

A person is walking away from the viewer on a dirt path that leads towards a bright, low sun. The sun is positioned directly in the center of the path, creating a strong lens flare and illuminating the scene with a warm, golden light. The sky is filled with soft, wispy clouds. In the background, there are dark, silhouetted mountains. The overall mood is peaceful and contemplative.

A Decade Of Wise Words

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Wise Words From A Decade Of Inspired Revelations From My Inner Coach

- "I cannot know what is best for another, especially when they do not know their Self"
- "I cannot know the path of another, unless they tell me"
- "When in two minds, the Id defaults to I did"
- "I'd do it this way says my id: Your choice says my Soul: I'd do it my way says the ego: Off 'e goes again says the Soul, It'll get you ill'
- "The Id is the I would: The ego is the I will: The Soul is the I am"
- "My Id believes that I need someone to make me feel whole: My Soul knows I am already whole, holy & in integrity"
- "In Babel, the Bible is Babble"
- "Putting your life on hold for someone else stops it appreciating, which stops them appreciating it"
- "Imagination is the super-conscious capacity of the Higher Mind to transmit Creative Thought"
- "When I see others as elite, I lower my own esteem"

- "Elite means 'energy lite' as in the elite energy of light"
- "How is a wrong spell: Who is the right spell"
- "Which is a curse"
- "Unfortunately, many 'Rockets of Desire' are not empowered with rocket fuel"
- "Great works of Art & Literature do not originate from the sub-conscious mind"
- "Magnifi-scient means expansively knowing"
- "Everyone has their own unique, special & exclusive path in life and their own individual way of being off track"
- "Let go: Effortless flow"
- "Creativity without physical ability is just imagination"
- "One does not enter a maze with the intention of getting lost"
- "There is limelight & there is sublime Light"
- "Interest appreciates on borrowed time"
- "The Law of Reversed Effort states that : Everything turns out well, when you allow it to"
- "The more force I use the less power I have & the more power I have, the less force I need"
- "A Society that treats all Individuals as equals does not side with one against another"

- "When something feels intuitively good, it makes Absolute Sense to me"
- "Life is a challenge, until you know you cannot fail"
- "It is the shadow that causes the evil that it seeks to defeat"
- "It is not the purpose of light to defeat darkness, but to reveal it"
- "You cannot overdo effortlessness"
- "Earth School is where I learn, attain & graduate with a Degree in Grounding"
- "Illness is a drama: The intensity of the drama is relative to the conviction in the belief about the illness"
- "The power of the sub-conscious mind is limited to the integrity of its programming"
- "Consciousness is relative to the Thoughts of the Mind"
- "Immuno-oncology uses the body's defences to fight the cancer that the body has created & has no defence against"
- "I am There for you but I am not Here for you"
- "Smartness smarts"
- "I am the only possession of my Higher Self"
- "My greatest disappointment is no longer being upset by anything"
- "The ego will lose its mind unless the mind loses its ego"
- "Life is magic when I realise the trick"

- "When I allow a flower to unfold, it blossoms beautifully: Allowing & Flowing are inseparable"
- "When I peel back the layers of an onion, there is nothing in the centre"
- "When I don't suffer fools gladly, I will suffer fools badly"
- "Illness is a great learning opportunity: It's an opportunity to learn how to be well"
- "Some believe aggression is just: I believe it's just aggression"
- "Gas & electric, like petrol & diesel, wood & coal or food & water, is a fuel not an energy"
- "I create the experience with thought & I experience the creation with emotion"
- "Revenge is the repayment of a debt of ingratitude"
- "Unconscious competence makes critical thinking redundant"
- "A person with a fixed perspective & a limited perception cannot see how a fixed perspective limits their perception"
- "Muggles really struggle with Koans"
- "I cannot hide forever in my own shadow"
- "A flawed strategy will never achieve an intended outcome"
- "We will never understand energy by studying physics but we will learn a grand unified understanding of physics when we study Energy"

- "Energy is not a property of Physics: Physical matter & the motion of physical matter are both properties of Energy"
- "Being mentally enlightened, emotionally empowered & physically enabled allows my spiritually intuitive inspiration"
- "For Conversation to be an Art, it needs to be Creative"
- "An Inspired, Empowered, Enlightened & Enabled Being is the Essence of who I am"
- "The Truth is not out there: It is within"
- "Heart, Soul, Mind & Strength is my four-way connection to Source Energy"
- "Conspiracy is just a theory until you know & realise the Universe is Conspiring with each of us in the fulfilment of our personal destiny"
- "Science measures the time, speed & distance of motion instead of the Time-Space-Reality of Life"
- "Science measures density, weight & volume of matter, instead of potential, force & magnitude of energy"
- "God creates the Laws of physical reality: Man creates the laws of physical behaviour within that reality"
- "Anti-hate rallies attract protesters who really hate what they are rallying against"
- "What I wear out: Wears out"
- "First Cause is the Law of Attraction Activated by Thought"

- "Ironically, I connect to my right Mind through my right brain"
- "Parliament acts with transparency, accountability & wisdom, so why doesn't the Government?"
- "If you give Government the authority to govern you, don't complain when they do"
- "The Authorities do not take our authority away from us - we give it to them"
- "Intuitive feeling keeps me in touch with reality"
- "An unsound mind is not hearing its messages"
- "A sense of well-being is an intuitive feeling: A sense of direction is an intuitive knowing"
- "The Soul works in harmony with the Self: If I'm not listening, the Soul cannot hear me"
- "The quality of the authority determines the potency of the power"
- "Money is not a source of power but it can buy other people's authority"
- "Whoever controls the arms suppresses the authority of the people:
Whoever controls the drugs suppresses the power of the people"
- "Never think you know better than someone who thinks you know better than them"
- "The most powerful people in the world are creating their own ideal reality and they don't need to influence or control anyone to do it"

- "The most impotent people are the super-rich who need other people to do everything to ensure the comfort & security of their existence"
- "Never look down on people who look up to you"
- "It is not testosterone that fuels male energy but male energy that stimulates testosterone production"
- "When I see the perfection of an imperfect world, life becomes ideal"
- "There is a big difference between a Perfect World and an Ideal Life: It is possible to live an ideal life in an imperfect world"
- "Appreciation is an expression of my expansive spiritual growth"
- "Gratitude is an expression of my approval"
- "The Universe is never frustrated by me"
- "Disallowing & Disapproving are Unacceptable"
- "When you are broke financially, you are broken emotionally"
- "Trying is hard: When something is easy, I do not have to try"
- "Magnetic lines of force combine with gravitation spirals of magnitude to produce an intensity of electrical potential"
- "To be better, I choose a better way of Being"
- "Stress is a conflict of authority"
- "I have to be better, to allow things to get better"
- "We are never allergic to Life, just our way of life"
- "God's Will is my purpose"

- "The lesser of two evils is not the third way"
- "I can be overwhelmed by my own power & underwhelmed by my own capacity, but never at the same time"
- "The Law of Attraction is immutable: The Laws of Physics are being continuously challenged"
- "I only ever use a dictionary to find someone else's definition of a word"
- "Abundance can be neither secured nor assured, only ensured"
- "The aspirations of the mind are not always aligned with the inspiration of the heart"
- "I am inspired to fulfil my destiny: I aspire to overcome my fate"
- "Everyone needs assistance to live their life vision with purpose: Nobody needs any help to get off track"
- "I was only trying to help: Is the excuse of a failed assistant"
- "You cannot effect change: You change the effect when you cause change & you cause an affect when you resist change"
- "Empathy without sensitivity is either disconnected apathy or sympathetic attachment"
- "What most people value most is getting their personal emotional needs met according to their individual belief system"
- "There are many signs of intelligent life in the universe, there are just few people who are intelligent enough to recognise them"

- "The 1st Initiation is Chaotic: The 2nd Initiation is a Problem: The 3d Initiation is a Challenge: The 4th Initiation is an Opportunity"
- "A fair-trade agreement is where unless the agreement is fair to both sides, there is no agreement & there is no trade"
- "When I work hard, play hard & sleep hard; life is hard"
- "The Universe may have multiple dimensions, holons of existence & perspectives of reality, but there is only one version of All That Is"
- "The mind is ageless: It is the belief system that is ageist"
- "It is not the people who own the money & the assets that are a problem: It is the people who own the debts & the mortgages"
- "When I need to be better than others, I attract someone who needs to be better than me"
- "When I lift the Veil of Consciousness, I realise that I am already living in a higher dimension of reality"
- "It is difficult to live within your means without knowing your purpose or what that means"
- "There is no joy in a life of work & pleasure"
- "There is no need for trade agreements & tariffs in a free market economy"
- "Economic theory is based on the belief that because there is not enough of what is needed, it has to be frugally managed"

- "Only when I start to appreciate having enough of something can enough of it start to appreciate"
- "Only a super-conscious mind has the nous to see that the psyche is the Soul"
- "The Veil is like a curtain that you can open when awake & you can close when being aware"
- "The more I need anything, the more I block its path & the more I need it: This is the path of positive attachment & negative attraction "
- "A Lead is a tether that attaches a follower to a leader"
- "The freedom to speak openly exists only in the mind of the speaker"
- "As a Life Coach, I am not a Magician, but I can connect you to the magic that lies dormant within your Self "
- "There is a world of difference between being inspired to do nothing & being afraid to do something"
- "In the real world, the rich get richer & the poor get poorer in alignment with the rules of life and neither will ever have enough"
- "When I raise my head above the parapet, there is no use complaining when a sniper takes a shot at me"
- "When I stand up for my beliefs, I am being proud: Modestly accepting my path with faith is the best way"

- "You may have the keys, the log book & a licence but without petrol in the tank, your brand new Ferrari will never leave the garage"
- "Once I have learned to enjoy doing something well, I can learn to enjoy doing nothing well"
- "My participation is as an Observer"
- "It requires emotional power to be able to do nothing, well"
- "Artificially Intelligent Machines will be as emotionally unintelligent as their creators"
- "There is always a better perspective of life awaiting my approval"
- "If I want to die peacefully in my sleep, I have to first learn to live peacefully whilst I am awake"
- "The brain is just a vehicle through which the mind travels through physical reality"
- "The power of awareness is realised through the awareness of power"
- "Oneness is the Source & the Destination, but not the Journey"
- "Super-human programming only runs on a super-human operating system"
- "Doing unto others what I choose others to do unto me requires Presence, which as a rule is Golden"
- "Humiliation is the humiliating consequence of a limiting belief"
- "Embarrassment is an embarrassing misuse of emotional power"

- "Apparently, science believes that something is only real if it never changes:
In a world that is continuously changing that is some belief"
- "I do not have to make an effort to take inspired action"
- "Awareness is a higher level of consciousness: It is the consciousness of
the Higher Self"
- "Science is unaware of the information that frequencies of light carry, as
they are yet to invent a machine to decipher the data"
- "A good leader apparently needs humility. When leading people of this
world, it is expected that you act as though you are of this world"
- "What an assertive leader asserts is their authority over other people and
their choice in preference to another's choice"
- "In the real world, real people behave exactly as I imagine they should!"
- "The reality of a fixed perspective is that time flows: The perspective of a
fixed reality is that space flows"
- "Dealing with the feeling allows the feeling to do the healing"
- "An Affirmation is only powerful when it is an expression of what you
intuitively know & feel to be your truth"
- "We all have a God given right to be wrong"
- "If your rights are given to you by someone else, who gives them the right?"
- "Transparency & Accountability allow clarity & direction to enable the
presence of a Credible life"

- "When the Soul is not allowed to grow, the Self experiences the restriction, the contraction & the disease"
- "How the Soul expansively grows is a unique & exclusive experience for each individual Self"
- "Heaven is my Soul's realisation of its Ideal Reality through the physical existence of its Self"
- "Everyone has a Good Heart, not everyone is connected to it"
- "Providence is the Super-nature of the Soul"
- "Trying to make yourself look good by making others out to be bad only makes you both look bad"
- "I need to be confident in my own Self-worth to hold my Self in high esteem"
- "I can't take advantage of the system but I can use the system to my advantage"
- "While the Self craves a Secure Attachment, the Soul enjoys a Free Connection"
- "I have no choice usually means that I can only see one option"
- "When I live in a toxic world, I will need medication to cure the toxic experience"
- "Life is not a force but a potential: when I force life, I lose my potential"
- "I never confuse anyone, but I do help other people to see the confusion that is created by their own belief system"

- "Experiences that I resent will be re-sent"
- "You have to flow with the system before you can alter its course"
- "To learn about empowerment, I first have to be disempowered"
- "To elicit emotional power is always illicit"
- "The real choice is between pain & pleasure or the joy of love"
- "I object to being subjected to life"
- "Laughter is the sub-conscious mind realising its own short-comings"
- "Thinking ill of others is a mental illness"
- "I am on detachment, to learn detachment"
- "Don't get mad, get even tempered & emotionally balanced"
- "Life goes in cycles when I go round in circles"
- "Giving up hard work can be hard work: Giving up duty can be even harder"
- "Whatever I can choose to give up, I can also choose to have"
- "Determination, dedication & commitment are the three expressions of Will Power"
- "Intelligent people have no need to gather intelligence"
- "By seeing photons as light & electrons as matter, we have separated matter from light & consciousness from reality"
- "Consciousness is the vibration of light translated into pictures of reality"
- "The relative power of the mind is emotion"
- "Reality is a Space-Time fluctuation"

- "In Quantum Reality: Electrons determine Space & Photons determine Time"
- "In a cause & effect relative duality, time can only move from past to future because cause cannot follow effect"
- "Free Will comes at a cost"
- "Before I can be my own best friend, I have to learn to meet my own emotional needs"
- "True Selfishness knows the truth of its Self"
- "When you live your Truth, it unfolds before you"
- "Once you get your shit together, it is best to flush it down the toilet"
- "The devolution of the Self allows the evolution of the Soul"
- "Light is the authority of the Mind"
- "Love is the power of the Mind"
- "Humanity has evolved from Consciousness, so have Apes"
- "Consciousness is not an electro-magnetic effect of the brain"
- "Human Resonance is the effect of thought, not the cause"
- "Soul is the name that I have given to the creator of my physical reality: The sole creator of my reality"
- "Weather only oppresses the oppressed"
- "Absence allows the Self to realise it's fondness: Presence allows the Heart to realise it's Joy"

- "The Soul becomes aware through the level of consciousness of its Self"
- "The Evolution of Consciousness is through Awareness"
- "My perspective of life is that my life is a matter of my perspective"
- "Super-consciousness is the medium through which the Self feels it's Soul"
- "Sub-consciousness is the medium through which the ego sees its Self"
- "Consciousness is the medium through which the Soul knows it's Self"
- "The need to lie down in a dark room is for people who have fallen victim to their own mental programming"
- "The more love that I have for my intention, the less will power is needed to attain it"
- "The paradox is: The more false power that I have, the more real power that I need"
- "Competing is a need: Performing is a true value"
- "The Soul does not compete with its Self"
- "The Soul seeks to enjoy the experience, winning is not an issue"
- "Being Good takes care of its Self"
- "My Soul has no conscious physical ability, it leaves that to my Self"
- "A Disciple is a religious follower: A Discipline is what I follow religiously"
- "Consciousness has four Levels: Mind has four Perspectives"
- "Performance requires Presence plus Potential"
- "It's not about learning how to lose but about learning how not to lose"

- "God's only Law is Attraction"
- "God's only Rule is Golden"
- "Man makes rules: God allows us to follow them"
- "When I need someone else to allow my freedom, I will remain their slave"
- "The System is designed to defeat those who fight the system"
- "If you have told someone once, & you've told them a thousand times:
When will you learn that they are not listening to your arrogance"
- "Descension is the opportunity to bring Heaven down to Earth"
- "The Purpose of Light is to Illuminate Wisdom"
- "The Angels are there to guide me on my path: The Demons are there to
show me that I have lost my way"
- "You can't be 'on the side of the Angels' because the Angels don't take
sides"
- "I don't suffer Fools: I allow them to be as idiotic & foolish as they choose to
be"
- "The Truth is always economical, it is free"
- "You can only expose a system that is corrupt: A system that works is
transparently obvious"
- "There is nothing to balance balance with"
- "You can't have too much clarity"
- "A Positive Direction in life is one that flows effortlessly without resistance"

- "The Uncertainty Principle is caused by an uncertain principle: My belief in an uncertain world creates that as my reality"
- "The Oldest Souls choose the most advanced levels in the Game of Life"
- "The Ascension of the Self requires the Devolution of the Soul"
- "Life is an experience of devolution not a process of evolution"
- "Gratitude is a Great Attitude"
- "A Pure Heart has no strings attached"
- "Self-realising people realise that they are creating reality their Self"
- "Self-righteous people take pleasure in making other people wrong"
- "Thought is Mind experiencing Consciousness"
- "I'm only ever busy solving problems: I'm never busy taking an opportunity"
- "My life is a matter of me"
- "The Soul is a creation of the ego manifesting its Self as it really is"
- "There is no such thing as a missed opportunity: It is either a failed challenge or an unresolved problem"
- "When you can't see the big picture, you will believe your little picture of reality to be true for everyone"
- "Getting from A to B requires will power: Getting from Be to See requires faith"
- "My belief in the role that I am playing determines my character"

- "The personal reality of my need for emotional energy causes my personality"
- "It is the emotional state of being Allowing that allows life to flow effortlessly through me"
- "A negative emotion attracts my doom: A powerful will endorses my fate: A powerful emotion allows my destiny"
- "An Investment is the purchase of a speculation, which is also a bet or a wager"
- "A Financial Expert believes they know what is the best way to spend other people's money"
- "The Gap between the thought & the experience is where the power is"
- "When the rich become richer without having to work at it, the poor become poorer by having to work harder at it"
- "There is no financial expertise required to spend money wisely"
- "I cannot accurately measure the power of emotional esteem, I can only estimate it"
- "There is never a good relationship with poor relations"
- "Serendipity is not a rational experience"
- "Relativity with a c allows Realactivity"
- "There are always new problems in life for those who go looking for them"

- "There are always new opportunities in life for those who see life as an opportunity"
- "Life is the medium through which the Soul shines Light on its Love for its Self"
- "When my life is on track it is straight-forward: The path is straight & forward"
- "It's the poor who have an economy: The rich have a cash flow"
- "When I know & feel the creative ability of my imagination, I realise it as my reality"
- "A dream is just my imagination until I know & feel its creative power"
- "The Brain is the hardware, the Mind is the software: I can't change my brain but I can change the software that I run through my brain"
- "Innate qualities are inborn, not inbred"
- "My Soul is the part of me that is complete with its Self"
- "Which, is just an option, which is not the best choice"
- "Why, is a state of confusion, which seeks clarity"
- "Who, is a state of Being, which determines my emotional power"
- "Where, is a place, which is located in space"
- "What, is an objective objective, which is a matter of choice"
- "When, is a matter of time, which is relative to available power"
- "Fear is just excitement in disguise".

- "I am only ever the victim of my own thoughts".
- "Love is the Power of the Soul".
- "When I am in the gap, the flow & the now, I am in the zone".
- "Angels come in all shapes and sizes and different disguises".
- "When I give away my choice, I give away my power".
- "Life Coaching is the Art of turning a 'Can of Worms' into a 'Tin of Peaches'."
- "Striving for perfection always results in strife, not perfection".
- "Intuition is a spiritually intelligent guess".
- "The only Prayer required is one of Appreciation".
- "One Woman's sin is another Man's virtue"
- "Uncertainty is the gateway to opportunity".
- "Faith is the assurance of an uncertain future".
- "We are all 'ugly ducklings' until we become Swans"
- "Ambition is for people who do not have a Vision".
- "Aspiration without Inspiration will result in Perspiration"
- "The secret of happiness is knowing how to be happy".
- "My Destiny is my Journey".
- "No Devil, no shame"
- "Being serious can result in serious illness"

- "Money is only important to people who believe that they do not have enough"
- "Mindfulness requires an empty mind"
- "The 'half-life' of a thought is eternity"
- "Matter is not attractive: Energy is"
- "Chaos is the natural order of things"
- "Before I can count my blessings, I have to remember what they are"
- "Silence is powerful"
- "An option is a choice, but one option is not a choice"
- "Choosing intuitively is a no- brainer"
- "The only antidote to tiredness is fulfilment".
- "In adversity lies opportunity".
- "I am made in the Image of God, but not in the image of your God"
- "Losing is an option until I choose Win-Win".
- "The answer to all fundamental questions is Yes".
- "Planning is a management skill, not a life skill".
- "When I work at play it becomes serious fun"
- "Employment is slavery without ownership".
- "My Heart is where my home is".
- "Inspiration is my Soul breathing life into my Self".
- "There are many versions of God, but only one aspect of Oneness".

- "I worship the ground that I walk on".
- "Being engrossed is gross misconduct".
- "Getting old is my fate: Growing with age is my Destiny".
- "I always take advice but I don't always choose to follow it".
- "The True Leaders of a society are its Elders"
- "The war will be over when I stop fighting the battle".
- "The secret to success is not to fail".
- "Life is an emotional experience"
- "Being different has distinction".
- "My Soul's Mate is my Self"
- "Other peoples' standards are my boundaries"
- "I am thought, therefore I think".
- "Presence is the best present"
- "Divinity is divine, religion is religious"
- "I can choose power or pain, authority or fear, ability or problems"
- "My true sense of Self is my sense of true Self, which is intuitive"
- "The flow of reality exists in the gap of space & the now of time"
- "Will power is my Self in tension"
- "Being careful attracts exactly what I am trying to avoid"
- "God is not particular"
- "Attraction creates flow"

- “We are all experts on what we perceive to be our own reality”
- “There is no negative direction, just lack of motion”
- “Joy is the experience of my power of love utilised”
- “Thou ought is my Soul’s Thought for its Self”
- “The student appears when the Master is ready”
- “GO is an acronym for Growth Opportunity”
- "A good book has a message, a great book has many messages"
- “Not all affirmations are affirmative”
- “The goal of life is to die whilst still alive”
- “I will not find inner peace in the outer world”
- “It is the desire of every ego to be the Creator”
- “There is no such thing as a miserable day; a day is incapable of emotion”
- “Pleasing others is a toleration”
- “Nobody manages badly by design; only by default”
- “A passive income requires passive action”
- “My Soul evolves its Self when my Self involves my Soul”
- “A noisy mind needs to talk in order to focus”
- “I cannot dance in the nettles and not get stung”
- “Life Coaching is for people who want to kick the hell out of Life”
- “I cannot live an extra- ordinary life by being normal”
- "Parsimony is a given"

- “An Idealist has an Idea List”
- “True Values have both value and truth”
- “There is not a right way to follow the wrong path”
- “Being an Entrepreneur is a personality disorder”
- “I cannot be biased and remain balanced”
- “I cannot be spiritually free and sexually repressed”
- “All dualities create conflict”
- “God is supremely indifferent”
- “Without victims, there can be no heroes”
- “Faith is both certain and uncertain”
- “Suffering is not a badge to be worn with pride”
- “On an energetic level, I am never out of touch
- "If you need to be better than me, I can't help you. If you want to be as good as me, I can"
- "Pioneers get shot at, but never in the back"
- "Not everything that I write is credible. Some of my writing is incredible"
- "The Law of Attraction brings levity & gravity into balance"
- "When I stop chasing the dream, I allow it to materialise"
- "Patients require care. Care requires patience"
- "Yesterday is a memory, tomorrow is a potential, and today is a present"
- "Quality of life is relative to the value of the experience"

- "Thank you is an expression of gratitude, please an expression of servitude"
- "When I believe that my reality is fixed, I am unable to fix my reality"
- "Be sure of what you ask, for you might get it"
- "The purpose of Personal Development is Quality of Life"
- "Are you a 'mean person', a 'person of means', or a 'person with meaning'?"
- "Today's Issue is defining what an issue is"
- "Personal Spirituality has no dogma and no doctrine"
- "When I see things through to the bitter end, by definition the end will be bitter".
- "I cannot see good things with a bad attitude"
- "Great minds reveal unique thoughts"
- "There is no such thing as a bad guy with a gun, just a man full of fear".
- "The future is always clearer with hindsight"
- "Life is a great game, once we've learned the rules".
- "Building bridges keeps me out of the flow"
- "I can make my business a success, or I can make my success my business"
- "Just because I've stopped competing, it doesn't mean I can't play to win"
- "Head strong means the Heart is weak"
- "Bullshit may baffle brains, but it can't fool intuition"

- "Consciousness, Mind & Thought connect Me, My Self & I"
- "Surviving death is not an option, surviving life is"
- "Human nature does not come naturally to a dog"
- "When intuition flows freely, life flows effortlessly"
- "Do you choose for a cup that runneth over or for a bigger cup?"
- "That which is a lien to my Soul is often alien to my Self"
- "Exploring the deep keeps my head above water"
- "Divine Absolution is absolutely divine"
- "We are all students of the 'dark arts' until we see the Light"
- "Who is a Human Being being when a human Being is being Human"
- "The only sin is to be without"
- "The less I intend to do the quicker I achieve it"
- "I am being here for my Self when I am being there for another"
- "Until I can be happy without money, I will never be happy with money"
- "I am never overwhelmed with inspiration, only my lack of it"
- "I have a wealth of time, I have a wealth of space & I have a wealth of potential. I am a very wealthy man"
- "Chasing money is a statement of not having enough"
- "A 'Good Innings' is not determined by how long I spend at the crease"
- "I can't expect a purple patch when I'm feeling blue and I'm not in the pink"
- "You can't make consommé with a recipe for pea soup"

- "There is no need to lead a horse to water. The horse is not stupid"
- "Don't get angry with someone else, get even with your Self"
- "My life-path is ensured. As long as I ensure that I follow it faithfully"
- "Frustration is the experience of my own thwarted ambition"
- "Anger is my inability to manage my own emotional energy"
- "Intolerance is my inability to tolerate my own false convictions"
- "Seeing intuitively is like being in love, you know it when you feel it"
- "We all succeed to our personal throne"
- "When I appreciate space, it is never wasted"
- "I am only a failure when I am looking at my life through someone else's eyes"
- "The beauty of Nature is the nature of its Beauty"
- "Before I can learn Mastery, I have to master learning"
- "Love is the wavelength of emotion on which a pure thought is transmitted"
- "The stronger my will power, the weaker my intuition"
- "A meeting with my Soul has no agenda"
- "You cannot plan to have an effortless life"
- "I am never busy enjoying life"
- "Remember to be Happy"
- "Nobody ever needs protection from the truth"
- "The only person that can ever hurt my feelings is me"

- "With intuition, no proof is required"
- "The problem with tenacity is that it's difficult to let go of it"
- "The Richest Man in Babylon is not the Wealthiest Man in Paradise"
- "I am not a victim of my genes. My genes are a victim of my memes"
- "My learning curve is often an emotional roller-coaster ride"
- "No matter how gilded the cage, it still restricts one's freedom"
- "Fear is the reality of my thinking not the realisation of my true thoughts"
- "Debugging my belief system is the only way to get rid of what's bugging me & causing my irritation"
- "I can only manifest that which is in alignment with my manifesto"
- "Scarcity is a mentality - Abundance is a feeling"
- "Thinking is causal, thought is creative"
- "Things have to get better before they become good"
- "My Soul is always In Gratitude"
- "Only when I see my Self as the cause of my victimhood am I able to overcome it"
- "The Law of Attraction works so well with pure Love because both are unconditional"
- "Enough is often very little"
- "Be Content - Do Enough - Have Abundance"
- "Potential is potent & powerful"

- "Flow requires direction, clarity & presence"
- "Expensive is too much, expansive is just right"
- "My Soul provides my expenses, but doesn't pay my debts"
- "We are all equal to the challenge of life, unless we believe that we are not"
- "You have to be on the same path as another to be following them"
- "The Devil looks after his own because like negative energy unto itself is drawn"
- "Modest is the best way"
- "There are no queues in heaven, just divine time"
- "A negative person feels nervous, a positive person feels excited"
- "It is greed that oozes, seeps, creeps, gushes & overflows; not charm"
- "Understanding my Higher Mind is a matter of where I stand in my relationship to it"
- "There are no bars at the centre of a cage"
- "The Lord always giveth. Only Man taketh away"
- "Violence is intensely aggressive assertiveness"
- "Seasonally Affected Disorder is caused by a sad belief"
- "My allowance requires my approval before I can accept it"
- "The meek may inherit the earth but it requires gentleness to bring heaven to earth"
- "Embracing complexity disallows effortless flow"

- "I dislike opposing genders, I hate negative polarities & I loathe extreme intensities"
- "Every little helps - me stay in scarcity"
- "A gun without bullets is a sign of impotence. So is a gun with bullets"
- "A good deal is beneficial to both the buyer and the seller"
- "May all your melodramas be mellow dramas"
- "A Scorpion only ever stings it's victim"
- "Depression is the frustration of an intolerable anger"
- "Great actors do nothing well because they do it with emotion"
- "The words of the prophets are written on the subway walls - once we learn to hear our messages"
- "Science studies the absolute truth of a relative world not the relative truth of an absolute world"
- "Happiness comes from within. Sadness comes from being without"
- "I am enlightened by the purity of my thoughts"
- "I am empowered by the purity of my emotional state of being"
- "The solution to every fear is to confront it with the truth"
- "The solution to every problem is to not have it"
- "Less is more when I am choosing to be free"
- "I am the qualities that I have attained and can attribute to my Self by choice"

- "Walking on air is easier than walking on water"
- "Indifference means that it will make no inner difference"
- "I have the opportunity of a life- time to have the time of my life"
- "The Grocer won't thank you for opening all the tins in the supermarket.
Just because I have a can opener, I don't have to use it"
- "When our children don't live up to our expectations, it's better to get rid of
our expectations"
- "When the 'pleasers' get greedy, the 'greedy' are no longer pleased"
- "Those who believe in 'going down fighting' usually end up going down
fighting"
- "Mental hunger is the belief that I am hungry when I am not"
- "Personal Development is a process of becoming the person who I would
like other people to be in relationship to me"
- "Personal Development is a process of becoming the person who I would
like other people to be in relationship to me"
- "Until you know they won't, you'll have to hope they don't"
- "Time is the 2nd dimension in a three dimensional Space-Time-Reality"
- "How I define 'Love' determines the magnitude of its power"
- "What is written in stone is how things were, not necessarily how things are"
- "My Soul's Agenda is my Vision, Mission & Purpose in Life"

- "Having what I choose is not always a good choice. Choosing what I have is always a good choice"
- "What I have is subjective, what I do is objective, who I am being is adjective"
- "You cannot learn to lose gracefully but you can learn that with grace you are always a winner"
- "Whenever I am in two minds, I am disconnected from my super-conscious intuitive third mind"
- "It is not beneficial to explore reasons why what is occurring is not beneficial"
- "I cannot realise my potential until I realise what my potential is"
- "My sense of balance is sub-conscious & instinctive, as is my sense of time and my sense of space"
- "I'm in no hurry to publish my life's work. I'm still writing it"
- "The only way to grow within my comfort zone is to continually expand my boundaries"
- "Being Human allows me to experience aspects of myself that I never knew existed"
- "A Wise Man knows the true source of their wisdom"
- "Sh*t happens for a reason"
- "Co-incidence is no coincidence"

- "When my id & my entity are aligned, I experience my true identity"
- "My ego worships an idol. My Soul worships an idyll. My Self worships an ideal"
- "Self-esteem is the confidence to know my worth"
- "Self-worth is the value of my emotional state of being"
- "Self-confidence is the capacity to hear my messages"
- "Love without Light is power without authority"
- "It's good to talk, it's better to listen, it's best to hear"
- "Heaven is not a place, it is a state of Being"
- "Balance is an unconscious competence. You either have it or you don't"
- "I am made in the image of God. Being as God imagined me to be requires imagination"
- "Instinct is a sub-conscious competence. Intuition is a super-conscious competence"
- "The force is always with you. May you be with the force"
- "Following my fate can be fatal. Following my destiny is always fulfilling"
- "Have you come here to survive? Have you come here to be comfortable?
Have you come here to live?"
- "I can bury my head in the sand or I can look below the surface for a deeper meaning to life"

- "Those we depend on for our happiness will also be seen as the cause of our unhappiness"
- "The difference between alone & all one can be one L or one 'ell"
- "The better I dream, the better my life and the better my life, the better my dreams"
- "Bad Blood is a euphemism for an inherited limiting belief"
- "It takes a life-time to die of boredom"
- "Freedom is a choice, not a Right"
- "Human Rights, and human wrongs, are determined by Man, not God"
- "Accidents never happen on purpose, so when I am being 'on purpose' accidents cannot happen"
- "When faith is based on belief, a religion forms: When belief is based on faith, a personal spiritual path unfolds"
- "Science believes that the Astral Plane does not physically exist and you would have to be out of your rational mind to go there, as you do"
- "Turning matter back to energy can cause a Big Bang: Creating matter from energy is an entirely different quantum fluctuation"
- "A Beauty will always attract her Beast: A Cinderella her ugly sisters: A Snow White her Wicked Witch: A Red Riding Hood her Big Bad Wolf"
- "When working spiritually, are you: Practicing, Performing or Creating"

- "The Dawning of the Age of Awareness is a portal to the 4th Dimension of Reality"
- "Before I can see beyond the veil, I first have to see the veil"
- "For Happiness to be real in my reality, I first have to realise happiness is real in my reality by being really happy"
- "The only thing that is ever intolerable is my own false perspective of what is occurring"
- "A true winner can never lose"
- "Nothing is permanent in this physical world: Only eternity lasts forever"
- "The belief that our actions can harm the planet is like saying this chalk will damage that blackboard"
- "The Gap of Space, the Now of Time & the Flow of Reality is where I meet my Soul"
- "The cause of every problem is a misaligned perspective"
- "When the Light goes out the Love runs out"
- "Without the Psyche, we will get Sickie"
- "An Anal-ist is a sceptic who looks negatively at new information to prove that it is untrue"
- "There is Divine Time & there is personal time. The question is: Are they in alignment?"

- "When following an exclusive path, it is not wise to expect others to follow you"
- "Fight or Flight or Foresight"
- "I never need any spare money: Money is only spare when I don't need it"
- "There is no good or bad when being different is acceptable"
- "It is wise to see the depth of one's own shallow thinking"
- "I Will is my ego's desire: I Shall is my Soul's choice"
- "Luck makes me a fatalist, which can be unlucky, unfortunate & even fatal".
- "The 'depths of despair' are caused by a shallow perspective of reality"
- "Emotion determines the gravity of every situation"
- "I Aspire to accomplish; I am Inspired to attain; I Perspire to achieve"
- "When my mind moves north to my brain & my feeling centre moves south to my gut, I will lose heart & never find my true direction"
- "There is no suffering in silence"
- "The present moment is a present that is pre-sent and is presented when I have presence"
- "The only challenge is to have enough emotional energy"
- "Without an even balance, I will have to overcome the odds"
- "Sympathy is experienced by those who share similarly pathetic situations"
- "The compassion of my Soul requires the empathy of my Self"
- "The Passions of my Soul are called True Values"

- "I guide & support others to become conscious of what they already know"
- "Just because I don't care, it doesn't mean that I don't care"
- "In my humble opinion, a higher perspective is very patronising"
- "A 'True Father' has no need of a 'Big Brother' to protect his 'Children'"
- "Those who don't judge have no reason to gossip"
- "The problem with gossip is that you only hear one side of the story"
- "The unconscious capacity of the mind is greater than the conscious capacity of the brain"
- "Time is boundless, unlimited & eternal, unless I impose a deadline"
- "Are you sharing your happiness or are you sharing your misery?"
- "Electrical resistance is measured in ohms, resistance to chi is measured in omg's"
- "Pure Love has no hatred, no need, no lust, no fear"
- "Authentic Light is never dark, never heavy, never serious"
- "When I deny that I am in denial, am I in denial or not?"
- "It takes the same amount of courage to be a hero as it does to be an idiot"
- "If you want the flowers to grow, they need to be watered. If you want the weeds to grow, just neglect the garden"
- "Thinking I can upset someone is my issue. Actually being upset is their issue"
- "Love Is: Lots Of Vital Energy"

- "God moves in mysterious ways according to the laws of physics"
- "I would like the world to know that nobody ever needs to die to ensure my freedom"
- "It is the nature of a thunderstorm to cleanse the land & clear the air"
- "An Effortless Life has no to-do list"
- "To an unemotional person, happiness is a state of mind"
- "Fear is the absence of a better choice"
- "Apparently, Scientists have been left scratching their heads after noticing there is a huge deficit of light. Hmmm! Errr!"
- "It requires discipline to follow not to lead: A disciple is a follower not a leader"
- "Doom is a problem: Fate is a challenge: Destiny is an opportunity"
- "Trying to succeed is a statement of failure"
- "We all die quickly or slowly, sooner or later: I choose quickly later"
- "A healthy reality requires a healthy belief system"
- "When I know that I am authorised, I feel empowered & I see my ability"
- "The standard for success is it's achieved, accomplished & attained"
- "Presence is: Seeing the present that is presently being presented"
- "God is never angry: That's just Man creating God in his own image"
- "An Open Heart allows the Core Competence of Source Intelligence"

- "Three new perspectives: A Wealthy Man feels the joy of Love: A Healthy Man is content with Life: A Wise Man is fulfilled with Light"
- "Three dimensional thinking sees the earth as a globe"
- "A successful career fulfils an ambition: A successful life fulfils a vision"
- "Ambition defines my career path: Destiny defines my life path"
- "Reality is a perspective of the Realist"
- "Perception is my sensitive, female, emotional, connected feeling about who I passionately need to be"
- "Perspective is my exclusive, male, rational, detached thinking about what I want & desire to do"
- "Most people don't have the sense they are born with: They don't know how intuitive they feel, you see"
- "You cannot fix a long term problem with a short term solution"
- "Gratitude is a spiritual gardening tool"
- "Appreciation is a spiritual growth hormone"
- "A life drama that comes up for cleansing is called a Soap Opera"
- "Grateful Appreciation of my Present keeps me in the GAP"
- "Knowing my Neutral Omniscient Wisdom keeps me in the KNOW"
- "Neutral Omniscient Wisdom keeps me in the NOW"
- "Intuitive minds share thoughts"

- "It takes a Four Dimensional Perspective to see three levels of Consciousness"
- "Spirituality is an eternal journey: Physicality is a life sentence"
- "The leadership skill of a lemming leaves a lot to be desired"
- "The purpose of a hierarchy is to feed emotional energy to a disempowered leadership"
- "Responsible behaviour requires a credible belief system"
- "Unconditional love for my Self is conditional on my Acceptance"
- "The fastest acting painkiller is a Mother's Love for their child"
- "Wrong choices are the result of bad beliefs"
- "Enough is enough - usually means too much"
- "Evil is in the eyes of the beholder"
- "Sweet revenge is driven by bitter experience"
- "Attaining an effortless life is not easy: Neither is it hard"
- "Being a christian requires listening to the parables: Being Christian requires the eyes to see, the ears to hear & the heart to feel"
- "The Old Spirituality is an inclusive attachment to a religion: The New Spirituality is an Exclusive Connection to a Personal Path"
- "The intensity of an emotion is directly relative to the degree to which its gender is out of balance"
- "Materialism is one dimensional"

- "Reductionism is not expansive"
- "Will power is a weak mental force"
- "In an accident free world, insurance is unnecessary"
- "Ensurance is preferable to assurance, which is preferable to insurance"
- "Civil Liberty is the freedom to be civil: We just have to agree what it means to be civilised"
- "Intuitive learning requires that I first learn to be intuitive"
- "Everyone has a good heart. The question is: Am I connected to it?"
- "Every Man is an island of his own creation"
- "When visiting the Blue Lagoon, it is not uncommon to become shipwrecked on the Coral Reef that guards it"
- "Victim-hood is like a hat: If the cap fits, we wear it"
- "When someone is quick to point out your mistakes, allow them time to realise their own"
- "Money can alleviate boredom but it cannot overcome it"
- "Fortune favours the wealthy, the healthy & the wise"
- "I can pick, choose or select: My nose, my no's or my knows"
- "You have to learn to say no before you can unconditionally say yes"
- "When the Pendulum swings, I am 'in-time' & 'clock-wise': When the pendulum circles, I am out of balance; which ever way I perceive it"
- "Vampire Bats are energetic blood suckers: Fruit Bats are just nuts"

- "The Gatherer reaps the rewards of the seeds that they have sown"
- "Memes cause common culture: Individual thought creates a unique reality"
- "My ego has options: My Soul makes choices"
- "I am my best friend"
- "The flowers smell so much more beautiful after the rain has watered them"
- "If you don't know what a Life Coach does, you're not ready to employ one"
- "Quantum entanglement is what science calls the Oneness of All That Is"
- "I can practice my spirituality or I can be my spiritual reality"
- "Apparently, once you have more money than you will ever need, it's no longer about the money. It's about greed, avarice, bigotry & hubris!"
- "If you don't go to the amusement park, you don't get to enjoy the ride"
- "Presence allows clarity & direction"
- "This is a dual reality world. I cannot change that but I can overcome it"
- "Being who I really am attracts what I really want"
- "Abundance is never random: It is always providential"
- "The Universe is not chaotic: It is only our perspective that is in chaos"
- "The History of Mastery is a Mystery without My-story"
- "Being Emotionally Intelligent without being Emotionally Aware is not very intelligent"
- "Sex is a science: Love is an art"

- "Chaos is not a theory, it's a perspective: Order is not a need, it's a perception"
- "The best things in life are not things"
- "The experience of real beauty is a really beautiful experience"
- "Great minds have unique thoughts"
- "Without an accident, there is no victim: Without a victim, there is no accident"
- "An abundance mentality knows that there is always enough"
- "Jesus followed an individual, unique & exclusive path: You too can be like him"
- "Choosers can't be beggars"
- "Not all 'stuff' is physical matter"
- "My fate is in my stars: My destiny is in my heart"
- "The 'Greatest Kindness' is to like one's Self"
- "I subjectively affect the reality that I am objectively affected by"
- "A Creator creates a Creation, it does not cause an effect"
- "There are better ways of learning than by experiencing mistakes"
- "A 'no problem' mentality sees only challenges or opportunities"
- "Morality is a judgment: Conscience is the Judge"
- "Science is empirically correct: Conscience is morally correct"

- "Science defines natural as not being 'man-made': It is the nature of Man to be creative, but apparently it is not natural"
- "A Holon is not a hierarchy"
- "The really creative part of Creativity is actually learning to be a Creator"
- "Before the light can be switched on it must be connected to the power"
- "Time never runs out, it's eternal"
- "Happiness is a gift that can be shared but not given or received"
- "What is the difference between an Egyptian Archaeologist & a tomb robber?"
- "Blind Faith lacks intuitive insight"
- "Age is a feeling based on a belief about life"
- "No man is an island but he can choose to live with sensitive detachment in a sea of tranquility"
- "Life has to be bad before it gets worse"
- "Life has to be good before it gets better"
- "You cannot treat a sensitive emotional problem with a rational mental solution"
- "True Love always flows effortlessly"
- "The wisest mind has an open heart"
- "A corrupt Authority runs on the power that it has over other people"
- "Anyone who believes that they are bigger than the team is not in the team"

- "To see the path, I have to be on the path"
- "Teams are a mixture of mates"
- "Me, my Self & I are a formidable team"
- "Common sense is a common sense to all intuitive Souls"
- "One step at a time keeps me in the now"
- "I have 'in no sense' innocence"
- "Life is an asset not a liability"
- "The Quest for Absolute Power is a personal journey not a global initiative"
- "Thought has the authority to lead: Emotion has the power to connect"
- "Polarised thinking leads to paralysed action"
- "I have come here to experience being without in order to experience being without being without"
- "I have learned more from hearing than I ever did from listening"
- "I don't need ears to listen to my Heart"
- "I am never inspired to be fearful"
- "After-death & after-life refer to the same thing"
- "If I cannot see, hear, smell, taste or touch an atom, does it really exist?"
- "The more money you have the more insecure you become and the more money you need to ensure your safety & security"
- "Life happens incidentally on purpose"
- "A Coach is a front seat passenger not a back seat driver"

- "You will never find a common cure for a unique illness"
- "I am my own best friend and I am my own worst enemy"
- "Risk obeys the law of chance not the Law of Attraction"
- "Is my choice of a wheat free diet going against the grain?"
- "It takes two to road rage"
- "It is 'as it is' because it is, 'so it is': As is the cause so is the effect"
- "We are all Peers by virtue of our need to eliminate waste"
- "It is never wise to tread in other people's dogma"
- "The rich become a slave to money: The poor become a slave to the rich"