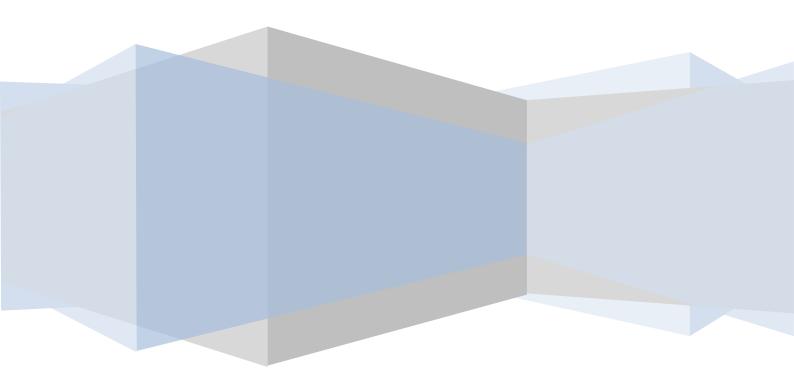
The Inner Coach

Two Intuitive Questions?

Keith Collins



"What Do I Know" is a question that connects me to my intuitive knowing.

It is a question that I ask when I have no rational knowledge of what is occurring.

Consulting my memory or rational knowledge data bank for information will disconnect me from my intuitive knowing.

When I ask this question it is because I think that I do not know yet I know that I do know intuitively.

The answer is always present when I allow my Self to connect to my knowing and knowingly receive it.

I am required to be present to intuitively know the answer.

Looking for an answer in the past or the future is a statement of it not being present and will disallow its presentation.

Everything that I know is contained within the stillness of the space that I am presently in.

My ability to answer my own question is relative to my ability to connect to my inspired revelations.

When the answer arrives I will just know it is the right answer for me.

"How do I Feel" is a question that connects me to my intuitive feelings.

Intuitive feelings are emotional not rational.

Even though my feelings are emotional and not rational, they have a logic that I am required to learn.

With a minimum amount of emotional intelligence, I can feel the intensity of an emotion even when I do not know what the emotion is.

I can also feel the polarity of an emotion and determine whether it feels good or not.

It is the polarity of an emotion that determines whether the experience feels good or not.

The polarity of my emotional feelings is determined by my belief about what is occurring.

When I feel full of positive emotional energy, I do not need to ask my Self how do I feel.

When I feel good, I know I feel good.

It is when I do not feel good that I ask the question: How do I feel?

This is my opportunity to feel better about whatever is occurring, by choosing a better perspective that allows a better feeling to arise naturally within me.

"I See" is my acknowledgement of my intuitive connection to my answer.

When I get the answer, I see it intuitively.

I do not see intuitively with my eye sight.

I intuitively see the path of my inner tutor's vision for my Self.

When I look at my life from the perspective of my Soul, I see my direction with clarity.

When I intuitively know what is right for me and it intuitively feels good, I see my path with clarity and without resistance.

With eyes that cannot see, I am intuitively blind to my personal vision for my life.

With the eyes to see, I intuitively connect to the effortless path that is my destiny and I avoid other people's parables that are my fate.

It is not possible to intuitively know & feel the answer to my questions and not see the way forward.

The way forward is always presented in the present moment as a present.

I see into the future with my imagination, I see into the past with my memory, and I see the present with my intuitive insight.

Keith Collins

The Inner Coach

November 2013

theinnercoach@me.com

http://www.theinnercoach.eu