The Experience of Life

The Experience of Life is a choice. I can choose to experience life in many different ways. I can choose life to be experiential, existential, eventual or evidential.

An Evidential Life is abundant with opportunity.

It flows effortlessly; being neither complicated nor simple.

When the evidence, on which a choice is made, is not evident; choosing becomes complicated & difficult.

Choosing the choice of another may appear a simple and easy choice, yet evidently leads to complicated problems that are difficult to solve.

Problems & solutions can be simple or complicated, singular or complex.

Opportunities are neither complex nor complicated, they are evident.

When an opportunity is evident, life becomes evidential.

Whether I see a problem or an opportunity depends upon the complexion of my perspective.

It is determined by how I face and confront my issues in life.

A singular complexion allows the evidence to be realised and life to flow evidentially.

An Eventual Life flows with time.

It proceeds from moment to moment.

It is always focused on the events of the present.

Events always occur in the 'now of reality', the 'gap of space' and the 'flow of time'.

I will attain my destiny 'eventually'.

Eventually is not my description of the future but a statement of my present.

Events in my life happen sequentially, being the consequence of my focus in each and every present moment.

The next event in my life is consequential to the present event in my life.

Focusing on my current event brings similar events to my experience.

Personal development & growth requires my better focus on events that are occurring in the present, not my focus on better events occurring in the future.

Unless I focus on events in a better way, I cannot attract better events into my reality.

My destiny will eventually unfold as my present to my Self.

I can see my future unfolding as my destiny or my fate.

An Existential Life recognises the existence of all life.

Life is the creative force that exists.

The existence of a creative force allows life to be.

Beingness allows the existence of life.

How life exists is a question of Beingness.

Being 'evidential in space' & 'eventual in time' are the pre-requisites for being 'existential in reality'.

Life in a space-time-reality exists existentially.

Realising my existence in a space-time-reality is why I am participating in this life.

An existential life allows events to flow in time and evidence to exist in space.

Without the existence of evidence & events, there is no experience of life.

An Experiential Life requires my life to be evidential, eventual and existential.

Keith Collins

The Inner Coach

July 2012

theinnercoach@me.com

www.theinnercoach.eu