My Spiritual Growth

My Spiritual Growth requires the Holy Communion of my Emotional Power, my Mental Authority & my Physical Ability.

The personal development of my Self requires me to bring into balance my emotional power, my mental authority and my physical ability to allow the Spiritual Growth of my Soul.

My Emotional Power

My Emotional Power comes with my Emotional Intelligence.

My Emotional Intelligence comes with being Approving & Joyful.

In a state of Joy, I am neither lusting after nor needing emotional energy because I have the power of joy.

In a state of being Approving, I neither please others nor am I greedy; I am neither superior nor inferior to others because I approve of who I really am.

Being disconnected from my emotional power, I am either lustful & greedy or humble & needy.

I connect to my emotional power by overcoming my lustful desires and the love that I passionately need from others.

Without passion or desire, I find the Joy of my true power.

Without greed or pleasing others, I am approving of who I am being.

When I am Approving of the pure Joy of who I am, I have the Emotional Intelligence of being both rational & emotional.

When I am grounding my spiritual power in my awareness of my physical emotions, I feel my connection to my Omnipotent Power, because I am being who I really am.

My Mental Authority

My Mental Authority comes with my Exclusive Connection between my Self & my Soul.

I attain my exclusive connection when being both Allowing & Fulfilled.

When I allow the mental authority of my Soul's inspired revelations, I become fulfilled.

When I am filled full of my Soul's inspiration, I am aligned with my mental authority.

Aligning with my mental authority requires that I allow my path to unfold.

Allowing my path to unfold requires me to overcome both the wrath of my will that is powered by my anger; and the patience of my meekness that is powered by my modesty.

The authority of the will of my ego self disallows my alignment to my true path.

Achieving the will of my egotistical desires does not lead to my fulfilment.

Allowing the mental authority of my Soul's Higher Consciousness to guide me is the exclusive connection that directs me on my Path to Fulfilment.

My Physical Ability

My Physical Ability to live a material existence well is determined by my Sensitive Detachment with others.

With sensitive detachment, I am able to be both Content and Accepting of life.

Being content requires me to overcome the duality of scarcity & gluttony and to always have enough.

I cannot be content with either too little or too much.

Being Accepting of life is knowing that everything that I need is already provided, even before I ask.

Accepting whatever turns up in life requires me to overcome the arrogance of my pride and the humbleness of my humility.

I cannot accept my own development and growth whilst being either modest, inferior, insecure or over-confident.

I cannot attain spiritual growth by being proud of my physical egotistical abilities and achievements.

Being either insensitively or over-sensitively attached to my physical prowess will not enhance my spiritual development.

My sensitivity to others allows my detachment from the earthly dramas that draw me into their physical reality.

My ability to create my own Ideal Life is relative to my ability to be content with and accepting of my own Physical Existence.

My Personal Development

My personal development is realised through my experience of Physical Life.

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In physical life, I always have choice.

I can choose the omniscient mental authority of my super-conscious Soul, the self-confidence of my sub-conscious ego Self, or the arrogance of other people.

I can choose the omnipotent emotional power of my Soul, the self-worth of my ego self, or the motivation of other people's needs.

I can choose the omnipresent physical ability of my Higher Self, the self-esteem of my lower self or the ability of others to live my life for me.

My personal development allows the attainment of Happiness through my physical contentment, my mental fulfilment & my emotional joy.

It also allows the attainment of my Well-being through my attributes of being physically accepting, mentally allowing & emotionally approving.

In the development of my personal happiness & well-being, I attain my Spiritual Growth with the appreciation of my Soul.

My Spiritual Growth is the Appreciation of my Soul.

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