## **NEEDS LIST 1**

## The Need to:

Win	Be Right	Feel Safe
Abundance	Accurate	Alert
Affluence	Clear	Cautious
Conquest	Correct	Certain
Luxury	Exact	Comfortable
Prosperity	Make a Point	Organised
Success	Morally Right	Prepared
Triumph	Precise	Protected
Victory	Proper	Reassured
Wealth	Truthful	Secure
Be Busy	Be at Peace	Have Order
Accomplish	Agreement	Consistency
Achieve	Aloneness	Excellence
Attain	Balance	Method
Complete	Calm	Perfection
Fulfil	Quiet	Precision
Make happen	Space	Regularity
Perform	Stillness	Reliability
Produce	Tranquillity	Stability
Realise	Understanding	Uniformity
Be Free	Be Special	Be Virtuous
Autonomous	Better than	Loyal
Detached	Chosen	Faithful
Independent	Deferred to	Reliable
Self-determining	Favoured	Dependable
Self-regulated	Ideal	Sincere
Self-reliant	Number One	Honest
Self-sufficient	Outstanding	Straight
Unhindered	Privileged	Trusted
Unlimited	Superior	Respectable

## NEEDS LIST 2

## The Need to:

Allowed Approved of Authorised Empowered Endorsed Legal Motivated Permitted Sanctioned Be Acknowledged Commended	Accepted Admired Fashionable Included Normal Popular Stylish Traditional Trendy Be Needed Assist	AdoredAppreciatedCherishedDesiredEsteemedPrizedTreasuredValuedRespected
Approved of Authorised Empowered Endorsed Legal Motivated Permitted Sanctioned Be Acknowledged	Admired Fashionable Included Normal Popular Stylish Traditional Trendy Be Needed Assist	Appreciated Cherished Desired Esteemed Prized Treasured Valued RespectedHave Control
Authorised Empowered Endorsed Legal Motivated Permitted Sanctioned Be Acknowledged	Fashionable Included Normal Popular Stylish Traditional TrendyBe Needed Assist	Cherished Desired Esteemed Prized Treasured Valued Respected Have Control
Empowered Endorsed Legal Motivated Permitted Sanctioned Be Acknowledged	Included Normal Popular Stylish Traditional Trendy Be Needed Assist	Desired Esteemed Prized Treasured Valued Respected Have Control
Endorsed Legal Motivated Permitted Sanctioned Be Acknowledged	Normal Popular Stylish Traditional Trendy Be Needed Assist	Esteemed Prized Treasured Valued Respected Have Control
Legal Motivated Permitted Sanctioned Be Acknowledged	Popular Stylish Traditional Trendy Be Needed Assist	Prized Treasured Valued Respected Have Control
Motivated Permitted Sanctioned Be Acknowledged	Stylish Traditional Trendy Be Needed Assist	Treasured Valued Respected Have Control
Permitted Sanctioned Be Acknowledged	Traditional Trendy Be Needed Assist	Valued Respected Have Control
Sanctioned Be Acknowledged	Trendy Be Needed Assist	Respected   Have Control
	Assist	
Complimented Flattered Honoured	Be Important Be Significant Be Useful	Charge of Commitment Guarantees
Noticed	Care	Obedience
Praised	Count	Power over
Recognised	Help	Promises
Remembered	Make a Difference	Reassurance
Thanked	Matter	The Last Word
Be Heard	Be Controlled	Be Cared For
Be Got	Be Obliged to	Cuddled
Be Grasped	Capitulate	Feel Warmth
Be Listened to	Comply with	Held fondly
Be Understood	Conform	Hugged
Chat	Defer to	Nursed
Communicate	Follow	<b>Receive Tenderness</b>
Gossip	Give In	Shown Affection
Make My Point	Give Way	Touched
Talk	Surrender	Treated Kindly