

The Polarity of Thinking

Pure thought has no polarity. It is the act of thinking that polarises a thought. I either think that's right or I think that is wrong!

Polarised Thinking

My thinking is polarised by my belief system.

The polarity of a thought is determined by a belief.

As a thought passes through my belief system, it becomes polarised to my particular perspective.

My belief system determines whether my thinking is polarised as positive or negative.

I believe that a positive thought is good and I want it to manifest.

I believe that a negative thought is bad and I do not want it to manifest.

Polarity has no influence over the Law of Attraction.

My thoughts manifest as my reality irrespective of how my thinking is polarised.

The polarity of my thinking creates my shadow.

The polarity of a pair of lenses, that deflect or resist light, creates a shadow that I can use as sunglasses.

It is polarised thinking that named them sunglasses, instead of shadow glasses that shade my eyes from sunlight.

My thinking is either positively or negatively polarised.

My thought has both power & authority before it becomes polarised by my thinking.

It is the polarity of my thinking that determines my level of power & authority to act with ability.

The Power of Positive Thinking

It is not that my positive thinking gives me power; it is whether my thought is authorised.

It is that my emotional power is present when my beliefs are authorised.

When I own my own beliefs and I know them to be my truth, I am connected to my source of emotional energy.

It is my connection to my true thoughts that allows my emotional energy to be positive.

It is my connection to my positive emotional energy that allows my thinking to be positive.

My thinking is polarised in either a positive or a negative direction dependent on the perspective of my beliefs.

The polarity of my belief system determines the polarity of my emotional energy.

Limiting beliefs and fears manifest negative emotion via my negative thinking.

Clarity of thought allows my positive emotional experience due to the power of my authority to think positively because I am in true alignment with my thoughts.

The Authority of Thought

Authorised thought is always powerful.

Powerful thought is seen to be positive because it has authority.

It is 'Light' and it has wisdom.

Without authority, my thinking is negative and does not serve me.

Thinking that limits me is fearful and unauthorised.

Fearful thinking disallows my emotional power.

When positive emotional power is disallowed, I feel fear, sadness, depression or grief.

Negative thinking is the consequence of limiting false beliefs that are programmed in my sub-conscious mind.

My sub-conscious has no authority over my emotional power; only custody of my emotional need for power.

My super-conscious Soul is the custodian of my emotional power and the source of my authority, my light and my higher wisdom.

When I consciously align my sub-conscious programming with my super-conscious wisdom, my thinking is no longer polarised but aligned with both my power and my authority.

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