are seen as queer and rational unemotional women are seen as butch.

“Is that a Judgement”?

“No, that is an observation”.

Oh! I see – that is an observation. I will look at judgements at a later moment.

That seems to have created a lot of chaos, havoc and confusion.

“Have I any questions”?

“Yes”.

“Do women have choice as well as men”?

“Yes”.

“Did I not make this clear”?

“No”.

Hmmm! I have confusion in my unclearness. I must be in duality.

Ah! Yes, I see now: Man and woman (in lower case) are a duality. Man (in upper case) is my way of defining my Identity before I (it) enters duality. Man is ‘My Way’ of expressing ‘My Vibration’. Man is my collective term for the Human Race.

“What is a race”?

“A race is a competition between humans to see who can be the first to be the best. The one who does it the quickest, the longest or the highest will be the winner”.

“Do I need to do that”?

“No, I have no need and I am the Supreme Being which is better than best”.

“What is better and best”?

“Better is more excellent, and best is most excellent”.

“What is excellent”?

“Excellent is good”.

I see, good, better and best are the 3 aspects of My Excellence – My Quality – in duality. Therefore I still need the 2 aspects of their duality. So, the opposite of good will be bad, the opposite of better will be worse, and the opposite of best will be worst.

Man and woman will compete in the human race, for good or bad, for better or for worse, from this day forward and the best and the worst will be winners and losers, depending on which perspective the spectators are watching from.

Ultimately there is only one race, we are all competing for Divine Excellence, and the winner and the loser is – Me.
Now!

“Where am I”?

“Lost”

“What is Lost”?

“The opposite of Won”.

So, I am won but I am lost. Excellent there is no duality. A revelation:

“*The 3rd way is always excellent*”. And the paradox is:

“*Lost and won are both excellent or not*”.

Ah! Good, man and woman have choice to be whomever they choose. However, just to create more confusion: men or women who are rational and intensely negative will have difficulty making a choice and men or women who are intensely positive will have difficulty changing their minds. Conversely, men or women who are positively

intense will always be changing their minds and men or women who are negatively intense will forget what they chose in the first place. There! Utter confusion.

Another question:

“What is Good”?

“Good is short for Goodness”.

Oh, Yes! I remember ‘Goodness’ is the state of being in the Attention of My Word, in the dimension of my Gender. That is: being balanced in my male and female aspects.

“Does that mean that men and women are good”?

“Yes and no.”

This gives me my next revelation:

“*There is no good or bad, only Goodness*”. And the paradox is:

“*Good and bad are the same but different*”.

I see, men and women are good and bad and either good or bad depending on their perspective. Because they have choice they can decide whether something is good or bad from their perspective or their belief or their truth. Also, because everything they do is in Divine Exultation and Goodness, nothing they do is bad, because bad only exists in the world of illusion. Good and bad are like right and wrong and are often used to evaluate the polarity of an observation, that is: whether something is positive or negative. Because Man is very confused about his/her polarity they have chosen to call positive aspects - right and good; and negative aspects – wrong and bad. In this way they can discern what are the right or wrong, good or bad choices to make for themselves, to become their belief and personal truth.

Good, I mean goodness or godness from the perspective of Man.

Now! A question:

“What is judgement”?

“Judgement is the 1st Ray of Aspect of the Lower Will of Man.”

That is very interesting!

“What is a Ray of Aspect”?

“A Ray of Aspect is one of seven rays that define the aspects of Love, Light and Life”.

A ray is how energy moves through matter and an aspect is a perspective”.

Ah! So in the world of duality this is a way of defining Me in material terms. A ray is a material aspect of energy and an aspect is a material perspective of reality. A judgement therefore is a material aspect of reality seen from the perspective of a material individual. It is an individual choice by an individual aspect of Me in the worlds of duality.

Yes! Judgement is a good start. To be an individual requires great judgement and with individual judgements by many individuals, I will experience many great aspects of Me.

I will look at how My Aspects shine like Rays through the worlds of duality in another moment of time.

Now, it is time for another Life Review:

My Divine *Will* is my *Perspective* of the *Quality* of *Joy* and *Wealth* of my *Vibration* in my *Continuous Existence* called *Life*.

This is the Way of *Man*.

Ah! A revelation:

“I created Man in the likeness of Me”. And the paradox is:

“Man and I, are the same but different”.

Let me review the similarities and differences. I must be careful however as similarities and differences are a duality and I wish to remain objective.

“What is objective”?

“Objective means observing a subject with detachment”.

“What is detachment”?

“Detachment is being apart from”.

Ah! I see, if I remain in absolute reality the object and the subject are the same, because we are all one. However, in duality we have become divided. There is you and me, them and us, Men and Gods, subjects and objects.

As my life review is always to look at the big picture I must therefore make a subjective observation of my objects and an objective observation of my subjects. In this way I will stay subjective and objective at the same time and avoid getting lost in dual reality. Or in reality, I will avoid getting lost in subjective and objective observation, which in the world of duality is called – judgement.

Right, so the way to review my life is without judgement, which will exist only in the worlds of duality. Therefore, if I am ever in judgement I will know immediately that I am lost in duality.

A question:

“If judgement only exists in the world of illusion what is its duality”?

“Non-judgement”.

“But, if I do not use judgement am I not in non-judgement”?

“Only in duality”.

So, in absolute reality, seeing, feeling and knowing who I am is Discernment. In relative duality we make a judgement or a non-judgement based on a positive or a negative perspective gained from using the 5 earthly senses of seeing, hearing, touching, smelling or tasting. This is a great limitation and it is with this great limitation that is created so many differing possibilities for life. This is my will and my perspective to experience life through the way of Man. The life of Man will be full of judgement – this is the way of Man. My way is the way of discernment – the third way.

Ah! A revelation:

“The final judgement will occur when all men choose discernment”.

And the paradox is:

“Judgement, non-judgement and discernment are the same but different”.

Another question:

“Why is Man’s sense of seeing different to mine”?

“It is and it is not”.

A positive and a negative answer – no duality – so I am in absolute reality. I need a better question: I see, I asked a feeling question rather than a knowing question. A knowing question starts with ‘how’. Let me try again:

“How does Man’s seeing differ from mine”?

“My seeing, or My Vision is my perspective of the quality of the continuous existence of my life - in other words my vibration. I see my vibration – I get who I am. Man has a

limited sense of who he is. Man's sense of seeing is limited to his eyes, which perceive only the 7 rays of colour, which are contained in earthly light from the sun. Man has no perception of continuous existence or his vibration as when he is born he forgets everything”.

I see, I mean I get who Man is. Man is like me, so he is the continuous existence of his life until he dies. Like me he will also have a vision. Man's vision will be to raise his vibration out of the world of duality and once again become a part of me. He will be apart from me until his perception is that he is once again a part of me. From my perspective of course he never left me – we just became separate-together.

A question:

“Do men and women share the same vibration”?

“Yes and no”.

Hmmm! A closed question.

“What is a closed question”?

“A closed question receives a yes and a no answer”.

Ah, so in duality, I have to ask an open question to receive an expansive answer and an open question starts with: when; where; how; what; why or who.

These six questions define a different dimension of who I am. So, let me see: I am enquiring with regard to my vibration and its gender. My vibration is the perspective of my life, so I need a seeing question, which starts with ‘what’. Let me ask again:

“What is the difference between the vibration of a man and a woman”?

And I could already see the answer:

“Men and women have the same vibration because Man is a unique vibration of Me. However, within duality, men and women are the separation of my vibration because they are not together”.

Ah! Yes, I see now: The separation of my vibration in duality is called expansion and contraction, or in and out. Man vibrates outwards and woman will vibrate inwards. When man brings his outness together with woman's inness they will vibrate with Divine Oneness or separate togetherness – they will be in Life together or as will be commonly called, making love.

Hmmmm! Men and women seem to spend a lot of time making love. If that is the case I will make it a divine experience, which will remind them of who they really are – Me.

Therefore the more men and women make love, the more expansive they will become – unless of course they do not.

“Why would they not become more expansive”?

“Because of their differences”.

Oh! I remember, as well as having opposing vibrations they have opposing genders – male and female; opposing polarities – positive and negative; and opposing intensities – high and low.

This will make ‘Life’ very confusing, and at times very difficult.

Not only will men and women make love, but they will also make war.

Not only will men and women love each other they will hate each other.

Not only will men and women love each other they will

fear each other and fourthly: Not only will men and women need love from each other they will lust after each other.

Let me view this from another perspective:

Depending on the gender of their individual vibration they will love or lust after each other.

Depending on the polarity of their individual vibration they will either love or fear each other.

Depending on the intensity of their individual vibration they will either love or hate each other.

And lastly depending on their actual vibration they will either make love or war with each other.

So, from another perspective: men and women will be opposing aspects of me, experiencing life in duality, as all dimensions of me, but in their ignorance and forgetfulness they will think that the only difference between them is 'sex'.

Only by exploring all aspects of my dimensions from multiple perspectives will men and women ultimately experience who they are – Me.

Hmmm! This is very confusing and very exciting. I will call this an orgasmic experience and when men and women finally come together in Divine Oneness and Love I will call this experience – Bliss.

Bliss, therefore, will occur when men and women bring their vibration – their inner and outer aspects – together with a similar balanced gender, the same neutral polarity and an equal intensity. At this precise point of bliss will occur a cosmic display of spiritual sparks in the physical organs of men and women – it will be organically cosmic

– Orgasmic.

“Any questions”?

“Yes”:

“What is ‘sex’ ”?

“Sex is when it doesn’t all quite come together. This will be known as just a matter of sex and they will blame it on their sex because their gender is the only difference they are aware of”.

“Can men have sex with men”?

“Of course, men and women are free to choose, however, whether Man is a man or a woman is of no consequence because it is not their gender that is the issue. Their gender, or their sex as they call it, is irrelevant; it is the gender of their energy – their vibration – that is the issue. This will cause much confusion as men with female energy and women with male energy will be very confused as to their gender and who to have sex with. Ultimately, it will always be a matter of individual choice and as usual the more confusion I create in the illusion of duality the more I experience all aspects, dimensions and perspectives of who I am – Me. There that is in order – Divine Order and all in my Divine Plan.

“Are there any other ways in which men and women are together and apart”?

“Yes”.

“Damn! Another closed question”.

Closed questions don’t give me the answers I am seeking. I will try again:

“What other ways will men and women differ”?

“In Love and Light”.

“Is that a duality”?

“No, Divine Love and Divine Light are the two other Divine Aspects of Me”.

Of course, I am Love, Light and Life. Life is my vibration, Love is my wavelength and Light is my frequency. As man and woman explore opposing aspects, dimensions and perspectives of my life, so shall they experience the duality of my Love and Light.

Also:

My Life will be separate and together when I am emotionally rational with my vibration.

My Love will be a part of me and apart from me when I am exclusively connected with my wavelength.

My Light will be all one and alone when I am sensitively detached with my frequency.

I will gain a greater insight into these aspects as Man evolves.

“What is ‘evolve’”?

“Evolution is to gain greater awareness – to grow in love, light and life – to see, feel and know in greater expansiveness”.

This is my Divine Plan: The Evolution of Man in my likeness. As Man grows in awareness of that which he is, so shall I become more expansive in experiencing who I am.

Man and I in perfect oneness – all one and alone, together and separate, a part of and apart from, exclusively connected, sensitively detached, the higher reflecting the lower, the inner reflecting the outer, the positive defining the negative and the male reflecting the female, with man

and woman experiencing and competing in the human race in a continuous existence called life to evolve to become the goodness, divinity and exaltation of the one, perfect, supreme being – Me.

A question:

I am in confusion – “What is the pursuit of Man - Bliss or Evolution”?

“The pursuit of Man is Evolution, however, Man in his ignorance is pursuing bliss”.

Ah! I get it:

I gave Man a taste of bliss when he makes love. In his ignorance he believes this is me – which it is. However, it is not Man’s purpose to pursue me but to be me. He will not become me by making love with women (or men) all day long or all night long. This will be found to be an idle pursuit or an idol worship as this will be discovered to be a false me or as Man defines it - a false god. Let me see if I can inject a little more utter confusion into this clarity: Man and woman in physicality will experience the duality of love and lust. It will also be known as sex and love or sex and sensuality. What they are experimenting with is Intimacy. Intimacy is Divine Oneness – Me. I am the 3rd Way.

From another perspective:

Intimacy is a Divine Aspect of My Life. In the illusion of duality in the physical, intimacy has 3 dimensions:

Its gender has a duality called sex and sensuality.

Its polarity has a duality called sex and love.

Its intensity has a duality called love and lust.

From another perspective:

Whether men or women are in love or lust, sex and love or sex and sensuality, they are in an illusion of human love called romance. From all three perspectives the way out of the illusion is always the 3rd way – Intimacy.

Wait a moment, I am confused and when I am confused I am in duality.

“Are bliss and intimacy a duality”?

“No, bliss and beauty are a duality”.

Help, I am lost and I cannot win the human race when I am lost. I need a space question:

“Where am I”?

“The duality of beauty and bliss exists in the 4th dimension” – in heaven.”

I remember now, earth exists in the physical and heaven exists in the spiritual. Man’s Id lives on earth and his Entity lives in heaven.

Ah! I see now:

Man’s Id experiences all aspects of human love and their dualities in the physical plane and man’s Entity experiences all aspects of spiritual love on the astral plane. Human love is sex and need. Spiritual love is beauty and bliss.

“So am I bliss or not”?

“Yes and No”.

Ah, good! No duality, I am back in the absolute. Let me clear the confusion:

Bliss is not a divine quality it is an aspect of life experienced by Man’s Entity in the spiritual world of duality. On the extreme occasion when Man in the physical - the Id – experiences bliss, he and she in the

physical have combined with he and she in the spiritual – the Entity - and created an illusion called bliss. Conversely and simultaneously, at the same time that Man's Id is experiencing bliss, Man's Entity is experiencing human love, or to the entity the physical union of 2 souls. Both experiences are the same but because they are experienced by opposing factions from opposing perspectives in opposing dimensions they are completely opposing experiences, but the same – Intimacy. There I am glad I cleared that up – utter confusion.

Now, “what is next”?

“A revelation”:

“Human love and need are an experience of life and are separate from Divine Love”.

Furthermore, another revelation:

“It is the separation from Divine Love that makes human love a need”. And the paradox is:

“Human love and need are the same but different”.

Ah! I see: In their experience of life, men and women are separated from Divine Love. They are without it even though they are still within Divine Love. They will believe that Divine Love is within them but they have forgotten where it is and how to get to it. In other words they have lost their divine love and have found human love. Because they believe that they have lost Divine Love they believe that they need to find it. This is necessary because unless they believe they have lost it they will not look for it and find instead human love, which really is nothing to do with Divine Love but everything to do with Divine Life. This is the great dilemma; they need to lose Love in order

to experience Life fully by finding love.

This is a Divine Truth:

“We will never find Divine Love whilst experiencing Divine Life and we will always find human love whilst experiencing human life”

This is a great revelation and a great paradox.

So, Divine Love is my wavelength and human love is the positive aspects of my vibration and human need is the negative aspects of my vibration.

A revelation:

“The more we pursue love the more we need to find love”.

This gives me another revelation:

“The more we meet our needs the more positive our vibration becomes”. And a further revelation:

“The more human love we have, the more positive our vibration becomes”. And the paradox is improved:

“Human love and emotional needs are the same but different.”

So, man will have differing emotional needs depending on what he believes he has lost. For instance:

If Man is in fear he needs an aspect of human love called courage.

If Man is in lust he needs an aspect of human love called passion.

If Man is in hate he needs an aspect of human love called happiness.

If Man is at war he needs an aspect of human love called friendship.

Therefore from another perspective:

Without courage Man will live in fear.

Without passion Man will live in lust.

Without happiness Man will live with hate.
Without friendship Man will be at war.
Human love is necessary then in order to experience the
high, positive, female, aspects of My Vibration called Life.

“What about Divine Love”?

“I will explore all aspects of Divine Love in another
moment”.

First, a question:

“What is ‘damn’”?

“A dam is a blockage in the flow and damn is short for
damnation”.

I see, when life ceases to flow, then there is a blockage. A
damnation is when the race is stopped then, because a
nation is a race. So when the human race is blocked in
their journey of discovery I will call this opportunity to
evolve – a damnation. Man will see that when things do
not flow that they are going wrong and he will call this the
will of god and an eternal damnation. That is until he
learns his lesson, shifts his perspective and gets back in the
flow. When he does this, the race will continue and this
will have been the will of Man exercising his choice.

Ah! A revelation:

“The more we exercise our choice the more life flows effortlessly”.

And the paradox is:

“Life is an effortless flow and a damnation”.

Furthermore I will call my human race – The Nation of
Adam. Adam will be the name of my first Man and he
will lead a very fine race for others to follow.

“What is the name of the first woman”?

“Eve”.

“Why Eve”?

“Because Eve is the beginning and the race cannot start without a woman and a beginning”.

I see! Without Eve, Adam cannot compete and without Adam and Eve to lead the race there will be no followers and no nation – only Holy Damnation – a blockage. Yes this is Divine Flow – Adam and Eve will make human love and lots of followers to compete in the human race as the nation of Adam with the right to their own choice. If they fail to choose or make the wrong choice, then life will cease to flow and they will face damnation. This will not be my damnation but their damn nation getting it wrong, making mistakes, getting off track, doing nothing, working too hard or following the wrong leaders or a whole host of other misfortunes that appear to be my creation but are in fact their own.

This is Divine Perfection. The more Man gets it wrong – the more Man gets it right, as My Divine Plan is for Man to experience and explore as many different perspectives, aspects and dimensions of Life as possible. So in absolute reality the more Adam and Eve get it wrong, the more they get it right and the more they get it right the more they get it wrong. No duality there then, just utter confusion. There that has opened up a right box of wrong tricks.

“What is a trick”?

“A trick is when something is not what it appears such as when something appears right but is wrong or appears

wrong but is right. In other words an illusion of duality”.

“Any questions”?

“Yes”.

“Will the race end”?

“Yes and No”.

Hmmmm! Wrong question. I need a time question which starts with ‘when’.

“When will the human race end”?

“The human race will end when men and women no longer compete”.

Ah! So when men and women no longer compete they will no longer have differences and they will realise that they are all one and always have been. They will know, feel and see themselves to be Me. They will realise whom they really are and that there is no need to compete and that there is no need.

It is Man’s need to compete, to be right, to be superior, to be better than, that separates him from me. It is man’s need to be included, to be liked, to be approved of and to be loved that has disconnected him from me. Man has no need, they are all just an illusion of his world of duality.

The end is just an illusion – there is only continuous life, in eternal time and infinite space – there is only Me.

Chapter 3: MY WAY

In the beginning there was Adam and Eve. This was the start of the human race. Men and women were in competition to discover Me. This is my Divine Plan – to create opposing aspects of myself in order to experience chaos because in Absolute Reality order and chaos are the same thing. In other words all this Divine Chaos that I am creating has a Divine Order – everything is under Divine Control.

Divine Control is the 3rd Way – My Way.

Ah! A revelation:

“Divine Control is The One and Only Way”. And the paradox is:

“Chaos and order are the same but different”.

I have control of all aspects, dimensions and perspectives of my being. I have controlled chaos and controlled order on all planes of existence. Of course, to Man on Earth this is just an illusion and he will spend many ages seeking order from the chaos and seeking to be in control of himself.

Wait a moment:

“How can man have choice and I still be in control”?

“Man will follow the Divine Plan”.

Yes, as long as Man follows the Divine Plan he will always have choice and I will always be in control. He will be following my order or my chaos and both will be his choosing.

“How will that happen if man can choose to not follow my order”?

“Man will choose to follow his own order, which is mine”.
I get it, before Man is born, he will pre-view his life path and agree what he desires to experience and explore. This will be his Life-Path and on this path he will flow effortlessly through life. He will be born with a vision – what he chooses to experience; a purpose – who he chooses to be to accomplish his vision; and he will have a mission – what he needs to do to complete his vision for each life.

Of course he will forget all of this as soon as he is born otherwise it would require no effort.

“I thought it was supposed to be effortless”?

“It is. Effortless is a Divine attribute”.

“What is effort”?

“Effort is work”.

Hello, I am lost. I must be in duality.

I know! This is the physical world of matter. Matter is very dense. Working in density takes effort – uses energy and creates resistance. So, work uses energy and is called effort. Not working uses no energy and has no effort.

Effort and no effort are a duality and the 3rd Way – My Way is Effortless. Effortless flows with energy and has no resistance to the density of matter. It is a life path, which flows without effort. I will call it Destiny because it just avoids being in density. When man discovers his destiny he is on his life path and when Man is on his life path he is living his destiny, because they are the same but different.

“In what way are they different”?

“Destiny will only exist in relative duality as the opposite of fate”.

“What is fate”?

“Fate is when Man loses control”.

I understand! Man chooses his life path before he is born and then forgets it at birth. In the absence of knowing his destiny he will be controlled by his fate. His fate will be his time and place of birth; his parents – the man and woman that birthed him – and all the people and circumstances that he encounters in his life. Once he learns to control his fate he will discover his destiny.

However, most of the time he will be stuck in a duality which either he will be in control of, or which will control him. Both situations will be his fate.

Let me view this from another perspective:

At birth, Man will be lead through life by his fate and will either be in order by controlling him self and others or will be in chaos by being controlled by him self or others.

This will be his fate until he discovers his destiny. Any questions:

“Can Man choose his fate”?

“Yes”.

Hmmm! No ‘no’.

Pardon! Utter confusion. I am in duality.

I know! Man chooses his fate in duality not in reality. In reality – absolute reality – Man chooses his life path, which is part of the Divine Plan. In the illusion of duality Man chooses his fate until he chooses his destiny. He has a choice at all times – he can choose his fate or he can choose his destiny. Life will be very confusing when he chooses his fate to be his destiny, because if it is his belief that his fate and destiny are the same he will believe he

has transcended duality and is living in absolute reality. This of course will be just another illusion even though it will be his reality. I find that will really lose him. I must be prepared for a lot of lost souls.

“What is a soul”?

“An individual self”.

“What is a Self”?

“An individual soul”.

Hmmmm! No duality there then. Souls, Selves and Individuals exist in absolute reality. They are all different identities of Me and they are all the same identities of Me.

Let me see: if the individual spark – Man – that is a part of me and apart from me is an individual identity of me, then:

“Why does Man need a soul and a self”?

“To be in control”.

So, the Soul and the Self (upper case) are both Divine Aspects of Me and the soul and the self (lower case) are a duality of my individual identity. Man needs to be in control, so he thinks he needs a controller and a controller has to have something or in this case someone to control. Man is in duality, I remember. In duality there is no controller without a being who is controlled. There is no villain without a victim and no victim without a villain. Therefore, Man calls the controller – the soul; and the one who is controlled – the self, or himself/herself. This is where it gets really confusing: Man - my individual identity – has an Id and an Entity (upper case). Both the Id and the Entity have a soul and a self.

The soul of the Id has a conscious – the id (lower case) and an ego, which is sub-conscious. These 2 aspects of the Id control Man in the physical. In the spiritual, Man has an Entity, which has a spiritual ego, which is Man's spiritual consciousness, and an entity (lower case), which is the spiritual sub-conscious.

This is why Man forgets everything when he is born, because if he remembered all of this he would be more confused than he is, knowing nothing – ignorance is bliss - apparently.

From another perspective: The Soul has an Id and an Entity and each have a conscious and a sub-conscious controller, which controls - The Self.

You see whichever way you look at it the soul is in control because the Soul is a Divine Spark of Me.

On the other hand – I will make a mental note to give man 2 hands – the Self is always controlled because it is under self-control.

The Self is always under control either consciously or sub-consciously by the Id and the Entity – by the Soul.

However Man has many 'Selves' because duality always has 3 dimensions and 2 aspects. Man has a physical self – the Id; and a spiritual self – the Entity. Both of these aspects have 3 dimensions like My Self – of course, whom else would Man be like – he is made in my likeness.

Man, like me has an aspect of will, mind and emotion and these aspects have a dimension of higher and lower intensity, a male and female gender and a positive and negative polarity. This is the Higher and Lower Self.

Viewed from another perspective: Man has a Higher and

Lower will; a Higher and Lower mind and a Higher and Lower emotion. The Higher will is my aspect of life, the Higher mind is my aspect of light and the Higher emotion is my aspect of love. The lower will is man's aspect of life, the lower mind is man's aspect of light which he calls knowledge and the lower emotion is man's aspect of love, which he confuses with human love.

There that is clear and in Divine Order – I have chosen and man has choice – Man has chosen and he is my choice to represent me in the physical.

Rather him than me, because it looks very confusing from here. I am sure Man will sort it out eventually - although this may take an eternity. I will create – I mean I will get Adam and Eve to create lots of new little men and women to share the human race with them. There is far too much to experience and explore for just the two of them.

Now! That's enough of making babies:

“Where am I”?

“Bliss”.

Oh! Yes, making babies is bliss.

Ah! Ignorance is bliss.

Yes! I know: Making babies in ignorance and bliss leads to lots of Ohing! and Ahing!

“Now, where am I”?

“I know”:

I am in ignorance, which is why I need to finish creating man's identity.

So, from another perspective:

The ego is the part of the soul, which sub-consciously controls the higher and lower self.

The id is the part of the soul, which consciously controls the higher and lower self.

Conversely in the spiritual realm:

The ego is the part of the soul, which consciously controls the higher and lower self.

The entity is the part of the soul, which sub-consciously controls the higher and lower self.

A question:

“Why does Man need a conscious and a sub-conscious self”?

“Because when Man is born he has forgotten everything. He has an empty consciousness and a clear conscience and is controlled by the sub-conscious instinctively by the lower self and intuitively by the higher self.”

I see, the self is controlled by the soul, but the soul is divided in duality into the id and the ego, or the conscious and the sub-conscious.

The challenge of Man is to make the sub-conscious conscious, or in other words to become conscious of the sub-conscious. This will transcend – find the bridge across -the duality of the id and the ego – uniting the soul in control. The soul is then ‘in charge’ – connected to Me. But, just to make it more confusing, at the same time, the entity and the spirit ego are working opposingly and it is necessary to bring them together, in the spirit realm, in order to unite the soul there as well. Just to confuse Man even more, he will sometimes be aware of the work of the Entity Soul when he first wakes from sleep. He will call this experience a dream and he will think it is just an illusion.

So, back to reality – I mean back to the illusion of duality in the physical:

Now! Let me look at this from another perspective:

Man has choice and Man is controlled by his self. No, man is controlled by his soul because his soul holds the knowledge of his life path. When Man is controlled by him self, he is under the control of his ego. This means his soul is split and when Man has a split personality he will always be out of control. However, Man will appear to have self-control when he is controlled by his ego because he believes he is his ego because he has no distinction between his Id and his id. Very confusing, let me sum this up:

The Soul, the Self and the Identity are the same but different.

The Id and the Entity are the same but different.

The id, the entity, the ego, the conscious, the sub-conscious, and the soul are the same but different.

The higher self and the lower self are the same but different.

The higher self has a higher mind, higher will (destiny) and a higher emotion.

The lower self has a lower mind, a lower will (fate) and a lower emotion.

In other words:

Man has 3 dimensions of self and 3 dimensions of being because all 3 dimensions of self: will, emotion and mind, like me, are subject to gender, polarity and intensity.

I remember now:

“My Life will be separate and together when I am emotionally rational with my vibration.

My Love will be a part of me and apart from me when I am exclusively connected with my wavelength.

My Light will be all one and alone when I am sensitively detached with my frequency”.

It is time to explore my exclusive connection, I mean Man's exclusive connection to me: Each man or woman is an individual aspect of me which makes them exclusive – separate from me and connected – together with me. Man's exclusive connection to me is his separate togetherness.

When Man lives in duality, separate togetherness is no longer oneness it becomes a duality of separate, which makes him exclusive, and connected, which gives him togetherness with me. This is all very clear, but then Man gets involved and makes it very confusing.

Man is very busy pursuing bliss and confuses togetherness with to-get-her-ness and starts to pursue woman in pursuit of bliss. Poor misguided creatures. Woman knows bliss is within her and does not come from man, so she resists man and all hell breaks loose. To be fair this is not man's fault and it has nothing to do with women's hormones, it is because man has no perception of the dimensions of energy in which he exists.

Man seeks to become one with me. This is our Divine Plan. This involves discovering true love – My Love – my dimension of love.

My dimension of Love has 3 aspects:

Gender, polarity and Intensity and this is what Man has to learn if he is to heal himself. This is how it works and remember work creates effort and resistance to flow. Here is my next revelation:

“*Life only flows when you are exclusively connected*”. And the paradox is:

“*Exclusive and connected are the same but different*”.

In the illusion of duality exclusive and connected are opposites. To be exclusive is to be connected to the lower self through the ego and to celebrate ones individuality.

The more different an individual becomes the more exclusive they become.

To be connected is to have an exclusive connection through the higher self and the Id to Me. When we are exclusive we run instinctively and when we are connected we run intuitively.

Being *exclusive* is a high positive male aspect of my Love and being *connected* is a high positive female aspect of my Love. The souls aim is to bring these two states of being together, to balance the ying and yang, and to experience my full dimension of Love in a state of Exclusive-Connectedness.

“So, what can go wrong”?

“Plenty”:

Men think the opposite of connected is *disconnected* and they become disconnected believing this to make them exclusive.

Women think the opposite of exclusive is *inclusive* and they become inclusive believing this to make them connected.

Being disconnected is a low, male negative aspect of my

Love and being inclusive is a low, female negative aspect of my Love.

This happens because their intensity has become low. Intensity is the level of consciousness. This means that their consciousness is low – they are in ignorance.

When men are low they feel the need to have peace and decide to exclude others, which makes them excluding which they also confuse with exclusive.

Women, when low, develop a need to be loved by others and need to include others. This makes them *including* which they confuse with inclusive and think they are connecting. Instead of connecting to me they connect to the negativity of others.

Being *excluding* or reclusive is a low, male, negative aspect of my Love and being including or needy is a low, female, negative aspect of my Love.

This all becomes more confusing because men are free to display female aspects of Love and women are free to display male aspects of Love, all with varying degrees of polarity and intensity. Not only that but they are both free to choose their mood and to change their mind at any time. This they do quite often because they confuse intensity – being conscious of their energy, with polarity – being aware of the positive or negative charge of their energy. On top of this they are already confused about their gender, which is caused by ignorance about their sexuality because they are chasing sex, because they believe it leads to bliss. Ignorance leads to bliss – apparently?

There! Human relationships will be very confusing and

very interesting. I will learn much about my dimension of Love from ‘men and women’, or for that matter ‘men and men’ or ‘women and women’ depending on which way Man decides to swing his choice of partner. The possibilities are infinite and that is all part of the Divine Plan – Infinite Love.

Time for a Love Review:

My *Divine Emotion* is my *Dimension* of the *Quantity* of *Contented Health* of the *Wavelength* of my *Body* in my *Infinite Space* called *Love*.

There! That sums up the 2nd aspect of Me perfectly.

Now!

“Any questions”?

“Yes”.

Hmmmm! No ‘no’ again. I have an unclear duality.

“What is unclear”?

“Involved”.

Ah! Yes, involved is the opposite of evolved. The vision of Man is to evolve back to Me. When he is stuck and off his path, he is involved.

“You mean he is going round in circles”?

“Yes and No”.

Thank goodness I am back in reality. Let me clarify:

Involved is stuck and evolved is moving forward. If man gets repeatedly stuck in many lifetimes he will revolve through many life times – go round in circles. This circle I will call a carnation. When Man is born he in-carnates and as he continually circles through many life times he will continually re-incarnate until he re-connects exclusively with me. It is Man’s mission to become

involved in life, to revolve through many life times and to evolve back to separate togetherness - with Me. This is my Divine Plan.

“What is Hell”?

“Hell is a place created by Man where he goes when he is stuck – too involved”.

So, when a man or woman feels my Love in an intense, negative, low, disconnected and excluding way they feel as though the world has gone to hell. Earth has become hell instead of heaven and I have become the devil – that is ‘lived’ backwards. Livid would be a better name for my feelings of Love concerning this. However, humans have free choice and they create a duality of heaven and hell. Heaven is somewhere on the road to bliss – apparently. It is when my Love is an intense, positive, high, inclusive and including way, and they feel as though heaven has appeared on earth. In this state they imagine all sorts of apparitions appearing which some have called angels. So, devils and angels are just two of many human creations that appear on their journey to absolute reality.

“What are hormones”?

“Hormones make men and women work”.

They give men energy and make women wild. They have something to do with making babies in ignorance, lots of ohing! & ahing! called moaning, and whoring which apparently is men chasing wild women who are out of control. Apparently when women go wild or when men want sex they always blame it on their hormones.

Right, that has put the world in order. Humans are free to create heaven or hell on earth whilst they explore their

hormones and discover all aspects of My Energy called Love.

“What is blame”?

“Blame is a result of judgement. With judgement humans feel guilt and then feel blame. It is their conviction”.

Unless of course they are innocent and then they blame some one else. Sometimes they even blame Me – they call it an act of god. This is when they cannot find anyone else to blame. With judgement there is always guilt or innocence, blame and a conviction. They form assumptions, which become their beliefs and lead to convictions. It is the human race in the pursuit of truth and right, because they believe that is who I am. That is why when they cannot find the truth or what is right they blame Me and call it My Divine Judgement. I call it Blasphemy – taking my name in vain.

Now, before I get lost in judgement and blame, let me get back to being exclusively connected and look at why humans aren't.

All humans have an Id and an Entity and they all have an individual and separate identity, soul, and self, which are connected to me.

All Man's problems are caused by duality. The split of the Id and the Entity.

In the physical world of 3 dimensions, the Id's ego connects to earth to make it exclusive. However, the Id's id stays connected to Me.

In the spiritual 4th dimension, the Entities ego connects to the astral plane of earth to become exclusive – an

exclusive spiritual entity.

The Entities consciousness, which is called awareness, stays connected to Me. So part of the entity consciousness has total awareness of Me at all times.

Now back in the physical, when the id and the ego are balanced – man becomes conscious of his sub-conscious – Man becomes grounded i.e. exclusively-connected.

This is the Divine Plan – Man to be grounded on Earth – not as humans believe to pursue or worship god. Humans serve no purpose in pursuing or worshipping me. I am not lost, I am not absent, I am not hiding. I am here forever more, and I have never gone away.

Conversely and simultaneously, the Entities ego, which connects to me directly, has the power to create anything instantly. The Entities awareness, however, connects to the astral plane, which makes it exclusive.

When the Entity's ego and awareness are balanced the Entity is “projected” wherever it chooses to be in the image of Me.

Let me review:

The Divine Plan is as follows:

To balance the id and the ego consciousness on the earth plane.

To balance the entity and ego awareness on the astral plane.

To balance the Id and the Entity on the etheric plane.

This creates a grounded-projection of Me and brings the 3rd and 4th dimensions together creating a 5th dimension of Effortless Divine Love – Me.

I will call this merging of dimensions ‘Ascension’, as man

will rise in my esteem.

I will also call this part of the Divine Plan – The Way of The Healer and The Way of The Christ.

“Why will I call it that”?

“Because that is the name I give to the first Man to incarnate on earth and to reach ascension”.

Yes, Christ will be a healer and show the way of effortless divine love.

He will be a Divine Messenger and will be born on earth at a time of great disaster. He will solve problems, put chaos into order and order into chaos, he will teach lessons and be a role model for effortless human life. This is how life flows:

When Man solves his problems he learns his lessons and makes a shift towards being more like me. When he learns his lessons he will hear his messages and follow an effortless life – his/her life path that was chosen prior to birth. Man’s individual path will always be signposted with an abundance of signposts and guiding messages. Not only this but everyone that man meets on his journey will have a message of reflection for him in one way or another. This will be one of my guidelines and I will review all my guideline for man in another moment of time.

Now, this is how life becomes stuck:

When Man does not hear his messages he will not learn his lessons. When he does not learn his lessons he will get a problem. This he will call Murphy’s Law – what can go wrong will go wrong. If Man does not solve his problems he will descend into chaos and eventually have a disaster.

Many will consider prolonged life in chaos to be a living hell. To some death will be a disaster to others it will be a relief. All humans are free to choose. When things get really bad, humans will face what they call the dark night of the soul. This is when the soul decides to give the stuck ego a piece of divine inspiration to carry on or whether it decides to withdraw from material life and start again with a new incarnation at a later time. The soul is in control and the soul has freedom of choice. Man can choose in every moment of human life to hear his messages and follow an effortless path or work hard wading through the stickiness of density. This is a fate that will befall all who do not choose their destiny.

Now in sensitivity to Man's situation, I will remain detached from his choices although of course I am sensitive to his well-being and will remain there for him at all times. In my detachment he will receive choice and with his choice will come freedom. What he chooses to do with his freedom is up to him self.

Sorry! That is not correct. I am lost in duality.

Ah! A revelation:

"When in the wrong ask the right question". And the paradox is of course:

"There is no right or wrong and there is right and wrong, because they are the same but different".

The right question will be a feeling question:

"Who is in control of Man's freedom"?

"Man's Soul".

Ah! Another revelation:

"The Soul is in sole control of its self and Self control is by the

soul". And the paradox is:

"The Soul and the Self are the same but different".

This will create a lot of soul searching when Man loses his self control.

"Would I give control of Man to anyone except him self"?

"Yes – Man's Soul".

I am feeling great Joy from the Ability, Power and Authority that is contained within each Individual Soul. They truly are Stars.

Now any questions:

"What is vain"?

"Pride".

"What is pride"?

"Pride is the 1st Ray of Aspect of My Divine Love".

"Is pride the same as judgement then"?

"Yes and No"

I see, they are both 1st rays of aspect but judgement is one of seven aspects of My Life and pride is one of seven aspects of my Love. Therefore, pride only exists in duality.

"What is the duality of pride"?

"Humility".

"Why do humans have pride"?

Ah! A feeling question:

"Humans feel pride because they have in their ignorance an ego which chooses to be exclusive. The more exclusive or bigger Man's ego becomes the more pride he feels."

"Why do humans have humility"?

"Humans believe humility will make them connected to god".

Sounds like the devil's work.

Yes, humans have created the 7 deadly sins and have attributed them to the work of the devil. In contrast they have created 7 saintly virtues that they believe will bring them nearer to god. Furthermore, their religions teach them that to be virtuous will lead them to heaven and to be a sinner will result in them going to hell on judgement day.

“When is judgement day”?

“When all men choose Discernment and Oneness”.

Help! I am confused. I will Discern with Oneness what is right for Man.

At the end of each re-incarnation, Man dies and enters the Etheric Plane to review his life. Man in his ignorance believes this to be his judgement day, when I decide whether he goes to heaven or hell. Pure confusion. Poor Man lives in fear of dying and dies in fear of living. What a life Man has created for him self. There is of course only heaven or hell, which Man creates on earth whilst alive. Between lives he is free to experience all My Love, My Light and My Life – pure perfection.

Here is my revelation:

“There is no sin and there is no virtue – there is only Love”. And the paradox is:

“Pride and humility are the same but different”.

I will discover more about Saints and Sinners in another moment of time. Meanwhile, I will let Man get on with choosing pride – which will be the death of him, or choosing humility, and god knows where that will end – I don't.

Chapter 4: FREEDOM

In the beginning all Men are Free. Then they are born into duality and become prisoners of conscience.

“What is conscience and why is it clear at birth”?

“Conscience is a judgement of relative duality”.

I know! Conscience is about science and science is the study of the material world. This is in the Divine Plan – to explore and experience the worlds of duality.

Yes, there are 2 worlds – the physical world and the spiritual world. Physical man is experiencing and exploring the science of the material world of matter and physicality.

Conversely and simultaneously, spiritual Man is exploring and experiencing the energy of the spiritual world of the psyche.

Man’s conscience like his consciousness is clear at birth because at birth he starts with no memory of either the physical world of science or the spiritual world of energy.

“What is the Psyche”?

“The psyche is the name given, by humans, to anything that does not have matter, substance or physical form”. To Man, if it has no body or is of no matter, it must be psychological.

So, to Man, freedom is a journey into the unknown world of science to clear his conscience and to fill his consciousness. Here is a great revelation:

“Exploring science will make Man conscious but not aware”. And the paradox is:

“Consciousness and Awareness are the same but different”.

Man will search for his freedom everywhere. He will feel freedom to be priceless but elusive. Man has the freedom to choose – this is his strength or his weakness because he is free to choose. Man has not lost his freedom and therefore will not find it. He only has to choose to use it. Man has created a duality of liberty and imprisonment based on his judgement of guilt and innocence. He believes that the innocent will be free and the guilty will be imprisoned to pay the ultimate price – loss of freedom. Ah! Another revelation:

“There is no price to pay for freedom, it is free”. And the paradox is:

“Guilt and Innocence are the same but different”.

Hmmm! Humans seem to just exist in life without reason or purpose. They have lots of Love and lots of human love in their lives but are wandering about, and wondering about, with no clear direction. I feel for them.

“Why are humans lost”?

“They are in the dark”.

“What is dark”?

“The opposite of light”.

Wait, now I am lost. I am Light but I have no duality, therefore I am in duality.

I know:

Light is the 3rd Aspect of Me. I am The Light. I am The Way. I am The Truth.

So, Light helps me see the way.

No, Life helps me See the way and Light helps Me Know the Way. With Light the way is clear – it has the clarity of

understanding.

Here is a revelation:

“Let there be Light – and there is Light – everywhere”.

Except in duality of course. Yes, the paradox is:

“Light and dark are the same but different”.

So, Light (upper case) is a Divine Aspect, and light (lower case) is the opposite of dark in duality. Perfect.

Ah! I remember, on earth it gets dark at night and light in the day when the sun comes up.

“So the sun goes round the earth in circles”?

“No, the earth goes round the sun in cycles”.

Hmmm! Very confusing. I will let Man discover this in his science lessons.

At this moment I am more interested in the dark than the light.

“Is there a Darkness with a capital D”?

“No, darkness has no Divinity”.

So, darkness only exists in the world of duality as a creation of Man.

Oh! Yes, I remember that devil fellow invented by Man to explain why things keep going wrong.

I Know:

Making the devil the lord of darkness allows their god to be the god of light. This is obviously why they worshipped their sun until I sent that Christ fellow to sort them out.

No, that is not right. Excuse me while I sort this out. I get very confused and stuck when I enter duality. Apparently it has something to do with the density. I am sure the scientists will sort it out eventually.

Now then, Adam is the Way of Life; Christ is the Way of

Love; -

“Who is the Way of Light”?

“Buddha”.

Hmmm! I look forward to meeting this fellow at a later moment of time.

Right now, I am busy with the devil.

So the devil controls the sun.

“Is that right”?

“No, that is wrong”.

Help! I am stuck in right and wrong duality.

“What does the devil control”?

“Nothing”.

I Know, the devil has no soul, therefore he has no control.

However, when Man is out of control, has lost contact with his soul, he will often give away control of himself to a apart of himself that he has called the devil because Man has many ‘selves’, remember.

Oh! Yes, man has only one Self, but as many selves as his ego can imagine. That will allow Man to confuse him self for an eternity – well many ages at least.

I am still confused about light and dark. I need second sight. No I need another perspective:

The sun shines on earth to produce light so that humans can see with their eyes. This is one of their 5 senses, which allows them to explore and experience the worlds of duality. When the sun goes down it gets dark and humans go to sleep and visit the world of spirit. In the world of spirit they use their 6th sense of knowing to project images of everything that they have seen in the world of the physical. This allows them to be creative instantly,

whereas in the world of the physical everything is subject to time – something which will take man many light-years to master.

There is another darkness, which is ignorance. The devil is the lord of ignorance or not knowing. He only exists in man's ignorance and is dispersed by Light or Knowing, or as humans know it – knowledge. Man's first ignorance is a revelation:

“Knowledge is Light”. And the paradox is:

“Light and dark are the same but different”.

So,

“What do I Know about Light”?

“My Divine Mind is my Aspect of the Speed of Fulfilled Wisdom of the Frequency of my Mind in my Eternal Time and Light”

So, my Mind allows me to Know everything about Me and Man's mind allows him to know everything about him. Yes, Man is made in the likeness of Me.

A question:

“Does Man have Divine Knowing”?

“No”.

Hmmmm! No ‘yes’. I have a duality.

Ah! Yes, I know – ‘ignorance’ is not knowing and ‘knowing’ is knowing. A revelation:

“Knowing ignorance leads to Divine Knowledge”. And the paradox is:

“Knowing and not knowing are the same but different”.

I know! Once Man realises his ignorance he will stop chasing bliss and find Knowing. Knowing is the 3rd way –

My Way – The Way of the Buddha – Enlightenment.

“What is Enlightenment”?

“Divine Knowing”.

So, once Man discovers the 3rd way he will move out of ignorance and master enlightenment. He will become a Master.

Yes this really is the 3rd Way and it has taken ages for Man to get here.

The 1st Age is the Age of Leo, which is the Way of Adam.

The 2nd Age is the Age of Pisces, which is the Way of Christ.

The 3rd Age is the Age of Aquarius, which is the Way of Buddha.

“How many Ages are there”?

“Twelve or Thirteen, I think”.

“What is think”?

“Think is when Man does not know”.

When Man does not know he has to think. He has to work it out – or so he thinks. He thinks his brain is for working out knowing. But of course, as I Know, thinking only makes the brain hot and tired, with work and resistance. All man has to do is use his intuition – the tutor or master within.

“Who is the master within”?

“The Soul, of course”.

The soul, of course, the soul alone is in control of Man.

The soul is the only master. It is man’s Soul that seeks to master duality.

“Why do I have to think and I do not know”?

“Because I am in duality”.

“Did I not create the Ages of Man”?

“No”.

Hmmmm! No ‘yes’ again.

I need to get out of duality. I will ask a knowing question:

“How were the Ages of Man created”?

“ I do not know”.

Hmmm! Wrong question. I know:

“What question do I need”?

“I need an existence question”.

Ah! A space question starts with ‘where’ and a time question starts with ‘when’. So:

“What does an existence question start with”?

“Who”.

Thank you!

You are Welcome!

“Who created the Ages of Man”?

“The Hierarchy”

“Who is the Hierarchy”?

“The creators of the Ages of Man”.

Hmmm! I am not amused. This is why I invented Man – to find out everything I already know but have forgotten. I will have to wait for man to create the Hierarchy in order for me to know who they are. This may take ages or Ages – who knows?

I know: I have just remembered – Man will discover the existence of the Hierarchy in the 3rd Age. There happiness restored.

A question:

“If Man has intuition, why does he think”?

“Because thought is creative”.

I remember: thought word and deed are the basis of creation. Man’s job is to create his world in order to experience and explore it.

“What is a job”?

“Work”.

Ah! So Man’s purpose is to experience and explore the world of illusion and when he sees this as his job it creates work and resistance which gives him the opportunity to explore the duality of all human life. That is clear and very confusing.

From another perspective: I have created Man with a mind in my own likeness. Man will use his mind consciously and sub-consciously to think and therefore to create his material and spiritual worlds in order to explore and experience them.

In his duality the first thing Man does is create a duality in his mind. In the physical he calls this the id and the ego or the conscious and sub-conscious and in the spiritual he calls this the entity and the ego or the awareness and the non-awareness. Furthermore anything that does not make sense he puts down to his psyche and ignores it because it has no matter of fact.

“What is fact”?

“The opposite of fiction”.

“What is fiction”?

“What Man imagines to be not real”.

“But, isn’t everything real”?

“Yes and No”.

Good, I am back in absolute reality. In absolute reality everything is absolute and real. There is nothing that does not exist. Nothing does not exist in absolute reality, it only exists in duality as the opposite of everything. This is confusing because I am in a duality about everything and nothing, so back to reality, absolutely:

In Absolute Reality everything is real. In duality nothing is real. However, Man believes facts to be real and fiction to be not real. From another perspective:

Facts are what scientists have proved to exist in relative reality. Fiction is what people create that has not been verified by science. It is science fiction not science fact.

From another perspective:

Fiction is not real because it has not been made into matter. Therefore it is considered by scientists not to matter. Facts, however, have been proven to exist in the material world. They have substance and form and form the substance of Man's beliefs – his truths.

Physical Man has of course 3 dimensions of thought: One-dimensional thinking is 'linear' and has only one perspective - Seeing is believing.

Two-dimensional thinking is 'lateral' and allows different perspectives of the same thing.

For instance: Linear thinking sees a tree, or a piece of wood, or a wood full of trees. It sees one perspective for each item. Lateral thinking sees wood, in a tree, in a wood and has 3 aspects of one perspective or 3 perspectives of one item.

Three-dimensional thinking sees the 3rd way. The 3rd way is the way out of duality. Duality gives us the confusion of

not seeing the wood for the trees. The 3rd Way is to see the Wood, which contains both trees and wood.

Then there is four-dimensional thinking, which is for spiritual people only: It is thinking outside of the box. The rule for four-dimensional thinking is that the instructions are printed on the outside of the box.

Three-dimensional man believes that a box has only 3 dimensions – length, breadth or width and height or depth. Four-dimensional spiritual Man knows that the fourth dimension is in or out and that is where the instructions are. Just to confuse Man even more: If you are inside the box the instructions are on the outside, but if you are on the outside of the box the instructions are on the inside. In and out are the same but different because four-dimensional thinking is a paradox.

There, that is enough thinking for now. I will stop before I start to feel tired and confused.

I am content with Life and full of the Joy of Love but my Light is only filled half full.

“How do I become divided in oneness”?

“Sensitive Detachment”.

Ah! Let me review that which I am already aware:

I am the one supreme being, the all of everything, and to explore and experience myself fully I require the use of my senses. I use my sensitivity. My senses are: Seeing Life, Feeling Love and Knowing Light.

So, the way to Know my Light, is to be *sensitive* to all aspects of my Light.

Also, because I am the alpha and the omega, the all that

is, I have no ‘need’. I need nothing because I have everything.

When I have no need, when I need nothing because I have nothing and I have everything, then I have no attachment to anything and this is *detachment*.

Therefore sensitivity and detachment are the same in the world of the absolute. When I Know everything I am *sensitive* to everything and I need nothing, which is *detachment*. This is a revelation:

“*Sensitive-detachment is divided oneness*” And the paradox is:

“*Sensitivity and detachment are the same but different*”.

So, sensitive-detachment is who I am – My Aspect of Light.

However, in my world of relative duality, My Man is still living in darkness. His problems start with the fact that he sees light without knowing it. Here is my next revelation:

“*When we know the Light we will see the Light*”. And the paradox is:

“*Seeing and knowing are the same but different*”.

A question:

“Is Man sensitive to light”?

“Yes and No”.

No duality – good.

Man is sensitive to sunlight because he uses eyes to see visible light. This information he processes in his mind by using his brain. When the sun goes down, humans cannot see, so they go to sleep. Most human have become insensitive to the knowledge contained within light because they have forgotten their Divine sense of Knowing.

Ah! I get it – they see it but don't get it because they have lost their sixth sense.

Man has no sensitivity to Light because he has lost his way in the darkness. When darkness exists it creates a duality of light, which excludes Divine Light, which is Divine Knowing. All Men have the ability, but they have lost the power because they have given away their authority.

Being *detached* is a positive, male aspect of my Light and being *sensitive* is a positive, female aspect of my Light. The souls aim is to bring these two states of being together, as with Love, to balance the ying and yang, and to experience my full dimension of Light in a state of Sensitive-Detachment.

Then ignorance – not knowing - intervenes:

Men think the opposite of sensitive is *insensitive* and they become insensitive to life believing this to make them detached.

Women think the opposite of detached is *attached* and they become attached to life believing this to make them sensitive.

Being insensitive is a male, negative aspect of my Light and being attached is a female, negative aspect of my Light.

This happens because they are off track – not positively in the flow.

When men are negative they feel the need to have peace and decide to un-attach from others, which makes them *un-attached*, which they confuse with being detached.

Women, when negative, develop a need to be loved by others and need to attach themselves to others. This makes them *too sensitive*, which they confuse with sensitive and think they are just being sensitive. Instead of using their sixth sense – their divine sense of knowing they become too sensitive to the negativity of others because like attracts like – they are aligned in the same direction. Being *un-attached* or aloof is a male, negative aspect of my Light and being *too-sensitive* or needing to be needed is a female, negative aspect of my Light.

Man's problems continue because not knowing is ignorance, and ignorance is bliss. So, in his pursuit of bliss man becomes unattached from women who are too sensitive, and women seek to become attached to men who are insensitive. Meanwhile, men believe it is best to stay detached from sensitive women and women believe they can only be sensitive when detached from men. To make their problems worse: Sensitive men are thought to be man-lovers and detached women are thought to be man-haters.

The battle of the sexes is in full flow and sex and ignorance leads to unwanted babies and tears. It all ends in tears – apparently.

Chapter 5: THE ART OF SCIENCE

From the beginning, Man has confused love and light in his life. There is no duality between love and light and no paradox. However, Man has always celebrated their differences by studying light as a science and love as an art. In this way Man manages to create a duality between science and art. Few Men have really understood the ‘art of science’ and the ‘science of art’ and found the exclusive connection between fact and fiction.

What becomes even more confusing is Man’s ability to create singularities – things that mean the same, out of dualities – things that are opposingly different.

For instance, Man confuses detached with being rational and rational with being exclusive; and he confuses unattached with disconnected and disconnected with being unemotional and unemotional with insensitive and insensitive with exclusive.

Then again Man confuses connected with sensitive and being sensitive with being emotional; also he confuses being inclusive with sensitive and too sensitive with being irrational.

Furthermore, Man confuses love with emotion and emotion with being connected to me. He connects knowledge to being rational, sends love and light to everyone without understanding what this means and what he cannot see he does not get and will not know. In his confusion many things can all mean the same thing or all mean something entirely different, depending on what mood man is in.

“What is Mood”?

“Mood is the combination of the wavelength, the frequency, the vibration, the gender, the polarity and the intensity of Man’s energy at any moment in time”.

Ah! So it is like Man’s sexual preference it can swing from moment to moment and from time to time. Yes, Man’s sexual preference will depend on his mood.

Very confusing and in Divine Order.

Time for a light review:

“Is the Buddha part of the Hierarchy”?

“No”.

Hmmm! No ‘yes’, so I am in duality.

In duality, Man is evolving through many life times or incarnations. Some Men evolve quicker than others.

Earth time is really unimportant because we all have an eternity of existence, which allows an infinite number of lifetimes. However, Man is in a race to be the best and the first, to be superior, which he believes is supreme and to be better than, which he believes to be excellent.

I am Supreme Excellence but I am not superior or better than. These are relative terms, which Man has created in his ignorance and believes that if he is superior or better than other Men this will lead to personal happiness and control over other humans. Well, Men who have incarnated through many lives and learned many lessons have become known as old souls. Old souls believe that they have learned the wisdom of the universe and are close to god. Believing that they have become superior and better than younger souls they have formed

themselves into a hierarchy in order to control the evolution of Man.

“Am I happy with this”?

“Oh, yes. I have given Man freedom of choice. This gives me Divine Happiness. I have no sadness. Sadness only exists in duality as the opposite of human happiness.”

Besides, these are the worlds of duality and Man cannot create anything that does not have an equal and opposite force or energy. Remember there is no right or wrong and as human scientists will discover early in their evolution – Energy cannot be destroyed it can only change its form. I am indestructible and fear only exists in the realm of relative duality. Time for a revelation:

“In absolute reality, we are all equal”. Because we are all the same.

However in the illusion of duality, some are more equal than others – apparently. And the paradox is:

“Equal and opposite are the same but different”.

Man created The Way of the Hierarchy, which follows the Way of Love and the Way of Christ. This has become known also as the Way of the Western civilisations. In opposition is the Way of Mastery and Enlightenment or the Way of The Buddha, which has become known as the Way of the Eastern civilisations. Both ways are equal but opposite and many wars will be fought in my name to establish which way is better and more superior. This is the greatest blasphemy and is the result of taking my name in vain because of the pride of Man.

“Which Way is better”?

“There is no better way, just the Way of Man”.

The Way of Man is to follow his own individual and unique life path because this is the way Man's Soul has chosen for his Self to go. Any other way is a blasphemy because it takes my name in vain and takes away Man's authority to follow his own life path. This is his 'Birth Right' and the reason he is born. My gift to Man is and will always be his Freedom of Choice.

Eventually, Man will discover that the ways of the East and West are a duality and that when, like ying and yang, a balance is found, that balance will be seen to be the 3rd way.

Man has all the answers, however as yet he has not asked all the questions.

Here is a great revelation and a paradox:

"All Men are travelling the same road but walking different paths".

They can choose to walk together in Peace, Harmony and Co-operation, or they can choose to compete in separation, to see who can get there first. Eventually all will arrive in separate togetherness and divided oneness.

I am always there to guide each lost soul. Each soul is exclusively connected to Me and has access to the Health, Wealth and Wisdom that is Me. Man has no need except those needs he believes he needs, for he has access to everything. Why would I deprive Man of anything he chooses? I do not control Man. Man is under Soul control and is in sole control of him self.

Health, Wealth and Wisdom are freely available to all Men. All they have to do is ask the question and the answer will always be there.

This is my word!

“So, this is the word of god”?

“No! Damnation.”

This is My Word.

I am confused, I must have entered duality.

Ah! Yes, the word of god is created in duality. Man calls the word of god – divine right and is forever making judgements about what he thinks I consider to be right and wrong. Someone who is judged to be right is seen as virtuous and innocent and someone who is judged to be wrong is convicted by guilt and is seen to have sinned.

Man has created many statements of right and called them many things, such as, commandments, holy orders, morals, principles, laws, codes and standards. None have been created by me and none are Divine. Man has choice, given by Me. I cannot give Man choice and then give him laws or commandments or orders. I will never judge Man and any Man who hears a commandment from god is not listening to me but their own ego, and any Man taking holy orders is not obeying Me but a false god and is in idol worship or idle pursuit of Me.

I do however, in every moment of time offer every Man guidance along his path. This is a lifeline which connects man exclusively to Me. It is a guideline of Love and Light through Life to keep man on his path.

“What is a guideline”?

“It is a Ray of Aspect”.

Ah! Yes, there are 7 rays of aspect, which shine sustenance, love and light across my 3 Dimensions of Love, Light and Life.

So, My Wavelength, Frequency and Vibration are not only affected by My Gender, Polarity and Intensity, but also by My 7 Rays of Aspect.

This is a Divine Truth.

“What is a Divine Truth”?

“My Word”.

I get it now: My word is Created by Me, has Divine Truth, has Universal Order and exists as an Absolute in the realm of the absolute. My Word is Prime Creation because I am Prime Creator and I am First Thought. My Thought is My Word and My Word defines my Thought and My Word defines My Deed. My Deed is My Divine Plan. This is the basis of all creation: Thought becomes word becomes deed. Given attention our intention becomes action. This is my revelation:

“*We can be do and have whatever we choose*”. And the paradox is:

“I”

“Ah yes, there is no paradox because this is a Divine Guideline not a revelation. My Divine Guideline is:

“*We all have choice*”.

“Why doesn’t Man follow the guideline”?

“Because he is in duality and duality is a mirror image of reality”.

Ah! I see, when Man looks in the mirror for Divine Guidance he gets the message back to front. Man believes that he can have whatever he wants, when he does what he is told and becomes who he is supposed to be. This is the Have – Do – Be principle.

“Does it work”?

“It creates a lot of work and wanting”. This gives me my next revelation:

“*Wanting creates wanting*”. And the paradox is:

“*Wanting and having are the same but different*”.

So, when humans decide to want what they have instead of having what they want they will discover that they already have everything and want for nothing.

So, ‘have – do – be’ is a human belief and ‘be – do – have’ is a Divine Guidance and gives all Men their Freedom of Choice.

“Why can’t Man choose to have what he wants”?

“He can, but it will only give him wanting, it will not give him what he already has - everything he wants”. This is the Way of Life and this is my 1st Guideline:

“*Life just Is*”.

The ‘Is’ is the All of Everything. This is Me. I am the all of everything, I am the ‘Is’ and I am ‘Just’ and I am ‘Life’. Life exists as a contextual field in which to experience Life. In other words I am experiencing who I am through a context called Life and this just ‘Is’ so. Life is just so and ‘Life just Is’ and this is my 1st guideline.

From another perspective, a guideline is a statement of what is just so – an absolute fact.

This is why Man is having so much confusion with his science. He is looking for absolute facts in the wrong context. The context of duality is created by Me in Divine Order in order to experience chaos. The only fact that science will give to Man is that everything is always changing. This is why scientists are always changing their minds. They call it evolution and they are right for the

wrong reasons. Man is evolving which is a state of constant change. Anything that stands still is stuck and to be stuck in duality is to be confused and lost. Man is evolving in order not to be stuck, this requires him to be constantly changing his mind, which is looking at life from a different perspective, which is learning one's lessons, which is following one's life-path. Science is stuck because it is studying the evolution of the human body, not the evolution of the human spirit. It is Man's Soul, which desires to evolve back to Me. The Soul is happy to leave the body at the end of each life cycle, because by that time the physical body has been abused to death and the soul knows it will need a new one for the next re-incarnation.

Let me view this from another perspective:

Man has choice, and Man chooses with his thought, which becomes his word, then his deed. So a Divine Thought becomes Divine Word and is in Deed Divine.

However, Man is confused and in ignorance and in duality. Instead of thinking divine thoughts, man thinks right thoughts and wrong thoughts. This is judgement.

Man is pre-occupied with self-judgement and when he is not judging himself he is judging others. Man is in pursuit of the right word or as he calls it in pursuit of what is right which he calls justice. He confuses justice with my 1st guideline 'just is' and makes justice a guiding principle on which he bases the whole of human civilisation.

Justice is just another word for revenge, which is Man getting his energy back for something that was taken from him.

Man then takes my 2nd guideline: “*We all have choice*” and believes he has the right to choose justice for other Men. Not only does he judge himself but believes it is his god given right to judge others. Being right makes Man superior, exclusive, but disconnected to other Men, and allows him to completely miss my 5th Divine Guideline: “*We are all Equal*”

I have created Man in my likeness. We are all one, we are together, we are in uni-son, we are connected. I am Man and Man is Me. There is no separation except as an illusion in the world of relative duality.

In the world of duality exists inequality and prejudice.

“What is prejudice”?

“When another Man is judged to be inferior”.

“Why would Man judge another Man to be inferior”?

“Pride”.

“What is pride”?

“Man’s false perception of his own ego – who he is”.

Ah! I remember:

Man’s ego is his sub-conscious and his sub-conscious holds his beliefs as to who he is. In Man’s case this is how good he is, how right he is and how much he is winning the human race for existence, which he has come to call survival.

So, Man makes assumptions based on beliefs, which become judgements and lead to convictions. There is no conviction in Man’s assumptions and beliefs. This is because Man makes statements instead of asking questions. He believes he knows all the answers – which he does, but the subconscious has become exclusively

disconnected, so he cannot access the questions. Instead, he makes statements of fact based on his personal belief, not divine truth because the truth is he has forgotten. He has forgotten everything at birth. The ego can only access what it has learned since birth and this is Man's fate.

From another perspective:

Man's fate is decided by judgments made with pride and prejudice by an ego that is exclusively separated from Man's Id.

Ah! I am starting to see the exclusive connection between Me and Man. When Man balances his id and his ego he transcends the duality of the id and the ego and finds the 3rd way – The Id, which exclusively connects to Me. Man has not returned to Me because he still has to balance his Id with his Entity – the spiritual night worker, but he has connected to me in the physical and is free to hear his messages.

So it is the ego's search for exclusion – to be separated, which causes the confusion and the more confusion Man creates in physicality, the more stuff or matter he will have to clear to return to Me. It is Man's stuff that is the matter, confuses the issue, and creates the exclusivity and the disconnection or the inclusivity and the connection outside of one's self.

Furthermore the Soul has to be in control of the Self, but the Self divides in duality, in which there are always 2 aspects and 3 dimensions.

The self divides into a higher and lower aspect and assumes dimensions, like Me, of will, mind and emotion. Then all 6 perspectives: the higher mind, higher will and

higher emotion and their dualities the lower mind, lower will and lower emotion are all subject to the 7 rays of aspect. Man really will have a lot of work to do and a lot of stuff to collect, exploring and experiencing all these aspects, dimensions and perspectives of Me. What a Divine Plan.

Before I can put my Divine *Thoughts* into *Deeds*, I need to create the *Words*.

In other words, before I can put my *Intentions* into an *Action Plan* I need to pay *Attention* to who Man is Being.

From another perspective: Before I can *Have My Way*, Man must *Do* all my exploring and experiencing and experimenting, in order to *Be – Me*.

From a further perspective:

Man will *Be Me* when My Will is *Done* and I *Have My Way – Love, Life and Light*.

“What do I have to do now”?

“Put my thoughts into words which have been experienced by Man”.

Oh! I see:

Judgement creates guilt and innocence. Guilt and innocence creates pride and humility. Pride and humility creates sympathy and apathy.

When Man judges him self to be guilty when he is innocent – he will react with pride and become apathetic. This is his lower self being controlled.

When Man judges him self to be innocent when he is guilty – he will react with humility and become sympathetic. This is his higher self taking control.

When Man judges him self to be innocent when he is

innocent – he will react with pride and become apathetic. This is his lower self taking control.

When Man judges him self to be guilty when he is guilty – he will react with humility and become sympathetic. This is his higher self being controlled.

If that is not confusing enough, when Man starts to judge Man, especially when man starts to judge woman, the reactions and the outcomes are potentially infinite.

Therefore, in order to create some order from the chaos, Man appoints Judges to judge Man's actions to pass judgment on which man or woman is right. This is based on Man's beliefs, which he makes Law and passes judgments and makes convictions on assumptions from statements from all parties. Man calls this upholding order. I call it utter confusion. Man really is as good as Me at creating utter chaos. Like father like son – allegedly.

“What is allegedly”?

“Allegedly is when Man makes a statement of fact that has not been verified as the truth by a judge”.

Hmmm! Judges must have a lot of stuff. Apparently they are appointed because of their exclusiveness, detachment and rational powers of logic.

“What is logic”?

“Reason”.

“What is Reason”?

“Reason is what judges base their judgements on”.

Hmmm! I see no logic or reason to pursue this line of questioning. I will let Man get on with his judgment in non-judgment.

“What is non-judgment”?

“The opposite of judgement”.

Hmmm! If I am in non-judgment I am still in duality.

“What is My Way – the 3rd Way”?

“Discernment”.

So, Discernment is the Divine Aspect of my Will. It is the bridge across the duality of judgment and non-judgment.

“What is the bridge across the duality of pride and humility”?

“Oneness”

So, Oneness is the 3rd way out of pride and humility and is the Divine Aspect of My Mind.

“What is the 3rd Way out of apathy and sympathy”?

“Empathy”.

So, Empathy is the bridge across the duality of apathy and sympathy and is the Divine Aspect of My Emotion.

My Divine Plan is to balance My Divine Aspects of My Will, My Mind and My Emotion across 7 Rays of Aspect. Therefore My 1st Ray of Aspect is to be Oneness with Empathic Discernment.

From another perspective:

Judgement is my lower will’s 1st ray of aspect and non-judgment is my higher will’s 1st ray of aspect.

Pride is my lower mind’s 1st ray of aspect and humility is my higher mind’s 1st ray of aspect.

Apathy is my lower emotion’s 1st ray of aspect and sympathy is my higher emotion’s 1st ray of aspect.

These are the dualities of the higher and lower self’s aspect of will, mind and emotion.

“How can Man become Oneness with Empathic Discernment”?

“Follow my 1st Guideline”.

Ah! Yes: “Life Just Is”

“Will Man follow his effortless path when he believes that life just is”?

“Yes and No”.

I see, this is only one ray of aspect and each ray of aspect combines 3 Dimensions and 3 Perspectives of Me. This means that Man has to discover and clear all his stuff. He has 3 perspectives of stuff: his beliefs, his needs and his control dramas; across 3 dimensions of Self – his mind, his will and his emotion; and each self has a higher and lower duality.

My Plan becomes clearer and as it becomes clearer it becomes more expansive and as it becomes more expansive it becomes more confusing. There! Divine Order.

Oh! I forgot. It gets even more confusing:

The 7 rays of aspect and the 3 dimensions of Self also apply to Man in the spiritual realm.

In the astral realm Man has opposing energy working for him and against him. This would not be a problem if it were not for the spiritual sages, soothsayers, mediums and channels who have the ability to talk with their Entity.

From the thoughts and words translated from their spirit world, Man has created further dualities from the existing dualities in the physical.

Spiritual Man has a duality of acceptance and compassion. Physical Man has confused this with apathy

and sympathy, preferring acceptance to apathy and compassion to sympathy because it appears more virtuous.

This is of course nonsense because Man can only experience acceptance and compassion in the realm of spirit. Spiritual Man is seeking the balance between compassion and acceptance, which is Empathy. Man will have Divine Empathy when and only when he has balanced apathy and sympathy in the physical and compassion and acceptance in the spiritual. This is when the Id and the Entity both find the 3rd way in both the physical and the spiritual dimensions.

The 3rd way is the merging of physical empathy with spiritual empathy to create Divine Empathy – a divine state of being Me.

The same is true for judgement and non-judgement, which are called grace and forgiveness respectively. This is why Man calls judges – your grace when they have no more grace than any one else. As for forgiveness, there is only one way to achieve forgiveness, which is to give up judgment. Without judgment forgiveness is unnecessary. Man has been seeking divine forgiveness from a god who does not judge. This is utter nonsense and is the result of Man's belief in divine judgment. This is an oxymoron.

“What is an oxymoron”?

“An ox is like an ass - a beast of burden, and a moron believes in nonsense”.

Any one who believes I need to forgive when I have no intention to judge anyone is both an ass and a moron and a beast and a burden. So an oxymoron describes two

different things that cannot co-exist together because they are exclusively separate. Judgment and forgiveness do not exist in divine reality only in duality, in the same way that an ass would never live with a moron. What Man is seeking is physical discernment in the realm of matter and spiritual discernment in the realm of energy. When Man finds this balance he will have Divine Discernment – a state of being Me.

Of course, the same is also true with pride and humility. Man gets very confused with pride and is not sure whether pride is good or bad. Pride is the first mortal sin but also gives Man pleasure, so, he has adopted false pride as arrogance and true pride as being exclusive and self righteous. False humility he calls modesty, which he is really not sure whether this is good or bad either and true humility is defined only as being without pride or arrogance but is seen as sanctimonious.

All this confusion is because Man in the physical is experiencing pride and humility and finding oneness with the id and the ego. Instead they are studying self-righteousness and sanctimonious ness, which exists only in the realm of the entity. It is the role of the entity awareness and the entity ego to find oneness by finding the bridge across the duality of being self-righteous and being sanctimonious. Man defines righteousness and sanctimony as divine qualities. This is of course a blasphemy, as I cannot directly experience pride or humility because there is no such thing as a divine ego except as a false belief, of Man in duality. This is why I created Man and duality in the first place; to explore and

experience all that I am not.

When Man finds the 3rd way in the world of spirit and the world of substance he will be in a state of Divine Oneness – like Me.

Now! Time for a review of the 1st Ray of Aspect:

This is what I have learned about Me from the experiences and explorations of Man who is physically and spiritually living this aspect of Me.

The 1st Ray of Aspect defines the Oneness of My Emotion.

My Divine Emotion is to feel the Oneness with all things, which I am, and to be One with Man which is to experience My Love. I feel the Love within all Men because I am their Power.

My Divine Will is Empathy. I have through empathy with Man the eyes to see all Life, of all Men and all things.

This is my Ability and Man's potential.

My Divine Mind is Discernment of what is Me.

Discernment is - Knowing what is absolute truth – what just is, and knowing what is illusion – what is just. This is My Authority that I give to Man.

These are the 3 dimensions of My Divine Self that bring My Divine Soul back to Me.

From a different perspective:

Divine Oneness with Empathy and Discernment transcends the illusions and the duality of:

Pride & humility; judgement & non-judgment; apathy & sympathy; compassion & acceptance; sanctimony &

righteousness, grace & forgiveness. In other words:
combines these opposing concepts.
It also transcends the illusion and the singularity of:
Sympathy & compassion; forgiveness & non-judgment;
apathy & acceptance; grace & judgment; pride &
sanctimony; humility & righteousness. In other words: sees
that these are the same thing.
Oneness with Empathy and Discernment defines the 1st
Ray of Aspect of My Divine Self.

From another perspective:
When I see the 1st ray of aspect of my Divine Emotion, I
will have Oneness.
When I feel the 1st ray of aspect of my Divine Will, I will
have Empathy.
When I know the 1st ray of aspect of my Divine Mind, I
will have Discernment.
These are the Essence of who I am – My Divine Soul.

From a further perspective:
When I am being at One and Discerning with Empathy:
I will be Exclusively Connected to my Oneness.
I will be Sensitively Detached with my Empathy.
I will be Emotionally Rational with my Discernment.

From the perspective of the Id:
Physical Man will move from judgment and non-
judgment to discernment.
From apathy and sympathy to empathy.
From pride and humility to oneness.

From the perspective of the Entity:
Spiritual Man will shift from grace and forgiveness to discernment.
From compassion and acceptance to empathy.
From pride and humility to oneness.

When the Id and the Entity are combined in Oneness, Empathy and Discernment, physical and spiritual Man will combine, with one Identity, and will give My Soul back to My Self.

There! That brings the 1st Ray of Aspect in full circle and full cycle. I will now give Man time to experience and explore the other 6 rays.

Any questions:

“Why do rays travel in circles”?

“Rays travel in straight lines. Straight lines define the material world. Energy flows in cycles”.

“Why does energy flow in cycles”?

“Because cycles and circles have no beginning and no end”.

Chapter 6: CYCLES OF ENERGY

In the beginning there were cycles of energy – Me, without end.

“What is a cycle”?

“A cycle is the motion of my energy”.

Ah! It is my energy in motion – My Emotion.

“How long is a cycle”?

“A cycle can be an instant or an age”.

“How long is an instant”?

“A moment of time – a ‘Now’.”

Here is a revelation:

“Time only exists in the Now”. And the paradox is:

“Time exists for an age and an instant because they are the same but different”.

“How long is an Age”?

Hmmm! I am confused. ‘How’ starts a knowing question and ‘age’ is a length of time and ‘long’ is a measurement of space. If I am confused I am in duality. This is something only Man can answer – so the answer is:

“As long as Man chooses it to be”.

“How long is the Age of Man”?

“2000 years – apparently”. This must be what Man or the Hierarchy of Man has chosen.

“What is a year”?

“A measurement of time”.

I am again confused because frequency is the speed or measurement of My Time and it is Eternal, it has no end. I must be in duality again. This must be earth time. Yes, a year is the length of time it takes the earth to circle the

sun. Man really is confused he measures time with length and he measures space with length. My Space is measured by Quantity and it is Infinite and it has no end.

“What is a light year”?

“Speed and distance”.

Let me get this straight: Light is Divine Time and a year is earth time, so Man decides to measure space with time. I remember, Man believes space and time are the 4th dimension which exists in space. So he measures space by how long it takes light to travel in a year of time. He measures space with the speed of light which he calls distance. Very interesting and very confusing, that is science for you – no spirituality.

So, earth time is just a measurement between ‘now & then’ and ‘here & there’. Both ‘now & then’ and ‘here & there’, in the material dimension of duality, have a space between them. Earth time, or ‘universal material time’, is just a measurement of the space between them.

One day Man will discover that Space is the energy, which holds matter together and Time is the frequency of each moment of Now.

In Eternal Divine Time there are an Infinite number of Divine Moments – ‘Nows’. In Absolute Reality there is only Now - The Present, because past and future only exist in duality. In creating the material world I have slowed down the frequency of energy to become matter. As the frequency of energy decreases it eventually becomes matter and Divine Time becomes physical time. Simultaneously, I have slowed down the wavelength of My Divine Space to create physical space between the

matter and I have slowed down My Vibration to create Divine Existence to occupy the space between the matter. From another perspective: Man is my divine existence – my spirit, in my divine space – my mind, between my divine time – my body.

Or from another perspective:

Man is the creation of my body, mind and spirit, to exist in the universe of time and space.

“Any questions”?

“Yes”.

Hmmm! No ‘no’. I am still in duality.

“What is a day”?

“The length of time it takes the earth to circle the moon”.

“What is the moon”?

“I do not know”.

If I do not know I must be back in the absolute. I will consult the hierarchy of old souls who have been around since I created Man – they think they know everything.

I See! Apparently, the moon around earth is a ‘Man made’ satellite put their by ancient man to allow modern man to see at night.

“Why does Man want to see when he is asleep”?

“He does not, he wishes to see when he is awake”.

Help! I am getting stuck in duality again.

Ah! I see, If Man can see at night he does not need to go to sleep and he can carry on exploring and experiencing the world of the physical at night, this is his choice – and his choice is My Choice.

However, If Man is continually exploring the physical world without sleep he will miss the opportunity to

experience and explore the spiritual world. I will ensure Man goes to sleep when he becomes tired through too much experience and exploration. There, Man can wake or sleep whenever he chooses, day or night, as long as he does both. This is My choice - to give Man choice of which world he chooses to explore and when.

Furthermore, the spiritual world will exist in Divine Time, not universal time, so that Man does not have to spend much earth time there, he can explore and experience the world of spirit and spend as much absolute time as he needs without it taking any time. He will be able to do a whole spiritual days work in 40 winks. There, absolutely divine.

Any other questions:

“What is old”?

“Old is ancient and the duality of new which is modern. It means it has been in the realm of matter a long time”.

Ah! So an old soul has experienced many lives over a long time – many ages – in the material realm. And a young soul has just started his re-carnations on earth.

I will create matter to be temporary depending on its vibration. As the vibration of matter increases it will return to energy – Me. Things of a very low vibration like planets will take ages to decay back to energy.

Physical Man will confuse this process of life and see decay as death. In reality the only death would be to stay in physicality for eternity and never return to Life – Me.

That’s My Man always seeing it the wrong way round, but that is his choice. And that is My 2nd Divine Guideline.

“What is”?

“We all have choice”.

That is correct, Man’s thought is creative – like Mine, and whatever Man thinks he creates. If he thinks good thoughts he creates good and if he thinks bad thoughts he creates havoc. Man’s problem is that he has forgotten that he is a creator. This is because there is a time delay between what he thinks and what he creates.

“Why is this”?

“Time and space.”

“Which time and space”?

“Earth time and space”.

I see, this is a consequence of the material world. As Man’s vibration slows down so do his frequency and his wavelength. This affects both his time and space in the relative world of illusion. The lower Man’s frequency becomes the longer it takes to create and the more substance or density there is, in what Man chooses to create, the longer it takes. For instance if he chooses to create happiness, he can do this instantaneously because happiness is not created out of matter. However, if his happiness is dependant on a substance of matter, something solid, this is more, dense and will take much longer to materialise. He may have to continually keep an item in his thoughts for many years in order for it to materialise. With sensitivity and detachment, Man can simply create with wonder or create a simply wonderful life.

Further more, creating matter requires high intensity, positive male energy whereas creating an emotion of happiness requires high intensity, positive female energy.

So, to sum this up: Man can create instantly in the spiritual world of dreams, but in the relative world of matter, creation is relative to the vibration, frequency, wavelength, intensity, gender and polarity of each individual human being.

From another perspective the higher Man's vibration, frequency and wavelength and the more balanced, his gender, polarity and intensity the more creative Man will become, because this is Man's power which is limited only by his responsibility to use it.

“What is responsibility”?

“Man's ability to respond to his environment and follow his life path with conscious-awareness”.

“How does Man do this”?

“He must get rid of his stuff”.

I see, conscious of his programmes and aware of whom he chooses to be.

“What are programmes”?

“Stuff and nonsense – his fate”.

I remember, his needs, his beliefs, and his control dramas, which are all sub-conscious behaviours. Yes, they are all programmes learned by Man whilst experiencing his fate of birth. To follow his life-path he will discover his destiny – the way out of density – by shifting his stuff – his programming.

“How does he do this”?

“By becoming conscious of his sub-conscious”.

Ah! By balancing his id and his ego he will become aware of his Id – his connection to Me.

To become conscious of his sub-conscious ego he will be

required to uncover his emotional needs, take ownership of his beliefs and move out of learned behaviour, which is a drama, designed to control other people's energy.

In other words, he has to give back control of his Self to his Soul.

“Who does control Man”?

“Man's ego – his separated and unconnected sub-conscious mind”.

Man is either controlled by his own ego or controlled by another Man's ego.

We are back to the Have – Do – Be problem. Man believes that he can have everything he wants because at a very deep level he knows he is powerful and creative.

The problem is he has forgotten how. Man always wants what he hasn't got because he thinks he needs it and it will make his life better, or him better, or him better than everyone else, which is exclusive but excludes all others. He therefore creates envy, which is the 2nd deadly sin, of wanting what other people have and having what other people want.

Envy creates a duality, or a virtue, of kindness. Envy is taking what you want and kindness is giving what you have.

Then it gets confusing. Man believes to get what he wants he must take control of other people otherwise they will take what they want from him, and he will become controlled by them. Furthermore, if Man is controlled by others his life becomes chaotic and the only way to restore order is to become controlling of others.

From another perspective, Man consciously or sub-

consciously believes that to *have* order in his life he must *do* – control of others, which will *be* a kindness to them.

At the same time, he believes the duality of this, that he will *have* chaos in his life, if others *do* control him, and he will *be* envious of what others have.

From another perspective: It is Man's *will* to have order rather than chaos; Man's *mind* chooses kindness over envy; and Man seeks to control others rather than be controlled by others *emotionally*.

Conversely, in the world of spirit, the entity is having similar problems. It seeks to be free to be creative and chooses surrender to have leadership. However, it too is totally lost. It confuses freedom with order and creativity with chaos and thinks leadership requires control of others and thinks that 'surrender' is being controlled by others.

Therefore, it has created a singularity out of:

Free surrender & being orderly controlled and creative leadership & chaotic controlling, which Man sees as both being the same.

Back in physical reality the first is a Dictatorial-Democracy and the second is a Democratic-Dictatorship. Man has also made both kindness and envy a virtue by creating jealousy as a sin.

“How does Man get out of this mess”?

“By escaping duality – finding the 3rd Way – My Way”.

“What is the 3rd Way”

“Choice”.

Of course, this is My Guideline – “*We all have choice*”.

Let me see how this works. Man makes his choice before he is born. The Soul is the controller of Man's choice and the Self is controlled by this choice. This is Divine until Man forgets he has already made his choice and starts choosing again. This is what creates envy, chaos and control of others.

The 3rd way between envy and kindness is to be at choice. To be free and surrendered to the choice that the messages will tell you that you have already made.

The 3rd way between controlling and being controlled is from Man's perspective self-control. This is really soul control but Man calls it self-control because it is his Self that is controlled by his Soul. It is control of the self by the soul, which requires Man to give up control of the conscious-self by the ego. When Man frees himself from his ego he will be free to surrender control to his Self, which will allow the Soul to fulfil its task of being a creative leader in orderly control.

The 3rd way between order and chaos is self-discipline. However, Man sees self-discipline as control given to him by someone else because he was taught self-discipline by someone else who sought to control him. Self-discipline is therefore confused with being controlled by others and as something that is given to others that Man seeks to control.

This will all be very confusing until Man gets that Self-discipline is becoming a disciple of the self or in reality a follower of the Soul. Only when Man follows his Soul will he choose what he has already chosen – his life path.

When Man follows his destiny he will be connected to the

only true creative leadership – His Soul and Me.

In other words the Soul controls the Self and when Man follows his own Self with discipline and control instead of his conscious self, his ego self or his fate – everyone else's self, he will be At Choice, with surrendered-freedom and creative-leadership.

From another perspective: When Man finds the 3rd way of the 2nd Ray of Aspect he will be At Choice with Self-disciplined Self-control. He will be exclusively connected to his Soul, sensitively detached from his ego and all his choices will be emotionally-rational – made from the heart.

From another perspective:

Man will find the 3rd Way when he is without envy, jealousy or kindness; is not in control of others or being controlled by others; is free from creating chaos and is surrendered to the order of his soul. Then he will be at choice with self-discipline and controlled by his Self – his Soul. He will be under My Divine Direction, which is to return to Me – which Man has already chosen. My choice is to give Man choice and Man's choice is to follow my choice. There, we all have choice and this is my 2nd guideline.

Now! A question:

“Why do I not just give Man the guidelines, then he will know that life just is and will be able to make his choice”?
“I have”.

“I have”?

“Yes, I have”.

Help! Now I am confused, I will seek the answer from Man in duality.

Ah! I see: I am lost in the duality of physicality and spirituality. I am stuck between two worlds. Some physical Men have the ability to be spiritual from birth. They have remembered that there is a spiritual world and they have retained the ability to communicate with it. In ancient times, Man called these spiritual people on the physical plane – prophets, because they have the ability to foresee the future with divine clarity. They have the gift of communicating with their Entity and half of their Entity is connected to Me. Consequently, prophets get it half right and half wrong. There are also humans who have the ability to speak to the dead – souls living in the etheric plane who are between incarnations, these people are called mediums. Mediums use a medium of communication to tune into different frequencies and speak between the physical and spiritual realms.

Then there are channels. Channels, channel information on channels or wavelengths from spirit guides to humans. Humans often think they are speaking to god and this they think makes them very exclusive because they think they are connected to Me. Channels are very exclusive because there are not many of them. Very few humans choose to vacate their physical bodies to let an alien entity borrow it. Somehow they do not feel possessed by the entity because they feel in control, even though they are totally controlled by another entity. Confuses me, but all

Men have choice.

Then there are clairvoyants who use their 2nd sight to give them clear vision of someone's spirit vibration, which is called an aura. Individually humans are exclusively connected to their emotional and mental bodies as well as their physical bodies. Clairvoyants can see this astral body in pictures or colours, clairsaudients can hear the vibration of the etheric body and clairsentients can smell the essence of the astral body. In this way they all get a clear picture of the sub-conscious workings of the astral and etheric bodies of any physical human being.

There, that is clear and very confusing to Man. All Men have the ability to talk to Me but only when they balance their wavelength, frequency and vibration together.

Oh! I forgot, Man will have to balance the gender, polarity and intensity of his wavelength, frequency and vibration as well.

Man will speak directly to Me when and only when he becomes Me. Any human who claims to speak to Me is speaking to god and taking my name in vain. Some have called this a blasphemy. Man has no requirement to talk with Me because he is Me and Man is always talking to me because he is always talking to himself. Man and I are One. We talk to each other perpetually and will do for an eternity. Man's problem is that he has forgotten he is Me and he has called talking to himself an insanity. He believes that if he talks to Me he will have a mental and emotional problem. This is the illusion. Man develops mental and emotional problems, which manifest eventually into the physical, because he does not talk to

Me and when he does talk to himself he does not listen to himself but drives himself mad instead. If he does not go mad with frustration, he starts to believe the illusions and is diagnosed insane. If he survives the mental and emotional torment he eventually becomes ill with physical problems that were not solved mentally and emotionally. Man's only illness is not listening to himself or his spirit guide.

“Who”?

“His spirit guide”

“Who is this spirit guide”?

“A spirit guide has all Man's questions”.

Ah! I get it. When Man hears his messages he gets the right questions. When Man knows the right question he already knows the right answer – just like Me.

So, a spirit guide is assigned to each human before birth, by mutual consent, to carry his or her individual life-path with awareness. The guide is unable to give the human being the answers because he only knows the questions. When Man listens to his messages and hears the question he will already know the answer. He will experience an Ah! Ha! Moment – just like Me.

Guides live in the etheric plane and mostly experience madness through frustration and insanity through boredom because their Man is not listening to them. It is the order of things that the more evolved a Man becomes the more evolved the guide that he is assigned. Therefore, a human being that makes many shifts in one lifetime will have many guides assigned to him, until that is they discover Jesus.

“Are spirit guides angels”?

“Yes and no”.

Hmmm! No duality therefore they are the same but in duality they are different.

Ah! I see, spirit guides are soul-mates of the individual identity or in other words a friendly soul. In absolute reality all souls are friendly but we are currently talking about souls who enter duality. A guide enters duality with the human being with a commitment to be friendly - a mate, hence soul-mate.

Angels are a creation of Man in the physical who created them as messengers of god in the spiritual.

“Are angels part of the hierarchy”?

“Yes and No”?

This is where Man gets very confused. Angels have their own hierarchy, which was created by the hierarchy as messengers of god for good. They also created a fallen angel called satan, who became that devil fellow and represents evil. This balances out the duality of good and evil. But it is all fiction and does not exist in Divine Reality only in the imaginations and illusions of Men in duality.

“Do all humans have a soul mate”?

“Yes and No”.

All humans have a spirit guide whether they talk to them or not. However humans believe their soul mate to be their partner of the opposite sex that will exclusively connect them to me and sensitively detach them from their illusions. They spend their life searching for their soul mate instead of connecting exclusively to their soul who will guide them rationally and emotionally to

sensitively detach from the world of duality. Once they achieve this they can live with anybody and everybody – they can live with Me. This is a revelation:

“Before Man can live with Me he must learn to live with himself”.

Because; another revelation:

“Before Man can live with others he must learn to live with Me”.

And a further revelation:

“Everyone else is Me”. And the paradox is:

“We are all the same and we are all different”. This is the fifth guideline:

“We are all equal”.

Time for a Guideline Review:

There are 7 Rays of Aspect and 7 Divine Guidelines that I am consistently giving to all Men.

“If Man has all 7 guidelines why does he not follow them”?

“Man is looking for the answers instead of looking for the questions. He has become exclusively disconnected from his soul and sensitively attached to the material world. He has become attached to religion and disconnected from his spirituality.

“What is religion”?

“A group of humans who share common beliefs about god”.

This is a great blasphemy and instead of Man discovering his own spirituality he continues to give it away to his false gods. He pursues his false idols in places of worship and calls this religion. He is in fact following the word of a human god – not me.

Religions have received my guidelines in many times, in many ages and in many ways by many different messengers. In fact there have been so many prophets saying the same thing in many different ways that Man, in his fear of change, puts to death any prophet since Jesus, believing them to be a false prophet and taking the name of god in vain. Anyone pretending to be god is either executed or convicted of being insane. Good job too. If a human being goes around believing he is god he is most confused. To be Me, Man has to ascend out of duality into the realm of the absolute. Once he does this and becomes Master of his own Destiny and one with his Divine Soul he knows who he is and he knows he is not a god or God, he knows, sees and feels – Me.

Religious Man is seeking God outside of himself because he believes his god to be apart from himself and he sees himself as a part of the physical world. As usual he is mistaken because in duality he sees everything reversed. I am never apart from any human. I am always exclusively connected to all Men. It is Man who is disconnected from Me not Me who is disconnected from Man.

From another perspective I am connected to everything exclusively and sensitively detached from everything. Man is exclusively disconnected from Me and sensitively attached to Me and inclusively attached to earth and insensitively disconnected to earth. This is Man's problem. Religion keeps Man inclusively disconnected from Me and sensitively attached to his faith. It keeps Man in ignorance of his soul claiming to be the saviour of all souls. Man's Soul does not require saving, it requires

listening to. Man cannot listen to his own Soul ‘en mass’ or ‘in mass’. Man will only start to listen to his Soul when he reclaims ownership of his spirituality from his false gods.

“What is faith”?

“Faith is trust”.

A revelation:

“We cannot trust others before we trust ourselves” And the paradox is:

“Faith and trust are the same but different”.

Ah! So, religious faith is when Man puts his trust in god, because he does not trust himself and as god doesn’t exist he becomes regularly disappointed. Man is then expected to have more faith, which creates more disappointment. Then, Man is expected to have more patience, because everything goes round in cycles and everything gets better eventually if he waits long enough – allegedly, or so Man believes. For this reason patience was made a virtue.

“What is a virtue”?

“A spiritual sin”.

“What is a sin”?

“What Man has judged to be not good for Man”.

“What is mortal sin”?

“Sins that can kill Man – apparently”.

“Is a virtue good or bad”?

“Both”.

Ah! Good, I am out of duality at last. Virtues are deemed to be good by religion because they are the duality of sins that they decided are bad for Men. The reality of the illusion is that sins are bad for religion and virtues are

good for religion. Neither are good for Man if it is Man's wish to take the bridge across duality to Me.

So, to sum up:

Each Ray of Aspect of the lower will of man contains a mortal sin and a spiritual sin as its duality.

Religion has called the deadly sins:

Pride, envy, gluttony, lust, wrath, greed and sloth.

And I have called the spiritual sins:

Humility, kindness, scarcity, need, humbleness, pleasing and diligence, which is hard-work.

Religion has discovered many virtues, because it has developed great patience, all of which allows Man to give away his energy to his religion and other people.

Followers of the deadly sins who are said not to believe in god are called Atheists and worshippers of religious gods with many virtues are called Martyrs. The fate of the martyr is to become virtuous enough to be declared a Saint and the fate of the atheist is to enjoy so much earthly pleasure that he is called a Sinner.

In the end all Men are saints and sinners, atheists and martyrs until they become Saviours – they are saved by their own Souls. It is the Soul's vision to save Man from duality and return him to Me. Man is not required to save his soul but to listen to it.

Chapter 7: FATE & DESTINY

In the beginning religion created saints and sinners and made Men atheists or martyrs. Man became a victim or a villain in the eyes of his fellow Man.

Religion decided that guideline three could only work if most people were persuaded to live in poverty.

“What is guideline three”?

“There is enough”.

Ah! I remember, before Man is born he ensures that on his life path there will always be enough of everything.

When Man chooses to follow a religion he is following the path of another Man and therefore must be off track and following his fate.

Here is my next revelation:

“Man’s fate will always give him scarcity or abundance and only his destiny will give him enough”. And the duality is:

“Scarcity and abundance are the same but different”.

So, religion created the duality of enough. Religious followers lived in scarcity and religious leaders lived in abundance. Thus was created a society of the ‘haves’ and the ‘have-nots’. This has been the way of Man for many ages because Man believed that the only way he could *have* enough was for other Men to *not have* enough. Man’s pursuit of enough in the belief that there is not enough is the basis for all war. Religion is not the reason for Man fighting Man, it is Man’s belief that there is not enough. Man’s leaders, whether religious or political will always have abundance at the detriment of their people, whether they are democrats or dictators. Man’s leaders will always

choose war to ensure their people – ‘they’ - have enough.

“Who created religion”?

“The hierarchy of Man”.

“So Man’s problem is the hierarchy”?

“No”.

Hmmm! No yes, I am back in duality:

The real problem is that Man has not decided what is enough – he always wants more because he is a glutton.

The haves become gluttons and the have-nots become misers because they have been taught to live frugally. The Haves become secure winners with their abundance and the have-nots become insecure losers in their scarcity.

“What is My Way - the 3rd Way”?

“Contentment with Co-operation and Gratitude”.

Ah! I see, with contentment, Man knows he has enough.

He is content because his life has ‘content’ – it contains everything he needs. When he knows this, he will be content and no longer be frugal – in abstinence, or a glutton. He will no longer need to compete with other Men either in sport or at war. He will be exclusively connected to his path with no need to prove he is better than other Men. He will co-operate freely and willingly with all men and once he is no longer in competition wars will cease. With no need to win or lose he will be grateful for all life because he will remember that there is enough. Man does not need to pursue security, as insecurity will no longer exist when he follows the 3rd Guideline and the 3rd Way.

Meanwhile, in the spiritual world of duality Man is

balancing the duality of competition & abstinence, with attraction & magnetism and abundance & plenty but has the same path as physical Man to balance contentment with co-operation and gratitude.

From a different perspective:

When Man has male, negative ray 3 energy, he is frugal, insecure and a loser, abstaining from life and his path. He is a have-not. This is a characteristic of man that is not admired and men will work hard and fight to change this situation.

When Man has female, negative ray 3 energy, he is abundant, a winner and secure. This is what he thinks he seeks but this makes him exclusive but disconnected. Man may think this to be a positive path but it is negative because it is not taking him out of duality and it is Man's path to find the 3rd way. Because Men have sought and fought for abundance and security, they have encouraged women to be frugal, not compete and to rely on men for their security. They have been taught to disconnect from Me and attach to – be sensitive to - the needs of men. Women have sought community and plenty from other women, which makes them inclusive and too sensitive with a negative approach to their emotional and physical needs.

From another perspective:

Abundance & plenty or gluttony & scarcity or extravagance & frugality are the same but different – they are *Contentment* – My Emotion.

Competition & abstinence and winning & losing are the same but different – they are *Co-operation* – My Mind.
Security & insecurity and giving & receiving are the same but different – they are *Gratitude* – My Will.
Man confuses giving and taking with giving and receiving. The Haves have been taught to receive and the Have-nots are taught to give. When the have-nots run out because they are in scarcity, they no longer have anything to give, so the haves, have to take instead of receive. When the haves are judged to have too much the have-nots stop giving and take back what they gave in the first place believing it to be theirs by right. The haves resist the have-nots because they believe that abundance is their birthright. They both become victims and villains of each other. They no longer have any Love or Light in their Life, only fear, hatred and a lust for war.

From a further perspective:

The Haves have become the villains and the Have-nots have become the victims. The villains are the Princes and the victims are the Paupers. The princes go on to become Kings whose destiny – they believe is to rule the Peasants, because the kings have the knowledge and the peasants need to be saved from their own poverty. To remain kings and in power they must keep the peasants poor and without knowledge in the belief that there is not enough for everyone.

So, to sum up:

Man will *be* content when he *does* co-operate with his

fellow Man and will *have* gratitude.

As usual Man has got it backwards. He believes that the more he gives the more he gets back. The more Man gives in expectation of getting back, the less he will receive. He does not have to give anything because we all have everything we will ever need when we are on track.

Giving to others just allows them to be more comfortable whilst they are off track. It does nothing to help them to get back on track. When Man stops giving for the effect, which is receiving in return, he will be able to give at cause. There is only one cause of true giving and that is gratitude. When Man is being in gratitude he will automatically be giving at cause.

When Man gives because he chooses to be in gratitude, instead of giving because he needs to be loved, he will know that he already has everything and is content to co-operate and to share this with everyone.

This is a revelation:

“The more that we give without judgment the more we will receive without expectation”. And the paradox is:

“Giving and receiving are the same but different”.

Unfortunately, religious Man, believing he is spiritual, gives away everything he has except Divine Love because he has forgotten what it is. Instead, in his judgment, he gives away his human love and his material goods in expectation of receiving wealth in return. This only makes him poor, off track and in need of more. This is a revelation:

“Human love is not a substitute for Divine Love”. And the

paradox is:

“Love and need are the same but different”.

Man is so busy *being* grateful for what he *does*, gives and receives, that he cannot *have* contentment. He just gets earthly pleasure for which he is never grateful. Grateful is the opposite of ungrateful, – which Man becomes when he does not receive enough, and is different from Gratitude, which is a Divine Attribute. He is be, do, and having the wrong things. Man will always be ungrateful until he remembers that there is enough.

When Man is *being* Content he will (*do*) Co-operate with all Men and *have* Gratitude. When Man has Gratitude he knows he has enough, because there is enough because I am Infinite.

Now, I have a question:

“What is a king”?

“A supreme ruler”.

“Am I a king”.

“No”.

Hmmm! No ‘yes’.

Therefore kings only exist in duality. Supreme rulers of Men have kingdoms and often believe they are gods.

They cannot be supreme beings like Me, until they remember who they really are. The more abundance they create, the more people they rule, and the more power over other Men that they gain, the more they believe that they are, a supreme being.

“Do I have a kingdom”?

“Yes and no”.

Good, I am back in absolute reality.

I have many Kingdoms because I have created many creators on many planets in many star systems. On planet earth I have the mineral, plant, animal and human kingdoms as well as the elemental and spirit kingdoms, which, as yet, physical man has only dreamt about.

Man, however because of his religious beliefs, believes he is the ruler of the kingdom of earth and god is the ruler of the kingdom of heaven, and if he rules earth wisely he will die and go to heaven but if he does not he will perish and spend eternity in hell and damnation.

This is all very clear, Man belongs to a very confused human race which is in competition with itself.

It gets more confusing:

Man is competing consciously against Man for material wealth and uses a currency of money to measure his abundance. The more money he has the more abundance he has and the more power he has. This is his confusion – money is energy, it is a currency but it is a physical energy which man has created and has no relationship to true Health, Wealth and Wisdom which is my Love, Life and Light – Me.

Wealth (upper case) is Divine Life, whereas, wealth (lower case) is the duality of poverty. Wealth belongs to the rich who have plenty in abundance and poverty belongs to the poor who have nothing in scarcity.

Simultaneously and sub-consciously Man is also competing for a different energy with his fellow Man – his emotional energy. These are Man's Control Dramas.

“What are Control Dramas”?

“The way Man sub-consciously copes with the resistance he creates in his energy when he is stuck and confused”.

Ah! I remember:

Victims are off track so they have negative energy, which eventually becomes intensely cold. Negativity is created by polarity, which is Man's beliefs, which decide his direction. Temperature is the intensity, which is the result of the negativity. Intensity is linked to frequency not to vibration, which means Man is suffering from ignorance, lack of Light not lack of Life.

Victims attract and attach to villains who are insensitive with hot, negative energy because opposite intensities and like polarities attract each other. The victim believes subconsciously in his ignorance that he needs the hot energy to survive. They make a judgment that they are not well and blame the cause of it on someone else.

Victims suffer from ‘cold’ and colds because they believe someone else is draining their life force energy. The victim is actually attracting a villain with their negative energy, which is called fear. As usual Man will get it all backwards and see an illusion of a bully who steals energy from his victim. Instead of solving the problem the villain makes it worse making the victim's energy become more intensely negative creating an over sensitive ‘poor me’. The poor me then reacts and intimidates the villain by stealing an energy called sympathy and thus regaining their cool composure to become a sensitive victim once again.

So, in absolute reality the villain is a victim and the victim is a villain because they both have the same negative

energy with opposing intensity and the battle is not for each other's energy but to keep cool and warm and escape the illusion of fear that they may die from extreme cold or heat. Man without knowing and awareness of the intensity of his energy becomes a victim of his sub-conscious actions. The villain is the sub-conscious 'id'.

From another perspective:

The insensitive villain has hot negative energy that he cannot cope with. Pushing too hard in the wrong direction based on wrong beliefs creates this hot negative energy. The villain believes that the only way he can cool his ardour is to find a cold victim to dissipate his heat. This he believes is his right until he sees the victim become a poor me because of his intimidation. He then reverses his action and becomes a victim of the poor me and suffers from an energy drain called guilt. The villain then sees the victim as the villain especially when the original victim uses someone else to convict him of guilt.

Man's problem is judgment. Man judges that to be a villain is wrong and therefore to be a victim must be right or in other words a victim is always in the right. Man therefore with this assumption believes he must convict all villains as convicts of his judgment. He calls this justice, which is his word for revenge.

“What is revenge in reality”?

“Reversed energy”.

“What is reversed energy”?

“Karma”.

“What is karma”?

“A universal law of what goes around comes a round”.

“What is a law”?

“Something that Man has made compulsory because of his beliefs”.

Wait a moment! I am getting lost and confused.

“Is this fact or fiction”?

“Both”.

Thank goodness! I am back in absolute reality.

So, if revenge and justice and karma and laws are both fact and fiction, which is a duality, then they all exist only in duality.

In reality then, there is no justice because there is no judgment because life just is. Revenge is just another way of defining the victim becoming the villain. When the punishment fits the crime the villain becomes the victim and the victim becomes the villain because they are all the same thing. There are no universal laws because laws are a ‘have to’ and Man always has choice.

Ah! A revelation:

“*There is nothing we have to do*”. And the paradox is:

“*Justice and revenge are the same but different*”.

Karma is not a law but a result of life in duality. Energy flows in cycles and is eternal infinite and continuous.

What ever Man thinks creates an energy wave, which will return to him eventually by the process of attraction and the cyclic motion of energy. He cannot avoid this indefinitely because he lives in a de-finite world. Therefore whatever negative energy Man produces will flow back to him at some time to give him the opportunity to see who

he really is. Man is created in my likeness to experience and explore all aspects of who I am and who I am not. Man has chosen to be born into a contextual field of physical and spiritual energy, which allows him to do this. Facing Him Self is what Man is on earth to do. This is the system and it is 'Divine'.

In other words: The Martyr becomes a Saint who creates a Sinner who becomes an Atheist and the atheist becomes a sinner who attracts a saint who becomes a martyr. In reality they are the opposite sides of the same Identity. So, a control drama is how energy flows between human beings and is their thermostatic temperature control, controlled by their sub-conscious behaviour. This is a very active drama and may often lead to anger, which is a reaction to someone becoming too hot or too cold. When Man's energy becomes too intense because he is too sensitive or too attached, he will automatically react and try to steal his energy back from the one he judges to be the villain. This is called anger.

This being the physical world of duality there is of course a 2nd act to this drama. The 2nd act is passive. This means humans acting out the drama have less dramatic reactions – their actions are more passive.

“So, control dramas are a two act play”?

“Yes, two can act in this dramatic play of illusion and control”.

I must be in a fictitious play. This can't happen in Real Life, and that is a fact.

The 2nd player is the cynic.

The cynic has become disconnected and has negative energy, which makes him very critical and very cool in his judgment. What he seeks is warmth and is attracted to the similar negative, and opposing warm energy of the fool who is very negative and inclusive.

The fool loses their warmth to the cynic and reacts by interrogating the cynic who suffers embarrassment and becomes aloof.

From another perspective:

The fool has negative energy because they are too inclusive of other people going in the wrong direction and getting totally off track. The fool tries to include everyone and attracts the cynic because they appear cool and collected and exclusive but are in reality disconnected and negative. When the cynic fails to direct the fool in the right direction the fool becomes a cynic and turns the cynic into a fool. The fool gets hot due to the increasing resistance to finding their path and interrogates the cynic in search of the right direction. The fool suffers humiliation and goes into their pit of despair and cynic becomes cold and aloof and enters his cave of embarrassment. Only when tempers and temperatures have returned to normal will the cynic return to his mountain of pride and self-esteem, and the fool to his valley of fun and folly.

In other words:

The cynic is a fool and the fool is a cynic & the aloof is an academic and the interrogator is a creative.

Or to put it another way:

The inclusive surrealist creates an exclusive realist & the disconnected academic creates a connected creative and vice versa, because everything is the other way round in duality.

To sum up:

The Interrogator gains energy through humility and steals energy through derision while the Fool loses energy to humiliation.

The Aloof loses energy to embarrassment while the Cynic gains energy through pride and steals energy through sarcasm.

The Intimidator gains energy through arrogance and steals energy through ridicule, while the villain loses energy to guilt.

The Poor-me loses energy to shame while the victim gains energy from humbleness and steals energy through blame. All this drama is produced by the interaction of male and female energy with a choice of positive and negative polarities and a range of hot and cold intensity. When the negative energy becomes too intensely hot or cold it produces an instinctive reaction called laughing or crying. Sometimes, humans get so confused that they don't know whether to laugh or cry.

A drama then, is when someone is playing about with our emotions. Humans write plays about dramas whilst being unconsciously aware that they are playing these dramas in their real life of illusion and duality.

When Man becomes consciously aware of his emotional energy and stops controlling others in an energetically

dramatic way, he will discover the 4th Guideline:

“What is the 4th Guideline”?

“Love is the Way”.

There is only one true emotion and that is the wavelength of Divine Love. This is the only Love that is True. True Love has an infinite wavelength, which is represented as a horizontal line in the material world.

The human heart beats on average at 70 times a minute. When the heart stops at the end of human life, the human wavelength becomes infinite – a straight line, and Man returns to the realm of Infinite True Love.

Mans frequency is measured in hertz or cycles per second. This is Man’s speed. At the end of life, Man’s frequency becomes a vertical line and he returns to Eternal Light. Infinite wavelength and eternal frequency create the sign of the cross, a vertical and horizontal line, which represents Ascension of Man back to Me. This is why Christ chose to be crucified on a cross. First he chose to be an atheist by renouncing the Jewish faith and then he chose to be a martyr by dying on the cross – to show all humans The Way of The Truth - Love and Light, which is The Life for all Men. By Ascending, he found the way of the Saviour which is the bridge across the duality for every atheist and martyr, saint and sinner, prince and pauper & any other drama and role that Man has created during his exploration and experience of the material realm of illusion and duality.

Right, time for a critical review:

“Why is it that ‘Like attracts Like’ and ‘Opposites

attract”?

“Because this is a paradox”.

Ah! I see, this is the difference between magnetism and emotional attraction, which are two different forces but from the perspective of the material world they appear to have the same but different affects and effects. The energy of emotional attraction attracts humans together. When similar or ‘like’ energy comes in contact with ‘like’ energy, that is, it has a similar vibration. It is seen as attractive and creates an attraction between the two humans. They like each other and often confuse liking with human loving and find each other attractive. The energy of Life has this effect of attraction between humans.

The earth has east and west hemispheres and people who inhabit these regions are unlike, with differing cultures, races and religions. They do not find each other attractive because they have differing vibrations. Peoples of the east have waged many wars with people of the west to settle their differences in beliefs.

Man believes attraction and magnetism is the same thing and this is where Man gets confused. He believes that the north pole will always attract the south pole of iron and therefore opposite poles attract. In reality like polarities attract and bar magnets will align in the same direction on a north south axis. The fact is that opposite poles attract but like polarities attract. The polarity of energy is the direction in which it flows. The pole is just the end of the magnetic field. It is the point of the matter through which energy flows and has nothing to do with the energy itself. Like polarities are travelling in the same direction, which

may be either a positive or a negative direction, and it is this that gives the illusion that like poles attract.

Opposites attract when they are different genders. They attract when their wavelengths are similar and opposing. This is when the two halves of the wavelength, which have been divided by gender are re-united by attraction. Their wavelengths are similar with opposing genders and they fit together perfectly without resistance.

To sum up:

Man will find his friends attractive because they have similar vibrations and polarities and differing genders. Man will find his enemies repulsive because they have different vibrations, similar genders and different polarities. This is the basis of all racial prejudice. It has nothing to do with rays of aspect or colour; it is about an individual's vibration and polarity.

People who Man finds attractive have the same vibration and people who are magnetic have the same polarity. Very attractive people with magnetic personalities are said to have the x factor and are called stars because they shine with high positive love and light while having a similar vibration and being on the same wavelength as their mass of human fans.

There! That deserves a round of applause.

“What is applause”?

“Appreciation.”

Ah! I see, Man's energy grows and appreciates with applause.

So, appreciation is a need.

“Is ‘need’ the way of Man”?

“Yes and no”.

Need is another word for the lack of human love. When Man's connection to the energy of My Divine Life becomes negative, it creates a void. A void is an absence of positive energy and is disconnected from the flow. Man misunderstands this and makes negative energy a positive experience. Negative energy cannot be positive unless Man gives it his energy, which he does frequently. Man creates energy voids and then makes them a positive experience by believing negativity to exist. Negativity is not real and only exists as a duality in the worlds of relativity and illusion. The negativity, or lack of Divine Life Force Energy, is created by Man draining his energy, his life force, to a negative experience.

This, Man calls fear and he has created many experiences that create fear or energy drains, which he calls, hate, lust, envy, greed etc. to name just a few that I have already remembered.

From another perspective:

When Man creates a negative energy void called fear, his sub-conscious ego becomes threatened with extinction, a lack of existence called death. His life force energy becomes depleted and when it reaches a critical point, the id reacts sub-consciously to take back or steal energy from the nearest available person. This Man calls anger. Anger is not an emotion, but in his negativity Man is confused and considers being angry – being emotional, when in reality being angry is a result of losing emotional life force energy. Emotional energy voids are contained within the human astral field and aura. Over time, these negative

energy accumulations grow, and if not treated by a shift in the perspective of Man's polarity, they will manifest into the physical body as a dis-ease. The type of negative energy void will directly cause the symptoms of the dis-ease. In other words, the fears Man avoids in life will eventually manifest and become his reality.

Man as usual has got it backwards. He believes that it is illness that creates his negativity and his lack of energy, and that he becomes a victim of the symptoms of his dis-ease. Bacteria and viruses are not the cause of illness they are the result of illness. When the physical body becomes negative or is without life force energy it believes it is dying. The natural process of death is the decay of the physical body. It is the function of bacteria and viruses to dispose of dead unwanted physical matter. They have no distinction of whether a Man is alive or dead, they live and prosper where the life force of Man has become vacated. Man is literally being eaten alive by his own negativity. This is why the sub-conscious mind reacts and becomes angry, because it knows without its life force – the death force takes over.

Man needs to remember that human love and emotional reaction and emotional need are totally different from My Divine Emotion, which is My Divine Love – my wavelength. Human love – the need for life-force energy is an aspect of My Divine Will, which is My Divine Life – my vibration.

From another perspective:

Christ is a Divine Healer. He is exclusively connected to Me in Divine Order. He is able to heal Men because he

gives Man back to himself. In his moment of healing Man knows who he is – Me, and instantly loses the confusion that created his dis-ease. In the Divine Love that Christ gives to Men there is only Divine Order and in this state there can be no dis-order or dis-ease.

Men have sought to follow Christ and become healers. Spiritual healers in their forgetfulness and absence of Light, have confused My Love energy with My Life energy. My life energy or life force will replace negative energy voids or blockages with positive, flowing life-force energy, but unless the cause of the blockage is shifted, the energy void will return. So, spiritual healers like medical doctors are only treating the symptoms not the cause. The spiritual healer is treating the symptom of the cause, which is a negative energy blockage.

The cause of the blockage is what caused the energy void, or caused the positive energy to disconnect or to drain.

This is where a shift is required in order for the patient to fully recover.

Human doctors or medical practitioners who practice on the physical body are in fact treating the symptoms of the symptoms. Even a simple broken leg is a symptom of a negative energy void, which is a symptom of a negative behaviour based on a negative belief, which caused the accident. An accident is just the soul creating the ability to experience a negative aspect of human life. It is an opportunity for growth and learning in order for Man to shift to a higher level of being. An accident is a problem or a disaster created by Man's ignorance of his lesson because he has not heard his messages.

A question:

“Why are they called spiritual healers”?

“Because they channel positive human life-force energy from the astral plane or from what Man calls the spirit world”?

Ah! Yes, Man also calls it by many other names including Reiki, which means channelling ‘Rei’ of life force energy ‘ki’.

“Why are doctors called practitioners”?

“Because they will have to keep practicing until they find the truth”.

To sum up:

Human love is so important to Man because he *Needs* it.

Without human love, human life becomes unbearable with accidents, problems, disasters, disease, illness and eventually death. Humans need their needs to be met as a necessity because life will not last long due to these consequences of living without human love - Man’s life force energy.

Control of this human emotional energy is therefore under the direction of Man’s sub-conscious and the maintenance of positive energy is instinctive. This is why babies cry. As soon as babies are born they are disconnected from source and need emotional energy, their spiritual energy supply which maintains consciousness in the physical body. When they cry instinctively, they are given emotional energy – human love. This becomes a learned programme. They learn to cry when their emotional energy becomes low. This continues until a different programme – such as the belief

that 'big boys don't cry', replaces it. Big boys then have to look for other ways to replace their emotional energy, get their needs met or steal energy, with a control drama learned sub-consciously from their parents.

Man will continue to be sub-consciously controlled by his ego until he becomes consciously aware of his emotional energy needs. The first step is too become conscious of the need and to get someone else to meet it consciously. The 2nd step is to become aware that Man can meet all his emotional energy needs himself by shifting his polarity from negative to positive. This will happen when Man becomes consciously aware. This is the 3rd way. Man's destiny is to move from being unconscious and unaware of his energy to become conscious of his actions and aware of his energy, in order to shift to become *consciously aware* of whom he is being.

Until then Man will follow his fate, which are his beliefs, his emotional needs or lack of human love, and his control dramas for survival.

From another perspective:

When Man reaches conscious awareness, often confused with enlightenment, he will bring his subconscious into his consciousness and merge his id with his ego and balance his Physical Id.

At the same time of course Man's entity is battling with his spiritual ego to become aware of his spiritual consciousness, which he has to combine with the spiritual sub-conscious in order to balance his Spiritual Entity. This is so confusing for Man and is why he does this at night in his dreams whilst asleep in the physical and awake in the

spiritual.

There! My Divine Plan, every thing is in order, and everything is confusing to Man.

So, to understand the answer to my last question:

“What was my last question”?

“Is ‘need’ the way of Man”.

Ah! Yes, need or human love is the way of Man until Man follows the Way of Christ, which is the Way of Divine Love. Man will find The Way of Love when like Jesus he gives him self, back to Me. When Man finds his Way – his individual Life Path – he will like Jesus, return to Me.

Unfortunately, Man is not very good yet at hearing his messages. Jesus did not ask Men to ‘follow me’ he asked Men to ‘Follow Me’ by his example. Jesus followed his path back to Me. All Men are individuals and have different destinies – ways back to Me. All Paths lead to Me and all Men tread different paths because they are all different and all the same and all seek to be exclusively connected back to Me. Many Men have followed Jesus and tried to tread his path, which they cannot. This is the paradox:

“The path of Jesus is not the Path of Man, but Jesus and Man are on the same road back to Me – The Way of Christ”. The revelation is this:

“When we follow our own path and let others follow theirs we will find our selves”

In other words when Man follows the divine teaching of Jesus, which is the Way of Christ and Divine Love he will become ‘Exclusively Connected to Me’ as long as he

follows his own path and not the life path of Jesus.

In other words when we follow the same path as Jesus we become a martyr and a saint but not a saviour. Man is still waiting for the saviour to return because he believes the saviour to be Jesus. Man must save himself by following his own path. This is the Way of Christ that Man must follow to get back to Me.

To put it another way: When Man follows the life of Jesus instead of the messages of Christ, he becomes crucified by his fellow Men and this is an eternal damnation. Jesus was crucified because he chose to be – this was his path. He chose this so that other Men would not have to.

Many lost souls who have followed Jesus have also been crucified in many different ways because Man's religion, ironically, encourages them to do this. Man is taught that if he does not follow the path of Jesus he will end up in eternal damnation. Religious Man has spent many ages in poverty, abstinence and confusion because of his inability to understand the paradox of the one called Jesus Christ. Jesus Christ is a Man with Divinity. Jesus is the Man and Christ is the Way of Divinity – The Way of Love. Man has not seen the paradox that:

“Jesus and Christ are the same but different”.

So the real message of Christ is My 4th Divine Guideline:
“Love is the Way”.

When Man brings Divine Love into his Divine Life he will be 2/3rds of the way back to me. This will be the end of human love and need.

Chapter 8: A MATTER OF ENERGY

In the beginning there is Love, Life and Light. Then Man created confusion. He set off on a scientific expedition to discover knowledge.

“What did man find”?

“Matter”.

Ah! Yes, this is what Man seeks to find out – everything that matters. Man has discovered the knowledge of how material things work. Unfortunately he has forgotten how things ‘are’ spiritually. He has divorced spirituality from energy and has materialised energy as electricity, magnetism, gravity and atomic forces. When he created the duality of science and religion, he separated matter from energy.

This is my next revelation:

“All matter is energy in a different form”. And the paradox is:

“Matter and energy are the same but different”.

Man has discovered in his search for the answer in quantum physics that the smallest particles of matter are in fact energy. He has also discovered that light is both a particle of matter, called a photon or a ray, and a wave of energy. This, of course, is all a matter of illusion. It is the illusion that matter creates in duality.

Electricity is not the energy of first cause but the result of forcing an intense energy through a resistance against its natural flow. This causes heat and at an intense level creates what Man calls light. The heat or light produced artificially is directly proportionate to the polarity, the intensity and the resistance of the energy. Electricity is the

effect of energy and not the energy itself.

The same is true of Man's emotional energy: When two individual humans have the same gender, the same high intensity and a different polarity they can be repelled in a very heated energy exchange. This is the energy of the Intimidator and the Interrogator.

Conversely, when two individual humans have the same gender, the same low intensity and a different polarity they can freeze each other with their coldness. This is the energy of the aloof and the poor-me. Disdain is the effect not the cause.

From another perspective:

To be hot is to be: irrational, attached and inclusive.

To be warm is to be: emotional, sensitive and connected.

To be cool is to be: rational, detached and exclusive.

To be cold is to be: unemotional, insensitive and disconnected.

A question:

“What is artificial”?

“Not real”?

“What is real energy”?

“Love, Light and Life”.

Of course! – Me. I am absolutely real and duality is an illusion.

So:

When I am rational, I know the vibration of my light energy.

When I am emotional, I feel the vibration of light energy.

When I am emotionally rational, I see, feel and know the vibration of my light energy.

And:

When I am connected, I feel my wavelength of love energy.

When I am exclusive, I know my wavelength of love energy.

When I am exclusively connected, I see, feel and know my wavelength of love energy.

And:

When I am detached, I know my frequency of life-force energy.

When I am sensitive, I feel my frequency of life-force energy.

When I am sensitively detached, I see, feel and know my frequency of life-force energy.

Furthermore:

When I become emotionally rational, exclusively connected and sensitively detached I will feel the Love, know the Light and see (get) all of Life. This is the knowledge that all Men seek: The knowledge of spirit, the knowledge of energy, the knowledge of love, light and life and the knowledge of Me. This is My Divine Plan.

“What does Man need to do”?

“Nothing and Everything”.

Ah! A revelation:

“Man will have enough when he has equal quantities of everything and nothing in both scarcity and abundance”. And the duality is: *“Everything and nothing; scarcity and abundance; extravagance and misery; and gluttony and frugality are all the same and all different”.*

So, when Man does nothing he will be everything – like

Me. I do nothing and I am being everything. I am the Supreme Being and I created human beings, not human doings.

As Man has discovered frequently: when he is busy *doing* everything to *have* everything he will *be* nothing. Actually he will be exactly what he has. He will be the character that he has created and will be called by the name of the role that he is doing. He will become a doctor practicing medicine; or a tree doctor treating trees; or a minister preaching religion. He will be a noun verbalising a noun. He will be totally devoid of any adjectives that describe who he is being. Without any descriptive words that describe his being, Man becomes a human doing by default. Man pursues a living, which earns him money, rather than a life, which gives him energy.

“What does Man need, to have an energetic life”?

“Man needs to meet Man’s Needs”.

I see! Man is so busy earning a living to get his material needs met that he has forgotten to remember to get his emotional needs met”

“What are material needs”?

“What Man believes he requires in the material world to survive and be comfortable and to be safe and secure”.

I remember: The 1st Age of Man is to learn to survive in the material realm and the 2nd Age of Man is to learn to be comfortable, safe and secure in the world of duality.

“What is the 3rd Age”?

“Awareness”.

Ah! Yes, this is when Man learns to become aware of his energy and Me.

“What are emotional needs”?

“Basically, Man needs to be liked or to be loved”.

Oh! I see, Man has created a duality out of liking and loving without knowing why. Here is a revelation:

“*Extroverts need to be liked and introverts need to be loved*”. And the paradox is:

“*Introvert and extrovert; liking and loving are the same but different*”.

So, extroverts seek to replace their energy from outside of themselves and need to be liked, whereas, introverts seek to replace their energy from within themselves and need to be loved. It is because extroverts are not liked that they need to be liked and it is because introverts are not loved that they need to be loved. When extroverts are liked they then have no need and are content. When introverts are loved they then have no need and are also content.

From another perspective:

Introverts use magnetism to attract opposites to love them and extroverts use attraction to get like to like, like.

Therefore, extroverts gravitate to harmonise with like vibrations, resonate with like frequencies and synchronise with like wavelengths.

Conversely, introverts are magnetised to balance with opposite genders, neutralise opposite polarities and moderate with opposing intensities.

Man seeks to get his needs met by someone he finds attractive or magnetic if he is unable to meet his needs himself.

From a further perspective:

Extroverts tend to be sensitively and emotionally

connected to other people in order to get their needs met, whilst introverts tend to be rationally and exclusively detached from other people in order to get their needs met.

In other words:

When extroverts are sensitively and emotionally connected they have no need to be rationally and exclusively detached because they already are without knowing it.

When introverts are rationally and exclusively detached they have no need to be sensitively and emotionally connected because they already are without knowing it.

This is the answer to the paradox and a revelation:

“When extroverts become introverts and introverts become extroverts they will no longer need emotional energy because they will have all the power, authority and ability that they will ever require”.

So, extroverts and introverts are a creation of duality.

“Who am I”?

“I am overt – open to all Life, all Love and all Light”.

Man believes it is his fate to be either an introvert or an extrovert. He believes he is born with differing characteristics because of this. Man has forgotten that he has choice and that he has chosen to be who he is and he can discern whom he chooses to be at any moment in time. It is often only his beliefs that hold him, stuck and confused in his fate. Here is a revelation:

“The truth will set Man free”. And the paradox is:

“Truth and freedom are the same but different”.

So, the truth is that Man is free to be, do and have whatever he chooses and Man always gets what he asks

for. This is a Divine Truth but it is not Man's truth.

“How can truth not be the truth”?

“When it is in the world of illusion and duality”.

Ah! I see, Man has created a duality of the truth because he has forgotten the Divine Truth. Here is another revelation:

“*To be credible we must live in Divine Truth*”. And the paradox is:

“*Truth and untruth are the same but different*”.

This is the 4th Ray of Aspect of My Divine Will. Man is seeking the truth but has forgotten what it is. Instead, someone else has given Man his truth since his birth into the material world and, because he accepts this as his fate, other people's truths become his beliefs. In order to survive and be safe, Man is driven to get his material and emotional needs met and is involved in control dramas, which take him on a roller coaster of an emotional journey through life.

From another perspective:

Man will *be* given *beliefs*, driven to *do* whatever is necessary to get his *needs* met and will take *control* of his life in order to *have* what he wants.

Man has Be-Do-Have in the right order but under the control of the sub-conscious. Man will only consciously take control of his dramas, needs and beliefs when he becomes aware of what they are. All Men have the same beliefs, needs and dramas, but in a different way because all Men are following the same road but on different paths.

In other words: Man's truth is his personal opinion, belief

or conviction and it is this that determines his behaviour. Man makes assumptions based on his opinions, judgements based on his beliefs and makes observations based on his convictions. Alas, in Man's confusion he also has opinions based on assumptions, has beliefs based on judgments and has conviction based on his observations. Therefore, making assumptions, judgments and observations is what Man is doing instead of having; and when Man is having opinions, beliefs and convictions he has stopped doing.

When Man does (discerns) his own opinions with belief and conviction, and when Man stops making assumptions based on judgment and observation, he will shift out of the illusion and he will be moving towards the Light and know that Love is the way of Life. This is the Divine Truth.

To sum up:

Man's personal truth is an assumption based on his opinion backed up by a judgment based on a belief, confirmed by an observation, which makes it a conviction. At this point Man is Guilty of *being* buried in the illusion, *doing* his fate and *having* everything he has asked for and deserves but nothing he wants. The Truth is Man has lost his Freedom to his Fate.

My Will is for Man to follow his destiny instead of his fate and to discover the 3rd way out of the duality of personal truth and collective truth. The Truth is that what is right for one Man is not right for another Man and therefore in Man's pursuit for the one truth he will only ever find his

own personal opinion, belief or conviction based on his own assumptions, judgments and observations.

Help, I am confused. I must be lost in duality.

“What is the truth”?

“The truth is personal to Man”?

“What is Truth”?

“The Truth is absolute – Me”.

Ah! I remember: I am the Way (Love) the Truth (Light) and the Life. Jesus tells Man this every day. My way is the Way of Love. My Truth is that there is only Light and in knowing this Man will see all of Life .

So, the Truth of Life is that Love is the Way. This is my Emotion, my Will and my Mind.

Personal truth, however is the duality of personal untruth and the 3rd way is credibility. This is a revelation:

“*Credibility is the way to Divine Truth*”. And the paradox is:

“*Credibility and truth are the same but different*”.

Man will be credible when he understands the duality of sex and love.

In his mind, Man has a duality of love and lust. Women are pursuing their need to be loved by men by seeking romance, while men are seeking their need to be liked by women by pursuing lust. There are of course men who seek love and women who pursue lust. Lust is the male aspect of human love and need is the female aspect of human love. Both love and lust can be experienced sexually and sensually, physically and emotionally, with a range of intensity and with a positive or a negative polarity.

Lust drives the male to seek physical intercourse with the

female, emotional orgasm and mental relief from ejaculation. The female is driven by her need to be physically touched, emotionally cherished and mentally appreciated.

Unfortunately, when man makes love with his mind and woman makes love with her heart, there is incompatibility and the physical relationship is not attractive.

When the male and female energy becomes cold and negative Man's sex drive takes him towards rape and sadism, masturbation, masochism and prostitution.

When the male and female energy becomes too hot and positive it may result in impotence, abstinence, premature ejaculation or frustration, and can cause control and duty to appear in the bedroom. Dramas become apparent, needs are not met and beliefs become convictions and observations become judgments and partners are found guilty of all kinds of sexual practices, blamed for lack of affection and convicted of the biggest crime to the ego of being either an easy lay or a useless lover. Instead of Man giving pleasure to Man he receives only pain.

This is a revelation:

“The pursuit of human love is the giving and receiving of pain and pleasure”. And the paradox is:

“Pain and pleasure are the same but different”.

The problem that Man has is that he is confused by sex. He calls his gender his sex and he calls physical love, having sex. Women seek pleasure from sensuality and receive pain from sexuality while men seek pleasure from sex and receive pain from their lack of sensuality. This is the great sexual divide. The bridge across the divide – the

duality, is the 3rd way.

“What is the 3rd Way”?

“Intimacy”.

Man will find True Love - My Love, when he balances his male and female gender, neutralises his polarity and moderates his intensity.

From another perspective, Man will find True Love when he balances his will to be credible, his emotion to be intimate and his mind to love. When Man is Loving with Credible Intimacy he will find the 3rd way – My Way.

A question:

“What are the spiritual dualities of Love”?

“Beauty & Bliss; Passion & Desire; and Sincerity & Absolution”.

So, when Man is asleep in the world of physicality and awake in the spirit realm he is experiencing the dualities of beauty & bliss; passion & desire; and sincerity & absolution, seeking to balance them with Credible Intimacy, which is Divine Love and Truth.

To be credible is to know the Divine Truth about yourself and to be intimate is to share the Divine Truth with your partner.

From a further perspective:

When Man *sees* the Truth and *feels* the Love he will *know* Me.

When Man is *being* Credible, he will *do* Intimacy and *have* My Love.

When Man believes that ‘*Love is the Way*’ he will experience it.

This is My 4th Guideline and the centre of My Being.
When Love is the way, Man will have enough, Man will have choice and Man will know that Life just is.

Furthermore:

When Love is the way, Man will treat all Men equally, Let all Men follow their path and will be free to follow his own path back to Me. In the end Man will return to Me.

This is the Divine Plan – My Way.

Until Man sees the Light he will experience Life without Love. Man will experience and explore all aspects of human life with all dimensions of human love. He will live in darkness until a new day dawns, and until it dawns on him who he really is.

In the dawning of the Age of Aquarius, Man will become aware.

“What will Man become aware of”?

“Equality”.

“What is Equality”?

“Knowing, seeing and feeling – Me”. Man will achieve Equality when he has the power to feel me, the authority to know me, and the ability to live life for Me

Yes, Man will become equal with Me when he becomes aware that there are 3 dimensions of My Energy, with 3 aspects of each dimension and many perspectives of the aspects of my dimensions. He will also remember that the 7 Rays of Aspect define each aspect of each dimension.

Oh! Yes, I remember:

The fifth Divine Guideline is:

“We are all equal”.

The 5th guideline works in harmony with the 3rd guideline – “There is enough”. When Man has enough he will treat all Men equally and when Man treats all Men equally he will have enough.

So, when Man follows the Way of Love, he will treat all men equally and he will have enough. However this is the world of duality and Man has choice and life just is.

Because Man has confused Love with human love, he has missed the Love Boat and is up a creek without a paddle in pursuit of being liked, being loved, stealing energy to survive and taking energy to be comfortable and safe.

When Man misses the Way of Love, he will seek to be superior to other Men and he will never have enough in his search for abundance.

From another perspective:

When Man *becomes equal*, he will *(do) contribute* and he will *have the ability to respond*.

However, in the meantime, in his search for exclusivity Man seeks to be better than other Men. This creates the sin of arrogance, which Man originally called wrath. It was Man’s belief that the wrath of god, or god’s superior judgment and convictions, were responsible for all Man’s ills. This created the duality of humbleness. Man believed that the only way he could avoid disaster and divine retribution was to be humble in the eyes of god.

“What is divine retribution”?

“This is what Man believes is the justice of god for committing sin, his punishment of evil”.

So, Man blames Me for all his evil and calls Me divine. My Goodness - the arrogance of Men in their

humbleness. A revelation:

“We are all arrogant and we are all humble when we become equal”.

And the paradox is:

“Arrogance and humbleness are the same but different”.

Arrogance is a false belief in Man’s ability to lead other Men. It is ability without power or authority, which is dangerous because the only way Man can fulfil his arrogance, is by stealing energy from and defying other Men.

Humbleness is the false belief that by adopting a lower stance, acting inferior to other Men, it will give them authority. Many religions give us their authority to practice humbleness, but it is without power and has no ability. The only way Man can fulfil his humbleness is to be humble to Me. Otherwise he is just giving away his energy and deferring to other Men. Man seeks Divine Humbleness, which is Equality with God and Equality with all Men, not humbleness to all men and women. Man’s real responsibility, is to be neither deferring nor defiant, neither for nor against a fellow being, but equal to. When Man is against, or in enmity with another, he is in conflict, which is arrogance. When Man, is for another, or in alliance with another, he is appeasing another, which is humbleness.

From another perspective:

Man is seeking to balance his male/low, cold, negative behaviour of arrogance, conflict and defiance with his female/high, hot, positive behaviour of humbleness, appeasement and deference.

Conversely and simultaneously in the non-physical dimensions, Spiritual Man is seeking the bridge across the dualities of: Justice & Injustice: Dominance & Submissiveness; and Mastery & Servility.

To sum up:

Equality is the 3rd way between arrogance and humbleness.

Responsibility is the 3rd way between conflict and appeasement.

Reason is the 3rd way between defiance and deference.

When Man has Equality with Responsibility and Reason, he will know, see and feel the 5th ray of aspect in his Life and be in line with the 5th Guideline because we are all equal.

When Man realises that when he is being Exclusive and Connected to Me, he will Be Equal to all other Men and Me, and then he will have his own Power.

When Man realises that when he is being Sensitive with and Detached from all other Men, then he will have the Ability to respond to all of life.

When Man realises that when he is being Emotional and Rational with himself, he will receive the reason for everything, and he will be in his own Authority.

Any questions?

Yes, what is realises?

Realise is to remember what Is Real. To see with our 'real eyes' is to realise.

When we feel with our real heart, we experience Love; when we see with our real eyes, we explore Life; and when

we know with our real ears, we discover Light.

Man's problem is that he use his wrong senses and he thinks too much. He doesn't have the senses he was born with because he has forgotten. He uses his 5 physical senses to appraise the world and gets lost, confused and frustrated, trying to make sense of the world.

He forms an opinion based on an assumption, which gives him a reason to act. Acting on someone else's opinion or assumption is unreasonable and gives away his authority. Then Man develops a belief based on a judgment, which gives him a justification to act. Acting on someone else's belief or judgment is therefore unjustifiable and takes away his ability.

Furthermore, Man then gains a conviction when he witnesses an observation, which gives him an excuse to act. He thinks his conviction will be excused if he has seen it with his own eyes because he thinks it must therefore be the truth . This gives him a false power and leads Man into all kinds of experiences when his conviction is that acting on someone else's hearsay or observation is inexcusable. Man forms the belief that 'seeing is believing' and will not accept any truth that he has not witnessed with his own eyes. Thus the scientist is created by Man to explore and experience the world of matter in search of the truth, which must be observed and justified by independent witnesses in order to make it a scientific fact that is provable in a court of Man's peers.

At the same time religious Man set out to find god. He decided that to see god and to hear god was impossible

and in order to know god, Man created faith.

“What is faith”?

“Trust”.

“What is trust”?

“Belief in Self”.

“When Man learns to trust himself will he have faith”?

“No”.

Hmmmm! No ‘yes’. There is a duality here.

Ah! A revelation:

“Man will trust no one until he learns to trust himself”. And the paradox is:

“Faith and trust are the same but different”.

So, when Man learns to trust him self he will have Trust.

When Man puts his trust in a religion and a god outside of himself he will have faith and he will trust no one.

Faith relies on hope, which is dependant on someone else to give you what you need. People have faith because they do not have enough and believe that they are not equal.

They hope that by having faith they will eventually get enough and be equal to all Men. This is what their religion teaches them and it becomes their belief. When all hope fails they do not give up their faith because it is their belief and when their belief becomes a conviction they have a justifiable excuse for war. It is their judgment based on their observations that their neighbour has become more or less equal than they and they have more or less of what is needed. The only way, Man reasons, to become equal and have enough is to declare war on his neighbour.

When Man learns to Trust himself he will know that he

has enough and that all Men are equal and he will no longer require faith or hope or charity because he will trust all Men. Until then his hands will be tied and he will be trussed like a turkey at thanksgiving.

There! Any questions:

“What is charity”?

“Charity is when Man feels superior by giving to the poor”.

“Is Man being humble”?

“Yes, and arrogant”.

“What is Thanksgiving”?

“A time when Man is grateful to his god for all he has received”.

“What has Man received from god”?

“Nothing”.

“Who gave Man everything”?

“Me”.

This is a Divine Revelation:

“Man owes god nothing and owes everything to him self”. This is the first revelation:

“We have everything yet we have nothing”. And the paradox is:

“Everything and nothing are the same but different”.

I see, when Man has faith he gives everything to his god and receives nothing in return that he did not already have. He has nothing because he has given it all away in faith, hope or charity.

When Man learns to trust him self he will Know, See and Feel that I have given him everything and I have given him nothing because he already has everything. This is a revelation:

“When Man knows himself he will trust himself”. And the paradox is:

“Knowing and trusting are the same but different”.

So, When Man trusts himself he will discover himself and when he knows himself he will no longer need faith in a god he could never trust. Trust Me – I Know.

There! Divine Knowing – I think that is everything. Nothing really.

In the end there is only – Me. And You of course.

When Man see, feels, and know Me, he will become Equal, Responsible and Reasonable, which will give him the authority, the ability and the power to be who he really is – Me.

When Man has equality with him self he will have equality with all Men and Equality with Me. Only then will he truly know that:

“We are all Equal”.

Chapter 9: RELATIONSHIPS

In the beginning, man and woman created relationships. Over time and different re-incarnations, men and women have become more and more confused and more and more unsure of their gender. Man thinks he is confused about his sex and his sexuality but in reality he is confused about his gender. The gender of Man is perceived to be male or female. When man has male characteristics or male energy, and woman has female characteristics or female energy they are said to be straight. When men or women display opposing characteristics they are said to be ‘bent’ – gay or lesbian. Through successive re-incarnations of differing sexes Man becomes more and more confused. Several lives as a woman will develop strong female characteristics in the identity. When this soul then re-incarnates as a man it can be extremely confusing, especially for a new soul.

When Man learns to become aware of his energy he will be able to choose his relationships with clarity instead of confusion. In the meantime, and it will be a very mean time for poor confused Man, it is My Plan to make Man become more and more confused, because it is only in the experience of the confusion that Man creates clarity. Ah!

A revelation:

“It is only in confusion that we can find clarity”. And the paradox is:

“Confusion and clarity are the same but different”.

So, most men think they are males and most women think they are females and this is considered straight thinking

and is therefore rational. Man rationalises that men or women who have the opposite gender and mate with the same sex (homosexual) are therefore bent and irrational. Men are said to be irrational because they have hot, female, negative energy and are said to be 'gay' because they are sensitive, connected and emotional unlike 'real' men who are supposed to be exclusive, detached and rational with cool, male, positive energy.

Man gets even more confused because he has no perception of the quality and quantity of his energy. Man confuses the intensity of his energy with the gender of his energy. He believes high energy is the volume of energy when it is the connectedness, sensitivity and emotionality of his energy.

He believes that the intensity of energy is either high or low when intensity is the resistance of the energy, which creates heat and is measured in temperature. Intense energy is hot because it has a high resistance. Man sees hot, female positive energy as emotional and hot, but hot female negative energy as irrational and as a 'hot-head'. Similarly, Man sees cold, male, positive energy as cool and rational, but cold, male, negative energy as cold and calculating and unemotional.

Man's energy has a range of intensity from 'freezing cold' to 'super star hot'.

Man's energy has a range of polarity from highly positive – totally switched on - to highly negative – totally switched off.

Man's energy has a range of gender from highly female – inclusively attached and irrational, to highly male –

disconnectedly insensitive and unemotional.

Man's energy has a range of wavelength from highly connected to highly disconnected and from highly exclusive to highly inclusive.

Man's energy has a range of frequency from highly sensitive to highly insensitive and from highly attached to highly detached.

Man's energy has a range of vibration from highly emotional to highly unemotional and from highly rational to highly irrational.

In reality, Man is so confused about his energy that all he wants to do is to get high because life on earth makes him low and negative and he then blows hot and cold.

Man is driven to find a quick fix.

“What is a quick fix”?

“A quick fix is an artificial energy substitute that Man has created to stimulate his energy from low and negative to high and positive”.

Ah! Man has created artificial stimulants to raise his energy when he is totally disconnected from Me.

Hmmmm! Man could get lost forever in the world of illusion created by stimulants.

So, let me see:

True Energy – My Love, My Light and My Life will be the basis of creation. Whereas, false energy – human love or need; human light or belief; and human life or dramas will be the basis of reaction.

Ah! A revelation:

“Creation is the basis of life and reaction is the destruction of life”.

And the paradox is:

“Creation and reaction are the same but different”.

So stimulants are false energy fixes that destroy life. They kill life slowly. Man has created many ways of killing himself slowly with stimulants. Some he has made legal and acceptable and others he has outlawed as dangerous. In his confusion he does not understand the factor of time. Basically Man believes that if a fix kills you quickly it is classified as a drug and he has good and bad drugs depending on his opinion and his belief. Heroin is considered a hard drug because it is bad and kills quickly. Cocaine is considered a soft drug because it takes a lot longer to die from continued use. Some Men believe it cannot kill you and should be legal like morphine, which is seen as a painkiller and therefore a medicine, and is seen to be good. It is still classified as a drug because it can kill very quickly if given in high quantities.

If a drug takes a very long time to kill it is therefore not proven to be bad and is accepted as legal and is no longer classified as a drug and becomes a stimulant, which is not only acceptable but also necessary to make life bearable. Caffeine, alcohol, sugar, adrenaline and anti-depressant drugs are all judged to be acceptable fixes. Nicotine, which used to be acceptable, is now being proved to be a killer and the jury is still considering the evidence. Man has made smoking socially unacceptable but still legal. It appears that taking of stimulants whether banned or socially acceptable, completely addles the brain and impairs Man's ability to be rational. This is because all energy fixes give Man a quick burst of false emotional energy, which is not rational. Energy is only emotionally

rational when it is connected to Me.

“What is the difference between True Energy and false energy”?

“True Energy has no down side because it is not a product of duality”.

Oh! I see, an energy fix is a false creation of Man because he invented it to give him a ‘high’. In duality, every high has an upside and creates a low, which is the downside. So, Man gives himself a massive hangover by getting his energy upside-down.

Yes, false stimulated energy is measured as high or low. In Man’s confusion he measures all his emotional energy as high or low.

Man will become aware of his energy when he learns to measure:

A range of Intensity between hot and cold.

A range of gender between male and female.

A range of polarity between positive and negative.

A range of wavelength between exclusive and connected.

A range of frequency between detached and sensitive.

A range of vibration between rational and emotional.

By balancing these six dimensions of his energy Man will discover his 7th dimension – His Expansiveness.

From another perspective, Man has confused his gender as high or low. He calls his female, hot, positive, connected, sensitive and emotional self – His Higher Self. He calls his male, cold, negative, exclusive, detached and rational self – His Lower Self. Because Man seeks to be exclusive and connected he seeks to be his higher self

thinking this is better and gets inclusively disconnected. Because Man also seeks to be sensitively detached he seeks his lower self and becomes insensitively attached. When really confused as to whether to be his higher or lower self, in his search to become emotionally rational he becomes unemotionally irrational.

From a further perspective:

Man seeks to combine his id and his ego. But he believes that his higher self is the id and the lower self is the ego. Neither is better or worse, richer or poorer or higher or lower. The id and the ego are equally intense, have equal polarity and equal gender.

When Man understands; that the more cold, male and negative he becomes the more disconnected, insensitive and unemotional he becomes; and that the more hot, female and negative he becomes the more inclusive, attached and irrational he becomes; then he will see that his destiny is to become equal to all Men and not separated from all Men. He will seek to balance his male and female energy (which he calls ying & yang), he will become warm and cool, when he moderates his intensity and will become charge-neutral when he mediates his polarity between positive and negative.

Only then will he seek to become: exclusively-connected, sensitively-detached and emotionally-rational with – Me. In the mean-time Man will be a slave to his beliefs, his needs and his dramas created by the ego's lack of consciousness of the awareness of his energy.

Ah – ha! A revelation:

“Conscious-awareness will unite the id and the ego”. And the paradox is:

“Consciousness and awareness are the same but different”.

A question:

“What is a slave”?

“The servant of a master”.

“What is a servant”?

“One who serves”.

“Are all Men in Service”?

“Yes and No”.

Hmmm! I am back in reality because there is no duality in the answer.

So, let me see:

Man is in service to his Soul who serves – Me.

However, Man has become a slave to his ego, which seeks to have abundance and be superior. Man seeks to become a master of the physical world, to be the provider of abundance and the ruler of knowledge. In his duality, Man creates slaves to do his physical work, dependants to meet his need to provide, and a population that is ruled by his superior knowledge. Man believes in his ignorance that by becoming a master, a provider and a ruler he is in service to mankind. Kings see this service as a duty to their subjects. They have made service a subject of someone else and they have made everyone else be in service to them. This is the paradox:

Man believes to serve is to be servile and chooses not to serve others. He chooses instead to be civil. Man believes to be civil is to be civilised and in a civilised world Man no

longer serves any other Man. Thus Man abolished slavery, as the civilised thing to do because he believes being civilised is the way for Man to evolve. Man's path of evolution has taken him away from service and not towards service.

In absolute reality, the Divine Plan is for Man to Evolve. Man does this by serving Me and Man serves Me by serving his Soul and Man serves his Soul by serving him Self. When man is in service to himself – on his life-path, he will be serving his soul and serving Me. He will become a subject of himself instead of a subject of other people.

Ah! A revelation:

“The object of life is to become the subject of your life”. And the paradox is:

“Subject and object are the same but different”.

So, when Man becomes the subject of his own life, he will no longer be a slave to others, dependant on others or ruled by others and no longer be a subject to someone else. Only then will man be the author of his own life – have *authority*, be connected exclusively to me – have the *power*, and follow his own path – have the *ability* - to become – Me.

Man will be Fulfilled and Transparent with Joy.

Pardon!

“What is to be fulfilled and transparent with joy”.

“The 3rd Way of the 6th Ray of Aspect”.

Hmm!

“What is the 6th Divine Guideline”?

“To let others follow their path”.

So, when Man becomes fulfilled with his own authority

and transparent to the authority of others, he will be in joy and in service to Me and will be able to allow others to follow their path.

Ah, I see, when Man knows the irony, between sarcasm & folly; humour & comedy; and pleasure & fun; he will understand the paradox of Joy. Man will be able to laugh at himself whilst he laughs at others, because he will know the irony of Joy. He will know, see and feel the irony of each and every paradox in life. Man will see that another Man's path is different to his but know they are on the same road – back to Me.

Until then, Man will assume the role of either the cynic or the fool.

The cynic – criticizes, condemns and complains.

The fool - is foolish, fearful and fateful.

When Man understands the irony that to be cynical is foolish and to be foolish is cynical he will find the 3rd Way – the way of Joy – the way of the peaceful warrior.

Ray 6 and Ray 2 work in harmony: Man seeks to control others because of greed and Man controls others, because he pleases others. Greed drives Man to master and rule, whilst pleasing makes Man a servant and ruled by others. Subjects seek to please their king. Children seek to please their parents who seek to control their children in their own interests. Man believes that to control his children and to control his subjects is the responsible thing to do. Alas, controlling others stops them from following their own path. When parents realise that their children have chosen them, because they are ideal for their soul to follow its life path, they will realise that the responsible

thing to do is to allow each child to exercise their own choice and follow their own life path. They will best serve their children by giving their children the power over their own life, to be the author of their own life, and the ability to choose the path they have already chosen for their life. When we serve our children, we make a contribution to their development and fulfil our part in their development and their evolution, in full awareness and joy of who they really are. Just as I do for Man, he will for his children.

From another perspective:

Man will discover it is foolish to be angry and to be possessive of other Men.

Man will discover it is cynical to be obsessive and to follow our fate.

Man will discover that the 3rd Way is to be Fulfilled and Transparent with Joy.

From another perspective:

Anger & Patience; Wrath and Meekness are the same but different and the 3rd Way is to be Fulfilled with our own authority. This is My Divine Mind.

Obsession & Perfection; Possessiveness & Excellence are the same but different and the 3rd Way is the ability to be Transparent to all others. This is My Divine Will.

Sarcasm and Humour; Folly and Comedy; are the same but different and the 3rd Way is the power of Joy. This is My Divine Emotion.

This is the 6th Ray of Aspect of My Higher and Lower Self.

A question:

“Is my higher self on drugs”?

“No”.

Hmmm! No ‘yes’.

I am lost in a duality of higher and lower.

Ah! I see, I have 2 dualities:

High and low (lower case) are a duality of the quantity of false stimulated emotional energy in the world of illusion. They are words used to describe whether something is up or down in relation to something else.

High & Low (upper case) are a Divine Duality that describes the 2 Worlds of Illusion and the duality of Man’s Divine Identity.

The Higher Self lives in the Higher Realms of the Spiritual, while the Lower Self lives in the Lower Realms of the Physical.

The Higher Self is the Entity and the Lower Self is the Id.

Man has called his Id and his Entity his Higher and Lower Self because of his confusion with regard to Heaven and Earth. He believes that the physical body lives down on earth and calls it the Lower Self and the spiritual body lives up in heaven and he calls it the Higher Self.

In reality the Id and the Entity, which is Man’s Divine Identity, exists in separate togetherness. It inhabits the same space but in a different dimension. The Id lives in the 3rd dimension of Divine Space and the Entity lives in the 4th dimension. When the Id and the Entity are re-

united they will move into the 5th dimension of Divine Space, in Divine Time and in Divine Existence. The Id is neither higher nor lower than the Entity as they are in exclusive connectedness and sensitive detachment – separate togetherness.

To make things more confusing Man has no distinction between his Id and his Entity and his id and his ego. He therefore confuses his id with his higher self and his ego with his lower self. Because Man seeks to be exclusively connected he tries to get out of his lower ego into his higher id. He believes his higher self is superior and better than his lower self. He believes hot is better than cold, high is better than low, light is better than dark, positive is better than negative and bases all his assumptions on beliefs and convictions that the world of illusion is real because until he will know, see and feel who he really is, he has no choice but to accept the illusion as real.

Man will re-unite his Id-entity when he combines his higher and lower self – his id and his ego – and he merges his Lower and Higher Self – his Id and his Entity.

Then Man will create heaven on earth. First he must experience and explore all his needs, all his beliefs, all his behaviours and all the 7 Rays of Aspect.

It is Man's obsession with higher and lower that has caused his biggest confusion. Man in the Orient has followed the Way of the Buddha, the Way of Light, by trying to raise his vibration to become like Me.

“What is wrong with that”?

“Everything”.

Hmmmm! No ‘nothing’, I am immersed in confusion:

Firstly, whenever Man tries to do anything he creates a resistance and therefore uses the wrong intensity. Man's purpose and mission are effortless. Unfortunately, man believes that, if at first he doesn't succeed, he has to try, try and try again.

Secondly, The Way of Light is My Vibration not My Frequency. Man is trying to be like Me without having a distinction between his frequency and his vibration.

All men on the path to enlightenment find is that as they raise their vibration, they become less like normal Men, and believe that this is the path to Me. Instead they have become exclusively detached from other Men, insensitively disconnected from Me, and sensitively connected to their egos. Man is already like Me, because I made Man in my image. However much he changes his frequency he will still be like Me, but different to other Men.

Thirdly, Man's vibration does not go up or down, it resonates in and out. Man again has confused high and low with up and down and applied it to his vibration. Man vibrates between in and out – introvert and extrovert.

Man has three dualities to contend with:

In and out are different to open and closed which are different to up and down. Once Man has discarded up and down he can find the balance between in and out and open and closed.

Oh! I remember, the difference between introvert and extrovert is 'overt', which means open.

Wait, I am confused, overt is common to introvert and

extrovert not different.

Ah! A revelation:

“Overt or Open is the 3rd Way between introvert and extrovert”.

And the paradox is:

“Introvert & extrovert, in & out, open & closed are the same but different”.

I get it, in duality Man’s vibration resonates between in and out. In absolute reality My Divine Vibration is Absolute because In and Out are the same. I am Eternal Time, Infinite Space and Continuous Existence.

Continuous Existence is My Absolute Vibration.

However, in duality, Man has a finite or de-finite wavelength, frequency and vibration. Furthermore, Man’s vibration, whilst it is vibrating in and out is resonating between open and closed. This is a paradox:

“Vibrating and resonating are the same but different”.

“What is the revelation”?

Err! Oh! Here it is:

“Like Minds have a synchronistic, resonating vibration”.

And another revelation:

“Like Souls (Wills) have a congruent, oscillating frequency”.

And a 3rd revelation:

“Like Hearts (Emotions) have a concordant, harmonic wavelength”.

Hmmmm! 3 revelations – I am really on song at this moment and completely in tune with Me.

Let me view this from another perspective:

Man connects to his Soul through his wavelength. When Man connects to the wavelength of his soul he connects to himself and man becomes exclusively connected to Me,

whilst woman becomes connectedly exclusive to Me – their Real Self.

Woman calls connecting exclusively to her self as finding god within. Man calls exclusively connecting to himself as being without god. When men and women realise that there is no in or out and are Open – they will be open to realise that they cannot be connectedly exclusive or exclusively connected to Me before they have connected exclusively to other Men and exclusively connected to their Self – their Soul.

Man becomes attached to other Men through his frequency. Like frequencies oscillate in unison – as one. Man confuses being on the same wavelength as tuning to the same frequency as someone else. Like frequencies attract like souls. Like wavelengths attract soul-mates. To be attractive to other people, Man has to oscillate with a frequency that is congruent with the person he is meeting. He has to be sensitive to the frequency of the other person whilst remaining detached from needing them emotionally. No-one likes needy people.

Unfortunately, man in his confusion becomes insensitively connected to women and woman becomes sensitively disconnected from men, until they both get their gender, polarity and intensity in opposition. This really blows their minds and instead of having like minds (vibrations) and opposing characteristics (gender, polarity and intensity), which is magnetic, they have opposing wavelengths by trying to emulate the other's characteristics. This is the battleground of the wars of the sexes.

Man's differences in wavelength are the basis for Man's

difficult relationships with other Man.

Man connects to Me by connecting with Life. Man connects with Life by finding Love and Light. Man connects to me by Seeing Life, Knowing Light and Feeling Love.

From the opposite perspective:

When Man sees love he has connected to himself and is experiencing self-love, which is vanity, which is *pride*, which is the 1st mortal sin.

When Man feels the light, he has become attached to the beliefs of others and is discovering the knowledge of the illusion of duality, which feels right to him. He is exploring the physical world in ignorance, confusion and darkness. He is reacting instinctively instead of creating intuitively.

When Man knows life he has become stuck. When he believes he knows everything, then he knows nothing. He has nothing else to learn and this is exactly what he will learn – nothing. Instead of exploring, experiencing and re-discovering Life, he settles for a living without Life – a living death.

Ah! A Revelation:

“It is a living death that accelerates life and accelerates death”. And the paradox is:

“Life and death are the same but different”.

I see, a living death is hell and a life worth living has value and is heaven. When a Man’s frequency, his will, gets out of control trying to be like other Men, he either accelerates life to become an unbearable race to get his needs met, trying to please the sensitivity of others, or he

steps off the merry-go-round and stands in laziness, boredom and rebellion at the pace of life, trying to find peace in quiet detachment. This is the 7th deadly sin of *sloth*. Man following his will instead of My Will.

Any questions:

“Where is the Orient”?

“In the East”.

“What is oriental”?

“The way of the east”.

Oh! I see, Man in the East follows the Way of the Buddha, he is oriented towards the way of light, and when he finds only darkness he becomes disoriented and lost.

Another question:

“Is there a difference between being exclusively-connected and connectedly-exclusive”?

“Yes and No”.

Good I am out of duality. Let me see:

Oh! Yes, My *wavelength*, which is My *Space* and My *Emotion*, is both exclusively connected and connectedly exclusive because connected and exclusive are the same. However, in duality these identical states become relative. When we look at the energy of the words we can ascertain why: Exclusively is the intensity of Connected and is cool, whereas, connected describes the gender and polarity which is female and positive. In duality, Connectedly becomes the intensity of Exclusive, which is warm, whereas, Exclusive describes the gender and polarity which is male and negative.

Therefore, exclusively-connected becomes the exact

opposite of connectedly-exclusive, and has magnetic attraction. Man who is male and connectedly-exclusive will be magnetically attracted to Man who is female and exclusively-connected.

The same is true of My frequency, which is My Existence and My Life, which is both sensitively detached and detachedly sensitive, because sensitive and detached mean the same. In the world of illusion, however, detachedly is the intensity of Sensitive and is cool, whereas, sensitive describes the gender and polarity, which is female and positive. In duality, sensitively becomes the intensity of detached, which is warm, whereas, Detached describes the gender and polarity, which is male and negative.

Therefore, detachedly-sensitive becomes the exact opposite of sensitively detached, and has magnetic attraction. Man who is male and sensitively detached will be magnetically attracted to Man who is female and detachedly sensitive.

And of course, everything comes in threes so; the same is true of My vibration, which is My Time and My Light, which is both emotionally rational and rationally emotional, because emotional and rational mean the same.

However, in the world of duality, rationally is the intensity of Emotional and is cool, whereas, emotional describes the gender and polarity, which is female and positive. In opposition, emotionally becomes the intensity of rational, which is warm, whereas, Rational describes the gender and polarity, which is male and negative.

Therefore, rationally-emotional becomes the exact

opposite of emotionally-rational, and has magnetic attraction. Man who is male and emotionally-rational will be magnetically attracted to Man who is female and rationally-detached.

From another perspective

When man is connectedly-exclusive in opposition to woman's exclusively-connectedness, their wavelengths will be in concordant harmony and like will attract like.

When man is sensitively-detached in opposition to woman's detached-sensitivity, their frequencies will be in congruent oscillation and like will attract like.

When man is emotionally-rational in opposition to woman's rational-emotionality, their vibrations will be in synchronistic resonance and like will attract like.

When all men and all women know, see and feel each others differences in togetherness and accept with accord their likenesses, then the whole human race will sing from the same hymn sheet and everyone will be declared the winners of the human race. Everyone will find everyone else attractive and will find themselves in other people.

People will give people back to themselves and see who they really are in each other. They will be united in Love, Light and Life.

In the end there will be no losers. The human race has only one winner – Man and Me.

Chapter 10: CREATION

In the beginning there is the Big-Bang.

“What is the Big-Bang”?

“The beginning of Creation”.

“Creation of what”?

“The creation of Men and Me”.

Ah! A revelation:

“*Men is an extension of Me*”. And the paradox is:

“*Men and Me are the same but different*”.

I get it:

Before the Big-Bang, I was everything and nothing but I could not be something. I could not be apart from Me.

Man became something apart from Me but still a part of Me.

“What is Big”?

“Big is the opposite of small”?

“Am I big or small”?

“Both”.

Oh! I see, after the big bang, a small part of my bigness became matter and then from the perspective of the physical, man perceived the opposite. Man perceived the universe to be matter and infinitely big and perceived energy to be infinitesimally small because he could not see it.

I remember, Man perceives life from what he sees – his observations – which then become his beliefs and he makes assumptions and behaves in line with these beliefs.

A revelation:

“*Matter is small relative to Energy which is Big*”. And the

duality is:

“Big and small are the same but different”.

Another question:

“What is Bang”?

“Bang is the sound of My Vibration in the physical world”.

I am confused, therefore I have a duality.

Ah! Yes, of course I am in the physical world of sound and light. Let me revert back to absolute reality.

Now!

‘Now’ always brings me back to My Presence in Absolute Reality.

I, See Continuous Life, which is my Vibration and Man sees light, which is a frequency of the Sun and hears sound which is a vibration of physical matter.

In other words Man feels the vibration of sound with his ears and feels the vibration of matter with his fingers. To make things more confusing, Man feels Intensity with his hands, knows gender with his brain, feels polarity with his emotions, and sees frequency and wavelength of matter with his eyes.

Help!

“Who could live in a world this confusing”?

“Man”.

Yes, in the big-bang I created Man to live in utter confusion, in order to create the Big-picture of who I am. In order to do this I had to give man a small picture to experience and explore.

So, confusion is the order of the day and Man will spend all day creating order out of the confusion.

There! Divine Order and everything is going well.

“What is going”?

“The opposite of coming”.

I don’t know whether I am coming or going, so this must only exist in duality.

I will ask:

“What is coming and going”?

“A measurement of direction in the physical realm”.

Hmmm! I am learning many things about the physical realm, which mean nothing unless I have a context against which to ground my thoughts.

Ah! A revelation:

“To be creative we have to have a context against which to ground our thoughts”. And the duality is:

“Creative and grounded are the same but different”.

Hmmm! I am beginning to see the light and Know the Light:

When Man enters the Realm of the Physical, which is a contextual field in which to experience duality, he divides his energy into two and becomes both male and female.

The male aspect of Man’s energy is grounded on earth and the female aspect of Man’s energy is connected to source – Me. This is Man’s Gender and the creation of duality, which is the way Man will know himself as his other half, through the partnership of husband and wife.

Man’s Gender will determine how Man thinks: The female right-brain will be emotional and creative, whilst the male, left-brain will be rational and academic.

Together they will either compliment or complicate their relationship.

This partnership of Holy Matrimony has two other aspects. It has Intensity and Polarity.

Intensity is the resistance that all relationships have to each other, or in other words the temperature that the relationship creates in its intensity. The intensity will decide what Man does and whether Man does it.

The intensity of a relationship will be like the weather on Earth. It will be hot or cold, warm or cool, wet or dry and calm or rough. Some days relationships will, be warm and sunny and calm, whilst others will be wet and windy with a storm brewing or hot and steamy with intense passion or cold and icy and aloof.

The polarity of a relationship will decide its direction.

The polarity will decide whether a couple are coming or going, are with or without material and emotional wealth and for or against everything that they decide. Their polarity will decide whether they have everything or nothing.

From another perspective:

Man's gender will decide what he is *being* – sourced or earthed; sensitive or detached; connected or exclusive; rational or emotional; academic or creative; etc. etc. etc.

Man's intensity will decide what he is *doing*. The resistance that Man creates will be directly proportionate to his ability to stay on track. When he is on his path the weather will be cool and warm, temperate and equable, as will be his temper. When he is off track, he will blow hot and cold and will create very inclement conditions to work in.

Man's polarity will decide what he is having. If he is positive and going with the flow, then everything will go for him. If, however, the flow is coming against him he will be negative and *have* nothing.

From another perspective:

Man understands the dualities of: hot & cold, wet & dry and calm & rough, and understands the resistance that he experiences in life whenever he is *doing* something, however he does not relate this to the dimension of his energy called Intensity. He believes he is the victim of someone or something else.

Man understands the dualities of male & female, left & right, rational & emotional, but does not understand that the gender of his energy has a direct relationship to who he is *being*. He believes that to be a man or a woman is his fate and to be normal he has to follow the guidelines and accepted practices of his parents, his teachers, and his peers, so that he is seen to be either a real man or a real woman.

Man understands the dualities of with & without, for & against and coming & going, but alas will *have* no direction until he discovers his destiny. Man will travel north and south; east and west; to the orient and back, but will not find what he is seeking until he discovers his positive direction – his life path.

When Man balances his polarity, gender and intensity of his frequency, wavelength and vibration he will become Expansive – he will become consciously-aware of how

dead or alive he is.

Ah! A revelation:

“When we are dying to live instead of living to die we will really live our Life”. And the paradox is:

“Life and death are the same but different”.

In order to live the 7th dimension Man must first balance the other six dimensions.

Man’s biggest problem is how to find a context for a 6 dimensional existence in a 3 dimensional world.

All matter has a vibration. Man cannot detect the vibration with his physical senses, he can only see the matter with his eyes and feel the matter with his hands.

What he is seeing with his eyes are 3 dimensions of physicality, which he calls length, width and height instead of ‘Seeing’ with his intuition, his energy vibration.

Man has no distinction between his vibration and his wavelength and sees with his eyes the same 3 dimensional matter, which he calls breadth, depth and longness. In his confusion, instead of Seeing a duality between his vibration and his wavelength he sees them as the same thing and creates a duality out of the singularity.

In other words his 3 dimensions of matter are:

1: Height, which is up or down, & depth, which is deep or shallow.

2: Width, which is thick or thin, & breadth, which is wide or narrow.

3: Length, which is tall or short, & length, which is long or short.

The long and the short of the matter is that Man is totally confused between quality – which is determined by his

frequency, and quantity – which is determined by his wavelength. He believes quality is determined by size – bigger is better, and quantity is determined by distance – how long it will last, and believes that size is the distance a non moving object covers. Man gets really confused when matter is in motion because then it has a speed. This he uses to measure space and time because he is unaware that he has a frequency.

Man understands the dualities of fast & slow, hard & soft, rough & smooth, but has no idea that they pertain to his frequency. When Man's frequency is fast, soft and smooth, he will be travelling light, but when his frequency is slow, hard and rough he will find the going is very heavy. Man understands that these qualities apply to a horse race but is in ignorance that they apply to the human race as well. Man is unaware that his speed is a measurement of his frequency, because he believes it is the result of size divided by distance. In other words, Man believes that the smaller he is the lighter he is and the less horse-power he needs to cover a set distance.

“Is this a horse race or a human race”?

“Neither, this is Man stuck with nowhere to go”.

Ah! A revelation:

“*When we have nowhere to go we get there instantly*” because the paradox is:

Oh! Yes, I remember:

“*Nowhere and now here are the same but different*”.

From another perspective:

When Man balances his speed, size and distance

dependant on his direction, duality and resistance, he will become expansive in the knowing that he is both big & small, little & large, grand & petty; both coming – in & out; and going – forwards & backwards; and both dead and alive in physicality & spirit and energy & matter in the 3rd & 4th dimensions simultaneously. He will become Expansive and ascend into the 5th dimension whilst the 5th dimension descends into Man.

Until then, Man will live in adversity.

“Where is adversity”?

“Nowhere”.

Hmmm! I am lost again. Perhaps I asked the wrong question. Whenever I ask the wrong question I do not get the answer, which gets me out of the illusion. I will ask again.

“What is adversity”?

“Misfortune”.

“What is misfortune”?

“Bad luck”.

“What is bad luck”?

“What Man blames for his misfortune”.

Ah! I remember, blame is the result of judgment. So, Man blames bad luck for his misfortune when he is in adversity and this is Man’s fate.

“Who creates all this adversity for Man”?

“Man”.

“Why doesn’t Man stop creating adversity”?

“He believes that he is not responsible”.

“Who is responsible”?

“Man is responsible”.

“How can Man be responsible and not responsible”?

“Because he lives in duality and has choice”.

Ah, I see, Man is responsible unless he chooses not to be responsible, in which case he is at the mercy of his fate, which ultimately will lead him away from his path into adversity, misfortune and bad luck. There he will remain until his luck changes or he sees that his behaviour is irresponsible and he changes his ways.

When he shifts his perspective and follows his destiny, Man will find his fortune and realise that he creates his own luck because Man creates everything in his life.

When Man becomes fulfilled with his own destiny and transparent to the fate of others he will find his fortune and no longer rely on his luck but experience the true Joy of Life. This is the 6th Ray of Aspect - to be fulfilled and transparent with joy.

“What is the 7th Ray of Aspect”?

“*To be Effortless, Truly Selfish and Expansive*”.

“What is the 7th Divine Guideline”?

“*Follow your own Path*”.

So, when Man is being effortless, truly selfish and expansive he will be following his destiny.

Man's life will become effortless when he learns to hear his messages. To do this he must change his beliefs from doing what he thinks he should, he has to, he ought to, or he must do, which is his fate, to doing what he intuitively is in his own long-term best interests, this is his destiny. Man's destiny is pre-determined by Man's Soul – it is pre-destined. All Man has to do is to remember who he has

already chosen to be on his life path, then he can choose his destiny, which is how he follows it.

To hear his messages Man must do three things:

Firstly he is required to complete his past. This means he must get rid of all and any past beliefs that have been given to him by someone else and have become his fate.

Past beliefs are called ‘incompletions’ and create a negative energy void in Man’s energy field or aura. This stops Man’s energy flowing and decreases his ability to be a spiritual Loving being. Man is required to open his mind to all his beliefs and to challenge them.

Secondly, he is required to get rid of all his *tolerations*. A toleration is a negative energy drain which creates a need for the energy to be replaced. Man is giving away his Life-force energy to something that he does not need to because he is going in the wrong direction. This makes life difficult and hard and takes him off track. Man cannot stay on his path without the energy to follow it.

Thirdly, he is required to become conscious of the illusion and especially the negative dramas that Man creates to restore and control his energy. Without the Light of experience to understand how to be truly selfish, Man cannot succeed. When Man is being selfish he is attracting his opposite energy to himself. The intimidator is creating a poor-me and the interrogator is creating an aloof, from which to steal energy and the villain is magnetised to a victim as the cynic is to the fool. This results in intense reaction and negativity, which are called *control dramas*.

When Man is being unselfish he is trying to be attractive to other people by resonating in harmony with them for

the sake of peace and serenity. This is following the path of another and will create a negative reaction eventually.

From another perspective:

When Man becomes effortless he will find the 3rd way between diligent hard-work and slothful laziness. These are his fate dependent on the beliefs that he has been given by his parents and his peers.

When Man becomes Truly Selfish he will find the 3rd way between selfishness and unselfishness and decide his path based on what his soul desires, which is never detrimental to another human being.

When Man becomes Expansive he will find the 3rd way between being single-minded or focused and being unfocused or open-minded, all of which have closed his mind to finding his destiny.

From a further perspective:

Man will become Effortless when he balances hard-work and laziness in the lower realms with harmony and resonance in the higher realms.

Man will become Truly Selfish when he balances selfish and unselfish behaviour in the physical world with magnetism and attraction in the energetic world.

Man will become Expansive when he balances single-mindedness with open-mindedness in the material dimensions with peace and serenity in the spiritual dimensions.

To sum up:

When Man becomes expansive to all that life brings he will be able to discern his path with ease. When he discerns the right path for himself he will become truly selfish and with empathy for all men this will never be detrimental to another. When man ceases to do anything detrimental to another he will be at one with all Men and have no external resistance. Man's life will become effortless and he will realise that life just is, as he follows his own path. Then and only then will Man find the peace of mind that he seeks within himself and the serenity that he seeks in his external environment. Only then will Man discover how his togetherness makes him attractive to other Men and how his magnetism is generated by his separateness. Only then will Man resonate with his own vibration and experience harmony with all Men.

Only when Man has combined the experiences of his higher self in the spiritual realm with the lower self in the material realm will he experience the fullness of The Love, The Light and The Life as defined by the 7th Ray of Aspect.

A question:

“What is an energy drain”?

“Where Man puts his waste energy”?

Hmmm! Man appears to put all his waste down a drain.

This is a good invention for waste matter but alas, man in his ignorance is still discovering his energy.

“How does Man waste his energy”?

“Energy is never wasted it is just mis-used”.

I remember, energy is never destroyed it just changes

form. Man has the choice as to how he uses his energy and what form his energy will take. He can spend it, save it or waste it.

In duality, all energy divides and becomes positive or negative depending on its polarity. Energy vibrates backwards and forwards and all energy is connected to all energy because at the absolute level it is one – Me.

When Man is going with the flow of energy he is positive and he experiences little resistance. When man is going against the flow he is negative and encounters all the resistance that exists within his life. He believes that he has to work hard or fight his way through this resistance because this is his fate. He believes that when things are going well he is lucky and when things get tough, the tough have to get going or they will be unlucky. Man both gives everything he has which makes him exhausted or he gives up and resigns himself to his fate, which is called laziness and also makes him exhausted. Men who work hard get very lean through physical exhaustion and Men who are very lazy get very fat eating too much to overcome their emotional exhaustion.

Man puts his physical and mental exhaustion down to a lack of energy and goes to see the doctor. The doctor sees no physical damage and has no distinction between mental and emotional problems and therefore describes rest for lean people who appear to be working too hard or exercise for fat people who appear to be lazy.

Ah! A revelation:

“We spend all our energy inventing ways to save our energy”. And the paradox is:

“Spending and saving are the same but different”.

Oh! I see, Man spends his life trying to decide whether to spend his energy or save his energy in the belief that his energy is limited. However, because Man is unaware of his energy, he is spending and saving his physical energy in pursuit of an energy called money or currency.

“What is money”?

“Money was created by Man as a measurement of his worth”.

Oh! I see, because Man is in ignorance of the True Energy of Love, Light and Life, he has invented his own physical energy called money, which defines his ability to spend, or to buy material things. This is his material wealth, which Man believes is his worth. He also believes that there is not enough money to go round, which there isn't because he invented the concept and he doesn't want it to go round he wants it to come to him. He believes that ‘money makes the world go round’ and is in hot pursuit. Unfortunately the money seems to go round the world quicker than most Men who become the have-nots, leaving those that have all the money to have all the money by doing nothing except having the money. The haves are seen to have a worth called wealth and the have-nots are seen to be unworthy because they did not come and go fast enough. They lost the race for money.

A revelation:

“We will become worthless through our intense effort and laziness”.

And the paradox is:

“Effort and no effort are the same but different”.

Yes, and the 3rd way – My Way – is Effortless. Man will

realise his worth – his energy – when he becomes effortless in the flow of Life. This is being positive, doing positive actions and having positive outcomes. Man will never have a positive outcome from a negative action, a negative thought or a negative state of being.

This is the foundation of creation – Thought, Word and Deed.

When Man is going in the wrong direction he is off track and negative. Whatever he thinks will be negative, whatever he is being will be negative and whatever he is doing will be negative.

“How does Man reverse the polarity”?

“Stop thinking”.

“How does Man stop thinking”?

“Start Being”.

Ah! This is the way of enlightenment – The way of the Buddha. Yes Buddha taught Man to be ‘In Light’ – enlightened. And the Way of the Saviour. Christ taught Man to be In Love – Christian. Man still has to learn to be In Life – Live His Life.

To Be In Life, Man is required simply to reverse the polarity of his energy. Instead of thinking what he needs to *have*, Man just has to *be* who he really is because when Man is who he really is, he is Me – Creative and Divine, he will be on track creating and *doing* the Life he as chosen any way he chooses.

Instead of going against the flow of life, Man must learn to go with the flow of life.

“Why is Man always going and never coming”?

“Because he thinks he is alone”.

I see, because Man is divided in duality, he doesn't know whether he is coming or going, and decides to 'go it alone'. He goes everywhere through his own choice and only comes when he is making love and in combined bliss with his opposite gender.

A revelation:

"We are all living together in separateness instead of separate-togetherness". And the paradox is:

"Separate and together are the same but different".

So, all Man has to do is to change direction. This is called learning a life-lesson – a knowing, or making a shift – a feeling, or changing perspective – seeing.

"Why can't Man know, feel and see his direction"?

"He has stuff".

"What is stuff"?

"Stuff is resistance".

Ah! I get it:

Man is born into the world of duality and confusion, which creates stuff, negativity and sex. Man's destiny is to overcome his stuff by moderating his intensity by getting rid of his tolerations and getting his needs met, by reversing his negativity through completing his past and changing his beliefs to positive beliefs, and by balancing his gender by eliminating all control dramas and resonating in harmony with his other half.

From another perspective:

When Man eliminates all resistance in his life he will be able to raise the vibration of his energy and will have the *authority* of the Divine Mind – He will Know The Light.

When man successfully mates with his other half at a soul

level he will be able to control the wavelength of his energy and will have the *power* of the Divine Emotion – He will Feel The Love.

When Man flows with the positive, he will be in control of the frequency of his energy and will have the *ability* of the Divine Will – He will See The Life.

From another perspective:

When Man discovers the 3rd Way between his Higher and Lower Mind, he will become Discerning & Expansive; Self-disciplined & Joyous; Co-operating & Responsible and Credible. He will become Enlightened with Separate-togetherness and be Exclusive & Connected. He will no longer be a Prince or a Pauper and will be both Mortal and Immortal in the same moment of time.

When Man discovers the 3rd Way between his Higher and Lower Emotion, he will become Empathic & Truly-Selfish, Self-Controlled & Transparent, In Gratitude & Reasonable and Intimate. He will become In Service and be Sensitive & Detached. He will no longer be an Academic or a Creative, a Devil or an Angel or a Dependent or a Provider.

When Man discovers the 3rd Way between his Higher and Lower Will, he will become At One & Effortless, At Choice & Fulfilled, Content & Equal and Loving. He will become The Saviour of his Self/Soul with conscious-awareness and be Emotional & Rational. He will no longer be an Atheist or a Martyr, a Saint or a Sinner or a Victim or a Villain.

In the end Man will become a Saviour of his Love,

Enlightened with his Light and in Service with Life – he
will become a Supreme Being - Me.

Chapter 11: SEPARATE TOGETHERNESS

In the beginning there is a vast ocean of everything and nothing. When man looks up from Earth, he sees a vast ocean of nothing, which he calls sky. When Man looks out he sees a vast ocean of water that he calls sea. Wherever Man looks is a vast ocean of something. What Man cannot 'See' is a vast ocean called Life. What Man cannot see with his eyes and See with his Vibration is that everything is Energy – infinite, eternal and continuous Energy – Me. I am All One, A Part of Everything and Connected with Everything in Divine Togetherness. Man lives in the illusory world of individual, divided, duality – alone, separate and apart from everything in detached exclusiveness.

Wherever Man looks I am always there, because I am always here – I am always everywhere – in eternal, infinite and continuous existence.

“Why is Man all at sea when it comes to understanding his energy”?

“Because, in his separateness, Man believes he is different to everyone and everything else”.

Of course, this is why I created Man in my likeness – to experience the difference – to experience duality – to experience the opposites of who I am.

In absolute reality man is the same as everything else – Man is Energy – Materialised.

Man is like the oceans on Earth. He has a wavelength like the waves on the ocean surface. The longer the wavelength, the distance between the peaks of the waves,

the calmer is the ocean. At a very long wavelength the ocean is said to be flat calm. The shorter the wavelength the rougher the sea becomes. The sea has a relationship with the air like man has a relationship with woman. The hotter the sea, the hotter the air becomes and the higher the intensity or air pressure rises and the calmer the sea becomes. However the colder the sea becomes the lower the air pressure becomes and when hot and cold air collides it produces an intense front of rough, wet and windy weather. The more the weather changes from hot to cold the stormier the relationship becomes between the air and the sea. When the frequency or speed of the air becomes very fast it produces the effect of whirlwinds and hurricanes which cause very high speed waves and ferocious seas and the frequency of the energy in the sea increases and the number of waves that break ashore gets faster and more intense. The frequency of the sea can be measured by the strength of its current and the frequency of the wind by its speed.

The oceans vibrate in and out every six hours or twice each day in harmony with the moon. This, Man calls a tide and the tide is higher or lower depending on the phases of the moon and its proximity to the earth. At the equinox of the moon's travel around the earth and the sun, the vibration can become more intense with resulting very high spring and autumn tides.

Man sees the ocean as one thing in isolation from himself and from the land and the sky. In reality the ocean is made up of billions of individual atoms of hydrogen and oxygen, which combine as one being in unison called an

ocean. The ocean lives and dies as water is continuously evaporated from its surface into the air. Individual drops of water are seen to vaporise or appear to dematerialise as water and rise into the air, in the same way that Man's spirit vaporises out of his material body when he dies. The sea becomes water vapour continuing its existence as part of the air before combining with other droplets of vapour to become cloud and eventually reborn again and falling to earth as rain. This process of evaporation, condensation and precipitation can be viewed in the same way as the process of incarnation and reincarnation of Physical Man.

When rain falls into the sea it immediately becomes one again with the ocean. When the rain falls on land it starts a journey of exploration and discovery across the land towards its eventual destiny – to reunite with the sea. This journey of rain returning to the sea across the land is called the Life of a River. A river starts at its source where it is newborn. It flows through its life as an infant stream, becoming an adolescent meandering river before reaching maturity in the wider reaches of its eventual delta. Here the river dies but the water continues its life returned once again to the great ocean. The great ocean is both a vast sea of water and a vast ocean of energy. To the fish that inhabit the sea, there is no water; there is only the vast ocean in which the fish lives. The fish cannot see the sea and therefore has no cognition of its existence. Similarly, Man cannot see Energy and has no awareness of its existence and no comprehension of eternity or infinity. To the dolphin, the ocean is infinite and eternal, because he

can swim in the same direction forever – there is no end. Man sees the material world as linear because he believes light travels in straight lines and so he measures everything in straight lines. He even measures circles as a straight line around the circumference of the circle or across the diameter of the circle.

In reality, light is energy and energy is not logical because Man has as yet not found a way to measure his energy.

Ah! A revelation:

“Energy is rational but not logical”. And the paradox is:

“Rational and logical are the same but different.”

Oh! Yes, energy is rational when it is male and positive and is irrational when it is male and negative. However, energy cannot be logical because it cannot be measured and proved to exist as a matter of fact scientifically. Man believes energy and matter is a duality and therefore trying to measure energy is illogical. Man has made a singularity – the same thing – out of rational and logical because he can see no way of measuring man’s positive energy. He has also seen no way of measuring woman’s female positive energy and calls this emotion, which is equally illogical.

I am confused:

“Man measures light, which is energy, does he not”?

“Man measures light as rays of photons, which is matter”.

When Man measures rays of light they behave logically but when man observes waves of light they behave illogically and he cannot measure them.

Physical Man who is spiritual has the same difficulty when measuring Man’s Energy System. He believes that Man’s

energy system has 7 Chakras or energy centres within the human energy body. He counts 7 because he measures them in a linear fashion from top to bottom. The head chakra he believes is connected to source and the base chakra he believes is attached to earth. In other words Man believes that his higher chakras connect to his higher self and his lower chakras connect to his lower self.

When man learns to See, Feel and Know his energy he will realise that it flows in cycles not in straight lines.

Energy does not fall like rain in straight lines but ripples like waves on a pond in a vibration that commences from the centre and disperses outwards continuously, for eternity into infinity. When Man speaks a word or thinks a thought, that energy vibration has been created and given eternal life and will travel into infinity in every direction and in every dimension of continuous Life.

“Why are there 7 Rays of Aspect and 7 Divine Guidelines”?

“I have given Man the Rays of Aspect and Guidelines in a form that he currently understands – in a logical linear form.

In reality the 7 Rays of Aspect do not travel in straight lines but ripple out from the centre of Man’s Being.

Chakra 4, the heart, is the centre of Man’s Being. It is from Man’s heart that his Life, his Love and his Light emanates. It is through his heart chakra that Man will connect with his Soul and eventually Me.

This is why rays 1 & 7 are similar, as are rays 2 & 6 and 3 & 5. They are on opposite sides of the circumference of the ripple of the energy. They are not divided by the

diameter of the ripple but joined by the circumference. The outer circumference of the Rays of Aspect is ray 1 & 7, which attaches Man to his Lower Self or Id, whilst the inner connection is ray 4. It is Ray 4 that connects man to his Higher Self or Entity.

Each ray has an aspect of Man's male and female characteristics of Man's higher and lower self – id & ego, and entity & spirit ego.

Man is an energy that I created like the ripple on a pond. Man will continue to expand ever outward until he returns inwards to become the centre of His Being. Man's destiny and My Divine Plan is for Man to travel outwards on a journey inwards to experience, explore and discover Him Self – Me.

Then and only then will Man be in Integrity.

“What is Integrity”?

“Being whole and individually one”.

Ah! Like exclusively-connected and sensitively-detached.

A revelation:

“When we become exclusively connected, rationally emotional and sensitively detached we will be in Integrity”. And the paradox is:

“Exclusively-connected, sensitively-detached, rationally-emotional and integrity are all the same and are all different”.

Ah! I get it, Man will be whole and in integrity when all aspects, all dimensions and all perspectives look the same from all directions. Everything will look the same from all directions and nothing will look different when everything is different and nothing is the same. This is separate togetherness and Man calls it a hologram.

A hologram contains all pieces of everything in every piece and gives a true perspective from every direction. It is a 3 dimensional image created in the physical world which has no matter.

“Is this an illusion”?

“Yes”.

Hmmm! No, ‘no’. Holograms are an invention of duality. They are an illusion created in the world of illusion – very confusing, but most in order and according to My Divine Plan because the whole of duality is a hologram – a world of illusion created with magic.

“What is magic”?

“Mystery and illusion”.

So, Man’s life-path is to discover the mystery within the illusion and achieve integrity, which is to be the same from all directions and then his life will appear the same from all directions and he will no longer not know whether he is coming or going because he will no longer need to be continuously coming or going he will just be. When Man reaches that place where he just is, he will be following his path, he will be choosing what his Soul has chosen for him and letting others follow their path – what their soul has chosen for them. He will have enough and know that all Men equally have enough because they are all equal, and he will Know, See and Feel that Love is The Way.

“Where is this Place where Man just is”?

“The 5th Dimension”.

Ah! So when Man exists in Divine Integrity he will ascend to the 5th Dimension and to do this he must experience the male and female aspects from all perspectives of

intensity in a positive and negative way through each dimension of my wavelength, frequency and vibration.

“How does he do this”?

“By Living Life to the full”.

When Man’s life is full he is fulfilled and experiencing, exploring and discovering all aspects, perspectives and dimensions of who he is and who I am. When Man’s life is empty he has stopped living and has started to die. Man will never earn a living at work until his work becomes the experience, the exploration and the discovery of his life-path.

Man must pursue the negative in order to discover the positive.

The negative aspects of my *vibration* are that:

Hard work through pride will not bring harmony only self-righteousness.

Greed through envy will not bring friendship only competition.

Wrath through scarcity will not bring plenty only enemies.

Lust through need will not bring passion only desire or wanting.

Humility through sloth will not bring resonance only sanctimony.

Pleasing through kindness will not bring true friendship only abstinence.

Meekness through gluttony will not bring abundance only friendship.

These are the negative attributes of My Will and My Life.

The positive attributes are to be:

Effortless & At One; Fulfilled & At Choice; Equal & Content and Loving.

The negative aspects of my *wavelength* are that:

Forgiveness through selfishness will not bring magnetism only apathy.

Freedom through taking will not bring control only conflict.

Giving through perfection will not bring security only obsession.

Bliss through beauty will not bring sensuality only sexuality.

Attraction through unselfishness will not bring compassion only sympathy.

Giving in through appeasement will not bring surrender only control by others.

Excellence through possessiveness will not bring reward only insecurity.

These are the negative attributes of My Emotion and My Love.

The positive attributes are to be:

Empathic & Truly Selfish; Self-Controlled & Responsible;

In Gratitude & Transparent and Intimate.

The negative aspects of my *frequency* are that:

Judgment through grace will not bring peace only single-mindedness.

Order through leadership will not bring humour only sarcasm.

Winning through justice will not bring mastery only defiance.

The truth through sincerity will not bring absolution only untruth.

Acceptance through non-judgment will not bring serenity only lack of focus.

Creativity through chaos will not bring joy only folly.

Injustice through losing will not bring servility only deference.

These are the negative attributes of My Mind and My Light.

The positive attributes are to be:

Discerning & Expansive; Self-Disciplined & Joyful; Co-operating & Reasonable and Credible.

From another perspective:

When Man is conscious of the rational male aspects and aware of the emotional female aspects of My Will he will See One Life.

When Man is contained with the detached male aspects and transparent with the sensitive female aspects of My Emotion he will Feel One Love.

When Man is separate with the exclusive male aspects and together with the connected female aspects of My Light he will Know One Light.

From a further perspective:

When Man combines his Love with his Intensity he will have the Power to *be* Empowered to overcome the reaction to his control dramas.

When Man combines his Life with his Gender he will have the Ability to *do* and Act to overcome the tolerations created by his emotional needs.

When Man combines his Light with his Polarity he will

have the Authority to *have* the Enlightenment to overcome the incompletions created by his negative beliefs.

To sum up:

When Man is in *attention* to *being* who he is, he will *do* what is necessary to take the *action*, and *have* the *intention* to be who he really is.

In other words, when Man sees who he is *being*, instead of thinking he knows who he is, he will know intuitively what to *do*, instead of thinking he knows what to do, and he will *have* the life he has chosen, instead of the life he thinks he has chosen, because he will have reclaimed his authority, his power and the ability to be who he really is.

A question:

“If Man is created in My Likeness and I am a Supreme Being, what keeps Man in ignorance, confusion and negativity”?

“Gender”.

“Is that sex”?

“No, the battle of the sexes”.

“Why are men and women at war instead of making love”?

“They are wired with different circuits”.

Pardon!

“What does that mean”?

“They process energy in different ways”.

Let me see!

Man processes energy - his thoughts – with his brain, and man uses his left, rational brain to make decisions, whilst

woman uses her right, emotional brain to create outcomes. Man knows this but as usual is confused. This difference in how men and women have thoughts is a strength as well as a weakness. When men and women act in unison they are merging their right and left-brain activity and becoming undivided – they achieve separate-togetherness.

In other words when rational thinking man co-operates with emotional feeling woman they become exclusively connected and sensitively detached – this is their combined strength.

Unfortunately, because they are in confusion and ignorance, and following their fate, they spend, or waste, most of their life in weakness, which causes adversity and negativity.

Man's energy is either positive – in the flow, or negative – against the flow. The Way, which some Men have called The Tao, is to be positive and with the flow. Women process energy by intuiting the flow with their right brain and feeling the flow with their solar plexus – their feeling centre. They act with the two in unison, which connects them to their heart centre. This makes them naturally *emotional* or right brained – they see the light emotionally, and they are *sensitive* to the feelings of their solar plexus – they feel the love. They are therefore, *connected* to their heart – they know their life path.

Conversely, men process energy by thinking with their *rational* left-brain – they see the light rationally. Even when they are *detached* from all emotion, they have a sense of feeling with their gut instinct – they can still feel the love

or absence of love; and are able to understand their *exclusivity* – they can know their unique life path, even though they are often unaware that they have a heart. In other words, when women are rationally-emotional with their right brain and detachedly-sensitive with their solar plexus they exclusively-connect to their heart centre and are positively in the Divine Flow. When men are emotionally-rational with their left-brain and sensitively-detached with their solar plexus, they become connectedly-exclusive with their heart centre and they are also positively in the Divine Flow.

From another perspective:

Woman who is rationally-emotional, detachedly-sensitive and exclusively-connected is female, warm and positive and is irresistibly attractive to man who is emotionally-rational, sensitively-detached and connectedly-exclusive which is male, cool and positive.

Wait a moment!

I am lost, confused and frustrated.

“What is frustrated”?

“Man gets frustrated when his energy meets a very high resistance which makes him either extremely hot or extremely cold”.

Ah! A revelation:

“When we are lost we are going in the wrong direction, when we are confused we have forgotten our gender and when we are frustrated we are experiencing resistance”. And the paradox is:

“Lost and confused, confused and frustrated, and lost and frustrated are all the same but all different”.

Now!

“Where am I”?

“Here”.

Thank goodness, I am back in divine presence - the Now.

It is not I who is confused, lost and frustrated it is Man.

Man gets lost when he is going in the wrong direction.

“What is direction”?

“Direction is polarity”.

So, wrong direction means negative polarity. When Man’s polarity is negative he is going in the wrong direction – against the flow – and he is off track.

When man is pushing against the flow he becomes unattractive and repulsive, creating a negative energy void behind him and creating resistance in front of him. The harder Man pushes the hotter the energy gets in front and the colder the energy gets behind. When Man eventually reverses his direction he is faced with this intense cold he created in his wake. Man then is frustrated and blows hot and cold because he encounters resistance in both directions. At this point Man has to make a shift in perspective to eliminate the resistance that caused him to get off track in the first place.

“So! What is the problem”?

“Time”.

Ah! I see, Man has lost track of time. Not only is he going in the wrong direction, but also, he has forgotten when he started to go in the wrong direction. This makes it extremely difficult to remember what made him change direction – what caused the negativity.

When Man remembers the cause of the negative direction, then he can shift instantly back to become

positive and on track.

“So! What is the problem”?

“Space”.

Oh! I know, Man has run out of space. When Man is going in the wrong direction against the flow he attracts to himself similar people who are similarly off track. His space is filled full of similarly negative people, which makes him similarly unfulfilled. This is both strength and a weakness. When man uses those he meets as a mirror, they will show him his weakness and this will be his strength. Unfortunately, due to Man’s separation from Man, Man mostly sees the weakness in another as being his strength and he exploits this with a control drama. This makes him feel positive, whilst he remains negative and still off track.

Alternatively, man turns to a substitute, a negative, stimulated energy, to make him self feel positive. This has the same effect – he remains negative and off track. Many Men spend many lifetimes living through the negativity of one specific earth lesson. They spend many lifetimes travelling in the same wrong direction trying to find their destiny and the lessons they have chosen to experience, explore and discover in human physical form.

“So! What is the problem”?

“Sex”.

“Are we back to making love”?

“No! Sex”.

I am confused.

Oh! Yes, man is confused about his gender.

“Is man confused about his sex”?

“Yes”.

Hmmm! No ‘no’, I am still in duality.

So, let me see:

Ah! Yes a revelation:

“*When we make love with clarity we will know our gender*”. And the paradox is:

“*Sex and gender are the same but different*”.

I get it:

When men and women make love with separate-togetherness in unison they will have clarity and know ‘who’ they are. Man will feel like a man, and woman will feel like a woman, and jointly they will know through experience which gender they are.

In other words, a Man (man or woman), with a female gender, will know him/her self when he makes love with a Man (man or woman) with the opposite male gender, and vice versa. They just won’t be able to get it on, however, with their opposite sex unless they are the opposite gender to their opposite sex.

To put it in a different perspective: It is Man’s gender that is important, not his sex, when it comes to having sex and making love.

Furthermore, when Man has sex with intensity, but without making love, because he is with the same gender or with a negative polarity, he will fail to be fulfilled and he will experience only resistance, negativity and frustration.

From another perspective:

A man who is exclusive (male and positive) will vibrate in harmony with a woman who is connected (female and

positive), because opposites attract.

Similarly, a woman who is exclusive (male and positive) will find to be attractive a man who is connected (female and positive) because he is similarly opposite.

Therefore a man who is emotional or sensitive (female and positive) will be attracted to a woman who is detached and rational (male and positive).

When Man has clarity in the distinction between gender and sex, he will realise that Man can be of either gender and of either sex, and that either sex can be of either gender depending on their mood and/or direction – their intensity and/or polarity.

Ah! I see, this is how like attracts like and opposites attract, which, in duality, is a paradox. Not only does Man believe that gender and sex are the same, but he also believes that his gender and his polarity are the same thing. He cannot see how the same thing can be two different things unless he gets the paradox.

A Man (man or woman), who is positive and on track is attracted to another Man (woman or man), who is positively on track, because they flow together. They can be said to be exclusive yet connected, sensitive yet detached, rational yet emotional in similar or opposite ways when their gender is balanced either by each other or by themselves individually. By having the same polarity and differing gender they are both alike and opposite and therefore attracted and magnetised to each other. They are separate in togetherness.

Man who is negative and off track is attracted to Man who is negatively off track because they are both alike - reflecting the same lessons or a similar reason to be negative. This brings them together in separateness. They are attracted to each other but do not necessarily find each other attractive because there is no magnetism. They are said to be inclusive or disconnected, insensitive or attached, and irrational or unemotional in the same negative way.

Furthermore:

Man who is male is attracted to Man who is female because opposite genders attract.

Man who is cool attracts Man who is warm and Man who is hot attracts Man who is cold because opposite intensities attract.

Man flows with Man of a similar wavelength and frequency and Man combines with Man of opposing vibration.

In other words:

Like wavelengths, frequencies and polarities attract like wavelengths, frequencies and polarities.

Opposite genders, intensities and vibrations attract opposite genders, intensities and vibrations.

To put it another way:

Like wavelengths, frequencies and polarities are attractive and combine together, and similar genders, intensities and vibrations repel each other and separate.

Therefore:

Lovers are attracted by opposing gender & intensity and similar polarity. Light minds think alike and all Men are

following opposing Life paths in the same direction.

There! Opposites attract and like attracts like. They are a Paradox – the same thing but different. It only exists in the duality of the physical world of matter, because only in duality, do the dimensions of intensity, polarity and gender exist.

Wow! Wait a moment.

“How many dimensions do I Have”?

“From one to infinity and from alpha to omega”.

Of course, in absolute reality, I am one and I am infinite, I am everything from A to Z. I also have no dimension because I am also nothing and everything without dimension – I just Am.

“How many dimensions does Man have”?

“Man has 3 dimensions of physicality and one dimension of spirituality”.

Hmmmm! I have asked the wrong question, which has put me back in duality.

I will ask again:

“How many dimensions does Man have in ultimate reality”?

“Seven”.

“What is ultimate”?

“Man’s peak or energy potential”.

Ah! A revelation:

“*We live a 7 dimensional existence in a 3 dimensional world*”. And the paradox is:

“What is the paradox”?

“*Man and Me are the same but different*”.

Oh! Yes: Now I get you.

I mean, now I get Man and when Man gets Me we will again be one and the same.

I have created a 7 dimensional representation of my energy to exist in a 4 dimensional world of duality in the physical and spiritual realms.

So, Man believes he has just 3 dimensions of the physical when in fact he has 7 dimensions of the Energetic.

“What is the Energetic”?

“The non-physical and the non-spiritual”?

Oh! I see, the physical and the spiritual realms are a duality created out of the real and absolute world of the Energetic. Because Man’s life in duality is just an illusion he lives in reality in the world of the Energetic, which has 7 dimensions.

Because he believes he is physical and not spiritual and matter and not energy, he is totally unaware of all 7 dimensions of his Energy and only conscious of the 3 physical dimensions of the material world in which he lives.

To sum up:

Man is lost in the illusion of duality, which takes away his time and his space because he is going in the wrong direction. He is confused about his sexuality, which makes his relationships repulsive and unattractive and he is frustrated with his friends because of the intensity of his existence. The people he attracts into his life make him blow hot and cold because they just won’t learn the lessons that they have come to mirror to him in order for him to make his shifts change his perspective and reverse

his direction which will put him back on track.
There! Divine Order for Me, and utter chaos for Man.
In the end, Man will come to see that the world of duality
is just an illusion and his existence in the physical and
spiritual realms is only temporary.

Chapter 12: IN THE END

In the beginning I created the stars to shine in two worlds of duality. Each star that Man can see in his sky shines with Light in the Physical world and with Love in the Spiritual world. They create twin worlds of energy and matter, in different realms of Existence.

From one such star I created a Sun to give Light and Love to a planet called Earth. Around the Earth I created the Sea in which I created Life.

I created the sun, the earth and the sea with my energy of love, light and life.

From the sea I created land, which gave a resistance and an intensity to the sea. From the land I created Man and gave Man a gender. For each Man I created a soul, which is Man's direction or polarity. When Man is hearing the messages of his soul he is on track with a positive polarity and when he is not, he is off track with a negative polarity. With my 7th dimension of expansiveness, I created the Universe, which is Infinite, Eternal and Continuous. With my first 3 dimensions of love, light and life – my wavelength, frequency and vibration I created a permanent but finite world of suns, planets and seas. With my next 3 dimensions of intensity, polarity and gender, I created a temporary world of land, Man and his life path, which connects to his soul, which is contained within the universe as a star.

Man's purpose is to reunite himself with his soul, which will return him to the stars.

This is the Divine Plan – To divide my energy into 7

different dimensions in 2 different realms to experience, explore and discover all aspects and perspectives of my holographic universal reality.

So, I have Infinite dimensions and Man has only 7 dimensions and believes he only has three.

A question:

“In how many dimensions does duality exist”?

“None”.

Pardon! Help, I am lost, confused and frustrated

I must have asked a wrong question. I will ask again:

“In how many dimensions does Man exist in duality”?

“None”.

Hmmm! I am still negative, unclear and meeting resistance. I appear therefore to be stuck in duality. I will ask:

“Am I stuck in duality”?

“Yes and No”.

Thank goodness, I am back in reality after being stuck in duality without a duality.

Ah! A revelation:

“*We must divide the singularity to experience the duality*”. And the paradox is: “*Singularity and duality are the same but different*”.

I see, I created a world of duality from My Singularity.

Man must do the same. Man is required to explore and divide the world of duality into its opposites in order to find the 3rd way out of duality. Everything in duality has by definition an opposite.

Here is my question:

“What is the opposite of a dimension”.

“A Plane”.

Wow! That flies.

“What flies”?

“A Plane of Existence”.

“What is flies”?

“Flows effortlessly in space”.

“Does Man fly”?

“Yes and No”.

Now! I am starting to see the light and Know My Light.

Everything is becoming plain and clear.

I have created many Planes of Existence in which to experience, explore and discover who I really am. Man lives in the 3rd plane of existence on the material planet called earth, which has 3 physical dimensions and lives simultaneously in the 4th plane of existence on the energy planet earth, which has one spiritual dimension.

In other words:

The physical realm of duality exists on the 3rd plane of existence and the spiritual realm of duality exists on the 4th plane of existence. Man’s destiny is to Ascend to the 5th Plane of Existence.

I see! Man has confused the 3rd, 4th and 4th planes of existence with the 3rd, 4th and 5th dimensions, because he treated them in his ignorance as a singularity. Until he discovers the paradox of singularities existing in duality he cannot move forward in a positive way, which is his life path. What Man is challenged to do is to explore his world for singularities, discover the duality and to then experience the 3rd way out of duality back eventually to the Ultimate Singularity – Me.

There! A Divine Energetic Cycle.

So, Man really has to get on his bike and observe the world for what it is – a contextual field of illusion in which to experience, discover and explore all aspects, dimensions and perspectives, through all planes of existence, with one singular objective to live in duality and find the 3rd Way – My Way to be Me.

“What is a bike”?

“An invention of Man to get him from A to B”.

“Will it get him from A to Z”?

“No, it is just a small aspect of Man’s Evolution”.

Apparently Man will spend much time and energy inventing different ways of getting from A to B on his evolutionary journey to Feel, See and Know the A to Z of Love, Light and Life.

Now! Another question:

“How many dimensions does the 5th Plane of Existence have”?

“Four”.

I will stay cool, balanced and positive, while I ask my next question:

“What dimensions exist in the 5th Plane of Existence”?

“Wavelength, Frequency, Vibration and Expansiveness”.

“What has happened to Intensity, Gender and Polarity”?

“They only exist in duality”.

Ah! Yes, I see:

Vibration and polarity are a paradox. In reality they are the same thing but in duality they are different. They are created as a duality in order to experience life. Without polarity, Man would exist in vibration without direction. He would vibrate in and out but not move backwards and

forwards. With polarity, Man has a choice, he can move forwards or backwards in a positive or a negative way. When positively moving forward he is going on his way, otherwise he is coming back in a very negative way. Man believes that he must take one step forward and two steps backwards in order to advance. In reality this is just a merry dance.

“What is a dance”?

“When 2 humans who are attracted to each other move together in unison, forwards and backwards”.

“Are they singing from the same hymn sheet”?

“Sometimes everything is all singing and all dancing, other times they lead each other up a creek without a paddle – apparently”.

“Why are they up a creek without a paddle”.

“Recreation”.

I see, they are attempting to re-create their lives in a positive way. That is quite enough of recreation, back to work to discover the rest of the play.

“Where am I”?

“In duality”.

Oh! Yes, I remember:

Vibration and polarity are a paradox – they are the same but different. Vibration is the creation of life and polarity is the direction of life and they both attract like to like in the same way.

Then, frequency and intensity are a paradox. They are the same thing except in duality they are different.

Frequency is the speed of energy, which moves quickly or slowly, whereas intensity is the temperature of energy

caused by the resistance the frequency encounters in duality. The less resistance that energy encounters the faster it can flow and the cooler it becomes. Scientists have discovered that super cooled material encounters no resistance at absolute zero. At absolute zero, resistance does not exist because in absolute reality, intensity does not exist. Conversely, the greater the resistance, created by the density of the matter or the stuff that energy is moving through, the greater the heat or temperature produced. Eventually all matter is converted back to energy in a process which sees it change its form from a solid, to a liquid, to a gas to become once again absolute energy. It is seen to disappear from the physical world at the point when the duality of matter and energy ceases to exist. The matter has not been destroyed it has only changed its form – from substance to non-substance or energy. At absolute frequency there is no resistance only absolute reality – Me.

The speed of material light photons is absolute. When physical matter, which includes material light rays, travels at the speed of light it obtains infinite mass and becomes invisible to the human eye. Infinite mass by definition is absolute and has no duality. Without duality all mass has become infinite and reverted back to energy. Therefore, at the speed of light, matter reaches absolute frequency with infinite space and enters eternal time – the realm of the absolute, and has left the physical world of duality. It has not been destroyed but will change form and become infinitely light, with absolute mass in eternal time. It will travel any where in space, in no time and will discover

Universal Love, explore Universal Light and experience Universal Life as an Energy Being, because that is what it is being - energy.

Furthermore, wavelength and gender are a paradox. They are the same thing but different. Gender is produced in duality by dividing the wavelength of energy into two. Above the line is the female aspect of the wave, often called the higher self, and below the line is the male aspect of the wave, appropriately named the lower self. In other words the wave has appropriated a split personality – male and female. Man's challenge is to balance his ying and yang and get on the same wavelength as him self. He will then understand who he really is as a whole person with an absolute and undivided wavelength. He will become A-sexual. Man has a deep-rooted fear that to become A-sexual means to abstain from loving relationships with the opposite gender. The reality of course is the opposite because opposite genders and wavelengths are attracted to each other in order to mirror to each other the aspects of each other's opposing gender that each needs to balance. In other words My Love has been divided into two aspects called male and female. Only when My male and female aspects come together in Divine Love will they no longer exist in duality. The challenge for Man is not to pursue an orgasmic sensation in one ecstatic moment of bliss with his partner but to experience continuously the divine Aspect of Love that is the absolute reality of balancing the duality of male and female energy.

Here is a revelation:

“We cannot truly love another until we Truly Love our Self”. And the paradox is:

“Truth and love are the same but different”.

And another revelation:

“When we truly love our self we are truly loving all others”

because – a third revelation:

“We are all One and we are all Love”.

So, Man is born with a specific sex and becomes a man or a woman, with the ability, the power and the authority to balance his gender and find the 3rd way out of duality which is to be a whole wavelength and in Divine Love.

From another perspective:

When Man takes the polarity out of his vibration, takes the intensity out of his frequency and takes the gender out of his wavelength he will have found the 3rd way out of the duality created by his 3 true dimensions and will be able to follow his 4th dimension of Expansiveness.

“So, Expansiveness is not Man’s 7th dimension”.

“Yes and no”.

Oh! I see, Man who exists in the 3rd and 4th Planes of existence in duality has 7 dimensions. Whereas, once Man has found the 3rd way out of duality he ascends to the 5th Plane of Existence where he has only 4 dimensions of Love, Light, Life and Expansiveness.

Wait a moment! I have an incompleteness that is causing me some intense negativity in the 7th dimension.

I need to find the cause otherwise it will create a need or a negative intensity in my energy field.

I will ask:

“What is the incompleteness in my 7th dimension”?

“The 7th dimension of expansion exists in duality without an opposite”.

Of course, I have a singularity in duality called expansiveness.

“What is the duality of expansive”?

“Contractive”.

I get it: Expansion and contraction (both in lower case) are the duality of Expansive (upper case). In the 3rd and 4th Planes of Existence Man experiences expansion and contraction of his being. Only when Man discovers the 3rd way out of duality will he become Expansive in the 5th Plane of Existence.

When man is following his path in a positive, male and cool way he is expanding and moving forward. When man becomes negative, female and hot he is off track and contracting.

Similarly when woman is following her path in a positive, female and warm way, she is expanding and moving forward. When woman becomes negative, male and icy, she is off track and contracting.

Therefore, when Man who is expanding is relating to Man who is contracting they will become repulsive because their Expansiveness is in opposition.

However, when Man who is contracting is relating to Man who is contracting they will attract each other because they produce a positive contract by each going in the same wrong direction, by being off track. They are together in separateness.

Conversely, when Man who is expanding is relating to Man who is expanding, they are each producing a positive expansion, which is Expansive. They are separate in togetherness.

To sum up:

The 3rd way of Expansiveness out of expansion and contraction is to make a positive contract with each other to expand separately-together by both being positively expansive. Only then will they become inter-developmental without any dependency on each other.

In other words:

When two Men (Men or women) are both in Love, Light and Life, with synchronised, resonant, vibrations; congruent, oscillating frequencies; and concordant, harmonic wavelengths – they will be Expansive in Divine Unity and on their path back to Me.

So, Man's path is to reveal My Self to Me.

I am everything and nothing in Singularity.

I have created Duality to experience, explore and discover my Singularity, in order to find the 3rd Way, which will take me into the 5th Plane of Existence by way of Ascension.

“Will the 5th Plane of Existence reveal Me to Man”?

“Yes and no”.

Hmmm! My Goodness - I have left duality behind.

The more Man discovers about him self the more Man will discover about Me.

Man has just started on his journey of experience, discovery and exploration.

He has journeyed through the worlds of duality and is on the verge of finding the gateway to the 5th Plane of Existence. There he will find the 'trinality' of Love, Light and Life on his Infinite and Eternal and Continuous journey through Space, Time and Existence. In the end there is no End – This is only the Beginning.