

# The Basis of Intuition

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Intuition is my inner guidance system that aligns me to my path through life. My intuitive ability is based on my sense of knowing, feeling & seeing.

## A Need to Know Basis

My life path is revealed on a need to know basis.

Whatever I need to follow my path is revealed as I need to know it.

I need to know the next step on my path.

The next step is always revealed. I do not need more than the next step.

Knowing the step after the next step will confuse my next step and lead to its possible omission.

My purpose is to follow my path, not arrive at my destination as soon as possible by the quickest route.

I am here to enjoy the journey.

Not knowing the journey is part of the enjoyment.

Knowing that everything is provided allows me to enjoy the journey one step at a time.

I do not need to know the future, only the present step towards a future that is assured.

## A Need to Feel Basis

When I cannot see with a clear vision, it is best to proceed on a need to feel basis.

My right path always feels right for me.

When my path does not feel right, I am seeing my path from a negative perspective.

Changing the direction of my perspective will change how I feel about my path.

I need to feel that my path is right for me before I proceed along it.

There is nothing that I have to do.

The doing is there for my experience of being who I am choosing to be.

I am required to feel who I am being relative to what I am doing, in order to discern whether my path feels right for me.

Feeling good allows me to follow my path effortlessly.

Feeling bad is the result of the resistance that I feel, which is telling me that I am following my path wrongly.

I am never off track; just lost, confused or frustrated.

There is no such thing as a wrong path, only a false perspective and a wrong way of following it.

## A Need to See Basis

There are none so blind as those who cannot see.

Being blind to my path is not the most beneficial way of experiencing it.

The inability to see my path will result in my searching for it.

Seeking my path is a statement of not seeing my path and therefore not consciously following my path with awareness.

Being consciously-aware of my path allows me to see my path.

When I know my path, I am conscious of my path.

When I feel my path, I am aware of my path.

When I know the direction of my path and I feel the clarity of my path, I see that my path is present.

I am no longer lost, confused or frustrated.

I get where my path is leading me.

My path in life is an intuitive path.

I intuitively know, feel & see my path with conscious-awareness of who I am & why I am here.

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